## The Sunday School as

### BIBLE LESSON.

Abridged from Peloubets' Notes. First Quarter, 1902. JANUARY TO MARCH.

Lesson VII. February 16. Acts 5: 33-42. THE SECOND PERSECUTION. GOLDEN TEXT.

Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.—Matt. 5: 10.

Learn by heart.—Heb. 1:14; Acts 5:41,

EXPLANATORY.

THE APOSTLES ACTION IN PERSECU-TION —Vs. 21-32. First They went on fearlessly preaching the gospel, just as if there had been no threats. They did not hide their "light under a bushel," but placed it on a candlestick. They were a city set on a hill. The temple where they preached was the most public place pos-sible.

preached was the most public place possible.

Second. They were again arrested.

COUNCIL . . AND . . . SENATE. The
Sanhedrim, even all the senate, the two
words referring to the same body, the expression "and (better even) all the senate"
implying that it was a full meeting. The
interest was so great, the issue so important, that everybody came.

DID NOT WE STRAITLY. Strictly. YE
HAVE FILLED JENGSALEM WITH YOUR
DOCTRINE. 'Noble testimony to the success of their preaching.' How much better to fill Jerusalem with the gospel instead af those 'hings with which it had
been filled. THIS MAN'S BLOOD. It was
plain that if Jesus was the Messiah, the
rulers had been traitors to their nation.
It was this charge that stirred them so
deeply.

rulers had been traitors to their nation. It was this charge that stirred them so deeply.

WE OUGHT TO OBEY GOD RATHER THAN MEN. The consciences of the Sanhedrim approved of the principle, however they differed from the application.

THE PERSECUTORS FIGHTING AGAINST GOD—Vs. 33-40—33. THEY WERR CUT OT THE HERRET, tropically, in the passive, "to be sawn through mentally, to be rent by passion or vexation, to be exasperated." They were in a rage, because their plans were being thwarted by a common man, who was vet so bold and truthful. AND TOOK COUNSEL. Not how they might learn the truth, not how they might be saved from sin, but TO SLAY THEM As if breaking the alarm bell would put out the fire, or destroying the accuser would bring innocence to the secused.

34 THEN STOOD. . UP ONE IN THE COUNCIL, A PHARISHE, hence, of a party opposed to the Sadducees who had been leaders of this persecution. But both parties joined in it. The Pharisee's anger might be modified by the blow at the Sadducees' doctrine that there was no resurrection. GAMALIEL, son of Symeon, and grandson of Hillel, best known to Chris-

#### EATING IN HAVANA. Yankees Club Together.

Yankees Club Together.

In Havana it is the custom to serve only bread and coffee for breakfast. A little colony of Americans that felt they could not do their work until noon on this kind of a diet clubbed together and began importing Grape Nuts Breakfast Food.

One of them writing about the matter, says, "The modern coo'ing range had never been known in Coba until the American occupation, and even now they are scarce, so that a ready cooked food like Grape-Nuts recommends itself to start with; then the Yankees were accustomed to the food and felt they could hardly get along without it. They began buying in five case lots and one by one the larger grocery stores began keeping Grape-Nuts in stock so the business spread until now great quantities of Grape-Nuts are used in Cuba, and it is not only used by the Americans but the other inhabitants as well."

well."

This is an illustration of the way the famous food has pushed itself into all parts of the world. Wherever English speaking people go they demand Grape-Nuts. They can be found in S uth Africa, Egypt, India, China, Japan, Australia and South Americs.

dia, Chiua, Japan, Austrana and South America.

Many Americans speak of the homelike feeling it gives them to see the numberless busses in the streets of Lordon decorated with great blue signs with the word.

'Grape Nuta,'' done in yellow letters, and all over England the great purveying shops distribute Grape-Nuts.

