

W. C. T. U. Notes

Women's Christian Temperance Union first organized in 1874.
 AIM—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
 MOTTO—For God and Home and Native Land.
 BADGE—A knot of White Ribbon.
 WATCHWORD—Agitate, educate, organize.
 Let us not judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. Rm. 14 : 81.
OFFICERS OF WOLFVILLE UNION:
 President—Mrs. J. G. Elderkin.
 1st Vice President—Mrs. W. O. Taylor
 2nd Vice President—Mrs. G. W. Miller
 Recording Sec'y.—Mrs. Ernest Redden
 Cor. Sec'y.—Mrs. Annie Murphy.
 Treasurer—Mrs. H. Pineo
SUPERINTENDENTS
 Evangelistic—Mrs. William Chipman
 Parlor Meetings—Mrs. Stanley Robinson.
 Labrador Work—Mrs. J. W. Vaughn
 Fishermen and Lumbermen—Mrs. W. E. Fielding.
 Anti-Narcotic—Mrs. W. O. Taylor
 Flowers, Fruit and Delicacies—Mrs. D. G. Whidden
 Christian Citizenship—Mrs. B. O. Davidson.
 Press—Mrs. M. P. Freeman
 Willard Hall—Mrs. M. P. Freeman
 Temperance in Sabbath Schools—Mr. C. A. Patriquin.
 Supt. Tidings—Mrs. T. Hutchinson.
 Business meeting of the W. C. T. U. the last Monday of every month

W. C. T. U. ITEMS OF INTEREST FROM OUR TRAVELLERS' AID

A young girl arrived at the station one Saturday night, expecting to be met by a soldier friend and taken to his parents' home, but he failed to arrive. There was no train by which she could get back home, and she was without sufficient funds to pay expenses. She told me she had friends in the city, but she did not have the correct street number. I went with her and succeeded in placing her in the safe-keeping of her friends. She was quite frightened when she realized her position, and said repeatedly, "What would I have done if you had not been there?"

One morning, while putting an elderly couple on the train, I overheard a woman, with a little girl about twelve years of age, asking different persons if they were going to ———, as she wanted to send her little girl in the care of someone. A man, a foreigner, stepped up to her and said, "I am going to ———." Then, turning to the girl, he said, "Will you go home with me?" She replied, "Yes, I will go with you." I then turned to the mother and enquired if she knew this man. She replied in the negative; but she said she wanted to get her child to ——— without paying her fare. I said, "Take my advice and do not send her with that stranger." Later on, we found an elderly lady, who undertook the care of the little girl, and the mother was very grateful, saying that she had never thought of there being any danger; but now realized what might have been the result.

Alighting from a train from the East on a disagreeable night in March was a frail little woman with seven children. One of the number was a girl of eight or ten a cripple. To keep them all together and at the same time to look after the innumerable parcels, seemed to be almost more than she could manage. When asked if she would like some assistance, she replied, "Oh, thank you so much; but why do you do this?" On directing her attention to our white badge of service, she exclaimed, "Oh, how nice! God's everywhere, is He not?" To help the three or four hours' wait pass pleasantly, to direct and help in many ways, and finally put them all on board the train, won from the tired little woman a tearful and heartfelt thanks as the train pulled out for the West.

THE FARM MOTHER

A few weeks ago we read the story of a farm mother who had been carrying water from the well for 50 years at half a cent a mile. That is, half a cent a mile would have paid for a force pump and some pipe and a tank upstairs.
 Many other farm women are carrying water at half a cent a mile. Many of them are scrubbing old floors at nothing a scrub. Many of them are wearing out their backs over a wash board.
 It is time to take old grain-cradle and one-horse-plow methods out of the kitchen. We don't farm that way any more. It isn't fair to let Mother do her work that way. Her time and energy are worth too much for other things—to her children, for example.
 No, it isn't so much a question of money. It is a question of thoughtfulness.

"What I did to cure a cough which was Racking my system to pieces."

"One very hot evening last summer, while in the mountains, a cool breeze suddenly came up which left me thoroughly chilled. Next day I felt a slight cold in my head but thought nothing of it. The following day the cold had developed into a cough. This kept up for some weeks but instead of getting better the cough kept getting worse. A tickling sensation developed in my throat. I tried everything I could think of to get rid of it. It was worse when I went to bed. As soon as I laid down the tickling sensation started and the only relief I could get was to sit up in bed. Towards morning, I sometimes, from sheer exhaustion, managed to get a little sleep. During all this time my cough was getting worse. Some times in these severe fits of coughing spasms I was left weak and exhausted. Anything I tried only gave me temporary relief. I couldn't take anything but liquid foods. I couldn't sleep. I was losing weight every day. At times I suffered the most intense agony with headaches. A friend of mine told me about Carnol. After trying it for three weeks I noticed that my cough was beginning to soften, that my appetite was returning, that the headaches had left me, that I slept longer. After taking seven bottles of Carnol, I am perfectly well and enjoying better health than I have ever had before in my life."

Writes Mrs. J. of Montreal

Carnol is sold by your druggist and if you can conscientiously say, after you have tried it, that it hasn't done you any good, return the empty bottle to him and he will refund your money. 10-122

SOLD BY H. E. CALKIN

LESS-UNEMPLOYMENT IN CANADA

OTTAWA, June 30.—Employment figures to the first of June show a continued betterment of conditions throughout the Dominion, according to information available at the Employment Service Branch of the Department of Labor. From the first of the year, it is stated, the improvement in conditions has been steadily maintained, until now there is considerably less unemployment than in June last year. The number of employees actually at work on June 1, according to reports received from 6,352 employers, was 723,157 as against 675,421 on May 1.

These figures are apart from agricultural labor.

