

Oliver from Central India, were very largely attended. At the latter meeting a thank offering of \$90.20 was taken, which was most encouraging. The Presbyterian meeting was held in St. Paul's church in February. Mrs. Wilson addressed the afternoon session. Our contributions for this year amounted to \$221.33. We have to thank the Stewart settlement for their annual donation of \$11.20. Our society numbers at present 32 one dollar members, 11 fifty cent members and 10 life members. The number of subscribers to the monthly letter leaflet is 60. Our yearly subscription to the Northwest amounted to \$31.75, which was invested in blankets, materials, etc., and consigned to Mr. Lewis, in charge of the Mistawasis reserve, from whom a very grateful letter in acknowledgment was received. The Interior was sent to the lady missionaries in June last. Though we make no very decided progress in numbers or contributions from year to year, yet we feel that as a society we do not deteriorate, and, trusting to Him who doeth all things well, we hope still to do more and more for the advancement of His Kingdom and the converting of the heathen.—F. H. DAVIDSON, Secretary.

At the joint meeting of the Union Mission Band and the Woman's Foreign Mission society of the Presbyterian church in Knox church, Ottawa, on the 21st ult., the name of the nine missionaries, Mr. D. Wood, Miss White, Rev. F. H. Russell, Rev. Mr. Wilson and Mrs. Wilson, Miss Grier, Miss Duggan, and Miss Butler, who are on their way to the fields in India, were read out by the president, Mrs. Dr. Thorburn, and prayer was offered for their safety. The total amount required by the Foreign Mission Board from the W. F. M. S. is \$43,610 this year, \$2,300 of which is for a site for a Chinese school at Victoria, B. C. Delegates from the society to the various congregations having reported in favor of organizing separate societies in each church, it was moved by Mrs. Hay, seconded by Mrs. Gibson, and carried unanimously, that the next meeting be the last one of the society as a distinct body, and that it be held as the annual meeting in December, in order to facilitate the formation of societies in the different churches. Miss Marion Oliver, the medical missionary from Indore, India, related her experience while at work among the women of that country, where she has labored so successfully for the past seven years. Miss Oliver is a fluent speaker and throughout her address she was listened to with marked interest. At the commencement of her remarks she stated that about one-fourth the population of India is Mahomedans and three-fourths Hindoos. The children are the easiest reached through mission work to-day. The door to the future of India is through them. The people desire their girls and boys to be taught in the mission schools. There is a craze to gain a knowledge of the English language. Teachers are wanted, where only two schools now exist a dozen might be opened. In connection with each Presbyterian mission school there are two or three Sunday schools at different hours on Sunday. "If we are faithful to our duty and our privileges," said Miss Oliver in closing, "we will provide more native helpers: these must be trained by missionaries and the Christian churches and societies must send the missionaries."

PRESBYTERY MEETINGS.

Presbytery of Barrie met on 28th Nov. The resignation of the charge of Stayner and Sunnidale by Mr. R. Moodie was accepted, and the Rev. A. McDonald, of Duntroon, was appointed to declare the charge vacant on the 10th of Dec. and thereafter to act as Moderator of the Session. Mr. R. W. Goodall intimated his desire to be employed in the Home Mission work of the Church, and on the recommendation of the committee appointed to examine him, it was agreed to employ him as a catechist. The Presbytery engaged in consideration of rearrangement of congregations in the bounds. Reports from committees formerly appointed to visit congregations in this interest were received and discussed. It was agreed to effect if practicable the following changes: Central church, Oro, to be united with Guthrie and Mitchell Square churches and Oro station: Bondhead and Cookstown to be

disunited with the view of uniting the former to the station at Monkman's in Tecumseth, and the latter to Townline and Ivy. A committee was appointed to visit other congregations and consult as to the practicability of further changes. These steps have been taken in order to lessen the claims of the Presbytery on the Home Mission and Augmentation Funds. It was agreed to procure assistance to the Rev. A. MacDonald in supplying stations at Nottawa and Valley Road connected with the large charge of West Nottawasaga. Leave was granted the congregation of Bradford to mortgage their church property for \$200.—Robt. Moodie, Clerk.

