DAILY MAGAZINE PAGE FOR EVERYBODY*

Beauty of Little Value Unless Backed by Brains - By Winifred Black



in the paper this morning. It was an interview with a woman clever, brilliant woman of great atwoman, well born and gently nurtured. A good woman and one known for works of kindness in her own

She teaches little orphan children how to read and how to sew; she establishes nurseries for motherless babies. She takes a great interest in sailor lads, and does what she can to help those who are trying to help them in foreign ports away from home. And she has made a great name for herself in a great profesgardening. And, being new come to

America, the papers have interviewed her early and often. What does she think of the American garden? What would she lo with an American garden if she had one, and why would she do it? Did she be-Heve in flower masses, or in separating the colors? How did she happen to

Oh. it was all very interesting-but one sentence in this particular interview, in this particular paper, caught my eye and held it—like the glitter of a jewel in the dust of a country road-or like the glint of a tin can in a forest where picknickers have been. It was this:

"She was so intelligent and so deeply in earnest that one forgot what a really handsome and attractive women she really was."

Why Beauty Doesn't Count.

I can't get over that sentence—it haunts me. Who wrote A man without the shadow of a doubt. What woman would think such

thing—much less say it? Does it, then, make a woman less handsome and less attractive to be intelligent and deeply in earnest? I wonder why? Fancy a woman going to interview a man of great attainments and sayng that he was so intelligent, and so deeply in earnest, that she kept

forgetting what a really handsome and attractive man he really was. The more intelligent and the more deeply in earnest, and the more successful a man is, the more he is admired by women. Benjamin Disraeli was so ugly that it makes the face ache even to look at his photograph—and yet he was called by women the most fascinating man in England. I wonder if

It was because they thought he was neither intelligent nor deeply in earnest? I know a woman who knew Abraham Lincoln. I've heard her talk about him a great deal-I don't believe she ever said a word as to whether he was agly or handsome, and I don't believe it ever occurred to her to think of

such a thing for one instant. The next time I go to interview the President of the United States-or the Bismillah, or the latest Potato King, or Garlle Prince-I am going to say something about his looks, and whether he is really hand attractive, from a feminine point of view, or not. And the editor will blue pencil the remark—and show his good sense when he does it.

Who cares whether a man is "attractive to wemen" or not-if he does a man's work in the world? Why should a man care so desperately whether a woman is so "attractive to men" that he can't keep it out of a newspaper

The "Clinging Vine" Passe.

Poor man-who interviewed the Lovely Lady and who forgot, for one illuminating moment, what a really "handsome and attractive woman" she was to forget, for one instant, such a thing as that. And to forget it because the woman was intelligent and deeply in earnest.

What a benumbing influence must intelligence be--alack the day! The world is a hard place these days for gentlemen of that turn of mind All the pretty girls I meet—the sort an irreverent young man of my acquaintance calls "the peaches from the top of the basket"—are faminists, or something like it. Only the forlorn and the ugly and the unattractive dare

to be "clinging vines," nowadays. Have a care, young ladies, while you are going about your business laughing and singing, as is the right of your age and quality-working and striving, as is the desire of your heart—loving and giving as is the need of your nature. Have a care—some one may be watching you—and you may become so intelligent and so deeply in earnest that one forgets for one awful moment what a really handsome and attractive woman you really might be-if you

Was it a jewel of a great truth latterly ignored that shone like a star through the everyday essence of that interview with the distinguished woman -er was it the glint of the tin can in the unaccustomed forest?

Useful Hints for the Housewife By Ann Marie Lloyd

ALF the persons one meets seem But they must be properly prepared if to have boycotted meat during one is to get the good of them. ket. I met my old friend the Colonel. If how to cook so as to get the best values there is a man on earth who knows from their foods. Especially is this good food, appreciates it and invariably true of vegetables.

Which do you think?

eating meat the first of June, and won't properly cooked, are very nourishing. have another bit on the table until Wheat is important. Whole wheat

I have evolved the ideal hot weather diet. I have eliminated all animal foods, starches, sweets. I never felt so well Unless we have a lot of heavy work to do, we don't really need such a lot of food in summer."

