

The Cheerful Life

It is the right of everyone to live and enjoy the cheerful life. We owe it to ourselves and those who live with us to live the cheerful life. We cannot do so if ill health takes hold of us.

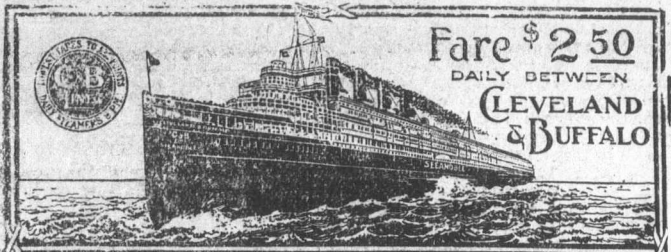
The wife, mother and daughter suffering from hot flashes, nervousness, headache, backache, dragging-down feeling, or any other weakness due to disorders or irregularities of the delicate female organs—is not only a burden to herself, but to her loved ones.

There is a remedy. Forty years experience has proven unmistakably that

DR. PIERCE'S Favorite Prescription

will restore health to weakened womanhood. For 40 years it has survived prejudice, envy and malice. Sold by dealers in medicine in liquid or tablet form. Dr. Pierce's Favorite Prescription Tablets can be had of druggist or mailed on receipt of one-cent stamps—for \$1.00 or 50c size. Address R. V. Pierce, M. D., Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.



THE GREAT SHIP SEANDBEE

The largest and most comfortable passenger steamer on inland waters of the world. In Service July 1st. Length 500 feet; breadth 88 feet; 6 staterooms and parlors accommodating 1500 passengers.

Magnificent Steamers SEANDBEE, City of Erie and City of Buffalo

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Leave Cleveland 8:00 P. M. Leave Buffalo 8:00 P. M.
Arrive Buffalo 8:30 A. M. Arrive Cleveland 8:30 A. M.
(Central Standard Time)

Connections made at Buffalo with trains for all Eastern and Canadian points; at Cleveland for Put-in-Bay, Toledo, Detroit and all points West and Southwest. Tickets reading via any railroad line between Cleveland and Buffalo accepted for transportation on C. & B. line steamers. Ask your ticket agent for tickets via C. & B. line. Send 6 cents postage for handsome booklet.

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F. Newman, Gen'l Mgr. H. H. Rogers, Traffic Mgr. W. F. Herman, Gen'l Pass. Agent
Cleveland, Ohio

Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

- SUNRISE, First Patent from Manitoba wheat
- FIVE ROSE do do do
- ROYAL HOUSEHOLD do do do
- HORTON do do do
- HARVEST QUEEN, 2nd Pat. from Man. wheat
- GOLD DUST do do do
- RED ROSE, High Grade Blended Flour
- NEW ERA, Special Pastry Flour

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON.
MILLERS AND FEED MERCHANTS

TRENOUTH & CO.

DEALERS IN
Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of
INTERNATIONAL STOCK FOOD
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Chopping and Rolling Done While You Wait
PHONE 39

JUVENILE HEROISM.

The Brave Mexican Cadets at the Defense of Chapultepec.

Many incidents in the Mexican war are still recounted to fire the hearts of Mexicans. One of these occurred during the defense of Chapultepec, a defense that was as gallant as was the attack. In this attack forty-eight Mexican cadets, among others, lost their lives. The story is a stirring one.

For many years the celebrated castle of Chapultepec, where Montezuma held his barbaric court in the surrounding groves of cypresses, where during nearly three centuries lived the successive viceroys of Spain and where Maximilian made his imperial home, has been the West Point of Mexico.

When General Scott had taken the place by storm and General Bravo had surrendered, a Mexican cadet only fifteen years of age, seeing the flag of his country in peril, most of his comrades being already slain, climbed the flag-staff, tore the banner from its place, wound it around his body and slid down, intending to plunge over the precipice in order to save the colors from falling into the hands of the enemy.

That act of heroism being frustrated, the brave boy, with the banner still wrapped around him, fought until he was cut in pieces. Forty-eight of these schoolboys, ranging in age from fourteen to twenty years, lie buried in one grave at the foot of the hill. Year by year the cadets of Chapultepec strew flowers upon this sepulcher.—Harper's Weekly.

EARLY WORLD RECORDS.

Fossil Animals and Plants Constitute the Geologist's Key.

The work of the United States geological survey in paleontology—the study of fossil remains of animals and plants that lived ages ago—has a practical bearing on some of the very practical economic problems of today.

