

Feels Like a Young Girl Again

Dragged to the verge of despair by twelve years unbroken misery—Mrs. Garnett's case a most remarkable recommendation for Dreco—also helps her husband.

Picture the joy of Mrs. E. E. Garnett, of 715 Maitland street, London, on finding in Dreco quick and permanent relief from twelve long years of suffering that were rapidly wrecking her life. Picture how, in her new found happiness and faith in the wonderful properties of Dreco, she recommended it to her husband and saw it quickly overcome for him a particularly distressing case of catarrh and rheumatism. Then you may have some appreciation of the gratitude of this woman to Dreco, the greatest of all herb and root remedies.

Says Mrs. Garnett: "For twelve long years I suffered from chronic constipation and for the past three years the cruel torture of rheumatism added to my misery. I suffered agonies of pain through my right shoulder and was hardly able to lift my arm. My limbs ached and I had severe pains through my back. My stomach was in a terrible condition. Gas would bloat me up and press against my heart. I got very little sleep and would get up in the morning, dead tired. Every medicine I tried was a failure until, in the depth of my discouragement, I tried Dreco. I have only taken two bottles but the result is simply marvelous. I can eat anything, have no pains or gastric formations after meals and the pains in my shoulders and limbs are almost gone. My constipation is fully relieved and I wake up in the mornings refreshed and bright and happy as a young girl."

"Dreco also brought immediate relief to my husband, who had suffered severely from rheumatism and catarrh. It has aided his digestion and helped him in every way."

"Dreco is the greatest medicine we ever heard of and we cannot thank it enough for rescuing us from our years of distress."

No suffering from kidney, stomach liver or intestinal disorders is too severe or too deep rooted for Dreco to overcome. It acts quickly and gently, toning and regulating the system. This natural herb and root remedy is bringing new life and hope to the most despondent sufferers.

Dreco is being specially introduced in Watford by Siddall's Drug Co. and is sold by a good druggist everywhere.

CASTORIA

For Infants and Children
In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Ayer*

TWO THINGS THAT HURT THE EYES

A person has been known to say, "I have ruined my eyes by reading too much." Not so—the eyes were made to use. One sure way to permanently injure the eyes is

READING BY INTENSE LIGHT

The light should come through ground glass to soften it. Never use direct light from either gas or electricity. Oil lamps give out a soft light, therefore clear glass chimneys.

READING BY DIM LIGHT

Take our advice—do not read or sew by a dim light—it will be a direct strain upon the sight centres of the brain. On these two things hang the fundamental laws of sight economy. Never use cheap or pick-up glasses—come to us for advice about things optical.

Everything needful here. Take good care of your children's!

Carl A. Class
Jeweler and Optician



TAXI

When you have decided to make that trip you have been planning upon—give us a ring—we are always ready to accommodate you with a first-class turnout for every occasion. SEDAN and TOURING CARS

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ITEMS FROM FAR AND NEAR

Some Wise, Some Otherwise
Some Newswy, All Readable.

Two million nine hundred thousand persons in Great Britain are drawing disability allowances, costing \$160 a head.

A Maine resort makes a strong appeal to anglers when it announces that it is a quiet spot where fish bite and mosquitoes don't.

In the Province of Ontario there are ninety-six boards administering the Mothers' Allowance aid. These are taking care of 3837 mothers and 11,777 children. Few provincial expenditures are productive of more happiness and have greater possibilities for good.

A bishop of the Methodist church relates the following experience: After the service on Sunday morning, he was approached by an old lady who expressed great appreciation of his discourse. "Why, bishop," she said, "you can never know what your sermon meant to me. It was just like water to a drowning man."

A report made to the Hydro Commission sets forth that, in connection with the work of extending power to rural parts of Ontario, 650 miles of transmission lines have now been laid. This makes power available in 93 townships, the bonus principle provided for by legislation.

The amount of money turned over in horse-race gambling in Canada last year was over one hundred million dollars, of which forty-six million were wagered on Ontario licensed race tracks. This sum of one hundred million represents more than the entire Dominion revenue from Income Tax and Business Profits Tax combined for the year 1921-22.

