

October, 1905

abuse of alcohol are Korsakoff's psychosis, confusional insanity, pseudoparanoia, acute alcoholic mania, and pseudoparesis.

Railroads and Liquor.

The new rule-books of nearly all the railways entering Chicago contain the following or words to the same effect:

"The use of intoxicants by employees while on duty is prohibited. Their habitual use, or the frequenting of places where they are sold, is sufficient cause for dismissal. The use of tobacco by employees when on duty in and about passenger stations or on passenger cars is prohibited."

While the rules are now practically the same on all railroads, some are more severe than others in their enforcement. Not all the railroads assume to say whether an operating employee may drink when off duty, while henceforth not a few, the Rock Island, for example, will discharge men for frequenting saloons whether on or off duty. The reform has been brought about solely with the idea of increasing the safety in train operation, and officials declare that the prohibitions have decreased wrecks and accidents fully 25 per cent.

Effects of Beer Drinking.

For some years a decided inclination has been apparent all over this country to give up the use of whisky and other strong alcohols, using as a substitute beer and other compounds. This is evidently founded on the idea that beer is not harmful, and contains a large amount of nutriment; also that bitters may have some medicinal qualities which will neutralize the alcohol it conceals.

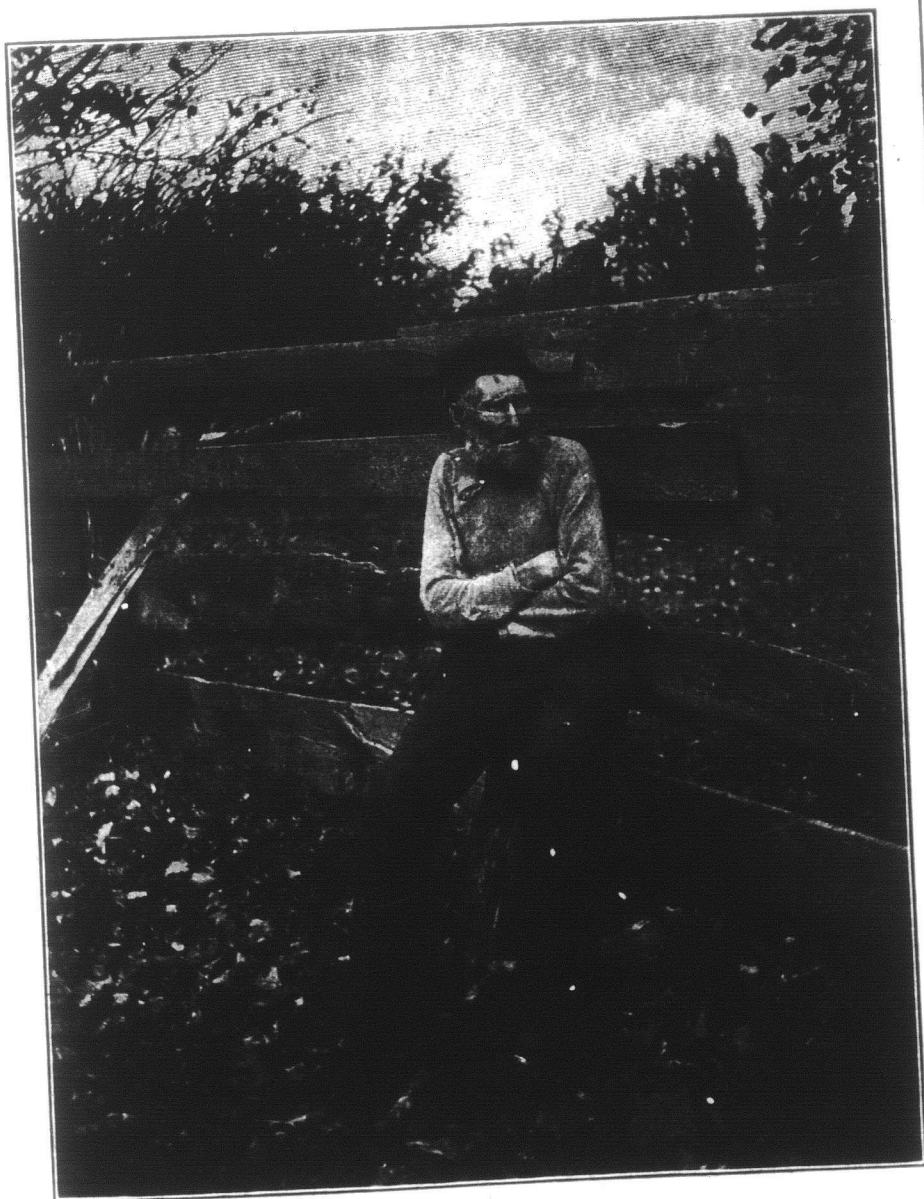
These theories are without confirmation in the observation of physicians. The use of beer is found to produce a species of degeneration of all the organs. Profound and deceptive fatty deposits, diminished circulation, conditions of congestion and perversion of functional activities, local inflammations of both the liver and kidneys are constantly present.

