

"How We'd Make London PUPILS SUBMIT THEIR IDEAS A Bigger and Better City"

BY HELEN McMILLAN.

The children's suggestions as to making London a bigger and better city to live in were so numerous that they still occupy space in this paper.

They bring with them so much freshness and common-sense advice that the space which they occupy is by no means regretted. We hear that people are reading them with the greatest of interest and hope that they will have real value in making the city better.

GEORGE SANDERS.

I would put sewers there they are needed, and I would build the new town hall. I would make the people put lids on their garbage boxes, and I would make the people wrap their garbage in paper in winter. I would make the people tear down fences, and I would make a beautiful home for the poor children.

JAMES FORBES.

We would build a new school, and every boy and girl would be nice to the old boys and girls. We would look after the sewers and look after the pavements, and Springbank flowers and the animals in the Zoo.

BERNARD LOCKE.

I would have the parks with beautiful flowers, and clean lawns, and clean roads, and sewers. I would keep the Zoo at Springbank clean, and all the flower beds clean, and the schools tidy, and the ponds clean, with fishes. I would keep the hotels tidy with dishes and cups.

LENORA BOND.

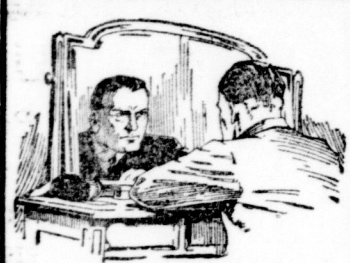
I should like the poor people to have nice homes, and the rich too. I shouldn't want anybody to make any slides on the sidewalks. I should want the girls and boys to be kind. I should like the boys not to fight on people's lawns. I'd water flowers and keep them nice.

JAMES ROY.

I would build a beautiful big house and I would build a nice big playground. I would keep the sidewalks clean and I would keep the pavements clean.

CLARA CLARKE.

The first thing I would do would be to have the streets better lighted. I'd have an electrical signpost at every corner to tell the name of the streets and the numbers in that section, because it's awfully difficult to find streets at night if you are not familiar with them. I'd have a big public swim-



Appetite Good, Gained 20 lbs. Could Not Feel Better

From a nervous wreck this man was restored to health, strength and happiness.

He tells his own story in this letter.

Mr. Ralph A. Roberts, Loverna, Sask., writes:

"In 1917 I had lost all appetite, failed 25 pounds in weight, became very nervous and shaky and in fact given up all hope of recovery. For some time I had suffered from constipation, which kept getting worse, until I was fast becoming a total wreck. Doctors and their drugs were sending me to my grave at the age of 39.

"Then I read about people being restored by Dr. Chase's Medicine, and after three months' use of Dr. Chase's Nerve Food and Kidney-Liver Pills I found that my bowels were restored to normal movement each day and the constipation was no more. I had a good appetite, had gained 20 pounds and could not feel better. I shall always be grateful for these benefits."

Dr. Chase's Nerve Food, 50c a box; Dr. Chase's Kidney-Liver Pills, 25c a box, all dealers or Edmanson, Bates & Co., Ltd., Toronto.

TOO ILL TO GO TO SCHOOL

Mother Tells how Daughter was Made Well by Lydia E. Pinkham's Vegetable Compound

Cobourg, Ont.—"Lydia E. Pinkham's Vegetable Compound was recommended to me for my daughter. She had trouble every month which left her in a weak and nervous condition with weak back and pain in her right side. She had these troubles for three years and frequently was unable to attend school. She has become regular and feels much better since she began taking the Vegetable Compound, and attends school regularly. She is gaining steadily and I have no hesitancy in recommending Lydia E. Pinkham's Vegetable Compound and Lydia E. Pinkham's Blood Medicine."—Mrs. Joux Toms, Ball St., Cobourg, Ont.

Standing all day, or sitting in cramped positions, young girls contract deranged conditions, and develop headaches, backache, irregularities, nervousness and bearing-down pains, all of which are symptoms of woman's ills. Every mother who has a daughter suffering from such symptoms should give Lydia E. Pinkham's Vegetable Compound a fair trial.



