

NOURISHMENT.

THIS WORD ENBRACES MORE THAN ORDINARY MEANINGS.

Nourishment is the Corner-stone of Health. What Food is Intended to Do—Avoid Secret Mixtures When Trying to Get Well.

The ordinary specific or secret nostrum affords only temporary relief. For instance, you may have some ordinary specific to cure a cold and fine temporary relief in the stimulant or tonic contained in the mixture, but the remedy does nothing to cure the weakness that allowed you to take cold. Consequently when you are subject to another attack you will succumb in the same way with more serious results.

This is what leads to consumption. The same illustration applies to hundreds of other complaints. If you are poorly nourished, you will lose flesh, take cold easily and gradually grow weaker until your health is seriously impaired.

Nourishment means everything to health. Food is designed to nourish the body, overcome wasting and give to every part of the wonderful human machinery the right substance to keep it in working order. But we all know food frequently falls short of the mark. It may be that the digestive organs are out of order. There is a general increased demand upon nourishment made by some unnatural condition. The most learned physician is frequently puzzled to know the cause of a decline in health, but one of the first things he thinks of is to prescribe a nourishment that will counteract the wasting or other unnatural condition.

In all cases of wasting Scott's Emulsion is the most effective cure. It has many uses, because it is both a concentrated food and a medicine, but the word "wasting" signifies much that Scott's Emulsion is especially designed to overcome.

All of the stages of decline of health are cured by Scott's Emulsion. Loss of even to the early stages of Consumption, flesh and strength are speedily overcome and as a cure for all affections of throat and lungs, like Coughs, Colds, Sore Throat, Weak Lungs and Bronchitis, Scott's Emulsion has no equal.

Babies and children find in Scott's Emulsion the vital elements of food that make sound bones and healthy flesh. Rickets, scurvy and all wasting tendencies in children are cured also. Babies and children thrive on Scott's Emulsion when all the rest of their food seems to go to waste.

Scott's Emulsion is not a secret mixture. All of its elements can be traced by the chemist. It contains no worthless or harmful drugs. It has been prescribed by physicians for twenty years and has a clean record back of it. For sale by all druggists, 50 cents and \$1.

BOARD OF ARBITRATION.

A Return Which Shows How Keen Was the Competition.

The widespread interest taken in the proposed Boards of Conciliation and Arbitration for the settlement of labor disputes is evidenced by the return of the elections published in Saturday's Gazette. It is the return: Recommendations of employers, other than railway companies, as to person to be arbitrator in respect of disputes and claims between employers and employees, under provisions of "The Trade Disputes Act, 1894."

Number of votes Persons recommended received. David W. Dunlop, Peterborough, 1. Recommendations of employers, other than wage-earners employed in respect of railway construction or traffic on railways, as to person to be arbitrator: Number of votes Persons recommended received.

Alfred F. Jury, Toronto, 84. Rudolph H. Hensell, London, 7. Antoine Choquette, Ottawa, 6. Charles March, Toronto, 1. C. S. O. Soudraut, Ottawa, 1.

Recommendations of employers as to person to be arbitrator in respect of disputes and claims between railway companies and wage-earners, etc.: Number of votes Persons recommended received.

James Duncan Thompson, Kingston, 1. Recommendations of employees as to person to be arbitrator in respect of disputes and claims between railway companies and wage-earners, etc.: Number of votes Persons recommended received.

Edward Williams, Hamilton, 2. Alfred F. Jury, Toronto, 1. William Forrest, Toronto, 1.

Cheillie Axminster in Philadelphia. From The American Carpet and Upholstery Trade Journal.

One of the most important transactions of the past month was the organization in Philadelphia of a company for the manufacture of a genuine cheillie axminster by power. This, we believe, has never been attempted in Philadelphia, though hand-made axminster of a creditable kind has been made here. The present patent held from Canada, being owned and made exclusively by the Toronto Carpet Manufacturing Company, which, Mr. John R. White of Boyd, White & Co. is the principal organizer of the new enterprise, in the formation of which he has had during two weeks of the past month the active presence and direction of President Murray himself.

The fabric to be made was exhibited at the Chicago Exposition, the honor being at an early date to place the requisite number of looms and to proceed at once to the weaving of goods in Philadelphia. It is presumed that Mr. John R. White will be president of the company and that the board of directors will include some of our leading capitalists. The promoters feel assured of a quick market for their product, the experimental stage having been passed two years ago in the Toronto mill.

This new axminster and the machinery to produce it is covered by patents, both in Canada, the United States and European countries.

Four Months for a Cannibal. Andrew Robinson, colored, who was assaulted a street car conductor named John Biddell, biting off a portion of one of his ears, was sent to the Central Prison for four months.

KING BLOWING MATCH.

Forty-three Entries for the Various Events—The Most Successful Yet Held—List of Prize-Winners.

The annual plowing match, under the auspices of the King Plowmen's Association, was held yesterday on the farm of William Walkington, 4th concession of King, and never in the long history of this association has a more successful meeting been held. 43 plowmen having entered for the different events, there also being present a large number of prominent residents of King, Vaughan and York to witness with what accuracy the contestants could make a furrow with the proper angle and turn and even comb on top. All good judges expressed their satisfaction with the quality of the work executed by King's young farmers—for nearly all the contestants were young men who take pride in their work.

The visitors were a well-dressed, well-fed and contented-looking lot of people, who, after their arduous labors in the harvest field and at the wind-up of the fall work on the farm, were out for a day's recreation, and to help along, by their presence, a very laudable purpose.