Intellectually, a stupor, amounting to almost a paralysis, arrests the reason, changing all the higher faculties into a mere animalism, sensual, selfish, sluggish, varied only with paroxysms of anger that are senseless and brutal.

In appearance the beer drinker may be the picture of health, but in reality he is most incapable of resisting disease. A slight injury, a severe cold, or a shock to the body or mind will commonly provoke disease, ending fatally. Compared with inebriates who use different kinds of alcohol, he is more incurable and more generally diseased. The constant use of beer every day gives the system no recuperation, but steadily lowers the vital forces.

It is our observation that beer drinking in this country produces the very lowest kind of mebrity, closely allied to criminal insanity. The most dangerous ruffians in our cities are beer-drinkers. Recourse to beer as a substitute for other forms of alcohol merely increases the danger and fatality.

We have no hesitation in saying that Dr. J. D. Kellogg's Dysentery Cordial is without doubt the best medicine ever introduced for dysentery, diarrhoea, cholera, and all summer complaints, sea sickness, etc. It promptly gives relief, and never fails to effect a positive cure. Mothers should never be without a bottle when their children are teething.



A Tramp in the Country.



To make the best Bread you must have the best Flour.

When the dough is flat, sour, heavy, will not rise,—when the bread is soggy, tasteless, indigestible—then you have cheap and inferior flour.

You may use pure fresh yeast, faithfully adhere to the old-time successful bread making traditions, the methods usually successful—but the baking turns out badly—simply because you have not used the right kind of flour.

Royal Household Flour is purified and sterilized by electricity, it is therefore uniformly pure and wholesome.

And because it is thoroughly purified it will yield a sweet, wholesome, light sponge that will bake into flaky, deliciously flavored, nourishing bread or pastry.

It is really the only absolutely pure flour you can get.

Guaranteed by its makers and Branded

Ogilvie's Royal Household Flour.

MUSIC LESSONS FREE at your home. For a limited time we will give free, for advertising purposes, 96 music lessons on either Piano, Organ, Banjo, Guitar, Cornet, Violin or Mandolin (your expense will only be the cost of postage and the music you use, to be paid for as needed). We teach by mail only and guarantee success or money refunded. Hundreds write: "Wish I had heard of you before." Write to-day. Address: U. S. SCHOOL OF MUSIC, Box 63H, 19 Union Square, New York, N.Y.

WOOL MICA ROOFING.



Manufactured in Canada, especially to withstand the severe contraction of the frost. American paper Roofing is a failure in this respect. Fourteen years' experience has established the enduring quality of the All-Wool Mica Roofing. It is perfectly wind, water and fire proof. It is economy to use the best roofing. Please send stamps for samples and booklet.

W. G. FONSECA & SON,
AGENTS FOR WESTERN CANADA,



BED BUG EXPELLER Drive them away forever. **BED BUGS, FLEAS, COCKROACHES, LICE, ANTS** and all kinds of **INSECTS**. No matter how many other kinds you have tried and failed, **TRY THIS**. We guarantee it to rid a house effectually and **THIS**. We guarantee or money refunded. It does not leave any **STAIN, DUST, DIRT** or **SMELL**. Appreciated by every good housekeeper. Price, **25 CENTS** by mail, prepaid. (Wholesale price to agents and the drug trade, prepaid, \$1.00 per dozen.) **DOMESTIC MFG. CO., Chemist, A. McDonald MINNEAPOLIS, MINN.**