

..HOUSEHOLD..

A Mile With Me.

Oh, who will walk a mile with me
Along life's merry way?
A comrade blithe and full of glee,
Who dares to laugh out loud and free.

And let his frolic fancy play,
Like a happy child, through the flowers gay
That fill the field and fringe the way
Where he walks a mile with me.

And who will walk a mile with me
Along life's weary way?
A friend whose heart has eyes to see
The stars shine out o'er the darkening lea.

And the quiet rest at the end of the day—
A friend who knows and dares to say,
The brave, sweet words that clear the way
Where he walks a mile with me.

With such a comrade, such a friend,
I fain would walk till journeys end,
Through summer sunshine, winter rain—
And then? Farewell, we shall meet again!
—Henry Van Dyke.

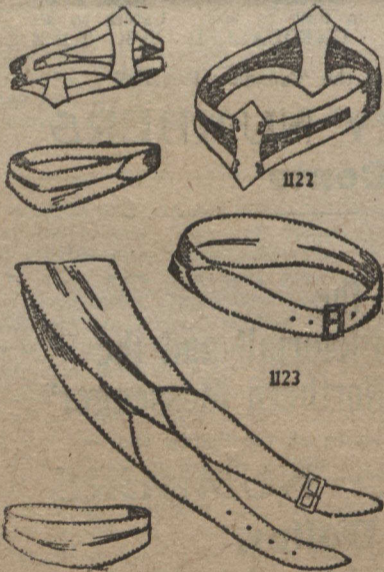
Selected Recipes.

CHEESE SANDWICHES.—Crush a pound of American cheese in a mortar with two tablespoonfuls of butter and one teaspoonful of dry mustard. When well blended add a little tarragon vinegar. Spread over thin slices of bread and they are ready to serve.

COCOANUT COOKIES.—One egg, one cup of sugar, one cup of cocoanut and one-half cup of butter; four large spoonfuls of milk, two teaspoonfuls of baking powder. Flour enough to roll thin.

'MESSENGER' PATTERNS

FOR THE BUSY MOTHER.



NO. 1122-1123—LADIES' BELTS.

While one may purchase belts of nearly every style and size, it is often impossible to find just the right thing for certain costumes and figures. It is not at all difficult to make a belt that fits the waist and is out of the ordinary, if one has a perfect pattern. In No. 1122 there are two good features, one the sloping lines from back to front, and the other the arrangement for changing the crush whenever desirable. It is a skeleton or frame made over canvas and boned, and the wrinkled part is drawn underneath. Our model is of brown silk with a crush of a much lighter shade. No. 1123 has flat ends with a crush between. It is cut from a beautiful model of gray kid with a dainty and conventional design in water-colors on either side of the crushed part. It was sent from Paris by a designer, who first became known by his odd belts. It slopes a little in each part to give apparent length to the waist, and may be worn with the fastening, in front or back, as is most becoming, but always with the hollow edge at

the top, and is a most effective finish to a costume. It is made in two sizes, 24 and 28 inch waist measure. Directions for making larger or smaller are given with the patterns. One and a half yard of silk or one-third of a medium sized skin if a leather belt is wanted will be required.



NO. 1375.—GIRL'S GUIMPE FROCK.

It is a pleasure to present anything new and simple in children's wearing apparel, and particularly in the little guimpe dresses that are so easily made. This model is of light blue linen with a half-inch braid and soutache of a darker shade. It is worn over any sort of blouse or waist, and has no parts that require assistance in adjusting. The pattern, No. 1375, is made in 4, 6, 8, 10 and 12 year sizes, and 3 1-4 yards of 27-inch, 2 3-4 of 36-inch, or 2 1-4 yards of 44-inch material will be required for a medium size. The pattern has but four pieces, front and back of waist, half of skirt and belt. This is just the kind of frock that a girl might be taught to make for herself.

Give name of pattern as well as number, or cut out illustration and send with TEN CENTS. Address 'Northern Messenger' Pattern Dept., 'Witness' Block, Montreal.

Do Not Hoard Furniture.

