

Health and Maternity Movement of 1920

REPORT OF MIDWIVES CLUB FOR 1923-24.

During the year just ended, the work of the Midwives Club continued with a determination to reach those whom we wish to reach through the women who are doing the actual nursing in the homes. There are some sixty women on the register attending the classes regularly, and it is encouraging to note the intelligent application of what is being taught in the classes by the women practicing midwifery and maternity nursing. The greater number of cases are happily being handled by those who have and are receiving instructions, but there is still a number continuing through their lack of knowledge are giving frequent cause for extra expense, attention and suffering. This has come under my personal notice through visits to homes attended by the class of midwives referred to. Umbilical Hernia, Eye and Mouth troubles are the principal causes for extra attention. Some years ago an act was passed relating to the Registration of Midwives and the passing of a satisfactory examination. Following upon the examinations were held in June and August, 1922, at which some 33 women who had received instruction passed a satisfactory examination. It was by the request of the Midwives Board, the examination fee was \$5.00 per head put into the Board and it is regrettable that to the present time nothing has been done by those in Authority to designate the granting of certificates to those who are qualified. There are some thirty women awaiting examination the 1923-24 class. Those who come forward prepared to do their best should have the best done for them, as the need for their assistance will always be permanent in the midst, especially amongst the poor. For I may say that although the people able to pay for their services are not so numerous, there are many who receive free service from the members of the Midwives Club. During the year fifty free cases were taken care of free of charge, one Midwife alone doing fourteen of these, and I am glad to say that the splendid cooperation in this respect, especially from Major Butcher, who until the closing down of the Rock Sheds in the spring gave most consideration to those cases. I also solicited the extension of this service for Miss Hurst. During the summer when work is more plentiful, and are not so badly paid, I receive constant requests from mothers and expectant mothers for help necessary for the care of the young, and as time goes on requests multiply, in fact we have now reached a stage when more particular attention should be given to those in need. We cannot expect proper feeding of the child when the mother is insufficiently fed due to economic conditions to the home, and this is unquestionably the prime cause of the majority of our infant troubles. Babies should be put on artificial food, which the mother how highly recommended cannot take the place of the feeding of the child. If the mother is fed and the child is fed and an intelligent thought the Midwives act while the babies are under their care. Statistics will bear this out if you follow them you will find very few deaths under one month as compared with the months that follow, and covering the period of the first seven years which has come under my personal attention. I think you will bear me out when I say the Maternity nurses are doing their part. The Midwives Club in its former years had no financial assistance from this Association, although in many instances help has been sought and given by individual members. Help has also been solicited even by St. Vincent de Paul Society in the way of groceries and food, whilst the Midwives themselves have also contributed generously. The only funds contributed to the Maternity work was that given by the late Governor Sir G. A. Harcourt, who gave the sum of \$100.00 for the equipment of the Maternity Bars, most of which I had already bought before receiving the Governor's cheque. I notice there are no beds at the new Maternity Home, but this cannot be expected to meet with the requirements of a town of this size. Therefore may I suggest that a portion of the money collected for child welfare be allocated to the Midwives Club to provide maternity comforts for needy cases. I might also mention that many of the Midwives giving free service do so at considerable inconvenience and to themselves, for it must be remembered many of them are widows, and it is their sole means of support. During the Scarlet Fever epidemic was approached for some of the danger members who had not yet been established as Maternity nurses, and we were able to give considerable aid in this respect sending some to Belvedere Orphanage, and to the Fever Hospital as well as private cases. I have had a course of Fever Lectures at the outbreak of the epidemic, and all members made a point of carrying a message of instruction by instructing the moth-

THE MIGHTY STORE--Mightier Than Ever with Opportunities for Those Seeking Values, Points with Pardonable Pride to its Offerings for

FRIDAY, SATURDAY and MONDAY
Rare Occasion Days at BAIRD'S
THIS WEEK

Now is the most acceptable time to pick up many excellent requirements economically at this Store. Bounteous stocks contribute Home and Personal needs, and their prices at this season are nicked for quick selling.

