

## Aching Back Gets Relief Quick! One Rub with "Nerviline" Cures

Every Bit of Stiffness and Soreness  
Goes When "Nerviline" Is Used.

Pain in back or side is awful hard to reach. Deep in the tissue is a congested or strained muscle. It is a long way for a liniment to go. Liniments you have used have not reached it and the pain bothers you, whether moving or lying down.

What a pity you haven't tried Nerviline! Penetrating, you ask? Yes, and powerful, too. Nerviline strikes in far deeper than any application you have ever used. You might pay a dol-

lar, ten dollars, a hundred, for that matter, but you could not equal Nerviline, either in strength, quickness of action, or permanency of relief.

If you think this too much to say for Nerviline, try it, and be convinced. If you receive from Nerviline even a little less relief from pain, than this advertisement induces you to expect, you can get your money back.

The only pain remedy in the world sold under a guarantee is Nerviline—surely it is safe to try it.

Nerviline is sold by druggists everywhere 25 cents or 50 cents a bottle.

## In the Balkan Express

From Berlin to Constantinople—A Personal Narrative.

The impressions of a traveller who recently made the journey from Berlin to Constantinople by the "Balkan-bug" are given in the following article:

Twice a week a train of seven cars pulls into Berlin. It is labelled in foot-high letters throughout all its length "Balkanzug." This is the much lauded Berlin-Constantinople express, which conveys military officers and officials to and from the Turkish capital. It has been much talked about, and for some time before it was actually running. It was held up to the world as another of the wonders of the war as waged by Germany.

That it was a wonderful feat to run a train from the German capital to Constantinople is disputed, but the work of preparation for the through run was a stupendous one. For almost a month after the advertised time of running the train was still lying in the railway yards at Berlin. The difficulties in the way of the engineers were very great, and not the least serious of these were the ravages that had been made on the permanent way by the Serbians before they left the country. Every bridge of any pretensions was blown up. One or more spans were missing, and the German military engineers had a difficult task in repairing these.

In Berlin only a few weeks ago one was impressed with the great change in the tone of the people. Extravagant elation is no longer manifest, and certainty of victory is gone. Fear of espionage is exaggerated—their own weapon has recoiled upon them to a tremendous degree.

The obtaining of a permit to travel on the Balkan express is a matter of extreme difficulty. Every passenger, after a thorough examination, is provided with a train ticket like a passport, which in fact it really is. It bears the portrait of the traveller and all particulars of use to the police and the military. These particulars are written in German and Turkish, for the train is supposedly owned and run by the two countries. An matter of fact this is the cause of a great deal of friction between the two Governments. The true state of the affair is that the train is a Turkish train when it is in Ottoman territory, but immediately it leaves it becomes a German train. All the train attendants are Germans.

### The Mark of the Teuton.

With characteristic thoroughness the Teuton has effaced all the notices that were printed in English or French. This has been carried out in a manner that is really childish. For instance, the notices as to hot air for the heaters which hitherto were printed in English, French and German, have been altered, the English and French versions being blackened out and a Turkish translation added. All through the train there are notices warning the travellers as to talking of military matters and suggesting that spies are everywhere. They are plastered in every carriage and in all the corridors. In addition they are on all the stations until one becomes almost sick of the sight of them.

## Running Nose Colds Cured. Sneezing Stopped Instantly

The worst of a cold is how suddenly it comes. No time to hurry to the drug store, croup develops, the lungs are affected with pneumonia or tuberculosis and it's too late. Keep Catarrhose on hand—it kills colds instantly. Something magical about the way it cures catarrh and bronchitis. Catarrhose is the best remedy because it cures in nature's way; it heals, soothes and restores permanently. Carry a Catarrhose inhaler in your pocket, use it occasionally and you'll never catch cold—that's worth remembering.

Beware of dangerous substitutes meant to deceive you for genuine Catarrhose which is sold everywhere, large size containing two months' treatment costs \$1.00; small size, 50c; sample size 25c.

As the train passes through the various countries along the route the populace is immensely interested. The stops are short, none longer than twenty minutes; at Dresden only seven minutes are allowed. Passengers may not leave the station, but are expected to keep to the platform. For the most part the travellers are German and Austrian officers and officials, but a few Turks use the train for journeys as far even as Berlin, where now the tarbush may be seen in the streets.

Running through Serbia the most impressive signs of the German occupation were the encampments of the troops alongside the permanent way. There are huge notices up at all the stations warning the inhabitants to keep away from the railway. No one is allowed on the platforms because the whole country is still infected with typhus, and there has to be the most rigorous supervision for this reason. All along the line may be seen the trenches and the rusty barbed wire entanglements that tell of the fighting months ago. At each little fortified encampment German soldiers have planted vegetable gardens over which may be read the legend, "Kriegsgarten" ("War Garden"). There were no signs of their having planted any wheat or grain.