Chatham Presbytery met in St. Andrew's Church, Chatham, on Tuesday 12th Dec. at 10 a.m. Mr. McLaren, Moderator, in the chair. The committee appointed to visit the mission field in Dawn reported and Mr. Becket was authorized to organize it into a mission station to be called Bent Path. On motion Dr. Battersby was unanimously nominated as Moderator of the Synod of Hamilton and London at its next meeting. Mr. Somerville, of Owen Sound was nominated as Moderator of the General Assembly at its next meeting. It was moved and agreed that in view of the approaching plebiscite this Presbytery desires to record itself in favour of prohibition and urges the members and adherents within its bounds to cast their votes, and use their influence in its favour. Mr. Nattress gave notice of motion to the effect that twice a year Presbytery hold an evening session for the reading of papers and discussion of subjects presented for consideration by the General Assembly and other subjects of interest and importance in the church. Messrs. McLaren, Jamieson, McColl and Denholm were appointed a committee to receive opinions from individual members of the court re the proposed changes in Psalter and Hymnal and from these to prepare a general report and recommendations to be submitted to Presbytery at its next meeting. Dr. Battersby, Mr. Croll, Mr. Becket and Mr. F. Stone were appointed a committee to bring in a deliverance on the question of the extension of synodical powers, their deliverance to be submitted to Presbytery at its next meeting. It was moved by Dr. Battersby, after discussion, seconded by Mr. Croll and carried, that in the appointment of professors to any of our colleges, no such appointment shall be made without the sanction and approval of the Presbyteries of the Church. After discussion of the Assembly's remit on the representation of mission stations in the Presbyteries and Courts of the Church, it was moved and agreed that, in the opinion of this Presbytery, mission stations should have representation in Presbyteries.—W. M. Fleming, Clerk.

Presbytery of Brockville met in First Church, Brockville. In the absence of the Moderator, Mr. Robt. Toye, an elder, was appointed to the Moderator's chair. Permission was granted to Wm. James Madill to remain in California until May 1st, on condition that an ordained minister shall take charge of his congregation. A letter, accompanied by a doctor's certificate, was received from Mr. Joseph H. Higgins asking to have his leave of absence extended to the first of May, 1894. This leave was granted. Messrs. Sinclair and Graham were appointed to address the W. F. M. S. at the next regular meeting of the Presbytery. A letter from Dr. Torrance in regard to the Probationer's scheme was read and contents noted. Mr. Macfarland gave notice that at the next regular meeting he would move that the S. S. Association be discontinued. Mr. Mackenzie reported on behalf of the committee appointed to prepare a deliverance on the plebiscite as follows: Inasmuch as a vote is soon to be taken as to the desirability of prohibiting the liquor traffic within the bounds of this Province, we as a Presbytery hereby express our hearty sympathy with the movement, and being convinced of the evils of the license system and of the good results that would undoubtedly follow from prohibition, we would impress upon our people within the bounds the advisability of taking the matter into their serious consideration with a view to giving it their support both by their influence and by their votes. The above became the judgment of the court. Mr. Stewart, Presbytery's H. M. convener, presented the H. M. report and showed that at present there were only two groups of mission stations, and that these were regularly supplied with Gospel ordinances. Stone's Corner's and associated stations were advised to hear students of the graduating class of Queen's College with a view to calling one of them in the summer, and to make application for a grant of \$125 from the Augmentation Fund. The committee on A. I. M. F. was instructed to arrange a system of exchanges with a view to canvassing the Presbytery in the interests of that fund.—George McArthur, Clerk.

Presbytery of Lindsay met at Lindsay on the 19th ult. A good attendance of ministers and elders. Rev. A. U. Campbell, B. A., Moderator, occupied the chair. Mr. Hanna presented the H. M. report showing that all the fields are occupied and being worked successfully. An extract of minute from the Presbytery of Peterborough was read looking to the transference of the mission stations of Haliburton and Minden in that Presbytery to the Presbytery of Lindsay. It was agreed that the convener of the Presbytery's H. M. Committee correspond with the clerk of the Peterborough Presbytery and with parties on the field regarding the matter and report at next regular meeting. A call was presented from Horning's Mills and Primrose, in the Presbytery of Orangeville, addressed to the Rev. A. E. Neilly, minister of Sunderland and Vroomantown. Rev. G. G. McRobbie, D.Sc., appeared as commissioner from the Presbytery of Orangeville in support of the call, and Messrs. Glendinning, Turner and Reid opposed the translation. The call being placed in Mr. Neilly's hands, it was accepted by him, the translation to take place after the second Sabbath of January next. Rev. D. Y. Ross was appointed Moderator pro tem. of the vacant Session of Sunderland, etc. The clerk

BIRTHS, MARRIAGES AND DEATHS.

