#### FIVE-MINUTE SERMON

THIRD SUNDAY IN LENT

THE SPIRITUAL COMBAT

THE SPIRITUAL COMBAT

"Walk as children of light." (Eph v. 9)

It often happeus my dear brethren, that the devil chooses for his worst attacks upon us the very time when we sretying to draw nearer to God, when we have performed some good work for His honor and glory, or immediately after our conversion. And so, for our encouragement under such circumstances, our Lord permitted the devil to tempt Him immediately after fils forty days' fasting in the desert. The methods employed by the tempter are the same that he has used from the beginning, and that he still uses against the children of men; and so from our Lord's example we can meet and overcome the enemy of our souls.

As the devil began by appealing to our Lord's sense of hunger, so with us he appeals to our bodily appetites; for he knows that his strongest ally is our perverted passions, the flesh, that ever lusteth against the spirit. But mark the answer of our Lord: "Man doth not live by bread alone, but by every word that proceedeth from the mouth of God." And so when the devil assails us with evit thoughts or desires, we can give a like answer: "It is not for such things as these that God created me; man was not created simply to eat and drink and gratify his passions. I am something better than a brute. I am made for something higher and nobler, to do the will of God and thus attain to eternal union with Him."

Foiled in the attack, the enemy will

ternal union with Him."
Foiled in the attack, the enemy will Folled in the attack, the enemy will perhaps have recourse to a subtler temptation—an appeal to our pride. Even as he asked our Lord to cast Himself down from the pinnacle of the temple, so he will say to us: "Be not afraid to cast yourself into the occasions of sin; you are strong in virtue, and God's holy angels will protect you from harm. That immoral book, that evil company, that intoxicating drink cannot hurt you, whatever its affects might be on those who are weak." Answer him in the words of our Lord: "Thou shalt not tempt the Lord thy God." Who am I that should presume on God's mercy, that I should expect His protection and the assistance of His grace, if I expose myself to the danger of sinning? I will not tempt God by trifling with His grace, foolishly trusting to my own strength." perhaps have recourse to a subtler temp-

vice you were put into the world, and

vice you were put into the world, and in that service alone can you find true peace and joy whether here or hereafter.

If, then, we would overcome the tempter, let us prepare for his attacks after the example of our Divine Lord. During this season of Lent let us withdraw with Him into the desert—that is from the jvain pleasures of the world. Let us spend this time in fasting and prayer—fervent, earnest prayer—for strength against temptations. Then when the tempter comes, we shall be able with God's grace to repel him, as able with God's grace to repel him, as our Lord did, and the trial over, God will send His angel's to fill us with

### THE WAY OF THE CROSS

One of the principal devotions recom-mended to the faithful during the Len-ten season is the Way of the Cross. It is prescribed for the Friday evening services in all the churches and chapels services in all the churches and chapets of the diocese wherever possible. This recommendation of the public Way of the Cross in no way minimize the value of its private performance. In fact, no more salutary private devotion could be made use of during this penitential season, and at any time through-

out the year.

The Way of the Cross is more liberally enriched with indulgences then any other approved devotion. Its origin is most holy. It was first performed by Our Lord Himself when He bore the Our Lord Himself when He bore the Cross to Calvary. The fourteen stations bring before our minds the principal stages in that sorrowful journey to the summit of Golgatha where He closed His life amid the tragic surroundings of the Cruoifxion. By means of them we are enabled to follow Him in spirit and meditate on ali that He endured of pain and sorrow for our spiritual welfare, because it was by the dolors of that first Good Friday that He redeemed the the world from the slavery of sin and made human repentance possible and efficacious. The stations of the Cross recall the chief events of that memorable journey and enable us, by prayer and meditation, to compassionate Our Saviour in His anguish. They help to inflame our hearts with love for Him. By their mute appeal they bring forth tears of penance and draw into our souls more copious streams of divine grace.

As we have before each station we

As we pause before each station we realize how great was the burden of sin which demanded such a sacrifice on the part of the Son of God; and, consequent ly, how terrible sin is in itself. At

ly, how terrible sin is in itself. At sight of them we are moved to do our utmost to keep sin far from us, and thus to profit by the solemn admonition which they convey in the words of the Saviour Himself: "Let a man deny himself, take up his cross and follow Me."

