

tion of those whom we serve and help.

2. *To show love for the Saviour by fighting His battles.* The battles here emphasized are those against our own inward foes. Our attitude, like that of a good soldier, is to be alertness (v. 11); our armor, the Lord Jesus Christ Himself (v. 16); our foes, every evil desire and lust (v. 15); and our confidence, final victory, v. 11.

Some Test Questions

To whom is the apostle writing?
In what sort of surroundings were they?
See Rom. 1 : 28-32.

What motive to holy living? (ch. 12 : 1).

What sort of debt is alone allowable?

What is meant by "the law"?

By "fulfilling" the law?

Show that "love" is the fulfilling of each of the commandments named.

What meant by "knowing the time"?

By "awaking out of sleep"?

By what motive is this urged?

What is the "day" referred to in v. 12.

What is meant by "the works of darkness"?

By the "armor of light"?

What rule of Christian living in v. 13?

What is the best equipment for the battle against sin?

Explain what is meant by "putting on the Lord Jesus Christ."

By "making provision for the flesh."

Prove from Scripture

That we must be like Christ.

Topics for Brief Papers

(To be assigned the Sabbath previous.)

1. What the Bible says about drunkenness.
2. Total abstinence from drink, through care for self.
3. Total abstinence, for love of others.

The Catechism

Ques. 27. *Christ on Earth.* "Humiliation" comes from a Latin word, which means "the ground." It signifies the act of being made as low as the ground, or the state of being as low as the ground. The humiliation of Christ had these six features: 1. A human birth. 2. Subjection to the law. 3. Poverty and suffering. 4. Exposure to God's wrath. 5. A shameful death. 6. Burial. The teacher will not be able to dwell on all of these points. He may picture a pure man or woman compelled to live where evil sights constantly meet the eye and evil sounds enter the ear. But to none was evil ever so hateful as to the holy Son of God. And yet for our sakes He lived amid sin and allowed sin at length to slay Him. Christ being buried proved the reality of His death and so it is mentioned by Paul in 1 Cor. 15 : 4.

FOR TEACHERS OF THE LITTLE ONES

Links—The paper ship or outline will recall Paul's journey to Europe.
Lesson Thought—We should put on the armor of light and fight all sin.

Introduction—While at Corinth (Map), Paul wrote a letter (Show roll) to the church at Rome (Map), and sent it by Phoebe, a deaconess who was going to Rome. In this letter Paul wrote the words of our lesson and Golden Text (Repeat). Fasten on the board (or draw outline) a picture of a suit of armor (Describe). Who wears it? For what purpose? It means readiness for battle.

The Captain Inside—"Mother," said Freddie, "Did you know that there is a little

