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**THE DREAMS OF CHILDREN**

A significant editorial appeared in The Toronto Globe very recently respecting children's dreams. It read: **CHILDREN'S DREAMS.**

Some interesting investigations have recently been carried out among school children in London, England. Little people of five years and upward were asked to write a true and full account of the last dream they could remember. As a result records of 5,000 dreams were received and the substance of these was given before a meeting of the Child's Study Society by Dr. Kimmins, Chief Inspector to the London Education Committee.

In the infant schools, apart from a few records, the dreams were told individually to the headmistress, and there were, of course, many difficulties to be faced in estimating the value of the results. It was found that young children had great difficulty in separating the dream from the waking element, and anything in the nature of a full analysis was impossible. In the case of children of five, six, and seven, dreams of Christmas and Santa Claus figured very largely, and with the very young children the "fear" dream was very prominent. No less than twenty-five per cent. were of this nature, consisting chiefly of the dread of objectionable men, largely of German nationality. At seven children dream more about burglars than at any other age. "Fear" dreams of animals are far more common among boys than girls. The fact that the essays were written seven months after the last air raid probably accounts for the circumstances that air-raid dreams occurred only to the extent of about four per cent. Moving pictures were of very little influence in the dreams of girls, but were a definite factor in those of boys. One important fact is that the ghost has been superseded by the fairy, and it is certainly a satisfaction to learn that the old terror of the dreaming child has disappeared. There was only one reference to a ghost in all the infant school dreams, and the fairy dream was generally one of pure enjoyment.

At the age of five the child is the centre of the dream, and is rarely a passive observer. One child said: "I dream that a tiger came to our house and ate Mummy and Daddy and my brother and me, and I woke up and cried and said, 'It isn't true.'" On another occasion, after the King and Queen had visited Peckham, a girl of five said of her dream: "A lady was sitting on my bed, and the King and Queen were under the bed eating bread and butter, with a lot of ladies with them." A tragedy was the subject of the dream of another child: "Someone came and took our white baby and left a black one."

It is recorded that children in poor districts dream far more about toys than those in the well-to-do places, while there is apparently no connection of dreaming with intelligence, for dull children dream quite as much as bright ones.

**LORD, HAVE MERCY.**  
 "Lord, Have Mercy," is Caruso's newest Victor recording. It is on Record 88599 and in rendering it the great tenor surely surpassed himself. It is a wonderful piece of music, wonderfully sung. It can be had on request at Heintzman Hall, 68 St. Paul St.

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**A SPRING TONIC GREATLY INCREASES YOUR EFFICIENCY**

Lay the Foundation of Good Health Now by Building Up Your Blood and Strengthening Your Nerves.

The good old fashion of taking a tonic in the springtime, like most of the customs of our grandparents, is based upon sound common sense and good medical practice. No matter how mild the winter it is a trying time, even in the most favored climates, for those who are not in rugged physical health. Many men, women and children go through the winter on reserve strength they have stored up during the sunny, summer months, and grow increasingly pale as the spring days approach. A tonic for the blood and nerves at this time will do much for such people, by putting color in the cheeks and banishing that tired feeling that worries thousands at this season of the year.

**CURED BILIOUS HEADACHES.**  
 Mr. D. C. McClure, Hefley Creek, B.C., says: "As a spring tonic I know of nothing else that can equal Dr. Williams' Pink Pills. Last spring I felt weak and run down, and suffered a great deal from bilious headaches. I got a half dozen boxes of Dr. Williams' Pink Pills, and after taking them I felt like a new man. The last headache from which I suffered had disappeared. I had a better appetite; and was in every way stronger and better than before I began the use of this medicine. Almost everyone needs a tonic in the spring, and for this purpose I can strongly advise Dr. Williams' Pink Pills."

**NEVER FELT SO WELL.**  
 Miss Beatrice Bishop, Fendale, N. B., says: "I have never felt so well as I do since taking Dr. Williams' Pink Pills. When I began their use I was very much run down. I had no color, no appetite, could not go up stairs without stopping to rest on the way. I had frequent headaches and a feeling of despondency. I took Pink Pills regularly for about eight weeks and while I felt a benefit from them almost from the first, at the end of that time I was in better health than I had ever enjoyed before. I freely give you permission to publish this letter as my experience may be the means of pointing the way to new health to some other weak and run down girl."

