

WHAT IS CATARRH?

Catarrh is a mucopurulent discharge caused by the presence and development of the vegetable parasite amœba in the internal lining membrane of the nose. This parasite is only developed under favourable circumstances, and these are—Morbid state of the blood, as the blighted corpuscles of uræmia, the germ poison of syphilis, mercury, toxæmia, from the retention of the effluvia of the skin, suppressed perspiration, badly ventilated sleeping apartments, and other poisons that are germinated in the blood. These poisons keep the internal lining membrane of the nose in a constant state of irritation, ever ready for the deposit of the seeds of these germs, which spread up the nostrils and down the fauces, or back of the throat, causing ulceration of the throat; up the eustachian tubes, causing deafness; burrowing in the vocal cords, causing hoarseness; usurping the proper structure of the bronchial tubes, ending in pulmonary consumption and death. Many attempts have been made to discover a cure for this distressing disease by the use of inhalants and other ingenious devices but none of these treatments—do do a particle of good until the parasites are either destroyed or removed from the mucous tissue. Some time since a well-known physician, after forty years' standing, after much experimenting, succeeded in discovering the necessary combination of ingredients which never fail in absolutely and permanently eradicating this horrible disease, whether standing for one year or forty years. Those who may be suffering from the above disease, should, without delay, communicate with the business managers—Toronto Mail, Messrs. A. H. DIXON & SON, 105 King St. West, Toronto, Canada. Inclose stamp for their treatise on Catarrh.

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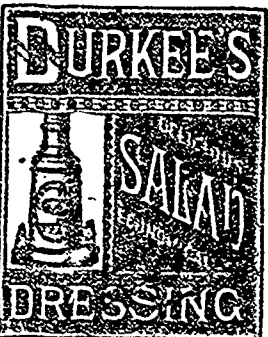
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LYDIA E. PINKHAM'S VEGETABLE COMPOUND IS A POSITIVE CURE

For all of those Painful Complaints and Weakness so common to our best FEMALE POPULATION. IT WILL CURE ENTIRELY THE WORST FORM OF FEMALE COMPLAINTS, ALL OVARIAN TROUBLES, INFLAMMATION AND ULCERATION, FALLING AND DISPLACEMENTS, AND THE CONSEQUENT SPINAL WEAKNESS, AND IS PARTICULARLY ADAPTED TO THE CHANGE OF LIFE. IT WILL DISSOLVE AND EXPEL TUMORS FROM THE UTERUS IN AN EARLY STAGE OF DEVELOPMENT, THE TENDENCY TO CANCEROUS HUMORS THEREIN, AND VERY SPEEDILY BY ITS USE. IT REMOVES PAINFUL, FLATULENT, AND CRAMPING ALL CRAMPS, FORSTIMULANTS, AND BELLS, OF THE STOMACH. IT CURES BLOATING, HEADACHE, NERVOUS PROSTRATION, GENERAL DEBILITY, DEPRESSION AND INDIGESTION. THAT FEELING OF BEATING DOWN, CAUSING PAIN, WEIGHT AND BACKACHE, IS ALWAYS PERMANENTLY CURED BY ITS USE. IT WILL AT ALL TIMES AND UNDER ALL CIRCUMSTANCES ACT IN HARMONY WITH THE LAWS THAT GOVERN THE FEMALE SYSTEM. ITS PURPOSE IS SOLELY FOR THE LEGITIMATE HEALING OF DISEASE AND THE RELIEF OF PAIN, AND THAT IT DOES ALL IT CLAIMS TO DO, THOUSANDS OF LADIES CAN GLADLY TESTIFY. FOR THE CURE OF KIDNEY COMPLAINTS IN EITHER SEX THIS REMEDY IS UNSURPASSED. LYDIA E. PINKHAM'S VEGETABLE COMPOUND is prepared at Lynn, Mass. Price \$1. Six bottles for \$5. Sold by all druggists. Sent by mail, postage paid, in form of Pills or Lozenges on receipt of price as above. Mrs. Pinkham's "Guide to Health" will be mailed free to any lady sending stamp. Letters confidentially answered. No family should be without LYDIA E. PINKHAM'S LIVER PILLS. They are a combination of Bile and Torpidity of the Liver. 25 cents per box.



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Scientific and Useful.

WARM LOAF CAKE FOR TEA.—One full cup of sugar, half cup butter, mix well, two eggs, flour to make very stiff batter in which have been sifted two spoons baking powder; flavour.

LEAD PIPES.—To clean the waste pipes leading from the sink, pour down them a strong solution of potash dissolved in hot water. Be very careful that none of this mixture gets on your hands or clothing, as it will destroy all animal matter that it comes in contact with.

— Lydia E. Pinkham's Vegetable Compound is a most valuable medicine for ladies of all ages who may be afflicted with any form of disease peculiar to the sex. Her Remedies are not only put up in liquid form but in Pills and Lozenges in which form they are securely sent through the mails.

STRAWBERRY SYRUP.—Take four pounds of the best double-refined sugar and one quart of filtered strawberry juice; put them together in the brain-marle; stir until thoroughly dissolved, take off the scum and bottle. The flavour of this syrup may be heightened by the addition of a gill of orange juice to the above quantity.

POTATO CHIPS.—Peel and slice, round, some fine potatoes. Lay in cold water for one hour. Dry by laying them upon a dry towel and pressing with another. Fry in salted lard, quickly, to a delicate brown. Take out as soon as done; shake briskly in a hot colander to free them from fat, and send to table in a deep dish—uncovered—lined with a napkin.