Euglish roast beef has largely given way to American roast beef, and the old-fashioned English breakfast of bacon and potatoes. is now supplemented with Grape-Nuts and cream. The change was made for a reason. It has been discovered that almost magical power rests within the ittle granules, and this power is set free a the body that makes use of the famous cood.

tians as the teacher of Saul. Gamaliel. ... (was) Had in Reputation Among All, the Prople to such a degree, that it was a common saying—"When Gamaliel died, the glory of the law ceased." He was president of the Sanhedrim during the reigns of the emperors Tiberius, Caliguia, and Claudius. "It was the tradition of the ancient Greek church from the fifth century that he was converted into Christianity, and baptized, slong with his son Ablhus and Nicodemus, by St. Peter and St. John. This story of Gamaliel's secret adherence to Christianity goes even much farther back. There is a curious Christian novel or romance, which dates back close upon the year 200, called the 'Clementine Recognition,' of which there is a translation in H. T. Clark's FORTH A LITTLE SPACE. That the discussion might be the more unrestrained, and perhaps that they might not take too much encouragement from his mild words. 35. AND SAID. Gamaliel was not inspired; and none of his words, however wise they may be, can be quoted as words of inspiration. It is necessary to bear this in mind because his counsel 'to refrain from these men, etc.,' is often quoted as an inspired ulterance, and his words are flet spoken of as being the words of Luke. Take hered to vourselves Be very careful what you do. Look at the matter from every point of view. Gamaliel proceeds to take example from the recent history of the Jews, from which to learn how to proceed in the present case. 36. FOR BEFORE THERE DAYS ROSE UT THERDORS. There were many such uprisings and false Messiah's about this time. Who was stally. In both the examples tians as the teacher of Saul. GAMALIEL

recent history of the Jews, from which to learn how to proceed in the present case.

36. FOR REFORE THESE DAYS ROSE UP THERDAS. There were many such up issings and false Messiah's about this time. Who was Slain. In both the examples furnished by Gamailel, the ringleader was slain,—a fact which serves Gamailel's purpose, for it reminded the council that they need not take counsel to slay the apostles; for if they were disturbers, they would naturally come to that end.

37. JUDAS DE GALLIER, with Zadock the Pharisee, during the early years of our Lord, when Quirinus ordered a census for taxation, had raised the standard of revolt, with the watchard, "It is not lawful to pay tribute to Cevar."

38. REFRAIN FROM THESE MEN. Do not try to kill them, or to interfere with them by force. "Counsel" was the purpose or plan of the apostles, work was the execution of the purpose BE OF MEN, of human origin, of worldly purpose, carried on by only human power. IT will come to NOUGHT. Such work as the apostles conducted in their way could not succeed unless God was in it.

39. BUT IF IT BE OF GOD YE CANNOT OVERTHROW IT. You will be laboring in vain. LEST, if you undertake to put this new sect down by force; HAPLY, possibly. YE BE FOUND EVEN TO FIGHT AGAINST GOD. That is a battle in which no man can win.

40. AND WHEN THEY HAD... BEAT-ENTHEM. "St. Paul, as he tells us in 2

GOD. That is a battle in which no man can win.

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COT. II : 24, was five times flogged by the Jews. When the Jews inficted this pun ishment the culprit was tied to a pillar in the synagogue; the executioner, armed with a scourge of three distinct lashes, inficted the punishment; while an official standing by read selected portions of the law between each stroke. Thirteen strokes of the threefold scourge was equivalent to the thirty-nine stripes.

REJOICING IN PRESECUTION.—Vs. 41, 42. There is nothing more sublime in literature. Never fail to show the supernal greatness of Scripture characters. God's people are God-like. The apostles were "dignified by indignity, honored by dishonor. They are so great that all men can do cannot degrade them."

46. AND THEY DEPARTED ... REJOICING THAT THEY WERE GOUNTED WORTHY TO-SUPFER SHAME FOR HIS NAME R V, "the Name." In this they obeyed Christ, who in his beatitude bade them rejoice and be exceeding glad when men persecuted them.

