

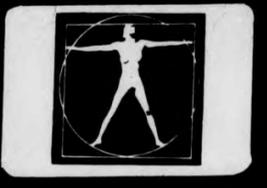
BUDGET FARES TO EUROPE

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Harbinger's Column Rhonda Salsberg



The IUD (intrauterine device) is a small plastic object, sometimes covered with copper wire, that is inserted into the uterus.

No one knows exactly how it works, though the most popular theory is that the IUD, being a foreign object, causes white blood cells to enter the uterus through the bloodstream. These white blood cells (so the theory goes) attack any fertilized eggs.

There are two kinds of IUD's, inert and active.

The inert IUD's are plastic, untreated and uncoated. The one most commonly uses is the Lippes Loop. This type of IUD is best for women who have been pregnant at some time. It has a 2-4% Pregnancy failure rate.

Active IUD's are those that are wrapped in copper wire. These are the copper-T and copper-7. They release small amounts of copper into the uterus.

Copper slightly increases the IUD's effectiveness by changing the

biochemical nature of the uterus. Copper is also poisonous to sperm. The failure rate of the copper-T and copper-7 is about 1-3% and they must be replaced every two years.

Before insertion, the IUD is straightened out and drawn into a tube that resembles a straw, and has a plunger at the end. The tip of the tube is pushed gently into the cervix (narrow entrance to uterus) until it reaches the uterus itself.

The IUD is then released into the uterus, and springs back into shape.

IUD insertion can be painful, especially for women who have never been pregnant. Women should rest in the doctor's office for twenty minutes or so before leaving.

Women with IUD's will generally have heavier periods and cramping. Because of the chance of expulsion, women should check for the protruding strings after each period or any time there is cramping.

Expulsion occurs when the IUD irritates the uterus and causes the muscles of the uterus to push the

About IUD's

device out. This happens to about 10 to 12 per cent of women who have IUD's inserted.

Expulsion and failure usually occurs during the first three months. This is why it is important for women to use another birth control method during this time and to check for the strings. If the strings can't be felt, a woman should see her doctor.

Less commonly, the strings can't be found because the IUD has perforated the uterine wall. This is very rare, but in any case where the strings are missing, the doctor will usually have an X-ray done, this will locate the device if it has perforated the uterine wall.

Other side effects of the IUD are firstly, it increases the chance of ectopic (tubal) pregnancy, since the uterus becomes an inhospitable place for a fertilized egg to implant.

The second major side effect is the increased chance of pelvic inflammatory disease (PID) or its recurrence. Women who have had any kind of vaginal infection or VD in the last six months should not have an IUD inserted.

Despite these problems, the IUD does have many benefits. It is 24-hour protection, with nothing to insert, apply, or remember to take.

C.Y.S.F.

Council of York Student Federation

would like to thank all students, faculty and staff for their participation and support of the March 16 Rally at Queen's Park.

EXAMINATION SCHEDULE

FACULTY OF ARTS, FACULTY OF FINE ARTS, FACULTY OF SCIENCE

Make the following changes to the Examination Schedule dated March 1, 1978:

CHANGES	TO READ
English AS 253.6 1:00pm- 4:00pm Friday, April 14 Stedman A	
Environmental Science SC 302.6 1:30pm- 4:30pm	
French Literature AS 203.6 9:30am-12:30pm Mon., April 24 Admin. Studies 102	
Humanities AS 140.6E 1:30pm- 4:30pm Wed., May 3 Curtis C AS 272.6 1:30pm- 3:00pm Wed., April 19 Curtis E AS273.6 9:30am-11:00am Mon., April 17 Fine Arts II 312 AS 275.6 11:30am- 1:00pm Mon., April 17 Fine Arts II 312	
Social Science AS 391.6 1:30pm- 4:30pm Thur., April 27 Curtis 110	
Visual Art FA 239.6 11:30am- 1:00pm Mon., April 17 Fine Arts II 312 FA 256.6 1:30pm- 3:00pm Wed., April 19 Curtis E FA 262.6 9:30am-11:00am Mon., April 17 Fine Arts II 312	
ADD	
Economics AS 420.3(W) 9:00am-11:00am Mon., April 17 Ross N203 AS 429.3(W) 6:30pm- 9:30pm Tues., April 25 Admin. Studies 102	
Sociology AS 203.6C 9:00am-12noon Fri., April 21 Curtis K AS 348.6 4:30pm- 6:30pm Tues., April 11 Curtis 110	
Visual Arts FA 354.6 1:00pm- 4:00pm Wed., April 19 Fine Arts 308	