After all, it may be, as the vegetarlans claim, too many persons have the meat habit. They eat meat just because they have always been in the habit of eating meat. They would be just as well without meat. At the same time, before you ruthlessly declare meat

Protein nourishment is the thing to be provided for when meat is discarded. There is more protein in beans, peas and lentils than in any other vegetand lentils than in any other vegetand the state of the dishes that taster than the provided for when meat is discarded. Fry slowly in butter in a frying pan until both sides are well browned, and serve immediately, for this is one of the dishes that taster tables, and more than there is in meat, better the hotter it is,

the hot weather. Going to mar- Too many cooks lack knowledge of

has it served on his table, that man is Beans and peas want to be cooked Col. Bliss. We spoke of the heat. "Never, felt it so little any summer fireless cooker makes them especially within memory," he declared. "Stopped delicious and digestible. Green peas,

October. Feel ten years younger. Bet- contains more nourishment than the ter try it."

Classed with wheat products. I am glad to see that the unpolished brown Dietitian. He was smiling and enthuslastic. "Heat? Why, to tell the truth, found at many of the stores where attention is paid to high grade foods.

The majority of the stores where attention is paid to high grade foods.

> more nourishing than any made from beef. For example, try this: Boll four potatoes and two onlons very slowly in two quarts of water.

strain and rub through a colander. and add a pint of milk and two tablespoonfuls of pearl tapioca to the mixture. Season with salt and pepper and a piece of butter the size of an egg, and let it simmer for 15 minutes, stirring it meantime. Green corn is one of the most halpful

a non-essential, make a study of foods and find out why you eat certain ones, and what selection will furnish you with the necessary elements for a well regulated diet.

Protein nourishment is the thing to the cook who does not use meat. A splendid substitute for meat is made by grating a pint of green corn pulp, adding two beater eggs, salt and pepper, and enough flour to make the mixture hold its shape when made into the form of cakes or croquettes. Fry slowly in butter in

Peter's Adventures in Matrimony

By LEONA DALRYMPLE Author of the new novel, "Diane of the Green Van," awarded a prize of \$10,000 by Ida M. Tarbell and S. S. McClure as judges.

The truth about "the girl in the ase" distinguishes this new series by this Dalrymple. Her character studies will not appear unfamiliar to the macority of readers, who will follow the fortunes of "Peter" with interest.

No. 125.

Mary's Talent Appreciated.

Wall," I admitted, "the turkey did for I knew very well the general critical line of talk she had embellished it went wrong, but this was our first when twong, but this was our first when two accept it."

No. 125.

Mary's Talent Appreciated.

Was glum a bout?" I sked, as we turned out of the street.

"Just tired," said Mary.

"It's a bully Christmas night." I said, trying to cheen her a dressing gown instead of that accursed year of art instruction that she craved. I asked her point blank.

"Well, no." she said, flushing; "it—it isn't exactly that, Peter. But—but I fold mother /I hadn't got it, and she was odisappointed, for she thinks I feally have wonderful talent."

"It's a bully Christmas night." I said, trying to cheen her. "The air's wonderfully crisp. and I like to see the moon bearkle "Ones what?"

"Does what?"

"You mean?"

"Welt." I admitted, "the turkey did for I knew very well the general critical line of talk she had embellished it worth wort wong, but this was our first when won our said may be a course. And we couldn't exactly that I had given her a dressing gown instead of that accursed year of art instruction that she craved. I asked her point blank.

"Well, no." she said, flushing; "it—it isn't exactly that, Peter. But—but I fold mother /I hadn't got it, and she was so disappointed, for she thinks II flus anybody's talent when you don't have to put up for its development."

"That's the trouble," said Mary, bit-ins her lips, "ishe does."

"Does what?"

"You mean?"

"You mean?"

"Well, no." she turkey did

for I knew twery well the gal lim of talk she had embellished it with. "are hid won't accurst the peter has a course. And we couldn't exactly that a course of the won't won't exactly that a course of the won't won't like in the fact has a c

ON POSTAGE STAMPS

for Stamps Showing Print-

ing Mistakes.

The best-laid schemes of stamp au-

horities and manufacturers will oft-times

to wrong and produce "errors," or freak

tion for the collector. There is scarce-

which has not planted some of these

DO NOT THROW AWAY

THE OLD BLANKETS

There Are Many Used for

These When They Appear

Several worn blankets that have

really grown very thin, if quilted to-

gether, and covered with sateen or silk-

be easily removed for washing.

Another use for ragged old blankets

is to fashion from them a sleeping bag

for baby's outdoor nap. Double the

blankets after they are covered, first cutting from each of the ends that are

to form the top a half circle, six inches in diameter. Cut this just in the mid-

CANADIAN CLUBS TO MEET.

of Toronto.

to Be Worthless.

STRANGE ERRORS

her. "The air's ing her lips, "she does."