The descriptive paleontologic reports are often treated as "pure science," yet instructive, striking or tedious as may be these delineations of the groups of animal or plant life which lived on the globe in some particular epoch there is not one of these papers describing the fauna or flora of a formation that does not prove sooner or later to possess practical value and to be essential to geology in its constantly increasing refinement of study and results.

Without paleontology the geologic classification of formations, their correlation and the determination of their mutual relations would be impossible. In fact, real and symmetrical progress in geology is impossible without corresponding interrelated development and refinement of its handmaid paleontology. The study of the economic geology of any region of complicated structure is blind and inconsequent unless the time relations of the strata concerned are known. These relations are indicated by the fossils which the strata contain.—Annual Report Director United States Geological Survey.

Cornish Place Names.

Cornish place names are remarkable for the number of obscure Celtic saints they commemorate, such as St. Tudy, St. Cuby, St. Uuy, St. Enodoc, St. Brise and St. Finbarrow.

A story is told of a Cornish candidate for ordination who, when asked by the examining chaplain where he was born, replied, "At St. Eval," giving the local pronunciation, "Sandeval." "Good heavens!" exclaimed the chaplain, "I know they have some strange saints in Cornwall, but I should never have imagined they would canonize him!"

There are three other Cornish villages whose names it would be hard to match for singularity—Brumbla, London Apprentice and Drunkards All.—London Globe.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Feltch*

Flea-Beetles and Their Control

The Division of Entomological of the Experimental Farms Branch of the Dominion Department of Agriculture, Ottawa, has recently issued Entomological Circular, No. 2, by Mr. Arthur Gibson, Chief Assistant Entomologist, on "Flea-Beetles and Their Control."

The Flea-Beetles are an important group of insects which attack the foliage of many plants. They are particularly destructive to the leaves of several kinds of vegetable crops, such as turnips, potatoes, tomatoes, radishes, etc. The chief injury is effected in spring and early summer when the plants are visited by large numbers of beetles. Numerous small holes are eaten into and through the leaves, in fact, some of the species completely defoliate certain plants. Owing to their jumping habit, these insects were given the popular name of flea-

PILES.

You will find relief in Zam-Buk! It cures the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores—6c box.

Zam-Buk
FOR ALL SUMMER SORES

beetles. In size they range from one-twentieth to one-quarter of an inch. In Canada there are five species which are of considerable economic importance, and these are discussed and figured. In addition, descriptions are given of eight other species which occasionally appear in destructive numbers. A chapter on "Methods of Control" gives full particulars as to remedies which have been found most successful in the control of these insects.

Copies of this publication may be obtained from the Publications Branch, Department of Agriculture, Ottawa.

The worms that infest children from their birth are of two kinds, those that find lodgement in the stomach and those that are found in the intestines. The latter are the most destructive, as they cling to the walls of the intestines and if not interfered with work havoc there. Miller's Worm Powders dislodge both kinds and while expelling them from the system serve to repair the damage they have caused.

Fall Fair Dates

The Western District Fair Association have fixed the following dates for the fairs of that circuit:

Strathroy.....	Sept. 15-17
Petrolia.....	Sept. 18-20
Forest.....	Sept. 24-25
Parkhill.....	Sept. 25-28
Wyoming.....	Sept. 26-27
Brigden.....	Sept. 30
Alvinston.....	Oct. 2-3
WATFORD.....	OCT. 7-8

THE WESTERN FAIR September 5th to 13th

The management of the Western Ontario's great and popular Exhibition are leaving nothing undone in order that success may crown their efforts this year. It was thought that Exhibitors would appreciate more prize money and \$2,000 in cash was added to last year's list. In addition to this several Live Stock Associations are giving liberal grants. This should make the list very attractive for Live Stock Exhibitors. Independent of the prize money altogether, the fact remains that the London Exhibition is in the centre of Western Ontario, and surrounded by the best farming country in the Province, thus always assuring a large number of buyers for first class stock of all kinds. Live Stock breeders will do well to note this, for Western Fair Exhibitors always report good sales. Provision will be made this year for better accommodation for judging the Live Stock, as the management are anxious for the comfort and convenience of both Exhibitors and visitors.

Prize lists, entry forms and all information will be forwarded on application to the Secretary, A. M. Hunt, Room 302 Dominion Savings Building, London, Ontario.

Wasted Time.

"Well, what did you do when the problem came up?"
"Wasted time. Went out and asked the advice of seventeen friends."
"What did you get?"
"Seventeen different solutions."
"And then?"
"Then I took the advice of an eighteenth friend and won out."
"And who was your eighteenth friend?"
"Myself."—Cleveland Plain Dealer.

The Canadian Boundary.

