

Prayer for Health

To be read twice each day for 365 days in each year. I open my whole nature to Thee, Universal Spirit, that I may be receptive to Divine influence.

May I breathe freely and deeply, thereby stimulating the circulation of my blood, which is vital to life. May my vision be clear and bright so that I can see only the good.

The Western Fair

The Prize List offered this year by the Western Fair Association is the most liberal in its history. In the Live Stock Departments the prizes are exceptionally large.

How He Won Her

Like a good many others, Willie Woodswell loved his sweetheart ardently, but possessed only a paltry pittance to offer her in order to promulgate their connubial bliss.

Smoothing It Out

A young Parisian, noted for his grace and readiness as a second in many duels, had been asked by a friend to accompany him to the mayor's office and affix his signature as a witness to the matrimonial ceremony.

Short-lived

"George," said Hilda, looking up from the morning paper, "it says here that another octogenarian is dead. What is an octogenarian?"

Holloway's Corn Cure takes the corn out by the roots. Try it and prove it. Copper ore has been discovered in the Westmann islands, which lie south of Iceland.

LIST OF SPECIAL PRIZES

East Lambton Fall Fair
AULD & MATHEWS, Span of Drivers coming greatest distance to the fair, \$2.00.
A. BROWN & Co.
For the tallest Six Stalk of Corn, \$1.00.

W. J. COPELAND—3rd prize for Ladies' Single Driver, \$4.00.
ALEX. CAMERON—Best barrel of Greening Apples, to be his, \$2.00 in goods and market price.
J. DODDS & SON
Oldest woman on the fair grounds, Pair of Shoes, value \$2.00.

FREEMAN KERSEY—Best bushel of Onions, to be his, \$1.25.
F. LUCKHAM—Best bushel of Onions, to be his, \$1.00.
S. MITCHELL—Best 12 Peaches, to be his, \$1.00.
H. MACNALLY—Best Single Driver, shod all round, value \$1.40.
WM. McLEAV—Best barrel of Spy Apples, to be his, \$3.00.
JOHN MATHEWS—Best 20 lbs. Roll Butter, to be his, \$2.00 and market price.

CASH DONATIONS

Roche House.....\$10.00
J. McManus, Taylor House... 10.00
Rogers House..... 10.00
Merchants Bank..... 5.00
John Cowan..... 5.00
R. J. McCormick..... 5.00
Sterling Bank..... 2.00
J. W. McLaren..... 3.00
Stapleford & Son..... 2.00
R. C. McLeay..... 2.00
Dr. McGillicuddy..... 2.00
Dr. Brandon..... 2.00
John McCormick..... 2.00
Russell McCormick..... 2.00
H. Schlemmer..... 2.00
F. Lovell..... 2.00
Ches. Howden..... 2.00
Trenouth & Co..... 1.00
Carl A. Class..... 2.00

CHILDHOOD DANGERS

No symptoms that indicate any of the ailments of childhood should be allowed to pass without prompt attention. The little ailment may soon become a serious one and perhaps a little life passes out.

All Sorts of Items

It is said that Germans stain their hands, faces and clothes green to hide in the trees. A sort of horti-kultur?
Although many "war" names have been given to babies since the European struggle commenced, perhaps one of the most peculiar, and at the same time interesting, was the one adopted by Mrs. Jobson, wife of Fred Jobson, of Woodstock, now of the 34th Batt., at London.

A traveler writes:—Rural mail delivery is enjoyed in the townships of your fair county and is proving a great convenience to the farmers, but many posts and boxes are placed too near the travelling public, driving or walking, after dark. The arm that holds the box would be a bad thing to come in contact with, and there has been some close calls. Many of them could be placed closer to the ditch and be convenient for the mail carriers.

Many people driving along the roads seem to have the impression that the driver of a wagon that is loaded is not required to turn out to allow another vehicle or an auto to pass. This is a wrong impression, as the statutes of Ontario, R.S.O. 1914, page 2794, clearly defines. Clause 5 of the act distinctly states that where a loaded vehicle meets or is overtaken by another vehicle, and it is impracticable to turn out, the driver of the loaded vehicle shall stop and render assistance to the other vehicle if necessary.