Mr. Walkington, on whose farm the match took place, was a busy man all day, looking after the comfort of his guests, and his praises were sounded on every hand for his liberality and hospitality. An excellent dinner was provided by Mrs. Walkington in the spacious farm house, and it is needless to say no one went away hungry. Mrs. Walkington was assisted in waiting on the guests by the ladies of the neighborhood, among whom were: Miss Walkington, Miss Haines, the Misses Cameron, the Misses Mahony, Mrs. Haines, Miss Vandenberg, Mrs. Ireland, Mrs. Smith, Miss Rumble, Miss Lawson and Miss Gillie.

Among the leading farmers and others present were noticed: Andrew McClure, Peter McMurry, Thomas Atkins, Arch. Mitchell, William Jenkins, John McCallum, James McLean, Henry Hollingshead, Dr. Norman, Reeve J. C. Stokes, James Malloy, Deputy Reeve A. McCallum, George High, Reeve of Vaughan; E. J. Davis, M.L.A., John Hutchinson, S. Lemon, deputy-reeve of King, and A. Quantz, Markham; R. McCutcheon, deputy-reeve of King.

The officers of the society are James Wells, president; Stephen Armitage, vice-president; George Lawson, treasurer; Wilfred Hancock, A. J. McCallum, George Ramsden, A. B. Wells, John Tawse, Milton Peterson, Milton Davis, David Humber, D. Elphig, William Wells, James Watton, E. O. Chappelle, J. W. Hutchinson.

The Prize-Winners. First class, open to all—M. Gilliam, King; 2, Neil Maloney, Vaughan; 3, Spencer Croley, Simcoe; 3, James Hood, Markham, 4.

Second class, open to plowmen who have not taken two first prizes in second class, or any prize in first class—Albert Wells, King; 2, E. O. Chappelle, King; 3, James McLean, Vaughan; 3, Thomas Shaddock, Scarborough, 4.

Third class, open to plowmen who have not taken two first prizes in third class, or any prize in first or second class, wrought beam plow, cast head and share, or one furrow sulky plow—John Lawson, King; 1, John Atkinson, King; 2, J. W. McCallum, King; 3, J. J. Ramsey, King, 4.

Fourth class, 17 to 21 years—James Cameron, Vaughan; 1, Robert Stiver, Markham; 2, Gilmore Reive, Simcoe; 3, Fifth class, boys under 17—R. S. Lines, King; 1, A. Humber, King; 2, Joseph Lemon, King; 3, F. J. Gould, King, 4.

Sixth class, stubble, open to plowmen who have never taken a prize in seed or first prize in stubble—Duncan Darrah, King; 1, L. R. Gilliam, King; 2, Elmer Patton, King; 3, George Patton, King, 4.

Seventh class, boys under 17 years, stubble—R. D. McLean, King; 1, G. E. Ferguson, King; 2, T. S. Ferguson, King, 3.

Special class, open to double furrow sulky plows, three horses, plows to be tested in stubble only—William Wells, King; 1, William Green, King; 2, Best equipped team in fifth class—Joseph Lemon.

Best 6-horse furrows in second class—William Ness.

Best finish in third class—John Lawson.

Best 6-horse furrow in fourth class—James Cameron.

Best equipped and best groomed team in field—James Ferguson.

Best equipped team in third class—James Ferguson.

Judges, classes 1, 2 and 3—John Moran, Willowdale; Adam Hood, Markham; Benjamin Hollingshead, King. Classes 4, 5, 6, 7 and special—Joseph Thompson, King; John Black, Newmarket; William Hood, Markham.

Best-looking plowman—William Maljory. Judges—Miss Cameron, Miss Wells and Miss Lawson.

AMENDMENTS TO BY-LAWS.

The Business Before the Board of Trade Meeting Yesterday.

An important meeting of the Board of Trade was held yesterday afternoon, with President Blain in the chair. The chief business was the consideration of an amendment to the by-laws, and the following sub-sections were passed:

At meetings called for the nomination of officers, members of the council, members of the board of the committee, or of any other standing committee of the board, no member shall be nominated unless he be present or has signified his willingness to act.

Members of the board residing outside the limits of the city of Toronto may vote at all meetings of the board called for the election of officers or members of the Board of Arbitration, or of any standing committee of the board, without personally attending at such meeting.

A motion was made by Mr. Mason, and seconded by Mr. Wilkie, "That members residing within the city of Toronto may, under such restrictions as may be deemed advisable, exercise the same privileges as to voting as are now conferred upon members residing outside the city." This motion will come before the council at next meeting.

The tanners are to meet at the Board of Trade this morning to discuss prices. The following Bradford gentlemen have been nominated as members of the board: C. B. Waterous, J. S. Hamilton and Jeffrey Hale.

Another Attempted Burglary. Ridgeway, Ont., Nov. 6.—Burglars effected an entrance into the store of Eber Cutter Sunday morning by prying open the front door with a crowbar. The combination lock to the safe was broken with a sledge hammer and an attempt was made to drill a hole in the safe. The thieves evidently got discouraged and abandoned their attempt behind the counter was pried open and a small amount of change was secured. The burglars then packed up a quantity of goods and left. The tools which the burglars used to effect an entrance into the store were secured from Feab's blacksmith shop.

Very many persons die annually from cholera and kindred summer complaints, who might have been saved if proper remedies had been used. If attacked do not delay in getting a bottle of Dr. J. C. Foley's Dysentery Cordial, the medicine that never fails to effect a cure. Those who have used it say it acts promptly, and thoroughly subdues the pain and disease.

COLD LACK SEC THE KING OF ALL WINES 1889 VINTAGE

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