Give away what you don't really need in your house. Don't let such things accumulate. They will soon fill attic and cellar, and overflow into other rooms, where they do no one any good. You are not likely to want them again, and it is a nuisance to have them around. Long ago we should have been obliged to get a bigger house for our growing family, if I had followed my husband's thrifty plan of 'saving things.' At first he thought I was extravagant, but now he acknowledges that if other families would likewise rid themselves of 'truck' they are not likely to use again in a thousand years, house-cleaning would be robbed of half its terrors. Thrift is a homely virtue which easily degenerates into miserliness. Some of us hoard old clothes, unused furniture, discarded bric-a-bric, and the like, simply because that habit has become so fixed we are too stingy to give such things away to worthy folks who need them. Yet we don't mean to be stingy, and are ashamed to discover that we are so.—Selected.

Unfermented Wine for the Communion Service.

It is a well-known fact that when fermented wine is used for Sacramental purposes the reformed drunkard cannot put the sacred cup to his lips without incurring the danger of a relapse into former habits. 'One of the members of our church told me that before we gave up using intoxicating wine, it was with the greatest difficulty that he was able to resist taking more after the

taste was excited,' writes a deacon in a western church; and this man's experience is that of many. For this reason, if for no other, churches should be careful to use unfermented wine, and they would no doubt be glad to do so if they knew how to obtain that article. Miss Willard, in her book entitled 'Woman and Temperance,' tells how the problem was solved in a church in an American city. The lady who solved it, says: 'Some time ago our church decided not to use fermented wine, but somehow a sort of logwood decoction got into the chalices, which was entirely out of place and harmful to our cause. Some of the deacons said, "We cannot have such a mixture as this—it will not answer;" and they were right. The matter troubled me. At last I said to my husband, "I can't go out much to the temperance meetings, or take an active part in the work of the Woman's Union, but I can prepare wine enough for our church of eight hundred members for all the Communion of this year, and I'll do so." It was no easy undertaking. It kept me in my kitchen wide awake, and on the alert for several days; but I've got the wine all bottled up, and the people are well pleased with it.' 'Let some lady in each church,' says Miss Willard, 'go and do likewise,' and she will have helped our many sided cause in a noble, efficient way.' This lady's recipe is as follows:

Take twenty pounds Concord grapes and add two quarts of water. After crushing the grapes put them into a porcelain kettle; when at a boiling heat the juices separate from the pulp and skins. Then strain through a tin sieve or cullender, using a little more water; add six pounds granulated sugar. After the sugar is all dissolved, strain through a thick cloth. Then heat hot and pour immediately into stone bottles, and seal tightly while hot. The above will make three gallons, and if properly put up will keep any length of time; but all air must be kept from it till wanted for use. It is better to use bottles that will hold the quantity needed for each Communion.

A Montreal lady has for a number of years prepared all the wine used in the church to which she belongs, from a very similar recipe, at the small cost of 25c. a bottle. Her plan is as follows:

Take 25 pounds of grapes and a pound of sugar, mixed with a quart of water; bring to the boil, and when cool squeeze through a jelly bag. Mix the juice with four pounds of sugar, boil 15 minutes, and skim and bottle while hot in bottles taken out of boiling water. Seal with bees wax and rosin. This makes a very excellent article.

Another well recommended recipe is the following:

Take one gallon of grapes, mash them well, add half a gallon of water and let stand in an earthen jar for three days. Then run off the liquid which is at the bottom, being careful to disturb as little as possible the skins and seeds that have risen to the surface. Add a pound of sugar to each quart of grape juice, bring to the boil, and while at that temperature can in self-sealing jars or sealed bottles.

These directions are published in the hope that temperance ladies throughout the country will take the matter up, and see that the churches are provided with a pure wine for the Communion table. In regions where grapes are not to be had, arrangements might be made with a Woman's Christian Temperance Union in some other place to provide the necessary quantity at a reasonable price.

Daily Devotions in the Home.

Surely God means that there should be an altar in every house, and that religion should sanctify everything in every home. What can be said of a Christian home without daily prayer? It lacks one of the essentials of a Christian home. If a stranger should sojourn in that home for a week, or if a companion of one of the sons or daughters should tarry under the roof for a season, would he carry away with him the conviction that it was a Christian home?

Family prayer is neglected in many so-called Christian homes. The father and mother are members of the church, but no prayer that can be heard by the children is offered there from the beginning to the end