All who in the proper spirit of penance and love make the Way of the Cross gain the very same indulgences as are granted to those who visit in person the scenes and places sanctified by the presence of the Son of God in the flesh. This is a great privilege which the Church grants to the faithful and all who possibly can should make and all who possibly can should make the journey to Calvary from time to time, and especially during Lent, as a

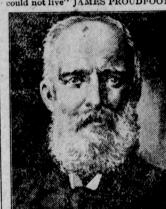
# TORTURED FOR THIRTY FIVE YEARS

I really could not live without "Fruit-a-tives"

FRNAGHVALE, ONT Jan. 29th. 1910.

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testimony of love for the Saviour who first taught the world by this means the necessity and worth of personal self-sacrifice.

There are only two conditions laid

will not tempt God by trining with riss grace, foolishly trusting to my own strength."

Lastly, the devil puts before us the advantages of serving him rather than God: "What does God propose to you?" he says: mortification, penance, humiliation poverty, suffering, the Cross. 'If any man will come after Me,' says Christ,' let him take up his cross and follow Me,' But I will give you pleasure the gratification of all your desires, the fulfilment of worldly ambition, riches, honor, and power. All these things I will give you, if you will but fall down and worship me."

Believe him not, O Christian soul, for he was a liar from the beginning; his promises are but vain and illusory; he will not, he cannot keep them. The Lord thy God shalt thou adore, and Him only shalt thou serve; for His service you were put into the world, and in that sarvice alone can you find true

lar station.

Those who, through illness or other cause which prevents their making the Stations in a church or chapel can gain the same indulgences by holding in their hands a crucifix indulgenced for the Way of the Cross and saying with contrite heart and devotion the "Our Father," the Hail Mary," and the Glory be to the Father," fourteen times, that is, once for each station, and at the end five times together with one addi-tional for the Pope.—Catholic Bulletin.

THE RIGHT REVEREND BISHOP

The subject chosen by the Right Reverend John P. Carroll, D. D., Rishop of Helena, for the final discourse in a series of sermons preached at the Sacred Heart Church, Butte, Mont., was "The Laboring Man." In the course of it the Bishop dealt with the subject of secialism from the point the subject of socialism from the point of view of the workingman. He spoke

in part as follows:
"The real essence of socialism consists
in the destruction of the right of private

and would bring back again upon earth (were it not, as it really is, an empty dream) a condition more debasing than

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that of slavery, which Christ and His Church have destroyed forever.

"TRACES HISTORY OF LABOR
"The natural question which arises is in regard to the origin of the labor problem. There was none in paganism because one half of the population were slaves and were condemned to do all the work for the other half, in the field, workshop and mine. The slave and the laboring man were synonymous terms under paganism. The reason of this lies in the fact that the state was the only thing that had shy absolute or intrinsic value. Man was a mere cog in the wheel of state. He was like a cell in the human organism. Under Christianity man is supreme and the state is his servant. When Christ came He chose the station of a laboring man, and His thirty years in the workshop of Nazareth has glorified the condition of the laboring man. TRACES HISTORY OF LABOR

"The workingmen's guilds of the Middle Ages which secured the rights of the laboring man were her creation and they are the models upon which have been founded the labor unions of have been founded the labor unions of our own. The democracy of modern times it filled with her spirit and our own American constitution is founded upon the Catholic principle of the sovereignty and power of God and the rights of every individual man. Thus has the Church, whether under monarchical, aristocratic or democratic rule, always defended the dignity and the rights of man as such, but especially of the poor and lowly.

man as such, but especially of the poor and lowly.

"Such, also, is the attitude of the Church toward the laboring man in modern times. She believes in the right of private property, because it is an extension of man's personality which is necessary for the development of his intellectual and spiritual as well as his material well being and is the reward of his labor. To make all property and all the instruments or protucts belong to the state is to deprive the laboring man of what justly belongs to him—to make human life and toil unbearable; to crush out of his breast the hope of providing for the future of

his wife and children.

"That some men have unjustly accumulated property and that the laboring man has been treated as a slave at times is no reason for condemning the present social order. Capital has no doubt at times been cruel and heartless. The remedy is not the destruction of capital, but social reform.