**GAINED WONDERFULLY.**  
 Mrs. Herbert Hanson, Lower Hainseville, N. B., says: "I have the very highest regard for Dr. Williams' Pink Pills. Before I began their use I suffered greatly with sick headache, dizziness and a feeling of depression and tiredness. A short treatment with the pills fully restored my health. My daughter Blanche was suffering from anaemia, and through the use of six boxes of Dr. Williams' Pink Pills gained wonderfully in weight, strength and general health."

**CORONERS INQUEST**  
 Coroner (Dr) Jory and a jury composed of P. Wilson, N. H. Dyer, G. A. Jones, J. W. Johnston, W. H. Drysdale, T. Dow, R. Foster, A. N. Lindsay and A. E. Durham, opened an inquest this morning at McIntyre & Sons Undertaking Establishment, into the death of the young Greek Sarafin Steffo, who lately attempted suicide by taking a dose of Phosphorus. After the usual custom of viewing the body, an adjournment was made until Monday at 8 p. m., at the Police Station. The Coroner gave permission to inter the body which will be done by a number of his fellow countrymen in Victoria Lawn on Sunday.

**POLICE COURT**  
 Roman Babyan charged by License Inspector King with selling and having contraband liquor in his possession, was sent to jail for six months.  
 Two Italians with unpronounceable names paid \$5 each for fighting on the street.  
 A reckless autoist also paid \$5 for furious driving.  
 An encounter between two Chinamen which almost led to a stabbing affair was dismissed because the complainant failed to appear and prosecute.

**ADVERTISE IN THE JOURNAL**

**A LOIS WEBER PRODUCTION**  
**"The Doctor and The Woman"**  
 Scene from Mildred Harris, Mrs. Charlie Chaplin, in "The Doctor and the Woman," at the Hippodrome Wednesday and Thursday.

**CONDITIONING HORSES**

Must Start Four to Six Weeks Before Spring Work Begins.

**Time Now to Build Horses—How to Construct It, Ventilation and Watering Most Difficult Problems. Injure Early Vegetables.**  
 (Contributed by Ontario Department of Agriculture, Toronto.)  
 THE experienced farmer knows the importance of having his horses in the best possible condition to stand the strenuous work of spring. Upon his horse power depends, in no small degree, his success in getting his seed sown early in a well-prepared seed bed in the proper time to bring best possible returns, for early seeding and a deep, seed-bed mean more bushels in the granary in the fall.

The actual practice of conditioning for spring work should commence from four to six weeks before the land is likely to be ready for the plough or cultivator. All changes in feeding should be made gradually. Straw in the roughage ration should gradually be replaced by portion of roughage and hay. A full feed of concentrates is not necessary until work begins but something approaching a full feed should be reached just before seeding opens. Once hard work begins the grain or concentrate ration must be gradually increased and the roughage proportionately decreased. The more severe the labor the smaller the proportion of roughage and the larger the proportion of concentrates should be fed. From eight to fourteen pounds of oats per day, according to weight of animal, should be enough for the average farm horse just before seeding starts and something in the neighborhood of one pound to one and one-half pounds of roughage per 100 pounds of the animal's weight should be fed. Regular cleaning is important as it aids shedding and improves the coat of the animal. As the feed is increased so should the exercise. Hitches daily during the "conditioning" period that their muscles become hardened and that their shoulders gain the power of resistance to prevent galls and sore later on. Preparation for the spring work should be a fleshing and hardening process, and it cannot be accomplished without good food, resistance to pressure and light work in harness. When heavy work begins, gradually increase the grain feed up to from ten to sixteen pounds daily according to the weight of the horse and the hay to such an extent that the animal is getting a total ration of grain and roughage of from two to three pounds per hundred pounds of the animal's weight, depending on condition and amount of work done. Always give plenty of pure water, mostly before feeding grain if possible.—Prof. Wade Toole, O. A. College, Guelph, Ont.