Through Serbia nearly all the bridges of any size had been destroyed, at least partially. Often whole spans had been blown up. In many cases the Germans had replaced these, moving them bodily with great pains to their old positions. In some of the other bridges, where the girders and way were so badly damaged as to defy repair, temporary bridges on wooden trestles had been built. These structures may serve during the summer season, but they could not stand even a moderate flood. The work, therefore, still goes on, and in time the old bridges will be reconstructed.

### Blindfold Bulgarians.

A whole day is spent in the journey through Bulgaria. There one sees line after line of railway carriages, all with their windows whitewashed. Germans and Bulgarians state openly the reason for this decorative work. When things were hanging in the balance for Bulgaria and she was not sure which way she would throw her weight, the windows were all painted over. It was not to prevent the people outside from seeing into the carriages, but to make it impossible for the men in the trains to see which way they were going. Not a Bulgarian soldier knew until some time after he had been dispatched whether he had been sent and where he was supposed to be fighting. Shut up with the doors locked the men could not tell in what direction they were travelling—north, west, or southeast.

Along the whole line from Berlin to Constantinople and even down into Syria there are thousands of Belgian railway cars. These are easily recognizable, for they still have the Belgian marks on them. To these the Imperial cipher and the eagle have been added. Troops are on the move in Bulgaria, as elsewhere, but they seem to be mostly away from the line of the Balkan. There is not the briskness that is evident immediately one enters Turkish territory. At Adrianople there are signs of great activity. Thence all the troops are evidently moving eastwards. That is the significant fact. There has been a great deal written about the movement of Turkish troops into Austria and even to Germany and the Western front. All this is quite ridiculous. The Turks could not move any of their troops to the west for the following reasons, among others: First and chief, the Turks cannot spare troops from the defence of their own territories; secondly, transport and commissariat, to say nothing of medical stores and equipment, are lacking. The Turkish troops are kept quite distinct from the Germans, and especially in Constantinople, where friction between these allies is so strong that one wonders how the German regime stands at all. It is only due to the fact that the Germans are there in such numbers and supply the organizing ability and the backbone that the Turks lack that they have been enabled to hold on at all.

### The German Regime.

There are two great wireless stations in Constantinople, almost side by side. One is supposed to be the joint station of the Ottoman and the German Governments. As a matter of fact the Germans manage everything with regard to it, and the Turks are masters of it in fancy only. The other station is frankly German. It is worked by Germans and guarded by them with the utmost care, and no Turkish subject is allowed near it. There are Germans everywhere in Constantinople. There are German soldiers and German sailors. The latter are from the Goeben and the Breslau, which are now lying up in a side basin of the Bosphorus. It is evident that the latter has finished her career. Her stern is all built up with masonry and concrete, and this has shaken loose, for the optimistic Turks took her to sea, and the vibration played havoc with the mortar. The repair looks like the stopping of a gigantic tooth, done very badly, and then knocked loose again. The German naval men are mostly quartered on a Hamburg-American liner lying by the Galata Bridge. She is used as a store ship and a base depot for the naval ratings of the Goeben and the Breslau.

The distress in the city is terrible. The widows and children of the men who have been killed are starving. They receive no aid from the Government. These women were given a pittance as long as their men were alive, but when their husbands were killed the pension, if it can be called such, ceased. This is the only official notification of death that wives get of the loss of husbands. The currency becomes more and more embarrassing every day. Paper has declined fully 40 p.c. in value, and is still rapidly depreciating. All the monetary transactions are in the hands of the Jews, who make enormous profit in changing gold into paper money or vice versa.

The Germans have recently installed several Prussians in the Government departments of the Porte. The Under-Secretaries of the Ministries of Agriculture and Post and Telegraphs are both Germans. The former has immense power, which he can and does undoubtedly make use of for his real masters. He has charge of all the Agricultural Bank moneys, and as Turkey has been raising a great deal of her revenue from the land, much as Pharaoh did, it is useful to the Germans.

Turkey started a campaign for the restoration of the Turkish language for general use in the Ottoman dominions. All signs other than those in Turkish were to be taken down. This was done, but it was impossible for her to carry out the reform completely. The Germans would not allow it, and now there are more German signs than ever in the streets of Stambul. There are the usual spy notices, and in addition every manifesto that has been published is displayed in German on the walls and lamp-posts. This has irritated the Turks immensely. It has shown them in a small way just how much they are under the Prussian thumb.—The Times.

