

"HOW TO PRESERVE STRENGTH AND RETAIN THE POWERS."



If you have wrecked your Nerves by OVERWORK or WORRY, drained away your strength by bad habits or dissipation, or SAPPED your vital forces by EXCESSES.

It is Time for You to Stop.

No man can afford to be reckless, force nature to undue effort, ruin his Constitution or violate the laws governing life. This invariably results in disaster or a Complete Nervous Break-down and a

Giving Out of the Vital Forces

long before the average period. KNOWLEDGE IS POWER, and every man who would be warned in time, should take heed NOW. Send 10 cents for my Book, and you will find it the most profitable of all literature you now possess; and thousands who have read it acclaim it to be "worth its weight in gold."

Half-an-hour's reading and a determination to act up to it may save you from an otherwise never-ending misery and give you new life. It will teach you more in fifteen minutes than you will gain in years by experience. It is a valuable, instructive and interesting treatise on Generative Weakness, and the Cause and Cure of Nervous Breakdown, Mental Exhaustion, Depression of Spirits, General Weakness, Waste of Vitality, Premature Decline and Loss of Power in Men.

The most popular and practical treatise published on the Laws governing Life, with special chapters on Generative Weakness, Flagging of the Powers and practical observations on Marriage. Contains valuable remarks to Weak and Nervous Men on how to preserve the Health, regain Strength and restore the Powers when lost.

To the inexperienced, the married, or those contemplating marriage, no other work contains so much helpful or sensible advice, or will prove so interesting and instructive to those who desire to preserve their Strength, build up the whole Nervous System, restore the Powers to advanced age or fit themselves for Marriage. It will be sent in a plain, sealed envelope to any address on receipt of 10 cents.

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VICTIMS OF THE DRINK HABIT

no matter how long standing their case can be safely and perfectly cured

in THREE DAYS by the

NEAL TREATMENT

No man, who is an habitual drinker or subject to periodical cravings for alcoholic stimulants, can hope to overcome this degrading habit by the exercise of his own powers.

The craving for Drink arises from alcoholic poisoning of the system, and the poison must first be removed before the craving will cease.

The NEAL TREATMENT is safe and harmless, leaving no after effects and in three days entirely removes all taste and craving for liquor. Our drug treatment effective for all time. There are no hypodermic injections included in the Neal Treatment.

Write today for full particulars. All correspondence strictly confidential. If you are a victim of the awful curse of Drink, a three days sojourn at our Institute, will send you forth a sane, sound man, absolutely freed from its enslaving influence.

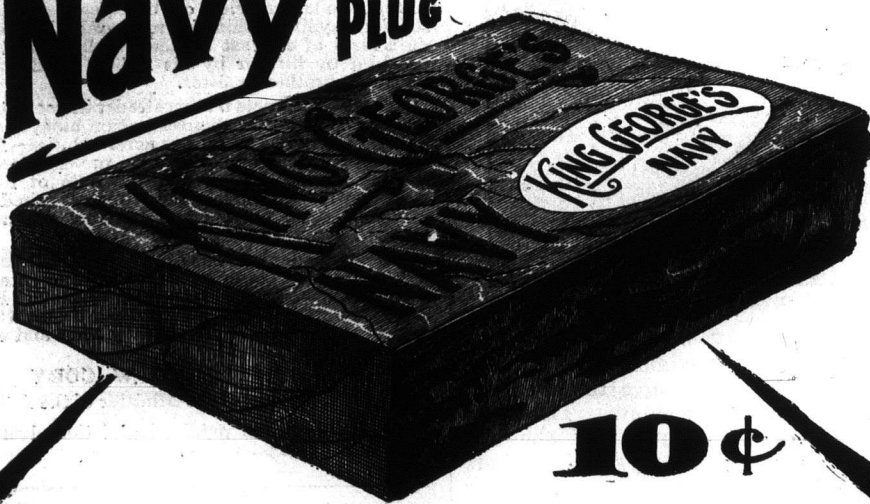
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King George's Navy Plug



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KING GEORGE NAVY PLUG CHEWING TOBACCO

IS IN A CLASS BY ITSELF!

It surpasses all others in quality and flavour because the process by which it is made differs from others.—It is deliciously sweet and non-irritating.

SOLD EVERYWHERE: 10c A PLUG

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startles me, and every step on the stairs is a threat and a pain, and the stillness chokes me, and the darkness smothers me. And all the old, unhappy homecomings troop through my mind, without omitting one detail, and tonight I heard the children sighing in their sleep, and I thought I should die when I thought of you having to walk in your weariness, and in this midnight, through Kneeland street alone."

She thinks that I will never fall; and would deny today that she knows any fear, but yet, until the undertaker screws her sweet face out of my sight forever, that ghastly, unformed, nameless thing will walk the chambers of her heart whenever I am accounted for.