It is therefore all to your advantage to visit the Store frequently, as many, many items on Sale, never appear in our regular bargain budgets. They arrive, they are displayed and are quickly grabbed up by knowing shoppers.

GLOVES
Important Savings on these Dress Accessories

WOOL GLOVES—Ladies finely knitted Wool Gloves, closed wrist, plain shades, Grey, Coating and Beavers. Special Friday, Saturday and Monday... **65c.**

SUEDE GLOVES—Truly superb in a beautiful Suede finish, knitted silk linings, 2 dome wrist, popular shades—Beaver, Fawn and assorted Greys, Black as well as all shades. Special Friday, Saturday and Monday... **79c.**

CHILDREN'S GLOVES—Silkette Gloves, very close finish, closed wrist, shades of Fawn, Brown and Grey, double knitted through and through. Reg. \$1.75. Special Friday, Saturday and Monday... **84c.**

GAUNTLET GLOVES—Woolsey Brand, with fancy striped gauntlet wrists, they're snug looking, double weight, assorted shades of light Heathers. Reg. \$1.75. Special Friday, Saturday and Monday... **\$1.55**

SUEDE GLOVES—This line introduces particularly good quality in Suede Fabric Gloves, 2 dome wrist, lined, pretty shades, Beaver, Coating, Grey and Black; up and down... **58c.**

GAUNTLET GLOVES—A brand new line in warm, heavy wool, shades of Beaver, Coating and Brown, long gauntlet wrist. Stormy, frosty day. Gloves. Dollar value... **89c.**

HOSIERY
Occupies a prominent place to-day

FLEECED HOSIERY—Women's fast Black Hosiery, plain with heavy ribbed knee, others double turn-over top; seasonably and very close finish. Special Friday, Saturday and Monday... **48c.**

SPORT HOSIERY—This line brings a wonderful assortment in shades and weights, plain and ribbed, up to \$1.40 pair. Friday, Saturday and Monday... **\$1.15**

BOYS' WOOL HOSE—Stout ribbed fast Black Wool Hosiery, they wear like iron, assorted sizes, to fit 10 to 17 years. Special Friday, Saturday and Monday... **69c.**

WOMEN'S HOSE—Shot effects in finely ribbed winter weight hose, assorted shades, spliced heel and toe. To clear Friday, Saturday and Monday... **25c.**

CASHMERE HOSE—Fancy fast Black ribbed Cashmere Hosiery; these were just opened, 80c. value. Friday, Saturday & Mon. **79c.**

SPORT HOSIERY—A very popular line offering plain and fancy ribbed in all the wanted shades; good value at 9c. pair. Friday, Saturday and Monday... **79c.**

New! New!
SHANTUNG SILKS
JUST TO HAND.
These bring you top-notch values in both wearing and good looking. Silks, 38 inches wide, natural shade, more serviceable than many higher priced fabrics and yet they are Regal Silks, lowly priced. The yard... **1.29. 1.39. 1.98 2.39**

STAIR OIL CLOTHS.
White Huck back Stair Oil Cloths, 15 inch. Special Sale Prices: **24c. 29c. 49c.**

18 inch. Special Sale Prices: 32c. 39c. 49c. 54c.

WHITE PIQUES.
A lovely assortment of White Piques, from which we have taken this particular line—36 inches wide. Special Reg. the yard... **37c.**

COTTON VOILES.
Double width Cotton Voiles, fancy all over patterns on grounds of Navy, Brown and Black. Reg. 50c. yard. Friday, Saturday and Monday... **44c.**

FLAXONS.
Snow White Flaxon Mullins, beautifully fine in texture; a piece or two to clear. Reg. 40c. yard. Friday, Saturday & Monday **35c.**

PLAID BLANKETS.
Cot size, in Light and Dark Plaid effects, worked edge. Were 80c. Friday, Saturday and Monday... **68c.**

WHITE TOWELING.
Brunswick Toweling pure White, thick and strong like Huck. The yard Friday, Saturday and Monday... **21c.**