The boundary between British and republican America is unmarked by anything in the nature of a wall or a fence. In traveling from Montreal to New York the train suddenly slows down and stops in the midst of green fields. It is then boarded by United States revenue officers, who want to know whether you have "anything to declare." That is how you know that you have reached the international boundary line.—London Chronicle.

Broken.

"Bjinks has broken his engagement with Miss Hansum, he says."
"Why did he break it?"
"She decided she wouldn't marry him, and he said he wouldn't be engaged to any girl who wouldn't marry him."—New York Mail.

Accommodating.

Husband—By Jove, I want something exciting to read—something really bloodcurdling! Helpful Wife—Here is my dressmaker's bill, dearest.—Puck.

Instinctive Translation.

Mother—John, I had a very touching letter from our boy Frank today. Father—How much did he touch you for?—Baltimore American.

Successful Dairying

There are such excellent concrete examples now and again outcropping of men who prove that it pays to take up cow testing, that their records of success make stimulating reading for dairy farmers all over the Dominion.

Here is a good sample of what one man at Cedar Hall, Que., in the Gaspe peninsula, accomplished by carefully watching his fairly good cows and feeding them better. The first year his eight cows gave him 33,511 pounds of milk, an average of 4,188 pounds at a feed cost of \$32.50, netting a total profit of \$76.82, an average of \$9.60 profit per cow. Two of the best cows in the herd the first year were lost accidentally, two heifers made up the herd to eight again; a pure bred sire is kept.

The next year his eight cows gave him 41,408 pounds of milk, an average of 5,176 pounds, or 1,000 pounds of an increase per cow. The feed cost \$4.12 more per cow, but the total profit was \$177.29, or an average of \$22.16 per cow. This is an increase of one hundred and thirty per cent in the profit. It pays to give additional feed if the cows kept are of the type to make use of it profitably.

The forcible realities are these: the gross income from milk increased by \$133.43 from the same number of cows, the profit far more than doubled, and the owner has received every encouragement to try for still better results. That is where a trial cow testing trip generally lands the herd owner.

Happy Marriages

Are the result of knowing the laws of health and nature. All the knowledge a young man or woman, wife or daughter should have, is contained in the People's Medical Adviser by R. V. Pierce, M. D. This big Home Doctor Book containing 1008 pages with engravings and colored plates, and bound in cloth, (nearly 700,000 copies formerly sold for \$1.50 each), is sent FREE to any one sending 31 one-cent stamps to prepay cost of wrapping and postage. There are no conditions to this offer and the reader must not associate this book with the advertising pamphlets prepared by quacks throughout the country. Address, 662 Washington St., Buffalo, N. Y.

MAKES BREATHING EASY. The constriction of the air passage and the struggle for breath, too familiar evidence of asthmatic trouble, cannot daunt Dr. J. D. Kellogg's Asthma Remedy. This is the famous remedy which is known far and wide for its complete effectiveness even under very severe conditions. It is no untried, experimental preparation, but one with many years of strong service behind it. Buy it from your nearest dealer.

Alvinston, July 3.—G. A. Hadden's garage and automobile were destroyed by fire about 3 o'clock this morning. The loss is about \$1,000, covered by insurance.

WANTED

GOOD LOCAL AGENT

AT ONCE TO REPRESENT THE

OLD AND RELIABLE FONTHILL NURSERIES

SPLENDID LIST OF FRUIT AND ORNAMENTAL STOCK FOR FALL DELIVERY, 1913, AND SPRING DELIVERY, 1914.

START AT ONCE AND SECURE EXCLUSIVE TERRITORY. WE SUPPLY HANDSOME FREE OUTFIT AND PAY HIGHEST COMMISSIONS.

WRITE FOR FREE PARTICULARS.

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MEDICAL.

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Watford, Ont.

OFFICE—Main St., next door to Merchants Bank, Residence—Front street, and block east from Main street

R. G. KELLY, M. D.

Watford, Ont.

OFFICE—MAIN STREET, formerly occupied Dr. McLeay. Residence Front St. East.

THOS. A. BRANDON, M. D.,
WATFORD, ONT.

FORMERLY OF SARINA GENERAL HOSPITAL and Western Hospital of Toronto.
Office—Main Street, in office formerly occupied by Dr. Gibson

GRAND TRUNK RAILWAY SYSTEM TIME TABLE.

Trains leave Watford Station as follows

GOING WEST
Accommodation, 27 8:14 a.m.
Accommodation, 29 2:45 a.m.
Chicago Express, 5 9:27 p.m.

GOING EAST
Ontario Limited, 46 7:43 a.m.
Accommodation, 28 12:33 p.m.
New York Express, 2 3:00 p.m.
Accommodation, 30

G. V.