DESTRUCTIVE OF FREEDOM

"Socialism is, moreover, destructive of the freedom which has been guaran-SOCIALISM AND THE
WORKINGMAN

THE RIGHT REVEREND BISHOP
CARROLL OF HELENA IN A
SERMON AT SACRED HEART
CHURCH, BUTTE, BRANDS
SOCIALISM AS AN EMPTY
DREAM AND THE FOE OF THE
WORKINGMAN

The subject chosen by the Right
Reverend John P. Carroll, D. D. Bis.

all men for it will crush out the ambi-tion which has made our country pros-

### HEAVY DRINKER CURED

Samaria Cured Him and he Helps Others

A man who has been released from in the destruction of the right of private property and the common ownership of all means and instruments of production.

"It is, therefore, the greatest angenty is to be a positive of the spirit of true brotherhood and philamber of t

"The Samaria Remedy Co., Toronto, Ont:
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Drink is a disease, not a crime. One drink of whiskey always invites another. The inflamed nerves and stomach create a craving that must either be satisfied by more whiskey or removed by scientific treatment like Samaria Prescription.

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and His thirty years in the workshop of Nazareth has glorified the condition of the laboring man.

"He taught the dignity of human nature by declaring all men to be children of God, His own brethren and coheirs with Him in the kingdom of heaven. The companions of his choice were the children, the poor and lowly, and from the mountain of beatitudes He proclaimed that 'Of such is the kingdom of heaven.' In line with his teaching the great apostle St. Paul, declares that 'There is neither bond nor free, but all are one in Christ.'

"The Church, animated by the spirit of Christ, has, throughout her long history, ever espoused the cause of the poor and the downtrodden. Her teachings and her legislation have caused slavery to disappear from the world. She rebuked kings and deprived them of their crowns that freedom and justice might be given to their oppressed subjects. She made use of the barons of the feudals days to extort the Magna Charta from the hands of a tyrannical king. Waen the barons became despotic she used the power of the king to wrest from them the God-given liberty of the third estate.

"The workingmen's guilds of the defort. Count the Xs and Ts in the Squa count neally on a piece of papear or post cance, telling you all aboutit. You may win a conce, telling you all aboutit. You may win a conce, telling you all aboutit. You may win a conce, telling you all aboutit. You may win a conce, telling you all aboutit. You may win a conce, telling you all aboutit. You may win a conce, telling you all aboutit. You may win a content of the Ks and Ts in the Squa conce, telling you all aboutit. You may win a content the Xs and Ts in the Squa conce, telling you all aboutit. You may win a content the Xs and Ts in the Squa conce, telling you all aboutit. You may win a content of the workingmen is prevent on the laboutit. You may win a content of the workingmen is the enemy of religion that the enemy of religion and, therefore, is the enemy of religion and, therefore, is the enemy of religion and, therefore, is the en

our time, severely takes to task some of our American socialist leaders for thus throwing dust in the eyes of the laboring man. Socialism, he teaches, is materialistic. It removes from man trust in God and His Providence and places it in man himself; regards all the woes of the world as coming from capitalism, and all religions of the world as an outgrowth of economics. Therefore, with a change of the economic system there will have to be a new religion to supplant Christianity. The individual and not the family will be the unit of society. Family life and Christian marriage will have to disappear.

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"In other words, true socialism denies the interference of God in the affairs of men, eliminates Christian marriage and a Christian home, and, therefore, saps the very foundation of Christian civili-

" The great body of our laboring men are opposed to socialism. It was the Butte miners who prevented the Western Federation of Miners from Western Federation of Miners from affiliating with the International Workers of the World, a purely socialistic organization. At one of its late congresses the American Federation of Labor under the leadership of Samuel Gompers and John Mitchell, rejected socialism by a vote of three to one. The labor unions evidently see that socialism is their enemy. May this knowledge increase and spread."

#### Whisky Men Gave Out

During one of the campaigns of the British army under General Wolseley in Egypt, the general evolved a very practical test of alcohol as a stimulant to hard work. On one of the long marches which occupied several weeks marches which occupied several weeks for its completion, he divided some of his men into three squads; the first squad was given a daily ration of whisky, the second a daily ration of beer and the third nothing to drink ex-

cept water.

At first the whisky squad marched gaily ahead of the others. It was not long, however, before the whisky squad

SPREADING M



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was overtaken by the beer squad, which then maintained the lead for some time. But finally the water squad, which was marching at a moderate, steady gait, overtook first the whisky squad, then the beer squad, and reached the destination long before its competitors. The alcohol benumbed the sense of fatigue in the two liquor squads but hastened exhaustion from the first. — Sacred Heart Review.



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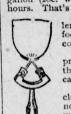
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costing just half a cent.

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