OUTSTANDING VALUES
from the **MEN'S & BOYS' DEPT.**

BOYS' CAPS—A nice little line in light and dark shades, peaked crowns, value 75c. To clear... **49c.**

VELOUR HATS—A special line of Silk-lined Velours, in shades of Grey, Fawn and Browns, the new narrow leaf effect, nobby looking. Special Friday, Saturday and Monday... **\$5.75**

COAT JERSEYS—Ladies' or Gentlemen's English All-Wool Sweaters, nice for curling, skating or general wear, shades of Blue, Grey, Fawn and Brown. \$5.00 Regular price. Special Friday, Saturday & Monday... **\$3.95**

MEN'S CAPS—Another line of Caps, plain and bandied backs, light and dark shades. The newest. Reg. values to \$2.45. \$2.50 Special... **\$2.45**

UNDERWEAR—Men's "New Knit" Underwear—a clearing line, in shirts and pants, medium weight, assorted sizes, values to \$3.50. The garment. Special... **\$1.89**

HUFFERS—Men's Cream Cashmere Mufflers, large square shape. To clear... **39c.**

COAT JERSEYS—A snap in real snug-fitting Coat Jerseys and pullovers, the latter have a good quality, the coat sweaters in Navy shades, 2.75 value. Friday, Saturday and Monday... **\$1.98**

TOP SHIRTS—A line of Classy American Top Shirts, plain stripe and fine checks, coat style and French cuffs, all sizes. Special... **\$1.65**

BOYS' PYJAMAS—Striped flannel Pyjamas, in Pink and Blues, frog trimmings, assorted sizes, up to \$3.00 suit. Friday, Saturday & Monday... **\$2.35**

BOYS' HATS—Small Boys' Corduroy Hats, in Navy, Brown and Fawns, to fit 6 to 7 years. Special... **69c.**

MEN'S CAPS—The newest shaped in light and dark Tweeds, stylish looking Caps, values for \$2.50 each. Friday, Saturday and Monday... **\$1.85**

BOYS' CAPS—Boys' Winter Caps, warmly lined, with ear protection tucked snugly inside, an assortment, each... **98c.**

BROGADED CURTAININGS
1.80 Reg. for 98c

Oh! such elegant rich looking silk hangings, shot effects and many of them 48 inches wide. They're the newest—every piece this season's importations. Reg. \$1.80 yard. Clearing Friday, Saturday 98c. and Monday, the yard... **79c.**

70c. SCRIMS for 49c.—Some of the handsomest patterns in stock appear under this price all white, very pretty effects, like shadow lace and fine lace like patterns. Every piece originally 70c. Friday, Saturday & Monday... **49c.**

CREAM MADRAS—Handsome Cream Madras Curtains, showing fancy coloured border. 42 inch wide. Reg. 70c. Friday, Saturday and Monday... **63c.**

CASEMENTS—48 inch Cream Case-ments plain centre with wide coloured floral borders. Reg. 40c. value. Friday, Saturday 35c. and Monday... **35c.**

WHITE SCRIMS—Several pieces of all White Scrims, with hail spot and larger spots; others in ivory shade with handied self border. 50c. values here. Friday, Saturday and Monday... **39c.**

WHITE QUILTS—Essex Quilts, all White, easy to wash, good looking patterns, clearly defined, plain hemmed edge. \$4.00 value. Friday, Saturday and Monday... **\$3.69**

Leatherette Jackets
Wind-proof, weather-proof, double breasted Leatherette Jackets, lined black, 2 pockets; they wear like iron, full sleeves. Regular \$3.00. To clear... **\$1.49**

TRAVELLING RUGS—Large reversible English Plaid Rugs, long fringed fringes, always useful and one will last for years. Reg. \$6.50. Friday, Saturday and Monday... **\$5.90**

Reg. \$8.75. Friday, Saturday and Monday... **\$7.90**

Reg. \$12.50. Friday, Saturday and Monday... **\$11.45**

72 inch SHEETINGS
Unbleached Twilled Sheetings, just a piece or two, to clear at **59c**

Floor Cloths
FLOOR CANTAS—We keep all the newest patterns, and at present have a nice showing ready for the usual week-end business. 2 yards wide, painted back. Special Friday, Saturday and Monday... **\$1.25**