**STARTING EARLY PLANTS.**  
 Growers desire to have vegetables as early as possible, and for this reason it is necessary to start plants like cabbage, cauliflower and beets in hot beds and cold frames. Lettuce and peppers have too long a season of growth to ripen a sufficient amount of the crop to make it pay. This method gives us from four to six weeks start.  
 Hot beds should be on the south side of a fence or building. Obtain good fresh manure, turn twice to get fermentation well started. Even on a pile about eighteen inches to two feet in height, and a foot larger each way than the frame, being careful to tramp it thoroughly. To do this put it up in layers of six inches. Then put on the frame, which should be eighteen inches at the back and twelve inches at the front, facing south. Put in four to six inches of soil and put on the glass. All very days for the first four days to get rid of the gases generated by the fermentation. The soil is then raked and made ready for seed sowing. The seed is generally sown in rows three inches apart, about 10 seeds to the inch. When the seedlings are showing the first true leaf they are transplanted to other beds, the plants being set two inches apart each way. With cabbage, cauliflower, beets and lettuce, this one transplanting is all that is necessary. Tomatoes, egg plants, pepper and such plants require two transplantings, the last one four inches apart each way, or into four inch clay pots or quart berry baskets.

Ventilation and watering are the two most difficult problems in hot-bed management. Ventilation should be given whenever possible. Even on a pile about eighteen inches high, even if it is only the thickness of a lath that is placed under it. Many growers use a piece of lath three inches long. This gives them three different distances of ventilation, and it may be laid on the glass when not in use, and will be always ready. Always have the opening away from the wind. You should also ventilate after watering to prevent scalding. Water carefully, only give what the plant requires, especially in the early season, and only in bright days, in the morning. The plants must be dried off by night. As the plants grow the watering will, of necessity, be often, but care and thought should be used at all times.—A. H. MacLennan, Vegetable Specialist.

Mr. Peter Travis an old and well-respected resident of Grantham passed away at his home there this morning.

**Knighthood Not in Flower**  
 By H. F. GADSBY

Knighthood—for Canadians—is not in flower these days. There is reason to believe that Mr. Nickle's anti-knighthood resolution, when it comes up—if it ever does—cannot be headed off as it was last time, by a peevish part-of-confidence bluff on the part of Premier Borden. As a matter of fact want of confidence in Union Government is not an unknown quantity throughout the country and therefore Union Government would be ill advised to take chances with want-of-confidence motions. It is just conceivable that Parliament might take Premier Borden at this word and job him and his associates off the job. Above all Union Government should avoid risks with the knighthoods. The world has just been made safe for democracy and this country is more than ever confirmed in its opinion that the tin pot stuff is no good. Rumor has it that there are still some snobs in Canada who would like to be knights some day, but considering that there are about eight million other people who are opposed to

it, it is not likely that the tin pot hunting few will get their way. Only the other day two red-tailed gentlemen in the Militia Department shook the dust of Ottawa off their feet in some dudgeon. Their promised titles had been so long delayed that their hearts were sick. They had been expecting the stroke every morning for a year past and were indeed playfully calling each other "Sir"; but King George didn't come across. As a matter of fact, Union Government—strong as it may be in the eyes or noses of the people—wasn't strong enough to put it over. Already it is in wrong with one distinguished and highly popular Liberal Unionist who went over to the winning side on the express understanding that no more titles should be handed out. He went over, as I said, and six weeks later a dozen more knights embarked on this fair land. He considers this, very properly as I think, a breach of faith and it will take only one more knight to land him back where he belongs. There are probably other converts to the Unionist party who are in the same frame of mind.