English technical papers ascribing the arrangements of a new London hotel say that in each of the 1,028 bedrooms provision is made for electric heating. Electricity also is largely used for controlling the other heating and ventilating services, and from his seat in the control room the engineer can ascertain the temperature at any one of about two hundred and fifty points in various parts of the building.

At the mechanical school: "Now, John, did you ever see a saw?" "Yes, sir, I've saw a saw." "What saw was it you saw, John?" "It was a sea-saw, sir." "A sea saucer?" "Why, John, what do you mean?" "I mean a see-saw, sir." "And when did you see the sea?" "Oh, sir, I didn't see the sea, I saw the saw, sir." "But if you only saw the saw how saw you the saucer?" "Why, sir, I never saw the saucer; I saw the see-saw, sir—see?" "Well, my boy, if that's the way you see saws the less saws you see the better. You may take your seat."

They All Wear Wrist Watches

"Duke's son, Cook's son," everybody is wearing a wrist watch this summer; every boy from the little hotel bell hop to the bristling old colonel who is training the boys, and every girl from the chambermaid of the hostelry to the girls and matrons young and old, who spend the summer days knitting, turning out dozens of stockings for the boys who are on overseas duty.

On Convalescence

Everywhere there are now to be seen wounded soldiers who are well enough to be out of doors and enjoy the blue sky and the sunshine. We look at them always with the profoundest sympathy and admiration, and rather wistfully, too, sometimes—with a little pang of envy that we hope may be forgiven us.

Gasoline

It should be known by everyone in these days of gasoline lamps and stoves that gasoline will not explode until its fumes have been mixed with at least six parts of atmospheric air. Gasoline will catch fire as quickly as any liquid known, but let it alone and it will burn out, doing no damage and leaving no scar or sign of fire.

When your nose itches something will soon happen to vex you. When your right eye itches it is a sign of good luck; your left eye, of bad luck.

The United States is the greatest producer of tobacco in the world, the greatest exporter, the greatest importer and the greatest consumer. The handle of a new saw is adjustable to enable horizontal cuts to be easily made. Chicago leads cities of the United States in concrete building construction, with Seattle in second place and Philadelphia in third.

A copper mining company in Peru operates a smelter 14,000 feet above sea level, the highest altitude for such an industry in the world.

But too many people get into an argument who have nothing to say. The female of the species is the weeping expert of the human race.

THE CALL TO ARMS
Every fit young Canadian should be in khaki.
The need of the Empire for your services was never greater.
Britain's war is Canada's war and Canadians must share in its results.
Every male German over the age of 17 is compelled to perform military duty.
Every Canadian owes a similar duty to his country and to the Empire. He is expected to do the duty voluntarily, and the time is now.
Conscription has been a hateful word to all Britishers. It depends upon how those of military age come forward in this supreme crisis whether conscription will be necessary or not.
WHAT DO YOU INTEND TO DO?

PILES
You will find relief in Zam-Buk!
It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this?
Zam-Buk
FOR ALL SURPASSING

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R. C. P., M. B., M. A., England,
Watford, Ont.
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R. G. KELLY, M.D.
Watford, Ont.
OFFICE—Main street, formerly occupied by Dr. McLeay. Residence—Front St., East.
THOS. A. BRANDON, M. D.,
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OFFICE—Main Street, in office formerly occupied by Dr. Gibson.

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GEORGE HICKS,
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At Queen's Hotel, Arkona, 1st and 3rd Thurs days, of each month.
G. N. HOWDEN
D. D. S., I. D. S.
GRADUATE of the Royal College of Dental Surgeons, of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN ST.—WATFORD

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J. F. ELLIOT.
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PROMPT attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

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AGENT FOR
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REPRESENTING
Five Old and Reliable Fire Insurance Companies!
If you want your property insured please call on J. H. HUME and get his rates.
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O. P. R. Telegraph and Canada Permanent Loan and Saving Co.
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Farmers' Mutual Fire Insurance Company.
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J. F. ELLIOT, R. J. WHITE, } FIRE INSPECTORS.
P. J. McEWEN, AUDITOR
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PETER McPHEDRAN, Waukegan P.O., Agent for Warwick and Plympton.

Children Cry
FOR FLETCHER'S
CASTORIA

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