Improve the city. Fire inspectors would visit the houses once every three months, also disease inspectors would visit the houses at the same time. The roads should be more thoroughly cleaned, the picture houses compelled to put on pictures that were more suitable for school children.

BILLY GILLESPIE.

I would put more traffic cops on the corners and more trees on the streets. I would pave more streets. I would extend London and not build the houses so close together. I would put a more strict rule on speeding. I would build the dam at Springbank.

FRED CLARK.

I would have all the streets that are possible paved. I would build better bridges. I would have cleaner streets. I would have motor buses instead of street cars. I would have the market paved. I would have the sewers in all the streets.

RUTH WILLIS.

I would fill up all the holes in the road and have more lights on the streets, and have new schools.

OLA KEMP.

I would build nice houses and factories. I would tear down the old houses and build new ones. I would build schools and hospitals and send missionaries away.

ALMA WARNE.

I would make London beautiful. I would build a nice school and beautiful factories, and plant beautiful flower gardens.

WILBERT PLANT.

I would build more buildings and make the streets better and build more schools.

KATHLEEN RILEY.

I would make the city pretty and help the Children's Hospital.

PHILIP GLEASON.

I would try to make our city bigger and with more people. Then I would try to get more parks in the city.

MARGARET PLEASANCE.

I would try my best to open some schools for the girls and boys of London, who are interested in making London a more beautiful city and making other people happy.

GLENN DAVIS.

I would build a great building and pave beautiful streets. I would build great houses and put down great sidewalks. I would build great schools and churches. I would build great dams and medical schools.

KATHLEEN STOREY.

I would try to make all the people happy by being kind to them. I would build new schools. I should build more hotels. I should have more hospitals. I should have the backyards clean always. I should have all the streets and schools clean.

TILLIE HAMMOND.

I would work hard and try my best to make London prettier and happier. I would see that no one got hurt or injured. I would keep papers from flying about the streets and have no glass about for anyone to be hurt.

VICTOR LITTLE.

I would pave all the important streets. O. PARKER. I would fix the city up by building new buildings and factories and fixing some of the roads.

EDNA BARKER.

To help make the city pretty, I would try to make the houses pretty and have the streets all paved and would help build new schools.

RUSSELL SCHRAM.

To make London more beautiful I would pave the streets. I would build more factories and build more hospitals and more stores.

GERTRUDE GLOVER.

I would build more schools and pave all the streets. I would have more factories and build more houses.

CECIL ROBERTSON.

I would have hospitals and stores and churches and schools and parks and houses built.

MEROPHY HOOPIS.

I would make London pretty. I would build nice schools and churches and have beautiful parks with great beds of flowers. I would build factories where they make beautiful things and toys.

DORIS KENNEDY.

I would build nice houses and new schools. I would have all the poor people live in nice houses with beautiful flower gardens.

DOROTHY TURNER.

I would pave the market, then we would get more people there with vegetables and it would not be so sloppy.

ADA DUNN.

I would make London a prettier place.

SLOAN'S EASES PAIN RELIEVES THE ACHE

TORMENTING, agonizing rheumatic aches are quickly relieved by Sloan's Liniment. Apply it freely, without rubbing and you will feel a comforting sense of warmth and relief.

Good also for rheumatism, sciatica, lumbago, neuralgia, soreness over-exerted muscles, stiff joints, backache, strains, sprains and weather exposure.

Don't let pain lay you up. Keep Sloan's Liniment handy and at the first sign of an ache or pain, use it.

For forty years, Sloan's has been the world's pain and ache liniment. Sloan's Liniment couldn't keep its many thousands of friends if it didn't make good. Ask your neighbor.

At all druggists—35c, 70c, \$1.40. Made in Canada.

Sloan's Liniment (Pain's enemy)

Don't Neglect a Cold

Mothers, don't let colds get under way; at the first cough or sniffle rub Musterole on the throat and chest.