## Local Druggists Repair What Famous Surgeons Cannot Touch

Shattered nerves are beyond the reach of the Surgeon's knife. What will repair them? Dozens of people right here in your home town will bear testimony to this fact that Zoetic—the health tonic—has set them on their feet again. This famous combination of glycer-phosphates—the actual element of the human body—Cod Liver Oil and delicious tonic wine, supply the very elements that worn out nerves require. In a quiet way the action of Zoetic is truly marvellous. Without a trace of narcotic it induces sound sleep. And following that, better and better digestion. And following that a final and complete rebuilding of the nervous system drained of vitality. Two weeks' faithful use of it will convince you. Because you have been so often misled, expecting much and receiving little, we offer outright to refund the purchase price of Zoetic if at the end of two weeks you cannot report real progress toward better health. Start trying it to-day. Sold by T. McMurdo & Co., Sole Distributing Agents for Newfoundland.

## Your Boys and Girls.

One of the most important facts to remember when feeding infants with cows milk is the very large proportion of water which is found in normal human milk, for it teaches us that it is a highly diluted food by which the best results can be obtained in infant feeding. It also explains to us how careful we should be not to overtax the comparatively slight power for absorbing a concentrated food which exists in the early months of life.

The intervals of feeding constitute a very important part of an infant's life and therefore they should be definite and strictly adhered to. The danger points of dilution and intervals must ever be kept in view in infant feeding. Pasteurized milk must be considered as perfectly pure, sweet milk, ready for modification and administration.

Minard's Liniment Cures Diphtheria.

# Fearless of Competition!

## WHAT WE HAVE WE HOLD!

We HAVE Won—Are STILL Winning—And SHALL Win to the End by Recommending the  
**BEST RUBBER BOOT Ever**  
Put on the Market!

THE RICH  
**BROWN**  
with a Red Line  
at the Top.

The  
**WHITE**  
with a Red Line  
at the Top.

See the  
**BROWN  
HIP  
BOOT**  
Moulded into One  
Solid Piece!



It's a downright pleasure to own boots like these. They absolutely overcome every weakness of the old style black rubber boots.

Goodrich  
"HIPRESS" Rubber Footwear

—new—different—made of the toughest, densest, most invulnerable tire rubber—actually the same stock that Goodrich Tires are made of—made by the same unit-construction process, too.

They can't leak, crack, peel or come apart—they will stand a terrific amount of wear—comfortable—built to the shape of your foot when it's working.

Come in and see  
The Best Footwear you  
ever wore  
The Best we ever sold

**LIVE,  
TOUGH  
RUBBER**  
Will stand up under  
the MOST SEVERE  
SERVICE.

Come in and see  
the  
**Best  
Rubber  
Footwear**  
You ever wore, and  
the BEST WE EVER  
SOLD!

A downright pleasure to own Boots like these. A  
greater pleasure to show them.

## Men's Heavy Dull Tempest Rubber Shoe,

With Red Sole and Heel, guaranteed to wear out three or four pairs of the ordinary makes.

**Boys' Rubber Shoes,  
Youths' Rubber Shoes,  
Women's Rubber Shoes,  
Misses and Children's  
Rubber Shoes.**

**Long Rubber Boots, all  
sizes, to suit all ages.**

Value is the Test of Cheapness

# Bowring Bros., Ltd.

## HOLLWEG ADMITS U-BOATS A FAILURE.

London, Sept. 6.—A wireless message from Berlin received to-day says that disillusionment about submarine warfare is now complete in official circles in Germany.

According to additional information received here from Berlin, the Imperial Chancellor has pointed out the failure of submarine warfare, not only at secret sittings of the Bundesrat, but to a considerable number of po-

litical leaders. Attacks and criticisms by pan-Germans drove Von Bethmann-Hollweg to this course. He was accused of slackening in abandoning unrestricted submarine frightfulness. The Chancellor therefore was obliged to prove that it was not his own wish but a failure of submarine operations which inspired his policy in this respect.

Definite information concerning the magnitude of Germany's losses in submarines now has been communicated

to leaders of all parties and groups in the Reichstag, to the principal Berlin editors, and to the Berlin correspondents of some of the leading provincial papers.

Most recipients of this information, including many who were formerly advocates of unlimited submarine warfare, rallied to the Chancellor's side and condemned his detractors. This, of course, was the object aimed at by the Chancellor in confessing the failure of submarine frightfulness.

BE READY for the cold weather. Get in your supply of Fuel. GAS COKE is an excellent substitute for hard coal. We have COKE of best quality, made from Pennsylvania Coal, which we are selling at \$8.50 per ton at the Gas Works, or \$9.20 per ton sent home. Send in your order now. ST. JOHN'S GAS LIGHT COMPANY.