

Scientific and Useful.

TO RESTORE SOUR MILK.—Milk which has become sour may be sweetened or rendered fit for use again by stirring in a little soda.

HAIR WASH.—The yolk of an egg rubbed thoroughly into the hair, and then washed out with soft water, cleanses the scalp and hair remarkably.

TOMATOES AS A MEDICINE.—The tomato is a strong aperient, and has been proved to be a wonderfully effective curative agent for liver and kidney affections.

WARTS can be removed by dissolving one-fourth of an ounce of sal-ammoniac in one ounce of soft water, and wetting the wart often with the mixture. Never cut warts.

To clean brass, immerse or wash it several times in sour milk or whey; this will brighten it without scouring; it may then be scoured with a woolen cloth dipped in ashes.

FELON.—It is said that the painful sore finger known as the felon may be effectually cured in three hours with a poultice, of the size of a bean, made of quick lime slacked with soap, bound on the spot, and renewed every half hour.

CAMPBOR SALVE FOR CHAPS.—Spermaceti, two drachms; white wax, two drachms; pulverized camphor, two drachms; washed lard, half an ounce; pure olive oil, half an ounce. Melt in water bath, and stir with it, while cooling, two drachms glycerine. This may be used for hands, lips, etc.

AN EXCELLENT BREAKFAST DISH.—Pound together in a mortar half a pound of cold fish, three ounces of suet, shred fine, a small lump of butter, a teacupful of bread crumbs, pepper, salt, and nutmeg, two teaspoonfuls of anchovy sauce. Mix with an egg, divide into small cakes, and fry them a light brown.

CURE FOR EARACHE.—Take a small piece of cotton wool, and pressing a portion of it, fill this with as much ground pepper as will lie upon a sixpence, gather it into a ball, tie it up, and dip it into sweet oil. Insert the ball in the ear, covering the latter with cotton wool, and placing a bandage round the head to keep it in its place. Almost instant relief will be experienced, and the application is so gentle that an infant will not be injured by it, but experience relief as well as adults.

SICK-ROOM.—The importance of sunshine in rooms devoted to the sick is beyond all calculation. This has been proved in hospitals by experiments again and again. If the bed can be so placed that the patient can see a good reach of blue sky, it will do him or her more good than any drugs. Never enter a sick-room in a state of perspiration, as the moment you become cool your pores absorb. Do not approach contagious diseases with an empty stomach, nor sit between the sick and the fire, because the heat attracts the vapour. Preventives are better than any pills or powders.

TEA MAKING.—A writer in the "Girl's Own Paper" advises "young housekeepers never to be careless in tea making. Warm the teapot and cups; wait till the steam puffs from the spout of the kettle, or lid of the urn, before you pour the boiling water on the tea. Half fill the cups, and then add more water to the teapot before filling them up, unless quite sure that it holds all that will be required without being replenished. Also, never forget the 'cosy' cap, which, should there be none, as yet, amongst the other appliances of the breakfast table, I advise you to manufacture forthwith for yourselves."

WHAT SHALL WE DO WITH OUR DAUGHTERS?—Teach them self-reliance. Teach them to make bread. Teach them to make shirts. Teach them to add up bills. Teach them not to paint or powder. Teach them to wear a cheerful smile. Teach them to wear thick, warm clothes. Teach them to wash and iron clothes. Teach them how to make their own dresses. Teach them that a shilling is only forty-eight farthings. Teach them how to cook a good meal. Teach them to darn stockings and sew on buttons. Teach them to say no, and mean it; or yes, and stick to it. Teach them to regard the morals and not the money of beaux. Teach them to wear calico dresses, and do it like a queen. Teach them to wear their own hair, and to dress it neatly. Teach them all the mysteries of the kitchen, the dining-room, and the parlour. Teach them to cultivate a garden, and drive a road team or farm wagon. Teach them to have nothing to do with intemperate and dissolute young men. Teach them that the more one lives within his income the more he will save. Teach them that the more one lives beyond his income the nearer he gets to the poorhouse.

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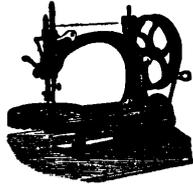
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