

AMERICA'S **EX-CHAMPION** WRESTLER

"After my great wrestling match with J. Mellor, of Staleybridge, at the Crystal Palace, England, for the International Championship, I was covered with cuts and bruises. I applied my favorite balm, Zam-Buk, and in a marvellously short time the abrasions and cuts were healed and I was fit and well again. At another time I had a piece of flesh almost torn completely off my arm above the elbow. I anticipated being unable to do anything with the arm for a long time. To my delight, however, Zam-Buk closed up the wound in two days. In three days it was covered with new skin, and a few days after, there was no trace of the injury. I recommend Zam-Buk for cuts, bruises or skin injuries of any kind.

Yours truly,

Yours truly, HUGH LANNON. The above testimony given by Mr. Lannon when visiting Toronto shows the great value of Zam-Buk for injuries received in out-door sport.

Baseball, Pootball and Lacrosse Players should always keep Zam-Buk handy. It prevents cuts and injuries "taking the wrong turn." It stops the pain and smarting, and heals. It is also an excellent embroaction, curing stiffness, sprains, twists, etc. Used and recommended by Sherring, the Marathon winner; Madrali, the world's second greatest wrestler, etc.

For all Injuries & Skin Diseases



and Stores, or from the ZAM-BUK CO., TORONTO, for price 6 Boxes for \$2.50.

(C. E. Fulford, Limited

DEVICE TO RECOVER GOLD.

Sunk 100 Years Ago in a British Warship.

To the mouth of the River Colne, off Brightlingsee, England, an extraordinary machine was towed and anchored the other day. It is to be used in a final attempt to recover the \$2,500,000 treasure of gold, in coins and bars, which is said to have gone down in the British warship Lutine in 1797, near the Island of Terschelling, off the cost cf Holland.

A portion of the treasure has teen recovered, but an ordinary dredging plant is now useless, as has sunk into the sand. The new device is a great steel tube NAILS MEND BROKEN LIMBS. nearly 100 feet in length, and wide down its centre. At one end is a metal chamber provided with win-

The appartus has just been completed, after years of work, by Messrs. Forrest and Co., shipbuilders, in their Wyvenhoe yard. 'One and of the tube,' explained a member of the firm, 'will be clamped to the side of a steamship or barge. The other and by masses of mater. The other end, by means of water ballast tanks, will be sunk until it touches the bottom. Then, by means of compressed air, all the water will be forced from the chamber at the bettom of it, which will be flush upon the bed of the sea.

'Divers will walk down a stairway in the centre of the tube until they reach the submerged chamber. Here they will don their diving costumes, and, opening a series of watertight doors, will step straight cut into the water. Engineers will stationed in the chamber, and following the instructions of the divers, who will communicate with them by means of portable tele-phones, they will operate the mech-anism of two powerful suction pumps or dredges which are fitted to the sides of the tube. These dredgers, it is hoped, will suck away the sand around the sides of the heavy chamber until it gradually sinks by its own weight right down on the dock of the wrecked slip. Then the divers, making their way from the chamber to the deck of the ship, and thence to the hold, will be able to transfer the treasure from the ship to the chamber by easy stages."

FLIES AS GERM CARRIERS.

Therefore Keep Food Under Screen in Darkness.

Flies hate darkness, and have cen shown by experiment to lose

been shown by experiment to lose all interest in even the most tempting food if there is no light.

Advantage should be taken of this characteristic of the fly, and the larder should be in such a location that the food may be kept in darkness besides being thoroughly protected from fly contamination by the use of efficient fly screens.

The normal healthy person rarely

The normal healthy person rarely allows a fly to come into intimate centact with the easily infected nucous membranes of his mouth, nostrils or eyes, so it is by food contamination that these germ-carriers do their greatest damage.

We may not be public spirited enough to attempt in any practical way to prevent flies breeding in our stables, but since recent scientific investigations have proved the possibilities of the fly as a disease car-

sibilities of the fly as a disease carrier the mere human instinct of self-preservation should make us take every precaution to keep cxisting flies from coming into contact with people, suffering from germ diseases

A few shillings would pay for serviceable fly screens for the typhoid patient's room and for the kitchen

patient's room and for the kitched patient's room and for the kitched and larder as well.

Flies have been placed in a large sterile bell glass under which a small dish containing a gelatine culture of live typhoid bacilli has been put. After waiting until the flies have walked about on the typhoid culture this has been gently withdrawn and a dish containing carefully sterilized gelatine has been inserted in its place. After the flies had walked about on this sterile gelatine the dish was removed ile gelatine the dish was removed ile gelatine the dish was removed ile gelatine the flies had walked about on the sterile gelatine the dish was removed ile gelatine the flies had walked about on this sterile gelatine the flies had walked about on this sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine the flies had walked about on the sterile gelatine flies had a recuperative of rare power, restoring the organs to healthful action, dispelling depression are sure to interwint growing short the gelatine, last the flies had the flies and flies gelow its value, but increasing the flies want of exercise had a selfing below its value, but increasing the flies and flies gelow its value, but increasing the flies and flies gelow its value, but increasing the trust growing short for interior growing flies and flies gelow its value the growth and development of ty-phoid bacilli if any were present. In a long series of such experiments in nearly all cases, bacilli grew and multiplied on the gelatine medium which had been quite sterile until contaminated by the flies.

