

### THE CHARM OF MOTHERHOOD

Enhanced By Perfect Physical Health.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.



If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

### Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

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ADVERTISING RATES.

Table with columns: Space, One Year, Half Year, 3 Months. Includes rates for one column, half column, and one-fourth column.

Advertisements will be allowed a change of matter every two weeks. Weekly notices are charged at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

Local Advertisements—First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Advance payment 14 lines and under, per year \$6.00.

Notices—10c per line each insertion. Minimum charge 25 cents. Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS.

### Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, JUNE 26, 1914.

### Plympton

Miss Muriel Stephens Randall, youngest daughter of S. Randall, Cambridge, was married at the manse, Forest, Wednesday 17th inst., to Jas. Kenneth Porter, son of Mr. and Mrs. Robt. Porter, Ravenswood, the Rev. J. R. Lavarie performing the ceremony. The bride was attended by her sister Mabel, and the bridegroom by his brother, Wray. The happy couple took the afternoon train for Stratford. They will reside on the 12th con. of Bosanquet.

Mr. and Mrs. Joseph Thornicroft, London Road, celebrated the twenty-fifth anniversary of their marriage, on June 12th. Guests to the number of forty-six were present and at two o'clock the wedding dinner was served and thoroughly enjoyed by all. The bride of twenty-five years looked charming in a gown of tan silk. After the dinner the guests were entertained by some excellent selections, both instrumental and vocal, by Miss Minnie Thornicroft, also vocal by the Misses Grievie, and Miss Clara Taylor, of Belmont. The company then were photographed, and, after much hilarity, departed with many good wishes for the future of Mr. and Mrs. Thornicroft. Miss Minnie gave a dancing party in the evening to about fifty of her young friends. All report a very enjoyable time.

Frank Gaunt was honored by the Petrolia band boys on his leaving for Guelph by the presentation of a gold watch as a token of appreciation of his services in the band.

Advertisement for 'Every Woman' featuring 'MARVEL Whirling Spray' and 'WINDSOR SUPPLY CO.' with an illustration of a woman.

### R. J. McCORMICK'S COLUMN



### To the Electors of the East Riding of Lambton.

GENTLEMEN:—

I am before you as a candidate to represent the East Riding of Lambton in the Ontario Legislature. I take this opportunity of soliciting your support at the coming election on June 29th. Owing to the shortness of the campaign it will be impossible for me to see you all personally, but will be grateful to all my friends who can mark their ballot for me on June 29th.

All my interests are centered in East Lambton, and should you instruct me with your confidence to represent you in the halls of the Legislature nothing in my power will be left undone to merit the trust reposed in me.

As a resident of the riding for many years my record is well known to many of you, and is, I trust, a guarantee that I will use my utmost endeavor to further the best interests of the country as a whole and East Lambton in particular. If returned as your representative the agricultural interests of the country will receive my best attention.

My record as a life long temperance man is known to many of you. I am a firm believer in the good old British maxim, "The Majority Rules," and will support any legislation for the repeal of the three-fifths clause now governing the vote on local option.

In regard to educational matters I consider the people are the best judges of their requirements, and am unalterably opposed to dictating to them what course they must pursue. "Trust the People," they seldom make a mistake.

The railways and by-corporations are not bearing their just share of taxation and any legislation tending to equalize this inequality will receive my hearty support. The farmers of Ontario have too long borne the heavy end of the yoke and it is time for a readjustment of the burden.

During the six years I have represented you in the Legislature I have, to the best of my ability, served your best interests. I have urged, and not without some success, the restoration of the Model Schools, and will continue to do so until there will be at least one Model School in each County.

I am highly pleased with the selection of Mr. N. W. Rowell, K. C., as leader of the Liberal party in Ontario, and I heartily endorse the platform he has submitted to the electors. The time has come where there should be a more energetic policy in regard to temperance, agriculture, colonization, taxation and moral reform, and under the leadership of Mr. Rowell such a policy will be pursued.

Any legislation emanating from either the Government or Opposition sides of the house, which, in my judgment I consider for the general welfare of the Province, will find in me an earnest advocate.

Trusting to receive your approval on election day, I am, your obedient servant, R. J. McCORMICK. Warwick, June 15th, 1914.

### MR. McCORMICK'S SPEECHES.

ON THE BUDGET OF 1912. Speaking in the Legislature on Feb. 16th, 1912, Mr. McCormick said:

Mr. R. J. McCormick (East Lambton) was also severe on the education policy of the Government. He censured the Minister of Education for closing the Model

Schools, and declared that children were being sent out for education every day with incompetent teachers to instruct them. He objected to the encroachment of the Legislature on the functions of the municipalities. "We do not leave enough to the Municipal Councils," he said. "They know their own business better than we do." He urged that the townships be divided into wards, and Councillors elected by that system. "The Liberals have a platform," Mr. McCormick went on, "but the gentlemen opposite adopt our planks as we bring them out," he said amid laughter.

