

HOUSE AND HOME Conducted by Helene.

When the cold wind blows outside, or chilling rain beats down, do not in your solitude for your own comfort forget the welfare of your piano.

It is a sensitive to cold, damp or heat as the most confirmed invalid, and in thousands of homes to-day the domestic piano is treated with a lack of regard that betrays the spirit of the unfortunate tuner who has periodically to come and set as physician to it.

RELICS OF A GREAT COMPOSER.

Among life's largest ironies is the fact that often betrays the manuscript of a genius. Of no one is this truer than of Beethoven.

LADY RUSSELL OF KILLOWEN.

The visit of Lady Russell of Killowen, the widow of the late Lord Chief Justice of England, during her stay in Ireland, to Newry, the home in early years of her distinguished husband, will recall to recollection the touching circumstance that the tomb of Lord Russell is built of granite specially brought from the neighborhood of Newry.

REDMOND'S TALENTED DAUGHTER.

It appears that Miss Johanna Redmond, daughter of Mr. J. E. Redmond, M.P., is coming to the front as a writer of clever Irish plays.

MARION CRAWFORD'S RETREAT.

In order to secure absolute quiet to write his new book, a history of medieval Rome, Marion Crawford has deserted his beautiful villa at Sorrento, which has become too much of a shrine for American admirers, and has retired to Praja d'Alto, in the Calabrian wilderness, far from railway and civilization, where he is living among a people whom his countrymen would call sav-

WOMEN REPAIR TELEGRAPH WIRES.

A number of Danish women telegraphists struck work demanding higher salaries and treatment equal to the men.

"ALWAYS THE SHRINE."

The virgin reserve of a woman's heart is more sacred than any pride of self. It is the maiden instinct which makes the woman always the shrine, and never the pilgrim.

BRAVE IRISH WOMAN.

A Mrs. McNally, of Sligo, recently rescued seven children from an island in Sligo Bay, covered by the tide at high water and a quarter of a mile from land.

WOMEN AS PHOTOGRAPHERS.

It seems strange that so few women succeed as photographers, for women prefer to go to their own sex to be photographed rather than to an obviously "professional" man whose attentions remind them uncomfortably of a dentist.

ALL THAT HE HAD.

"Can you give bond?" asked the judge. "Have you got anything?" "Judge," replied the prisoner, "since you ax me, I'll tell you, I ain't got nuttin in the world 'cept the spring child, six acres o' no 'count land, a big family, a hope of a hereafter an' the ole war rheumatism."—Atlanta Constitution.

RATHER MIXED.

A revival meeting was in progress and Sister Jones was called upon for testimony. Being meek and humble, she said: "I do not feel as though I should stand here and give testimony. I have been a transgressor for a good many years, and have only recently seen the light. I believe that my place is in a dark corner, behind the door."

liver and obviating the effects of bile in the stomach; they restore man to cheerfulness and full vigor of action.

SISTERS OBTAIN PHARMACY DIPLOMAS.

Nineteen Sisters took the State Board of Pharmacy examination in Seattle, recently, and all passed satisfactory examinations.

TIMELY HINTS.

If new curtains, calicoes, etc.—in fact most new materials—are put into water over night into a handful or two of salt, has been added it will be found that the salt brings the lime out; also very dirty curtains are much better done this way, as hot water first sets the dirt in.

If new boots and shoes are varnished on the soles every few weeks with the best copal varnish they will last twice as long and rarely want resoling.

FOR WHOM HE PRAYED.

A very nice and gentle minister accepted a call to a new church in a town where many of the members were Catholics, and sometimes raced their horses and sometimes raced their horns.

ICED BLUE RIBBON TEA.

THE MOST DELICIOUS OF SUMMER DRINKS. BREW IT THE SAME AS IF YOU WERE GOING TO SERVE HOT TEA, THEN POUR IT OFF THE LEAVES INTO A PITCHER AND PLACE ON THE ICE. WHEN QUITE COLD SERVE WITH A SLICE OF LEMON (DO NOT USE MILK) AND ADD SUGAR ACCORDING TO TASTE. THE MOST REFRESHING AND WHOLESOME SUMMER BEVERAGE KNOWN.

FUNNY SAYINGS.

Twitted by a playmate about being an adopted child, a Hartford girl retorted: "I don't care, my papa and mamma picked me out. You're had to take you just as you came."

ANOTHER JUST AS GOOD.

A customer dropped into a book-seller's the other day and asked for a copy of "The Lady of the Aroostook." The clerk seemed to be in some doubt about the title, but, after a moment's consultation with another salesman, he came forward and said blandly, "So sorry we haven't got 'The Lady of the Rooster,' but we can give you 'The Lady or the Tiger.'"

TIME WAS MONEY.

A clergyman not long ago received the following notice regarding a marriage that was to take place at the parish house: "This is to give you notice that I and Miss Jimena Arabella Blearly are comin' to your church on Saturday afternoon nex' to undergo the operation of matrimony at your hands. Please be prompt, as the cab is hired by the hour."

The Friday Abstinence.