TOBACCO IS THE BEST INSECTI-

Most of the insects common to house plants dislike tobacco as much as does the cleanly housewife. The best way to use it as an insecticide upon window plants is to secure a good handful of tobacco stems, place them in an old basin, pour boiling water upon them, and let them stand for several hours Then drain off the liquid into a basin or tub deep enough for immersing the tops of your plants in, and dilute it with warm water until it shows only a faint tint of brown. Then take up the plants one at a time, and bold them, tops down, in the water, washing them clean.—December Ladies' Home Journal. Most of the insects common to hou

Representatives of a syndicate of eastern and western capitalists are securing options on interurban systems and purchasing rights of way for a trolley line system which by January 1, 1905, will connect St. Louis and New York.

ONCE IN A WHILE.

Once in a while the sun shines out,
And the arching skies are a perfect blue;
Once in a while, 'mid clouds of doubt
Hope's brightest stars come peeping
through,
Our paths lead down by the meadows
fair,
Where the sweetest blossoms nod and

amile,
And we lay aside our cross of care
Once in a while.

Once in a while within our own
We clap the hand of a steadfast friend;
Once in a while we hear a tone
Of love with the heart's own voice to
blend;
And the dearest of all our dreams come

true,
And on life's way is a golden mile,
Bach thirsting flower is kissed with dew,
Once in a while.

Once in a while in the desert sard—
We find a spot of the fairest green;
Once in a while from where we stand
The hills of Paradise are seen;
And a perfect joy in our hearts we hold,
A joy that the world cannot defile;
We trade earth's dross for the purest gold
Once in a while.

A Mother's Warning.

-Nixon Waterman

SPEAKS OF A TROUBLE THAT AF FLICTS MANY YOUNG GIRLS.

Headaches, Dizziness, Heart Palpitation, Fickle Appetite and Paller the Early Symptoms of Decay.

From the Sun, Orangeville, Ont.

Hard study at school, coupled with the lack of attention which every young girl merging into womanhood should have, is responsible not only for the many pale faces and attenuated forms met with such lamentable frequency, but is responsible also for the loss of many valuable young lives. First there is an occasional head-ache, and a sallowness of complexion, from which stages, if these early symptoms are neglected, the condition gradually grows worse and worse until decline or consumption sets in and death claims another victim of parental neglect. Upon mothers especially devolves a great responsibility as their daughters approach womanhood. The following truthful story told a reporter of the Sun by Mrs. O. Herman, of Third Avenue, Orangeville, carries a lesson to other mothers. Mrs. Herman said: "About fifteen months ago my daughter, Kate, while attending the public school studied hard. We noticed that she began to complain of headaches. This was followed by a listlessness and, an utter indifference to the things that usually interest young girls. We consulted a doctor, and she took bottle after bottle of medicine, but with no benefit. Often she would arise in the morning after an almost sleepless night, her limbs all a quiver and her head reeling. She would be attacked with spells of dizziness, and on the least exertion her heart would palpitate violently, and we were really afraid she would not recover. At this stage my husband suggested that we should try Dr. Williams' Pink Pills, and he brought home several boxes. Kate had only taken the pills a few weeks when there was a great change for the better. She grew stronger, began to eat better and to have better color, and from this stage it was not long until she was again enjoying the best of health and able to resume her studies at school. I might also tell you that these pills cured my daughter Emms of an attack of rheumnatism, porting either in a poor or watery condition of the blood or shattered hord when such medicines are discontinued the trouble returns

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and pound foolish,-the women who using

Few cents saved in price; fifty times as much lost in damage to clothes. The chances are that cheap powders are useless or dangerous. Many proved so. None works like PEARLINE, which is more economical does more,—saves more,—risks nothing, 558



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Poetess—"The poem I sent you, Mr. Editor, contains the deepest secrets of my

soul ''
Editor—"I know it, madam, and no one
shall ever find them out 'through me.' ''