NOT EXCEEDING FOUR LINES 25 CENTS.

DIED.

At Cobourg, on Sunday morning, Dec. 3rd., R. P. Sutherland, in the 50th year of his age.

laid on the table a call with relative documents from Knox Church, Ottawa, addressed to Rev. R. Johnston, B. A., of St. Andrew's Church, Lindsay. An extract of minute certified the call as hearty and unanimous. The guarantee of stipend was for \$2,500. Rev. W. T. Herridge, B.D., appeared as commissioner from the Presbytery of Ottawa and prosecuted the call. Messrs. William Porter, Geo. Hay, J. McJanet, and H. S. Campbell appeared as commissioners from the congregation calling. The following commissioners appeared for St. Andrew's, Lindsay: Messrs. Hattstone, Principal Collegiate Institute, Ray, Lowe, McNeillie, Stewart and Sheriff McLennan. Mr. Johnston then gave his decision, declining the call, which was accordingly set aside. It was moved by Mr. Hanna, seconded by Mr. McAuley and cordially carried, "that this Presbytery desires to express its deep sympathy with Rev. Mr. McMillan, of Wick, in his affliction and hopes that God in His good providence will ere long restore him to full health and strength, sanctifying this dispensation to his highest spiritual benefit." Rev. D. C. Johnson was transferred at his own request to the Presbytery of London.—P. A. McLeod, Clerk.

LITERARY LABOR AND HEALTH.

To make literary work healthy is a simple process, depending on the mode in which each day is allotted to it, and also on the mode in which the body is physically trained and disposed to carry it out. The first grand point is to begin the day well by rising early. The universal experience of the wisest men of all ages is in favor of the habit of getting up early in the morning. The practice is closely connected with length of life. It is also closely connected with happiness and activity of life. The physiological facts on this subject are striking. Those who rise early in the morning are, without any doubt, able to work during the succeeding hours for a longer time than those who habitually rise late. Confirmed early risers usually wake at their ordinary time even when they have gone late to bed, and during the day feel less fatigued than do persons who from habit linger long in bed. There is something in the act of breathing the early morning air which invigorates for the whole day, seems to remove oppressive vapors from the body, and renders all the active organs of the body—the brain, the nerves, the organs of the senses, the muscles, the lungs and the heart—freer to act. The mental health is also invigorated and refreshed. In the country no part of the day is so beautiful as the early morning, and in large towns even the same is true. There is another advantage. The practice begets the habit of regularity and punctuality.

When once awake it is good practice to turn out straight away. The mind is then bright for the day. Second naps in the morning breed heavy, leaden days, in which the head feels bound or compressed, and as if another necessary nap were always coming on. To read in bed in the morning is very bad. To get up briskly is to be sharp and sure till it is time to turn in for another night. With the early hours of the morning literary work is always most fruitfully associated when the habit of early work is once acquired. Thoughts are freshest then; the arrangement of thoughts is cleared then; memory is keenest then. Thus thought, method and memory conspire together, and labour becomes pleasure. In the literary life nothing is so wholesome as to carry out the work without strain. There is always some little difficulty in getting into harness, but this mastered, work becomes easy enough. Samuel Johnson records that he could always work when he was forced to it; and Miss Martineau tells us that after the first quarter of an hour she found everything easy. With healthy minds this experience is common.