This country does not like the Knights. It likes the nights so little that many of us seek to add to the days by stealing an hour for the summer months. Even at that, Canada has more knights than days in the year. The average Knight is as puffed up as a bar-room fly. He is egotistical. As the poet says, the Knight has a thousand 'S—Sir Thomas White for example—the day but one. The Knight does not fit into our democracy. He is indeed a serious menace to our life as a nation. He has only one eye in Canada—the other is on the title givers in England. I am instructed that the Mother Country has run out of K.C.M.G.'s, K.C.P.'s, K.B.'s and other big potatoes for the colonials, and all that she has on hand now is O.B.E.'s which is the mere spinach of aristocracy and not worth having. That being the case we can very well cut the Knights out. It will be for the good of our national health to say good-bye to titles which are a disease of democracy—the symptoms pride, conceit, and vanity, the three grand divisions of the social L. The rich men want to pose as gentlemen, while the officially great want to pose as persons of imperial significance. The rich man wants the stamp on his dollars, while the bigwig wants the same stamp on his mediocre talents. It is the weak spot of democracy that we are all so fond of, equality that everybody wants to be an inch higher than everybody else. We have proclaimed equality and have thereby declared the rights of the envious. This country has many second-rate ambitions that would find an esteemed first. Such is the philosophy of this curse of Knighthood. The present status of the title problem in Canada is this: No more hereditary titles are to be granted. Hereditary titles now held in Canada are to expire with their present wearers—so far as Canada is concerned. Of course if Sir Joseph Flavelle wants to take his baronetcy to England and live in a part of the world where baronets have long been a feature of the social scenery there is no reason why that baronetcy shouldn't go on forever like a string of sausages. But if he stays here the son and heir will be plain Mr. with no trimmings. Even in England titles will not be safe very long, because there is a sort of Bolshevik reaction against this arrogant feudal anachronism in a world which has fought a great war and upset two dozen kings. It is a safe bet that twenty-five years from now—the Labor party making head—the man who calls himself a Lord in England will look foolish and the one who calls

himself a knight in Canada a damned sight more so. At all events we have seen the barons and the baronets. We were never in great danger from them because the titles usually cancelled themselves—the Downing Street policy being to put the barons in as far as possible. Now that our barons has stamped them out also we can be pretty sure that we shall no longer be troubled with the nuisance. Of course we have only three in captivity at present—one, Lord Aylmer on a fruit ranch in British Columbia, and two, Lord Shaughnessy and Lord Atholstan in Montreal, and Lord Atholstan has in time past a profane wish to be a golden eagle in the C.P.R. division and Lord Atholstan is as good as the absent being Graham bred. We can't forgive them.

The baronets we do not forgive so readily because—well because as a class they are responsible for Sir Joseph Flavelle who has so annoyed his bacon profits with prayer that we are a little sick at the stomach. Sir Joseph's special brand of prayer gets all other baronets in wrong. As consumers we don't mind being annoyed—we're used to that—but we hate to be gassed at the same time. However, as I said before, barons and baronets are stretched from one hundred and fifty actual titles to many more yearning. Parliament ought to do something about it. The session—something to scotch the good Knighthood has been a thing to escape in Canada. What will New Year's honor lists, King's Birthday honor lists and Dominion Day lists, the calendar is more crowded with winter Knights, Spring Knights, and midsummer Knights. The only nights we can call our own are spangled with stars. Even the jewelled firmament had got the habit—and gone in for decorations. The Who's Who, and What For of Canadian Knighthood would be a jest book to make a dog laugh. One old boy, as I remember, got it by playing a royal flush. His specialty was consumptive sanitariums. The first one he called, the King Edward Sanitarium, the second the Queen Alexandra Sanitarium, the third the Queen Mary Sanitarium, and he was just about to fill his hand with a King George Sanitarium when Knighthood trumped in and stopped the game.

**The Evening Journal**  
**SCHEDULE OF ADVERTISING RATES**  
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**Knighthood Not in Flower**

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**Notice to Creditors**  
 In the matter of the Estate of Gerald Dennis Murray, late of the City of St. Catharines, in the County of Lincoln, Mechanic, deceased.  
 In pursuance of the Statutes in that behalf Notice is hereby given that all persons having claims or demands against the late Gerald Dennis Murray, who died on or about the 3rd day of January, A. D., 1919, at the City of St. Catharines, in the County of Lincoln, are required to send by post prepaid or delivered to the undersigned solicitor herein for John Sweeney, the Administrator of the Estate of the said Gerald Dennis Murray, their names and addresses and full particulars in writing of their claims and statements of their accounts, and the nature of the securities (if any) held by them.  
 AND TAKE NOTICE that after the 26th day of April, 1919, the said Administrator will proceed to distribute the estate of the said deceased amongst the persons entitled thereto having regard only to the claims of which he shall then have had notice, and that the said Administrator will not be liable for the said assets or any part thereof to any person of whose claim he shall not then have received notice.  
 M. J. McCARRON,  
 33-35 Bank of Nova Scotia Bldg.,  
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