By the mercy of God, that has given to you the unshaken and unshakable confidence of her love, I beseech you make a fight for the women who wait tonight until the saloon spews out their husbands and their sons and sends them maudlin, brutish, devilish, vomiting, stinking, to their arms. And you, happy wives, whose hearts have never wavered nor had occasion to waver, and who, when your husbands fail to come on time, can go to bed without a fear and go to sleep with smiles upon your lips, and sleep the long night through too peacefully even to dream, by the mercy of God, that gives you that, I beseech you, band yourselves to help, at least to cheer, the wives, who, their whole lives through, must walk the rotten lavacrust of burnt-out confidence—their very love a terror and a pain. And you good, calm, untamed men who never fell, who never tasted death for any man, and never mean to; I beseech you cast a vote the next time for the sake of the drunkard, and try to make the stations on life's highway safe for storm-tossed men to stop at any day or any night.

The Sot's Sermon.

Take it from me, there ain't no good in booze.

I've been against it long enough to know,

You guys that still have strength enough to choose,

Take water—straight!—an' let the red eye go,

This game, of life's a hard one, ain't it, bo?

It's one long fight from start to finish, see!

If you fight booze, that means a lot more woe,

Take it from me!

Booze never boasts—it knocks; it makes you lose

Yer self-respect, it makes yer thoughts come slow,

It gets yer nerve, it muddles up yer views;

I've been against it long enough to know,

The fun it brings is mighty quick to blow,

The woe it brings ain't never goin' to flee;

You guys that still have strength enough to choose,

Take water—straight!—an' let the red eye go.

It's booze that put me in the place I be,

Take it from me!

—Berton Braley in Birmingham "Ledger."

The Wrong Party.

Practically every day the newspapers tell of fines imposed for violation of the law prohibiting the sale of liquor to habitual inebriates; concerning these bad habits license holders have been notified, yet the law is continually violated, and fines are continually being imposed for its violation; but the most common record is of fines imposed upon the person who is supplied, whereas the real offence is in the supplying.

The man who is so much a victim of evil appetite that liquor sellers must be prohibited from selling him strong drink, is not likely to be deterred by a fine from gratifying his craving. The punishment for him is a farce. It is the liquor seller who seeks to make money out of the poor creature's degradation, who ought in every case to be punished. Yet the law as it stands not only punishes the wrong party, but interferes with the securing of evidence that would convict the one who is the worst offender.

Bob Burdette on Beer.

Bob Burdette of American fame never says a dull thing, and his unique way of stating an old truth makes it shine with a new light. The Temperance cause takes on a new sparkle when "Bob"—excuse us, the Rev. Robert J. Burdette—tackles it. Here he pays his compliments to beer.

"My dear boy, men have fought, bled and died, but not for beer.

"Arnold Winkelreid did not throw himself upon the Austrian spears because he was ordered to close his saloon at nine o'clock.

"William Tell did not hide his arrow under his vest to kill the tyrant because the edict had gone forth that the free-born Switzer should not drink a keg of beer every Sunday.

"Freedom did not shriek as Kosciusko fell over a whisky barrel.

"Warren did not die that beer might flow as the brooks murmur seven days a week.

"Even the battle of Brandywine was not fought that whisky might be free.

"No clause in the Declaration of Independence declares that a Sunday-concert garden, with five brass horns and one hundred kegs of beer, is the inalienable right of a free people and the cornerstone of good government.

"Tea—mild, harmless, innocent tea, the much-sneered at Temperance beverage, the feeble drink of effeminate men and good old women—tea holds a higher place it fills a brighter, more glorious page, and is a grander figure in the history of this United States, than beer.

"Men liked tea, my boy, but they hurled it into the sea in the name of liberty, and they died rather than drink it until they made it free. It seems to be worth fighting for, and the best men in the world fought for it.

"The history of the United States is incomplete with tea left out. As well might the historian omit Faneuil Hall and Bunker Hill as tea. But there is no story of heroism or patriotism with rum for its hero.

"The battles of this world, my son, have been fought for grander things than free whisky. The heroes who fall in the struggle for rum fall shot in the neck, and their martyrdom is clouded by the haunting phantoms of the jimjams.

Mortality and Alcohol.

Edward Bunnell Phelps, of New York, has made scientific study of the mortality of alcohol in this country in a book recently published. He bases his figures on the year 1908, and finds that alcohol caused 66,000 deaths directly and indirectly in that year. Commenting on this, the Medical Record says:

The effect of alcohol upon the mortality figures of a community has become a threadbare subject in speeches and writings of prohibition and anti-prohibition publicists; yet, indeed, few subjects of sociological nature deserve more frequent mention. The trouble has been, however, that such mention was rarely, if ever, founded upon a real study of the subject, but was simply an indicator of the intolerance of the defenders of one or the other political or social creed.

There is no question that for men interested in insurance matters the problem of the mortality of alcohol is one of foremost rank, and it is to their credit that one of the best scientific studies of the matter that has yet appeared comes from one of their number. Mr. Phelps, who has published several statistical studies in similar fields, has taken the total adult mortality in the United States for the year 1908 as the groundwork of his study.

Method Used for Statistics.

His method was simple. He obtained from medical directors of three large insurance companies their estimate of the percentage of male deaths between the age of twenty and seventy-four, directly or indirectly due to alcohol, for each of the 106 causes of death listed in the census statistics for that year. From these estimates he figured the probable mortality from the same causes among females and then made an approximation of the probable mortality of the whole country, including the so-called non-registration area, from which direct mortality statistics were not available.