"Does what?"
"Bona DALRYMPLE the moon sparkle in the snow, don't you?"
"Sometimes," said Mary.
"Sometimes," said Mary.
"Why not tonight?" I insisted, pretty cure by now that there was something itefinite wrons.
"Well, I don't think," said Mary, "that wish you could have afforded it."
"Well, I don't think," said Mary, "that wish you could have afforded it."
"Well, I couldn't." I said, hotly resentful at Mrs. Penfield's officious offer, not speaking.

The air's ing her lips, "she does."
"Does what?"
"Have to put up for it."
"You mean?"
"Have to put up for it."
"You mean?"
"The air's ing her lips, "she does."
"Have to put up for it."
"You mean?"
"I mean," she said, "that mother says it is.
"We're spending more money than I make—how many times must I say that? And we're running in debt. This money Dad gave us today is a veritable life-saver. If you can find a training school that will teach you the value of a dollar I'll put up for it cheerfully, and I imagine your father will see that your mother takes a course, too."
When we arrived at Dad's we were not speaking.

HOW TO KEEP LACE | SAWDUST SPLENDID CURTAINS FRESH FIRE EXTINGUISHER

Preparing Curtains for Washing.

In a house where the curtains were always immaculate, the hostess de-scribed her method of caring for them as follows:—"It is not hard," she said, "and it only needs a little care in preparing the curtain for washing. I have used the method for several years, and it always worked well for me. First, you take a curtain, and, having folded the several years. tamps, which have a curious fascinariosities in the albums of collectors t lengthwise, very evenly (and this curiosities in the albums of conectors as permanent memorials of a workman's momentary lapse, and where "errors" have a market value so far above that of the normal stamps, it is not surprising that some errors are suspected of having been done "accidentally for the purpose" of catering to the demand. very evenly is important), turn back the outside edges to the centre fold, the same as you fold a sheet for ironing

ling been done "accidentally for the purpose" of catering to the demand.

New Zealand has given us a modern example in the 2/4d, pitcorial stamp, the first London-produced editions of which had the name of the Lake Wakithy had the name of limb years produced by an eminent London years the curtains a profit able to produce years produced by an eminent London years when he was produced to be worth no more than 100 cents of the London years and put for the station as fast as the old mare will go." The dealer, who had even hours to wait for a return train to New York, was found, and got the stamps at his own price. He asked his customers \$10 each for the stamps, but it was not long before he was ready to but them produced the produced by Zealand has given us a modern ing the curtains perfectly straight. Then baste the curtain as folded, seeing to it that points or any particular design are in proper position. Having them properly folded and basted, they are ready for washing. I always put them in cold water first because of the dust, then wash them in as many hot described the same of the dust, then wash them in as many hot distributed by the same of the distributed by the same of the dust, then wash them in as many hot distributed by the same of the same soapy suds as seem necessary. A liftle coal oil will be found helpful. If the curtains are such as require starching, dip them the same as any ordinary article.

article.

"In hanging to dry, if possible lay across the line instead of pinning them alongside the line. When ready to iron, after sprinkling heavily, iron the two outsides, care having been taken to fold out the sides on which the ironing should be done. Ready to rehang the curtains remove the bastings and you curtains, remove the bastings and you will be delighted to find how straight and well-laundered your curtains appear. They do not have that stiff look as curtains do when stretched.

"It often happens the curtains in one pectedly you want to make a particular room immaculate—alas, the curtains! You haven't time to send them to a cleaner. You can't use the stretcher for various reasons. This way saves the day."

Butter and Barley Meal Are Used in Making—Guests Take Their Own Cups.

The following is how the Thibetan makes his tea: A chip is broken from tea brick and pounded in a mortar. The dust is then boiled in a kettle for five minutes, after which it is poured thru a strainer into a "tea churn," a small wooden cylinder with a piston. A piece of butter and some barley meal are added and the mixture is churned vigorously for a minute or two, after which it is poured off into a teapot. There are no teacups in Thi-bet, but everybody carries about with olene, make a warm, light covering for and lined usually with silver. When use on bed or sofa. The cover should be made separate, the quitted blankets slipped in, and the cover caught down, barley meal complete the equipment of a Thibetan ea party. Scooping out a fump of butter, the drinker lets it melt in the tea, which he sips meditatively. regularly, here and these. Thus it can tatively, blowing the floating piece of butter on one side as he puts his lips to the bowl. When the bowl is nearly empty he puts a handful of meal into it and works it up into a ball of paste, which he puts into his mouth and washes down with another dose of tea.