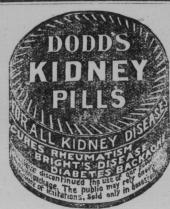
Since we cannot hope absolutely to exterminate the species, a single member of which can carry enough bacteria to devastate an army, precautions must be taken to keep the fly away from the sick as much as possible—by means of fly poison solutions and by screen, and also away from food.

ing terms with out next door neigh-There is nothing equal to Mother Graves' Worm Exterminator for destroying worms. No article of its kind has given such satisfaction.

enough to allow a man to walk erect down its centre. At one end is a fractures, in the use of aluminum metal chamber provided with winnails. For a simple fracture of the control of the three places to his post dows and doors, and at the other a medley of giant hooks and other tackle.

nalls. For a simple flactaction, a skinbone, or of the thighbone, a nail of nickel aluminum or magnesium is driven in to hold the two simple flactactions. the thighbone, a pieces together. Nails of ivory and

> The great ocean liner rolled and itched. "Henry," faltered the ritched. was Henry's fervent answer. there was an eloquent silence. "Henry," she gasped, turning her



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PUTTING IT OFF.

An Irishman, on being convicted of murder, was told by the judge that he could have the choice of tree that he was to be hanged from He replied, "A gooseberry tree." "Why," said the judge, "it is not big enough!" "Well," said the Irishman, "if it plases your honor, I'll wait till it grows."

Home Employment for Ladies

Such as any lady can do and enwrites soon, secure this opportunity to be independent, earning a

Windsor, Ont.

THEY ALL BELIEVE IT. One Bible truth there is in which Girls have abiding trust; Our wives especially believe That man is made of dust.

The Flagging Energies Revived.— Constant application to business is

The average married woman is well aware of the fact that she earns all the money she gets-and then some.

You are right in regarding orysipelas as a dangerous disease. Anneint the swollen, itching skin with Weaver's Cerate: And take Weaver's Syrup internally.

Preacher—"When you're tempted to drink, think of your wife at home." Henpeck—"I do — and that's what drives me to drink."

Every time a married man starts to settle down his wife stirs him up.

"Man is Filled With Misery." Every time a man gives a 50-cent present he expects a dollar's worth of thanks.

This is not true of all men. The well, sound of lung, clear of eye, alert and buoyant with health, are

It is easy to prevent failure; all one has to do is refrain from try-If people were all perfectly can-did none of us would be on speak-

> Spinsters know a lot of things they imagine they would do if they were wives, but as a matter of fact they wouldn't do anything of the

It will be noticed in the Singer Sewing Machine Company's advertisement that there are three ad-French doctors have found an diesses at the bottom of the an-

> She-"What's the difference between a dimple and a wrinkle?" He-"Oh, about thirty or forty

It's ususally the loud talker who is getting the short end of the ar-

Then sum of twenty-five cents.

THAT'S IT.

"Henry," she gasped, turning ner pale, ghastly face away, "I thought that would make me feel better, but it doesn't!"

"Thomas," said Major Hartigan, as he gazed into his son's eyes with a soul-searching look, "have you caten any of those peaches your mother put in the cupboard?"

"Father," said Tommy, "I can-not tell a lie, I have not touched

one."
The Major eyed him wrathfully as he plunged his hand into the pocket of his coat and drew forth five incriminating stones, which had been enshrined in the luscious flesh

of a peacl. 'Then how is it,' said the parent "that I find these peach stones in your bedroom, while there is only one peach left in the cupboard?"
"Father," said Thomas, as he silently but swiftly left the room and placed a chair in such a posi-tion that his father would fall over it if he followed too quickly-"f: ther, that is the one I never touch

For Neuralgia, Headache, Rheumatism, Pain, Etc. 50 CENTS, ALL DRUGGISTS, OR

THE PANGO COMPANY, - TORONTO.
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Bell Grgans are also world famed Send for Free Catalog

The Beli Piano and Organ Co., Ltd., Guelph, Onl

ART NOTE

Although women pretend to dislike flattery, they invariably want their photographs retuoched.

Sleeplessness.-When the nerves are unstrung and the whole body given up to wretchedness, when the mind is filled with gloom and dis-A safe racetrack bet is one you didn't get there in time to make.

A man has about as much use for his poor relatives have for him.

A safe racetrack bet is one you miserable, whatever may be their social condition. To be well is to be happy, and we can all be well by getting and keeping our bodies in a healthful state. Dr. Thomas' Eclectric Oil will help all to do this.

Thomas' Eclectric Oil will help all to do this. piness.

> Mistress (to cook)-"I have some friends coming to dinner to-day Mary, so I want you to do your best." Cook-"You can depend Cook-"You can depend upon me, mum, I've got some friends of me own comin'!"

BEHOLD!

Behold the fly! So small a thing To dart about on busy wing. How sad to think it can't be neat And wipe the microbes from its

Very many persons die annually from cholera and kindred summer complaints, who might have been saved if proper remedies had been used. If attacked do not delay in getting a bottle of Dr. J. D. Keldicine to remove all kinds of corns and warts, and only costs the small sum of twenty-five cents.

IN DOUBLE HARNESS.

Jack-"Smith asked me to come te his home this evening. Says he is going to celebrate his golden wedding" Gadys-"Why, he's been married

only three years."

Jack—"That's what I told him. He said it seems like fifty."



COBALT HAS MADE GOOD Its silver ore production for 1908 will aggregate over \$12,000,000

profits.

¶ We are investing our own money in Ulrica. Come and go along. Send for map and ask for regular market letter.

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The Deuglas Mining Company have large quantities of valuable ore, high in gold, proved up ready for mining at their property in the Sturgeon Lake Gold fields. This is a splendid opportunity to insur-steady high returns on a small outlay of capital

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