ON THE BUDGET OF 1914. Mr. McCormick, M. P. P., for East Lambton in the debate in reply to the speech from the Throne in March, 1914, said he had the honor of presenting from his constituency the largest petition ever presented in the Legislature in favor of Tax Reform. Speaking of the necessity of this reform he instanced the old shacks in the best part of the city of Toronto, which were a disgrace to a progressive city like Toronto. The only way to remedy this condition of affairs was to apply the single tax principle to a large city like Toronto which would compel the owners of these shacks to pull them down and erect decent buildings or sell the property to some one who would erect buildings that would draw large rents. The present assessment system was opposed to the progress of any growing city.

In regard to assessment of farm lands he advocated a change in the Assessment Act whereby lands would be assessed at their full value and improvements at say 50 or 60 per cent. of their value which would be an encouragement to the progressive farmers, whereas the present system imposes a fine on him for being progressive by having up-to-date buildings.

Mr. McCormick also put up a strong plea for the Model Schools which were the poor man's school. The present system tended to handicap the poor man in preparing any of his family for the teaching profession.

The member for East Lambton has introduced in the Legislature a Bill along these lines, in regard to assessment reform by leaving it to the ratepayers of any municipality to settle by their votes how they shall assess lands and improvements.

### The Tight Skirt Crisis

The following from the Seaforth News was drawn to our attention by one of Watford's young ladies. It may apply to the young ladies of Seaforth, but of Watford—no, no.

You've a very narrow skirt, Little Girl. Are you sure it doesn't hurt, Little Girl? That's a nice little stride Where the street is wild and wide? Are you sure there's room inside, Little Girl?

What will happen if you slip, Little Girl? Aren't you fearful it will rip, Little Girl? You had better take a sack, So if anything should crack, It would serve you coming back, Little Girl.

Does your mamma know your out, Little Girl? We're afraid to go about, Little Girl? If we meet you in the sun, With your skirt so thinly spun, Why, we might all have to run, Little Girl?

Let the bottom out a bit, Little Girl? It is much too tight to fit, Little Girl. As the matter sadly stands, You'll be walking on your hands, And in that event—my lands! Little Girl.

### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & Co., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

NATIONAL BANK OF COMMERCE, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

While her husband, who is a member of the volunteer fire brigade of Kingsville, was fighting a fire that was discovered in the home of Ernest Cox, early Saturday morning, Mrs. Joseph Langtry became so excited that she was seized with an attack of heart failure and died before medical attention could be given her.

Rich Indian teas blended with flavory Ceylons.

# Red Rose Tea "is good tea"

## Lightning Conductors Act Two Ways

- 1.—They prevent strokes
2.—They carry the current to the ground when a stroke occurs

An excellent metal for Lightning Rods is copper, because it is a good conductor of electricity—about six times as good as iron—; because it is nearly indestructible (do you remember the old copper kettle at home?), and because it is not easily melted.

The best statistics available prove that for every 100 buildings now struck by lightning about 5 only would be struck were they rodded. Rods have an efficiency of 94 1/2 per cent. as a preventive of strokes. This is the report of 18 Companies in Ontario and includes roofs of every kind. But should a stroke occur—and sometimes it will—then you must have a good conductor to carry it off harmlessly.

The "Universal" Rod has a big conducting surface, with the copper where it is wanted, on the outside of the rod, the sheath, which is fastened with a Lock-Joint.

Would you care to see our Catalog? Drop us a line. THE UNIVERSAL LIGHTNING ROD CO. Makers of the Rod with the Lock-Joint, at HESPELER, ONT.

## SASH AND DOOR FACTORY PLANING MILLS and LUMBER YARDS

ALL ORDERS FILLED PROMPTLY PEDLAR ROOFINGS --

Corrugated Iron Carro Crimp Roofing George Shingle

METAL CEILINGS AND WALLS METAL CULVERTS SEE OUR PRICES

READY ROOFINGS--Our J.-M. ASBESTOS roofing is different from every other kind of prepared roofing. It is an all-mineral product, composed of pure asbestos and asphalt—both minerals. That is why it is in a class by itself.

## ESTABLISHED 1870. GEORGE CHAMBERS THE HOWDEN EST.

GROCERIES CHINA Our grocery department is always well stocked with the best we can buy in staple and fancy eatables. Lowest prices. If you are not already a customer, try us.

TINSMITHING, PLUMBING No job too large and nothing too small to be taken care of. Furnaces, hot water heating and eavtroughing at reasonable prices.

HARDWARE Aluminum ware Builders' Hardware Stoves and Furnaces Enamelled ware Cutlery and Edge Tools Sherwin-Williams' Paints Pumps and piping

## THE HOWDEN EST

We Do All Kinds of Printing AT THE GUIDE-ADVOCATE

Advertisement for 'CONVENIENT wood. Large feed McC Sun Furnac' with an illustration of a furnace.

Advertisement for 'How will THEY BENE They increase his cost of hauling... Complete information yours for the asking' with an illustration of a road.

Advertisement for 'CANADIAN PACIFIC HOMESEEK EXCURSION' with details about travel packages.

Advertisement for 'THE HOWDEN EST' listing various goods and services.

Advertisement for 'Important Notice' regarding subscription changes and contact information.