LINOLEUMS—Our assortment is broad, well chosen, and includes patterns suitable for any place in the house; double width, painted back, surfaced and finished. Special Friday, Saturday and Monday... **\$1.75, 2.15, 2.25, 3.95**

HEARTH RUGS—Lobby size Rugs, one yard wide and one and three-quarter yards long, nice range of patterns, good rich colorings. A good time to pick up one or two for Spring. Reg. \$10.00. Friday, Saturday & Mon. **\$8.35**

MID-WINTER SALE of Showroom Wares

NIGHTGOWNS. Children's and Misses' White and Striped Flannel Nightgowns, V-neck, long sleeves; to fit 6 to 12 years; particularly good value. Regular \$1.20. Special... **98c.**

SILK GIRDLES. Pretty shade range, Matzo, Rose, Crimson, Pink, Grey, Sky, Saxe, Navy and Brown; 44 inches long. To clear... **39c.**

BABIES' DRESSES. In Cream and Pink Cashmere, long sleeves, round neck, the lace trim. Reg. 48c. To clear... **48c.**

OVERALLS. Ladies' Striped Cotton Overall, with art trimmings at belt and pockets, mixed shades. Blue and White and Black and White, assorted sizes. They're Special at... **89c.**

WOOL VESTS. Lacksawm Wool Vests, excellent texture, beautifully finished, strap neck, long sleeves; to fit 6 to 12 shoulders. Reg. \$2.20. Friday, Saturday & Monday... **\$1.98**

CAMISOLES. Ladies' White Jersey Camisoles, round neck, long sleeves, buttoned front. Special Sale Price... **57c.**

VEILING. Plain and spot Veiling, in Black and colours of Brown, Taupe, Navy, Saxe and Dark Green. Reg. 40c. year Friday, Saturday and Monday... **29c.**

SHIRT WAISTS. Striped Cotton Shirt Waists, V. neck, long sleeves, button trimmings, nice for house wear in the morning. To clear... **89c.**

CLEARAWAY SALE of Stylish DRESSES

Pretty styles showing fancy Paisley Silk Tops and Serge Skirts, round collar, short sleeves, turned cuffs, side panels and waist girde, shades of Navy, Saxe, Tan and Brown, sizes 36 to 44 inch. Regular \$13.00. Friday, Saturday and Monday... **\$9.96**

WOOL SCARVES. 54 inch Wool Scarves, comfort scarves, in shades of Rose, Saxe, Mauve, Fawn and White, extraordinary value at... **98c.**

FLAKE WOOL SLIPONS. These are beautiful and come in shades of Navy, Peacock and Jade. V-neck, long sleeves, belted, sizes 36 to 40. Regular \$8.00. Friday, Saturday and Monday... **\$5.89**

James Baird LIMITED

SMALLWARES
Always something new on our tables.

Vick's Vaporub. The home remedy... **48c.**

Camphorated Vaseline; Blue Seal... **21c.**

The pot... **10c.**

Dish Mop, long handles... **10c.**

Mending Wool, Black, White and Colored... **9c.**

Boat Laces, Black Mohair. Box... **10c.**

Monster Bath Soap Cakes; each... **15c.**

Face Cloths, White Turkish... **12c.**

Dressing Combs, Black. Special... **20c.**

School Sets—Pencils and Pens... **15c.**

boxed... **10c.**

Fountain Pens for school use... **19c.**

Drawing Crayons, 6 in box for... **5c.**

Cornicell Knitting yarn, asst. d... **19c.**

Military Brushes; the good... **15c.**

Shopping Bags, Leatherette, Special... **69c.**

Brush and Comb Sets... **29c.**

Toilet Paper, 3 large rolls for... **25c.**

TICKINGS—32 inch Striped herring bone Tickings, extra strong quality, specially re-printed. Reg. 60c. quality. Friday, Saturday 48c. and Monday... **48c.**