FIRST RELIEF ULTIMATELY A CURE.—These are the successive effects of one of the most deservedly popular remedies in the Dominion, Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, which reforms an irregular condition of the bowels and liver, invigorates the stomach, renews digestion, and changes the current of the blood from a sluggish and turbid into a pure, rapid, and fertilizing stream.

RICH CAKE IN SUMMER.—Much money and more precious strength is spent by kind hearted hostesses in baking rich cake that but few want, and in hot weather at least, nobody ought to eat or bake. Plain cookies or ginger snaps are convenient for the children's lunch. But nice bread and butter is good enough for grown folks to eat any time with the choicest fruit.

RESCUED AT LAST.—W. H. Crooker, druggist of Waterdown, says, when all other remedies fail for Bowel Complaints, then Dr. Fowler's Extract of Wild Strawberry comes to the rescue.

OUT-DOOR PARLORS.—Those with very large houses can shut up the Winter parlor and open one for the hot season, invitingly furnished with matting and willow. But the matron with average means must have her Summer parlor out doors. A very cosy one can be improvised on the veranda with rugs, a table for work and books, easy chairs, and curtains or screens, if needed.

It is a needless waste of substance to throw away the pods of green peas. They contain a large amount of valuable juice which might as well be saved and used. Wash a part of them and boil with the peas, either loose or in a sieve. After boiling throw away the remnant of the pods, for the value then has been extracted and will be found in the soup, which will be very much stronger and thicker than when the peas are boiled alone.

A. M. Hamilton, Warkworth, writes: "For weeks I was troubled with a swelled ankle, which caused me much pain and annoyance. Mr. Maybee, of this place, recommended Dr. Thomas' Electric Oil for it. I tried it, and before one bottle was used I was cured. It is an article of great value." Beware of Electric or Electron Oils, as they are imitations of Dr. Thomas' Electric Oil.

THE QUEEN OF PUDDINGS.—To make the queen of puddings, take one pint of fine bread-crumbs, one quart of sweet milk, three ounces of loaf sugar, small piece of butter, yolks of four eggs, grated rind of one lemon, bake till done, then spread over a layer of preserves or jelly; whip the whites of the eggs stiff, add three ounces of pulverized sugar, in which has been stirred the juice of the lemon. Pour the whites over the pudding and replace in the oven. Let it brown slightly. To be eaten cold.

Thomas Robinson, Farnham Centre, P.Q., writes: "I have been afflicted with Rheumatism for the last ten years and have tried many remedies without any relief. I got a bottle of Dr. Thomas' Electric Oil, and found it gave instant relief, and since then have had no attack. I would recommend it to all.

Vital Questions!!!!

Ask the most eminent physician Of any school, what is the best thing in the world for quieting and allaying all irritation of the nerves, and curing all forms of nervous complaints, giving natural, childlike, refreshing sleep always? And they will tell you unhesitatingly "Some form of Hops!!!!"

CHAPTER I.

Ask any or all of the most eminent physicians: "What is the best and only remedy that can be relied on to cure all diseases of the kidneys and urinary organs; such as Bright's disease, diabetes, retention, or inability to retain urine, and all the diseases and ailments peculiar to Women?" And they will tell you explicitly and emphatically "Buchu!!!!"

Ask the same physicians "what is the most reliable and surest cure for all liver diseases or dyspepsia; constipation, indigestion, biliousness, malaria, fever, ague, etc.," and they will tell you: "Mandrake! or Dandelion!!!!"

Hence, when these remedies are combined with others equally valuable, and compounded into Hop Bitters, such a wonderful and mysterious curative power is developed, which is so varied in its operations that no disease or ill health can possibly exist or resist its power, and yet it is Harmless for the most frail woman, weakest invalid, or smallest child to use.

CHAPTER II.

"Almost dead or arily dying" For years, and given up by physicians, of Bright's and other kidney diseases, liver complaints, severe coughs, called consumption, have been cured.

Women gone nearly crazy!!! From agony of neuralgia, nervousness, wakefulness, and various diseases peculiar to women.

People drawn out of shape from excruciating pangs of rheumatism, inflammatory and chronic, or suffering from scrofula

Erysipelas! Salt rheum, blood poisoning, dyspepsia, indigestion, and, in fact, almost all diseases frail!"

Nature is heir to Have been cured by Hop Bitters, proof of which can be found in every neighbourhood in the known world.

None genuine without a bunch of green Hops on the white label. Shun all the vile, poisonous stuff with "Hop" or "Hops" in their name.

THE SURGICAL DRAWER. There are a hundred little accidents liable to occur at any time in a household which call for immediate attention. A Cramer, shell, or box with good linen, adhesive plaster, scissors, tweezers, and any other appliances the house affords, accessible and known to all the family, is not only a convenience but may save suffering and avert danger by saving time and confusion. Of course, it should be out of reach of small and heedless hands.

Mr. T. C. Berchard, public school teacher, Norland, writes: "During the fall of 1881, I was much troubled with Billiousness and Dyspepsia, and part of the time was unable to attend to the duties of my profession. Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure was recommended to me, and I have much pleasure in stating that I was entirely cured by using one bottle. I have not had an attack of my old complaint since, and have gained fifteen pounds in weight."

THE SICK IN THE BEST ROOM.—It is hard enough to be sick, or to take care of the sick in hot weather, where everything is as comfortable as possible. So it seems almost cruel to keep the sick member of the household and the nurse, in a small, poorly ventilated room, while the cool, airy parlor remains closed until it becomes damp. A cot or lounge, which could be moved to suit the time of day, might be put in the best room with little effort, will not only aid in the recovery of the invalid, but may preserve the health of the over-taxed nurse.

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