There is, however, a danger connected with it that must not be forgotten; that danger is the too long continuance of the labour after it has become easy. With some this danger is serious. The work is so fascinating, the time goes as if hours were minutes, and the physical powers are, as it were, stolen upon and robbed outrageously. It causes foebleness of the senses, irregular nervous distribution, uncertain play of the circulation, and bad sleep. In working it is wise to have the knowledge of time always in view, to break it in intervals of an hour or so regularly, and to limit it altogether as to duration. I have come to the conclusion that no profitable work can be carried out after six hours of daily steady labour, and I would recommend every student to keep that period in mind as the full period for good and rich mental activity. I need not say that quietude is an essential part of the literary life, and that the man devoted to the exercise of literary pursuits should have and seek as few distractions of worry and outside tumult as he possibly can. In his leisure he may occupy himself as much as he pleases in other works that do not produce actual weariness, provided that they cease with the performance of them, and interfere nothing with his life labour when that is in progress.—Sir B. W. Richardson, in the *Asclepiad*.



The importance of purifying the blood cannot be overestimated, for without pure blood you cannot enjoy good health.

At this season nearly every one needs a good medicine to purify, vitalize, and enrich the blood, and Hood's Sarsaparilla is worthy your confidence. It is peculiar in that it strengthens and builds up the system, creates an appetite, and tones the digestion, while it eradicates disease. Give it a trial.

Hood's Sarsaparilla is sold by all druggists. Prepared by C. I. Hood & Co., Lowell, Mass.

100 Doses One Dollar



INCORPORATED TORONTO 1884 HON. G. W. ALLAN PRESIDENT

CONSERVATORY OF MUSIC
COR. YONGE ST. & WILTON AVE.

Artists' and Teachers' Graduating Course

University Affiliation for Degrees in Music. Scholarships, Diplomas, Certificates, Medals. Equipment, Staff and Facilities Very Complete.

Twelve Departments of Instruction.

Staff over 60. Last year 650 Pupils.

A Thorough and Artistic Musical Education by eminent instructors. Voices tested free of charge.

CONSERVATORY SCHOOL OF ELOCUTION,
(H. N. Shaw, B.A., Principal.)

Elocution, Oratory, Voice Culture, Delsarte and Swedish Gymnastics, Literature, etc.

NEW CALENDAR 132 pages, particulars of all departments mailed free.

EDWARD FISHER - Musical Director.

Vancouver Daily News-Advertiser: A perusal of the Australian newspapers shows that in the general accuracy and interest of the news which they receive from Great Britain they are ahead of their Canadian contemporaries, which, on account of their comparatively small number and limited resources, are compelled to be content almost entirely with sharing in the cable news with the newspapers of the United States. To suit the larger patronage which the latter enjoy, the British news is flavored and distorted, so that if not actually inaccurate, it is so colored that it gives an entirely erroneous idea of the facts or circumstances which are the subject of the despatch. It behoves the Canadian newspapers to determine at the earliest possible time they will establish a cable service for themselves which shall be distinctively British and absolutely impartial and accurate.

TO DOWN SPOOKS.

A wealthy bachelor declared that a horrid hag had glared at him through the night. His friends laughed at him but he insisted that the house was haunted. He grew ill; complaining of extreme heaviness in the stomach, his appetite failed, he grew sallow, emaciated and despondent, believing he was going to die, the spook being a warning, and declared he could hear funeral bells ringing in his ears, and even hinted at suicide. A friend induced him to use Dr. Pierce's Golden Medical Discovery, and he rapidly grew well, spooks and all his distressing symptoms disappearing. A torpid liver and dyspepsia caused his suffering and the medicine cured both. The "Discovery" is the only remedy for biliousness and indigestion, or dyspepsia, so certain in its curative action as to warrant its sale on trial. A Guarantee, in print, wraps every bottle.

Dr. Pierce's Pleasant Pellets cure constipation, biliousness and derangements of stomach, liver and bowels.

A profane coachman, pointing to one of his horses, said to a traveller—"That horse, sir, knows when I swear at him." "Yes," replied the traveller, "and so does his Maker."



**THIS IS
A PRETTY
BAR PIN**

It is made of 15k gold, set with 15 real oriental pearls, and has a very dainty and taking appearance. We sell it for \$10.

New Goods for the New Year.

John Wanless & Co.,

DIRECT IMPORTERS AND MANUFACTURERS,

ESTABLISHED 1840,

172 YONGE ST., - TORONTO.