WADDIE QUILTS—Pretty flowered patterns, plain borders. These are mostly in the lighter shades; this season's importation. Reg. \$5.50. Friday, Saturday & Mon. **\$7.85**

ART SATENS—An assortment of very pretty Art Satens, the quality here is unusually good, values to 60c. yard. Friday, Saturday and Monday... **45c.**

ers in the homes they visited, and in this way did what they could to help. Where nurses were supplied their services were favorably commented on. During Health Week the public had an opportunity of seeing how they handle their work as instructed. Maternity Exhibit Booth 1—A room prepared for maternity in a home of moderate means. Maternity Exhibit Booth 11—A room prepared in a poor home where only a table and bed are available. Each day different Midwives looked after the respective booths and explained their meaning etc., and distributed literature on Prenatal Care, care of baby (post Natal) etc. We also had an exhibition in this Department from the Girl Guides on "How to bathe the baby on the table" which proved very interesting and instructive to the visitors that had not seen this method before. For the past three years the midwives have been giving the girls of the families some instruction on baby's care so that they could intelligently help mother after the nurse goes. I cannot close this all too brief reference without extending thanks to those of the City Doctors who have helped us and also to various ladies and gentlemen who from time to time have given such assistance, the needs are many such as old linen, discarded baby clothes also nourishment for the mother while convalescing, such as cocoa, condensed milk, etc. For I assure you the Midwives are always in touch with cases that need sympathetic attention. I realize much knowledge must be disseminated amongst the people from the trained minds before we can hope for any great improvement on present conditions, and after a careful study of maternity and Child Welfare work I have to observe that the need of a Director of Public Health Nursing is apparent, one who has had outside experience and who would thoroughly understand local conditions having a broad tolerance of the deficiencies of our people from a public health standpoint, and who would be active in promoting the healthy appreciation of the public for the good of the people and the common good. EVELYN CAVE HISCOCK, President of the Health and Maternity Movements for Child Welfare.

A Mammoth Programme at the Nickel To-Night

Opening Chapter of Big Serial Featuring Juanita Hansen.

A Rupert Hughes picture is always awaited with the keenest anticipation, and his latest, "Gimme", written in collaboration with his wife promises to be fully as fine as any of his predecessors. It is another of those delightful comedy dramas of married life, scintillating with Hughes humor, and at the same time with an occasional touch of pathos. Helene Chadwick and Gaston Glass have the leading roles in this Goldwyn production which will be at the Nickel Theatre beginning to-night. Miss Chadwick, whose impersonations of the role of a young wife in other of Mr. Hughes' pictures have been a rare delight, has a similar role in this one. She plays the part of Fanny Daniels, who finds herself upon her marriage to Clinton Ferris, the non-self supporting son of moneyed parents, in the humiliating though not uncommon situation of being obliged to say "Gimme" for every cent she needs, for household things as well as money. A debt of \$500, borrowed from her employer before her marriage, for the purpose of buying a rousseau, is still hanging over Fanny's head, and she finally goes back to her old job in order to pay it off. But Lambert, the employer, seems to see in Fanny's indebtedness to him an excuse for making love to her, and then things are more complicated than ever. In desperation Fanny draws \$500 on her husband's account in order to pay off the debt—and discovers later that the \$500 is all he had. Lambert's attention to his wife rouses Clinton's jealousy, and a quarrel follows. But eventually the misunderstandings are cleared up, there's a reconciliation, and Fanny comes out victor, with the promise of a regular weekly allowance. See the opening chapter of our new serial, "The Yellow Arm" with Juanita Hansen in the leading role. Its a nine-minute story which you eventually the misunderstandings are can't afford to miss. Having made arrangements for a new service of feature productions, commencing on Monday the Nickel will run three programmes weekly, consisting of a complete change on Mondays, Wednesdays and Fridays, 48c. and Monday... **48c.**

"Diapepin" for Indigestion, Gas, Upset Stomach

As soon as you eat a tablet of two of "Diapepin" your indigestion is gone! Heartburn, flatulency, gas, palpitation, or any misery from a sour, acid stomach ends. Correct your stomach and digestion for a few cents. Each package guaranteed by drugist.