The MacDermot, the well known descendant of a famous Irish chief, writes as follows in the Tablet of London: "I have the permission of His Grace the Archbishop of Dublin to send you the enclosed letter for publication. It refers to a communication of mine which appeared in The Tablet of June 29, in which I suggested that Catholics should approach the Holy See, through their bishops, with the view of asking that the incidence of abstinence be changed from meat to alcohol. I have received a large number of communications from Catholic laymen, mostly and anxiously desirous of the change, believing that while the advantages of a disciplinary rule would be maintained, an inalienable moral and physical benefit would accrue to every Catholic household in the land.

This is my most firm belief and opinion. Alcohol is a subject-matter which a large number of people are so ignorant about in the case with most, that it is necessary to be so explicit in the nature of the restriction. I believe that the only way to do this is to have a revival meeting was in progress and Sister Jones was called upon for testimony. Being meek and humble, she said: "I do not feel as though I should stand here and give testimony. I have been a transgressor for a good many years, and have only recently seen the light. I believe that my place is in a dark corner, behind the door."



It's simply astonishing the way St. George's Baking Powder has taken hold of my customers. They say it makes lighter, tastier, finer-grained Biscuits, and Cakes than any other they ever used!

ing the example set by Sister Jones, said: "I, too, have been a sinner for more than forty years, and I do not think it would be fitting for me to stand before this assembly as a model. I think my place is behind the door, in a dark corner, with Sister Jones."

WATCH THE KIDNEYS.

They are the most important secretory organs. Into and through the kidneys flow the waste fluids of the body, containing poisonous matter taken out of the system. If the kidneys do not act properly this matter is retained, and the whole system becomes disordered and the following symptoms will follow: Pain in the small of the back and loins, frightful dreams, specks floating before the eyes, puffiness under the eyes, and swelling of the feet and ankles or any urinary trouble.

THE OLD SWEETHEARTS.

The princes ride in the lists no more, The knights are gone and the tournaments dead; The red rose fades by the lady's door, The cavaliers on their steeds have fled; Ribbons fluttered on shoulders fair, Winds have wafted them fast and far.

SUNSET ON THE BLUFF.

Silence; and then from afar A light sharp cry from a wandering crow, And a locust's whir in the bush near by; Never a wave to mar The glassy calm of the water below Nor a cloud to whiten the blue of the sky.

A NIGHT THOUGHT.

Now a million manstons are Each in sight of Heaven a star, Bright with fire and candlelight In the world's else murky night In a million little beds Golden heads are sleepy heads; Feathers, mothers, leaning look, Men and women lean above, Silent in a trance of love: Sin nor selfishness may come Straying in this hallion.

Children white and children brown, In the country, in the town, In hot deserts, in the cold, Keep the world from growing old, Now the mother Esquimaux In the ice-fields, by the floe, Clasp her furry babe from harms, Rocks all heaven within her arms, Indian mothers sit and sing To each golden baby thing, Some old lullaby song was sung First when the old world was young.

WITH THE POETS

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THE "TRUE WITNESS" CAN BE HAD AT THE FOLLOWING STANDS:

- J. Tucker, 41 McCord street. Miss McLean, 182 Centre st., P. St. Mrs. McNally, 845 St. Antoine st. H. McMorrow, 278 Carriers st. B. Wadkin Etches, 44 Bleury st. Miss White, 880 St. Denis st. Charles. G. J. Tierney, 149 Craig st. west. M. Shaw, 789 St. Catherine st. west. Mrs. Ryan, 1025 St. James st. A. W. Mulohay, 325 St. Antoine st. Mrs. Lewis, 1111 St. Catherine east. C. A. Dutton, 1212 St. Denis st. Mrs. Cleary, 1551 St. Denis st. M. Leland, 1097 St. James st. J. Murray, 47 University st. Mrs. Hammond, 488 Notre Dame west. Miller's Bookstore, 241 St. Catherine west. James McArara, 26 Chaboullier Sq. Ariside Madore, 2 Beaver Hall Hill. Miss Scanlan, 68 Bleury st. Mrs. Ellis, 875 Wellington st. Mrs. Shogbe, 149 Dorchester st.

BOYS AND GIRLS

TAKE CARE OF YOUR MOUTH.

Do you know, little open your mouth, That away to the north and south, On the wings of the bees or like birds, Fly the tons of your sound of your voice.

WHEN TO CRY.

I have often thought of little boys and girls now and then, at the and I have asked many but none of them could best time for their to a very wise man gave me "It is bad to cry on "To cry on Tuesday eyes.

KING OF THE HILL.

By Theo. Gift, Author CHAPTER V.—Continued "No, indeed I shan't up my mind to that. girls who give themselves pretend to be grand, than anybody else; but glad, all the same, that babies black on Afric strands, Small: Time's sands are golden sands. God looks down well pleased to mark In earth's dusk each rosy spark, Lights of home and lights of love, And the child the heart thereof, Parents kneel at eventide, And one prayer the prayer of all, "Strike me if Thou wilt, Thy clod, So the child goes safe, dear God!" —Katherine Tynan, 4 Ave Maria.

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LUBY'S The great cause and reputation that it has already obtained prove that Luby's Facial Hair Restorer gray hair to its natural color, and from its balsamic properties, strengthens the growth, restores all deadness, and leaves the scalp clean and healthy. Can be had of all druggists. 25 cents.