Musterole is a pure, white ointment, made with oil of mustard. It draws out congestion, relieves soreness, does all the work of the good old-fashioned mustard plaster in a gentler way, without the blister.

Keep a jar handy for all emergencies; it may prevent pneumonia in your home. 35¢ in jars & tubes; hospital size, \$3. BETTER THAN A MUSTARD PLASTER



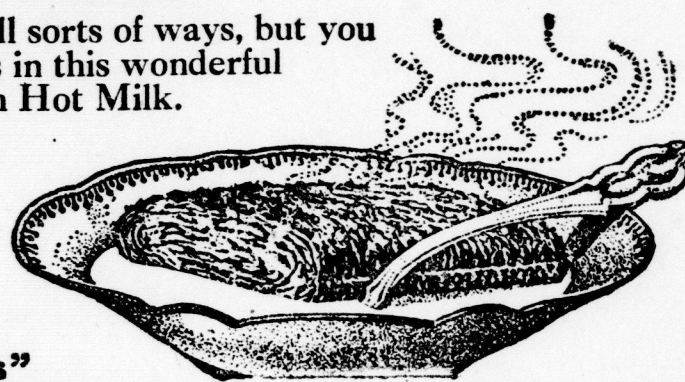
Warmth and Strength for the Day's Work

come from a food that is not only hot when you eat it, but supplies all the many elements needed by the human body. Try

Shredded Wheat with Hot Milk

You have eaten Shredded Wheat in all sorts of ways, but you don't know how much goodness there is in this wonderful whole wheat food until you eat it with Hot Milk.

Heat the Shredded Wheat Biscuits in the oven to restore their crispness; pour hot milk over them, add a little cream and salt or sweeten to suit the taste. Better than ordinary porridges. Ready-cooked and ready-to-eat. Saves fuel, saves time.



"It's All in the Shreds"

Canada is Our Country

ARE we true Canadians? Are we deserving of Canada? Do we glory as we ought in our country's vastness, in its enormous wealth, its wide spaces, its great forests, lakes and waterways, its mines?

Do we realize the fulness of Canada's possibilities? Do we believe Canada to be worth while? Do we think of Canada as OUR country, as the permanent home of our children and our children's children? Do we desire Canada to be always loyal to that wonderful Empire which circles the globe, loyal to the Mother Country, Britain, which nurtured OUR Canada in its youth, loyal to our sister nations within the empire?

Are we zealous and jealous of Canada's future? Do we look beyond petty personal interests and prejudices and think of guarding our national entity, of promoting unity among our fellow countrymen, and of ensuring Canada's prosperity.

If we are true Canadians we must be all these things AND MORE.

HERE is OUR Canada, strong, courageous, self-reliant, coping with the problems of war's aftermath more successfully than most other countries, and, happily, fast regaining lost ground. Today as never before have we reason to be proud of our country. Today as never before have we reason to stand firm for Government by those whose policies will keep Canada OURS.

This country, so rich in natural resources, must eventually become the rival of the great Republic to the South for the commerce of the world. Yet there are those today who would wreck our future by reversing the Fiscal Policy which has been the

making of Canada. and by substituting a Free Trade Policy which would inevitably bring OUR Canada under the domination of the United States. The day is fast approaching when Canadian men and women are to come out in their true colors. On that day—December 6th—the eyes of the whole world will be turned to Canada, and particularly will the eyes of our Southern neighbors.

The True Canadian—man or woman—will regard the franchise as a sacred trust, as a sacred duty to be performed. On December 6th we must go to the polls, not as blind partisans, but as True Canadians who want to keep Canada OURS.

ONE FIGURE stands out pre-eminently above all other aspirants for national leadership in Canada today— a vigorous, vital force whose one aim and ambition is the promotion of that Unity of thought and action throughout the Dominion which will not only ensure the fulfilment of Canada's destiny but will keep Canada forever OURS. That figure is

ARTHUR MEIGHEN

Canada Needs Meighen

The National Liberal and Conservative Publicity Committee