Our Town

Atkinson

The next ACSA general assembly meeting is this Saturday at 10 am in the Senate Chambers (south ninth floor Ross). The by-election for vice-president will be held... Atkinson is co-sponsoring Ralph Miliband's visit to York - see On Campus for details...

Bethune

Some double bill; tomorrow and Saturday nights Bethune Movies presents *Fun With Dick & Jane* (George Segal, Jane Fonda) and *Emmanuelle* (Alain Cuny, Sylvia Kristel). For Canadian content, *Dick & Jane* rates well, directed by Ted Kotcheff and co-written by Mordecai Richler. (Kotcheff also directed Richler's *Apprenticeship of Duddy Kravitz*.) Curtis L, 8 pm, \$1.75 general admission... Jazz in the JCR tomorrow, 12 to 2... Tap 'n' Keg presents A Jug Night, with draught beer, Wednesday in the JCR...

Calumet

Calumet intends to drop out of CYSF to save the college... see letter from the General Meeting on page 5



and the story on page 3... 'Jock and Rock' is the Calumet Athletic Banquet, next Thursday in the Atkinson cafeteria at 6:30, admission \$1.

Founders

The 'End of the Year' dinner-dance is fast approaching! For \$6.50 (cash or scrip) you get punch, a full course dinner, special awards presentations and a live band to help you dance your heart out for the rest of the evening. Festivities commence at 5:30 April 7 in the JCR. Advance tickets only will be sold — at the student council office (room 121). Sunday night at 8 in the dining

hall, The West Indian Performing Group performs.

Osgoode

Last chance to vote for Legal & Lit and Faculty Council positions today from 10:30 to 1:30 in the mixing area ... and tomorrow's the last day to buy tickets (\$10, mixing area or room 118) for the Grad Banquet April 8.

Stong

If you haven't got your tickets for the Last Supper, forget it — they're all gone... but there's still the York Torch party April 6 at 9 pm in the dining hall, entertainment by Lisa Dal Bello and her band... Commissioned Works of the New York School at the Zacks Gallery until April 7 ... Saturday at 9 in the 'Snail', the last Folkonut Night of the year brings the Martian Cowboys and the Clansmen of the Red River Valley into the spotlight ... Friday April 7 is the date for the 'Snail's annual talent night...

Vanier

In the CYSF run-off election Tuesday, James Belyea became the third college rep, with 67 voters to Luigi Tucci's 36 ... tomorrow and Saturday nights starting at 9, MacDonald and Crea provide live entertainment in the Open End... incidentally, the End is accepting applications from Vanier students for summer employment — they're available in room 121 or the Open End, return them by Saturday ... Of course, don't forget tickets for the end-of-year dinner-dance are available in room 121 for \$8.

Winters

Tickets are still available for the Winters end-of-term dinner and dance on Thursday April 6 at 6:30 pm in the dining hall, featuring Octavian. Tickets may be obtained in rooms 269 or 273 Winters for \$6 (cash or scrip) ... *Space Works* by Mary Baldwin is at Winters Gallery for the next two weeks ... the Concert Series features X02 Music students April 5 at 8 pm in the SCR.

Ted Mumford

University wide nominations for the student position of the Board of Governors will be received by the office of the C.Y.S.F. (Council of York Student Federation) Chief Returning Officer, 105 R, Central Square until **Wednesday April 5, 1978 at 5 p.m.** Nomination forms will be available during this period from the office of the C.R.O.

Any student registered at York University is eligible to be nominated for this position. Nominators must also be students of York University.

Details of hearing and selection procedure to be adopted by the student senate caucus will be available in the office of the C.Y.S.F. C.R.O.