Citizens of Harrah, Oklahoma protest the ringing of the 9 o'clock curfew, because it interrupts their slumbers. Every night after the curfew has settled down for a good rest, and the lights are turned out, the clanging of the curfew rouses the citizens from their slumbers, and the situation is becoming well-nigh unbearable, according to the delegation that registered a complaint with the County Attorney.

In the Ford plant the management has discovered that 670 jobs can be performed by men without legs, 2,637 by men with one leg, 2 jobs by men without arms, 715 by men with one arm, and 10 by blind men. Actually at work on these jobs are 9,563 "sub-standard" men. There are a thousand tubercular employees who are working, but isolated from others.

Leviathan is not the biggest ocean carrier afloat, but it suits the pride of her American owners to claim that she is, and it suits the revenue policy of the British port authorities at Southampton to allow the claim and collect \$1,200 by way of additional harbor dues every time the big ship of exaggerated tonnage enters port. Even fame that is got by mere blowing is not always cheap fame. John Bull is willing to let others do the boasting as long as he has the privilege of putting a tax on it.

On December 31, 1923, a new Motor Vehicles Act will go into force in Ontario, the following being the provision governing parking lights: "A motor vehicle while standing upon any highway at such times as lights are required by the provision of this section for such vehicle may show one light carried on the left side of the car in such a manner as to be clearly visible to the front and rear for a distance of at least two hundred feet, and to show white to the front and red to the rear of the vehicle, provided however, that such light shall not be displayed while the motor vehicle is in motion."

Premier Ferguson's ministry can be termed a Ministry of young men. The Premier himself has just attained his 53rd birthday. Mr. Nickle is in his 54th year; Mr. Henry is in his 52nd year; Col. W. H. Price is 45; Mr. McCrea, 46; Dr. Forbes Godfrey, 56, and Sir Adam Beck is still reckoned a young man in energy at 66. From the standpoint of religion, the majority of the Cabinet ministers are Anglican, these being Mr. Ferguson, Col. Price, Dr. Carr, J. R. Cooke and Mr. Martin. W. F. Nickle and Lincoln Goldie represent the Presbyterians; Dr. Godfrey, G. S. Henry, Hon. Thos. Crawford, J. W. Lyons, the Methodist; Chas. McCrea is the only Roman Catholic in the Cabinet, while Sir Adam Beck is a Lutheran.

Corns are painful growths. Holloway's Corn Remover will remove them.

After August next you cannot buy Oleo in Canada. The Dairymen's Association have been successful in their fight and Oleo has to go. It is butter or nothing and in many places where a working man has a large family it will be nothing. It will be like the Irishman's "potatoes and point" that is they eat the potatoes after pointing them at the one small fish on the table. It seems like a rather undemocratic procedure to tell us what we shall and shall not eat. If Oleo is cheaper than butter and it fits the pocket book of some families and if they prefer to buy Oleo then why cannot these families do as they please and buy Oleo. To let them do so, will not hurt the price of butter for those who want butter and can afford to buy butter, will not buy Oleo. The poorer people of our cities have a real grievance in this legislation and they will doubtless make their voices heard in the future.

Requests have come from all quarters for copies of the draft bill and the formal basis of union of the Methodist, Presbyterian and Congregational Churches of Canada, the Methodist Conference Special Committee has decided to arrange with the other two denominations for copies of the draft bill and basis to be distributed at a formal price to the churches and the world. Requests for copies have already been received from the United States, Australia, New Zealand, South Africa, the British Isles, Germany and Switzerland. In answer to the letter from Lord Robert Cecil regarding the stand of Canadian Methodism in relation to the League of Nations, the committee has replied, pointing out that Dr. S. D. Chown, general superintendent of the church, is sending a request to every Methodist church pastor and Sunday school superintendent in the Dominion, that they preach sermons on "Peace" on Sunday, Aug 5th, the anniversary of the outbreak of the Great War.