"CORRIDOR GHOST" DENIES IDENTITY

in diameter. Cut this just in the mid-dle. It will look as tho a hughe bite had been taken out of it. Bind these ends with ribbon, and bind the other edges together to make a bag "to put the Baby Bunting in." The two half circles at the top form a place for the "He is the ghost of the corridor," said Ald McBride. "It's a lie," retorted a voice. "There he is now," said the alderman, pointing to one of the spectators. The members of the council were discussing a bylaw to permit Mr. baby's neck, and ribbon ties are placed at each side to tie it on the shoulders. The sixth annual convention of the Association of Canadian Clubs is to be held in Vancouver, B. C., on Aug. 6. Britnell, a civic contractor, to build an apartment house on Gibson's lane, Delegates from all parts of the Dominion are expected to attend. A special car will be attached to the Vancouver train at the Union Station on July 20 dors of the city hall, trying to per-suade members to vote in favor of the bylaw. The members were evenly ditrain at the Union Station on July 29 train at the Union Station on Toron-to accommodate members from Toron-to and the east. The trip will be un-to and the east. The Canadian Club der the auspices of the Canadian Club

Very High Prices Are Asked Only a Little Care is Needed in Insurance Company Makes Many Tests With Most Satisfactory Results.

> A considerable number of experiments were conducted by the inspection department of the Associated Factory Mutual Fire Insurance Companies, Boston, in extinguishing fires in lacquer and gasoline in tanks with sawdust. The results, which were satisfactory, showed that sawdust is an excellent extinguishing agent for certain volatile liquids, especially those of a viscous nature, and were preouter edges of your curtains as the two outsides.
>
> "Great care should be taken in foldsented in a paper read at the recent

floating for a time upon the surface of the liquid and excluding the oxyger of the air. For that reason its efficiency is greater on viscous liquids than on thin ones, as it floats more readily on the former than on the latter. The sawdust itself is not easily ignited, but if it does it burns without flame, and the temperature of the burning embers is not sufficiently high to reignite the liquid.

In making tests the liquids were placed in three tanks of different sizes, all having the same depth, sitxeen inches. The sawdust was applied with a snow shovel having a large blade and in every case the fires were extinguished readily, especially in the two smaller tanks, which were about the same size as those ordinarily employed for lacquer in manufacturing estab-lishments. It was found that the character of the sawdust, whether from MIXTURE IN THIBET

character of the sawdust, whether from soft or hard wood, was not important, and the amount of moisture contained in it was not a factor also, so that the drying out of sawdust when kept in manufacturing establishments for a time would not affect the efficiency.

CHERISHED IDEAS ARE DESTROYED

'Nice Healthy Tan" Obtained While on Vacation is Strongly Condemned.

Scientific experts are never so completely happy as when they are destroying illusions which we have cherished from our childhood. A sunburned skin, which we are all so anxious to bring back to town at the end of August, is the latest thing to be condemned as unhealthy. Apparently "a nice healthy tan" merely means that its proud wearer has been exposing himself too rashly to the influence of the ultra-violet rays—which is condemned as by no means a healthy process.

Another illusion shattered by the same expert is that the pallor of the man who is "something in the city" is man who is something in the city is always due to overwork or to the struggle to keep out of the bank-ruptcy court. He is only pale because the cloud of soot which hangs over the city keeps out the ultra-violet rays, which would otherwise alter his interesting appearance.

AUTOMATIC LETTERBOX.

Five new stamp-selling letter-boxes were installed on downtown street corners yesterday morning. They are similar to the one shown on the Exhi bition grounds during the recent convention of the Associated Advertising Clubs of the World. They are a Yonge and Queen, Yonge and Temperance, Bay and King, opposite the Traders Bank Building and opposite 16 King street east. They were manufactured by the Dominion Stamp Vending Machine Company. Secrets of Health and Happiness

Why Night Air Is Purer Than That of the Day

By Dr. LEONARD KEENE HIRSHBERG

A. B., M. A., M. D. (Johns Hopkins).

MONG the legion of discredited, nonsensical impieties and superstitions, table turnings and voodoolsms, none survive with greater, doggedness and persistence than the absurd beliefs anent the dangers

shrewdly and it may be a nipping and an eager air. Yet, or day air.

words, but the night can in no manner interfere with either. At night there's a husbandry in heaven; their candles are all out. But it is utterly absurd to believe that this very witching time breathes out contagion to the world. Night air is really the cleanest kind. There is less soot and dire and fever germs and bacteria than by day.