WISHING

Do you wish the world were wiser? Well suppose you make a start By accumulating wisdom In the scrapbook of your heart. Do not waste one page on folly. Live and learn and learn to live. If you want to give men knowledge, You must get it ere you give. —Ella Wheeler Wilcox.

LACE INDUSTRY REVIVAL.

During the fifty-six years that the Germans occupied the province of Tonder, in Schleswig-Holstein, the lace industry practically disappeared, but now Tonder has been returned to Denmark, and the peasants are picking up the industry again. An exhibition of some of their recent work was held in London, the work being sold to help the industry.



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WRITING UP OUR VALLEY

English Writer Describes Wolfville as Most Attractive Little Garden Town He Ever Saw.

The London Daily Mail is a paper with a circulation of one and three-quarter millions. It has recently inaugurated a World Tour of Inquiry, and one of its foremost writers, Sir William Beach Thomas, has started on this tour. It is a tour principally into the prospects and opportunities for British settlers, men and women alike, in the broader and less crowded lands separated from Great Britain by broad seas. The overseas British Dominions, Canada, Australia, New Zealand, South Africa, etc., will receive first consideration, and people advised to seek homes therein.

Sir William has made part of his tour, has visited us in the Valley and written up some of our opportunities and resources. From the Daily Mail of May 29th we take the following extracts: On landing at Halifax I grew interested in the fortunes of five Scandinavians who were emigrating to Nova Scotia and I altered my route to see the part of the country they had selected. They had all been brought up on the land, one in Denmark, one in Holland, and three in Sweden.

All had engaged themselves as farm laborers on the north side of Nova Scotia, "where the apples come from", and most farm produce besides. It is one of the very few parts of any country in Europe or America that have not suffered this year from depression among their farms and farmers. Indeed, it claims a world record.

For three consecutive years the apple trees have been heavy with apples and business has been good. Over 2,000,000 barrels were sent away last season. The little town of Kentville in the middle of the apple country was stiff with commercial travellers who had come in the wake of the money.

Was such fortune due to luck or skill? A persistent belief prevails throughout this apple-growers' paradise that science has found the secret of steady production. The people believe that where the right land is chosen—above the frost-line and out of the sand—production of No. 1 apples may be surer than the production of No. 1 Manitoba wheat; and that the key of success is small regular applications of nitrate of soda in the spring.

I drove through some of the best of the country with Professor Blair, the head of a 500-acre Federal experimental farm. He had just paid a visit to England to attend the Daily Mail Apple Show—for which his admiration was unbounded—and careful, almost canny, man of

science that he is, by Scottish descent, as by training, he has a most lusty faith in the future of the industry and of the country.

Along with everyone else that I spoke to on the subject, he wants immigrants, lots of immigrants, to develop the wealth that is as yet only scratched. And it is to Britain he looks. The British emigrant is preferred before all others, with perhaps an exception in favor of the Scandinavian. "The very best men we have had," one official said, "have been from Kent and South Wales."

The best possible sort of immigration has been tried, and is succeeding even beyond expectation, in the neighborhood of Wolfville, the most attractive little garden town—it is also a university town—I ever saw. Mr. Oliver Hind, a generous worker among the boys of Nottingham, endowed a little fruit and general farm called Farm Dalrymple, where yearly a dozen boys of 17 or so are sent and given a year's training.

Professor Blair, who has recently begun to take a leading part in the scheme, holds that when their year is up these boys are even more useful than country trained workers. They are less haphazard, more skillful, more alert, more scientific. If only other benefactors would set up similar farms in other provinces on the model of Mr. Hind!

The farmers and their "apple Paradise" that lies between Windsor and Digby along the Bay of Fundy demand a description to themselves; and I must return for the moment to my Scandinavians.

They did not come in a hurry to Nova Scotia through news of this latest bout of productive prosperity. Their decision was of older standing. They had made long inquiries into the possibilities of the land and had definite arrangements with farmers.

They are to start as laborers on the following terms: They receive in dollars the equivalent of 5 pounds a month in addition to free board and lodging and washing. They live with the farmer and are treated—on the small, but not always on the larger, farms—as "one of the family", sharing the life of the farmer, indoors as well as outdoors.

Every 5 pounds they save is the value of an acre of good land; and it is long odds that before many years they will all be yeoman farmers in some measure, working a little, it may be, for others, selling a little timber off the land that they will be steadily clearing for the apple trees. Such is the near future that they sketch.

Minard's Liniment for Dandruff.

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 For staterooms and other information apply to
 J. E. KINNEY, Superintendent, Yarmouth, N. S.

Keep Out of the Mire--Telephone!

The Highways Board has vastly improved our highways—but it has still a lot to do.

The motorist ventures enough to seek for business along our country roads after a few days of rain such as we recently had still runs into sections of highway that are veritable quagmires.

That won't happen when the job is finished, of course, and in the meantime he needn't undergo the experience.

There's a Telephone on his desk. He would find it at least as effective, less costly and much more comfortable to sit in his office and drum up business over the Long Distance Telephone Lines.

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The Cost of Living

ADVERTISING turns over stocks rapidly, and therefore multiplies profits. This means that prices in a shop which advertises can be short rather than long.

Of this you may be sure: Prices in a shop which advertises are not MORE than in a shop which does not advertise. The chances are that they are oftentimes lower.

This also is generally true: You will find better goods, better values and better service in those shops which turn over their stocks rapidly. This means, as a general thing, shops which advertise.

A NOTE TO MERCHANTS

Advertising costs you nothing—it is paid for by the profits on increased sales.

Advertising is easy—it is simply saying in writing what you say to the customer in your shop. Turn over stocks quickly, if you would make more money.

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