

2. The patient's stomach is washed out regularly and with such frequency as the severity of the case may require; usually the administration of lavage two or three times a week is amply sufficient, but in cases in which the attacks occur daily the lavage must be practised every day, and in some cases, for a short period, the stomach must be emptied and thoroughly washed twice a day. We find the best time for cleansing the stomach to be at night, five or six hours after the patient's last meal. This gives the stomach rest during the night, and relieves the kidneys of the labor of removing a vast quantity of toxic substances which, being absorbed in the blood, would seek an outlet through the kidneys, if they were allowed to remain in the stomach.

In addition to the above, tonic measures are employed by which the patient's general health is improved; galvanism, the sinusoidal current, fomentations and the moist abdominal bandage at night are employed as means for relieving the hyperæsthesia of the abdominal sympathetic. When considerable enteroptosis exists, a proper abdominal supporter is worn until the patient has, by gymnastics, massage and manual Swedish movements, acquired sufficient strength in the abdominal muscles to be independent of artificial support. The results of this method of treatment have been most gratifying, as the following case will illustrate:

A lady thirty-five years of age, who had suffered for ten or fifteen years from frequent attacks of migraine, came under the writer's care about a year and a half ago in a condition of extreme weakness and exhaustion, the result of daily attacks of migraine of the most violent character, these having gradually increased in frequency, until, from occurring monthly, they came to be almost constant. The patient was, in fact, at no time entirely free from pain. The test breakfast gave the following result:

Total acidity.....	(M M of HCl).....	.216
Total chlorine.....	" ".....	.312
Free HCl.....	" ".....	.048
Combined chlorine.....	" ".....	.168
Coefficient (normal .86).....	" ".....	1.000
Acidity due to normal elements (free HCl. and combined chlorine.....		.192