In daylight, despite the purifying qualities of the sun, the diligence of trades and noiseful gain, rack and torment the harassed victim of sick- quic ness. At night, with the stirred-up dust and microbes, these are laid

In night's silent reign few if any germs of disease invade nature. True enough, the sun is sunk, his ultraviolet rays are gone, and the cheerful mean one dram of each or one dram absence of light does not make for physical disorder. Therefore, something else is necessary if night air is

cal to health as long as the proper quantity of oxygen is present. This, way for two weeks. Please advise whay you may be sure, does not depend you may be sure, does not depend course to take. I cannot rest until September. upon darkness or light. It is not a

sabbath of mankind, to rest the body and the mind. Any one loath to take advantage of the double shade, the starlit air, the sable period, because of the surviving fallacy that "night air" causes colds, coughs, corns and crises merely deprives himself of the dewy freshness, the serenity of yonder moon divine, the ebony sweetness of nocturnal health and strength.

Dr. Hirshberg will answer questional for readers of this paper on medical, hygical and sanitation subjects that are of general interest. He will not undertiake to prescribe or offer advice for individual cases. Where the subject is not dividual of nocturnal health and strength.

Answers to Health Questions Miss H. M.-What will develop

Massage with camphorated oil or any kind of oil. Deep breathing and muscular exercise will also help.

R. O. E.—I have been bothered with lame ankles, which seem to stiffen at night, and when I sit down to rest. I am on my feet all day. At night I can hardly stand. They have been this

Night air is fresh, pure and sweet, it is much to be desired. It is the Sabbath of mankind, to rest the body and the mind.

Advice to Girls

Dear Annie Laurie: I am a girl 18 years old, and have young man who is very bashful. When he comes to my home he doesn't care to talk much, but sits

all by himself in a corner. He seems to think every one nice but me. I am very much in love with him, and would like to know how I can oure him of such a queer disposition. He also stays out late with other girls, takes them to plays, etc.; he is a very nice dancer, musical and attractive in all his ways. What

shall I do about it? BACHELOR GIRL

you're going to stay a bachelor girl,

EAR Bachelor Girl: I'm afraid

if there's any truth in signs, for

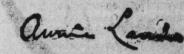
about it, as far as I can see. The man doesn't care for you, that's all—you bore him into stupidity—let him alone and put your mind on some one else. You're not in love with him really—you only think you are.

Why shouldn't he stay out with other girls, and take them to plays, and do the tango with them, and make love to them if he wants to—and the other girls can stand it? What is it to you?

Do be sensible and stop making yourself believe all sorts of nonsense about this harmless chap, who probably doesn't know you're alive except when you fairly force him to talk to you.

There are lots of other men who will like you, and make themselves agreeable to you, toe—don't make a goose of your-like white a present the services.

to you, toe-don't make a goose of your-self for this one person. It doesn't pay.



a while yet.

How can you be in love with a man who shows you in everything he does and says, and in all the things he does not do and does not say, that he doesn't care one penny for you, or anything about you?

Queer disposition—there's nothing queer her, care this office.

Three Minute Journeys Where Elephants Are Trapped in Pits

By TEMPLE MANNING

eet deep, because elephants able to : imb out of a nine-foot pit are too old o be easily trained, and, consequently. tre not wanted. The pits are filled hree-quarters full of brush wood to reak the elephant's fall, and the mass if branches and leaves laid upon the top o conceal the pits is sufficiently strong o permit any animal but the elephant o cross safely.

It was once my good fortune to be in he vicinity of one of these pits when in elephant was caught, and my excited suide quickly led me where the hunting party was releasing it. He was a comparatively small beast, trying to scramile out of the pit, with his small, red yes glaring at us and his waving trunk hrowing dust all around, trumpeting with fear and rage. But he soon disovered how futile it was to attempt esape, and accepted the water one of he mahouts turned down his trunk, quirting it down his throat and over is huge body. And then the hunters jet about getting the elephant out of the

N Travancere, India, the natives have an interesting method of capturins wild elephants—they trap them in the pit, and the elephant, trampling these pits are seldom more than nine.

These pits are seldom more than nine.



Trying to Climb Out.

One of the mahouts got a small line inder the swaying neck, after innumerable failures, and a heavy cable was attached and dragged under, then hrown over the neck and drawn tight, and the other end was tied to a tree. It was then easy to get nooses over the An old tame she elephant, remarkably