BABY'S GREAT DANGER DURING HOT WEATHER

More little ones die during the hot weather than at any other time of the year. Diarrhoea, dysentery, cholera infantum and stomach troubles come without warning, and when a medicine is not at hand to give promptly the short delay too frequently means that the child has passed beyond aid. Baby's Own Tablets should always be kept in the house where there are young children. An occasional dose of the Tablets will prevent stomach and bowel troubles, or if the trouble comes suddenly the prompt use of the Tablets will relieve the baby. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

SUPPOSED ORIGIN OF THE "KETTLES" AT KETTLE POINT

That the kettles at Kettle Point were thrown off thousands of years ago by a violent eruption of some far distant planet and that they kept together in their long journey through space, grinding against each other with the rotary motion peculiar to all heavenly bodies, causing their spherical form when at last they found a resting place in the mud at Kettle Point, which was at that time undoubtedly covered with water is the opinion of James A. Allen of 239 South Mitton street, Sarnia, who has taken a lively interest in such matters in recent years.

Had they hit anything solid, owing to their brittle nature, they would have been smashed to atoms he believes.

"This mud has since turned to shale rock, which is of a very old formation, underlying the limestone rock in some parts of Ontario.

I searched in vain for any evidence of fossils in this shale, whereas some limestone is very rich in fossils, particularly the limestone of Rock Glen," Mr. Allen said.

"This shale has at one time been subject to a tremendous pressure, possibly in the ice age. It is much harder than the shale that I have seen in other parts of Ontario.

"In this shale is embedded these meteors or kettles. Then came the waters of Lake Huron, wearing away the shale rock, leaving the meteors exposed, the smaller ones being carried away, some to decorate the lawns of the citizens of Sarnia.

"On my visits to Kettle Point I was accompanied by two ladies, who, four years ago, visited the museum of natural history in New York city, where they saw a number of meteors the largest having been brought from South Africa, and both are of the opinion that the kettles are of meteor origin.

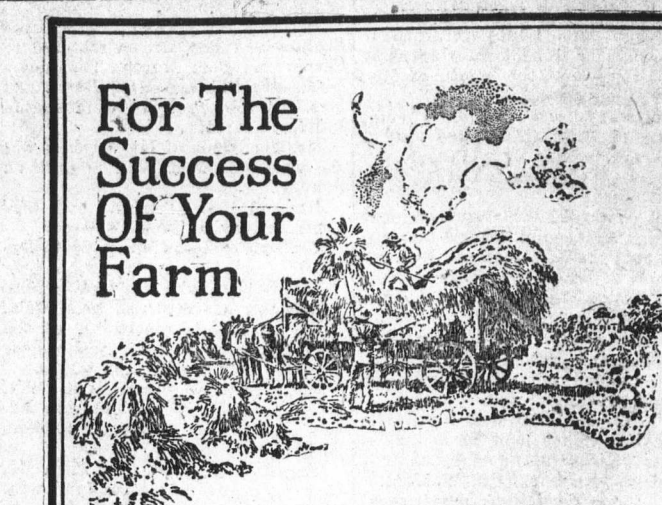
"We have in Kettle Point one of the wonders of the globe, namely, the greatest known shower of meteors that ever fell to earth.

"A further investigation would be in order. They should be analyzed as they are not the same formation as the granite boulder of the glacier period."

Good Luck is thought to go a long way, but Good Judgment goes farther. TO USE

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Watford, Ontario

ried away, some to decorate the lawns of the citizens of Sarnia.

SAVED FROM AN OPERATION

Restored to Health By Tal "Fruit-a-lives"

Made of Fruit Juices and Tr

The most convincing proof of true worth of "Fruit-a-lives" medicine for women is found in letters written by them to "Fruit-a-lives". For instance: "I suffered with all the symptoms of female trouble, pains low in the back and sides, constipation and constant headache. A G advised an operation. I started taking "Fruit-a-lives" and this medicine completely relieved all my misery."

Mrs. M. J. GORSI
Vancouver,
50c. a box, 6 for \$2.50, trial size
At dealers or from Fruit-a-lives Limited, Ottawa, Ont.

Wedding Stationery

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CANADIAN NATIONAL RAIL TIME TABLE

Trains leave Watford station as follows:
GOING WEST
Accommodation, 111.....8.
Chicago Express, 17.....12.
Detroit Express, 83.....6.
(a) Chicago Express.....9.
GOING EAST
Ontario Limited, 80.....7.4.
Chicago Express, 6.....11.
Express.....2.
Accommodation, 112.....5.3.
(a) Stops to let off passengers
Hamilton and east therefrom
take on passengers for Chicago
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