Left Prostrate

Weak and Run Down, With Hear and Kidneys in Bad Condition-Restored by Hood's Sarsaparilla.

"I was very much ran down, having been sick for several months. I had been trying different remedies which did me no good. I would have severe spells of coughing that would leave me prostrate. I was told that my lungs were affected, and my heart and kidneys were in a bad condition. In fact, it seemed as though every organ was out of order. I felt that something must be done and my brother advised me to try Hood's 'Sarsaparilla. I procured a bottle and began taking it, Before it was half gone I felt that it was helping me. I continued its use and it has made me a new woman. I cannot praise it too highly." Mrs. Summer-VILLE, 217 Ossington Avenue, Toronto, Ontario. Get only Hood's, because

Hood's Sarsaparilla Is the best—in fact the One True Blood Purifier. Sold by all druggists. \$1, six for \$5.

Hood's Pills liable, beneficial. 25c.

rt Glen Buell, No. 878. Independen of Foresters, meets in Bingo Hall, Glen on 2nd and 4th Friday in each month, at Visitors always welcome: W. J. ANDERSON, C. R. C. J. GLEGOY, R. S. Farm for Sale or to Let.

Lot 5, in 9th concession of Yonge, in County
of Leeds, containing about '225 acres, about 1 school, church, cheese factory and post Apply to J. Albert Page, Barristet

GRAND TRUNK RAILWAY If you are contemplating a trip

EAST OR WEST It will pay you to patronice "The Old Reliab Grand Trunk Railway" and take advantage its exceptent Passenger Train Service was

GOING WEST. 12.15 a.n

G T. FULFORD, City Passenger Agent.
Office: Fulford "lock, next to f'ost Office Brockville.

THE GLOBE

TORONTO, CANADA The Leading Newspaper of the Dominion.

THE DAILY.

IT Grows BECAUSE IT PLEASES. IT HAS ALL THE NEWS

The Saturday Illust r.

With its 24 or 28 pages every Saturday, its illustrated supplement, its many special fea-tures. Short Stories and Sketchy Articles be-sides having the current news of the day, has become a strong rival to the best monthly IT IS CANADA'S CREATEST NEWSPAPER.

You can have THE GLOBE every day and the SATURDAY LLUSTRATED for about the same price as you have to pay for many of the smaller dailies. The Weekly Globe

Has had several new features added, has all the news of the week in concise form, and Reeps its readers in close touch with every part of the world, and more especially our own-country.

CANADIAN O PACIFIC KY.

SETTLERS' TRAINS. Colonist Special Trains with Colonist Sleeping Cars attached for settlers and their effects going to MANITOBA AND GANADIAN NORTH WEST will leave Carleton Junction at 9.00 p. m. every Tuesday in March and April, 1899, should sufficient business offer.
The object of these specials is to give colonists an opportunity to travel with their stock and still have good accommodation and quick time. rest C. P. Ry. agent for a

Geo. E. McGlade, Agent
City Ticket and Telegraph Office
Cor King already



Notice to Creditors,

Notice is hereby given pursuant to the provisions of Kevi-ed Statutes of Ontario, Chapter 129 that all prysons having claims adding the estate of Margaret Inwesty. Inter of the twenship of Kitiey in the Consent of the twenship of Kitiey in the Consent the 25th day of August 1985. The control of Kitiey in the Consent the 25th day of the security (if any) held by them, to take of the security (if any) held by them, to take andersigned Solicitors for David Dowsley, Administrator, on or before the 11th day of March A. D. 1899. And Notice to are the said Administrator will proceed a forther given that after the Audin Solice to are the said Administrator will proceed a forther given that after the said deceased manung the parties entitled thereto, having resard only to claims of which he shall have received notice, and that he will not have presented notice at the time of Dated this 8th day of February A.D. 1899. Dated this 8th day of February A.D. 1899.
HUTCHESON & FISHER

THE STORY OF A MODEL

Posed For One Picture and Lift. Had it not been for a mortgage on a Missouri homestead the world would never have seen Astley D. M. Cooper's wonderful painting, "Triby." There might have been the painting of that subject by the same artist, but it could never have been the masterplees the present painting a. It was that mortgage that gave Mr. Cooper his beautiful model.

Some years ago this young woman was fiving the happy life of a country girl on her weathly father's farm in western Missouri. She grew up wild and free-punestrained in spirits and form, living very close to nature. No consets, ever encircled her waist and no tight shoes distorted her feet. She grew to womanhood an unfetent.

close to nature. No corsets, were encircled her waist and no tight shoes distorted her feet. She grew to womanhood an unfettered child of nature, beautiful in face and form. Then came misfortune for her father. The grasshoppers, devastated his fields, and he was compelled to mortgage the homestead. The father stokened and died, leaving his wife and daughter without resources and with a mortgaged home. They went to Kanasa City, where the mother secured employment as a cashier in a department store and the daughter as cloak model in the same establishment. Their common purpose was to save money snough to pay off the mortgage on the homestead. As they came and went to and from their work they attracted attention, and soon all eyes were upon them. The young woman soon became known as the "Living Venus," and as such was known to many people who knew nothing of her life.

At this time an artist friend, who lived At this time an artist friend, who lived in Kansas City, wrote to Mr. Cooper that he had seen the woman of goddessilike form who alone would serve for a model for. a perfect Trilly, knowing that Cooper was searching for such a model. The artist went posthaste to Kansas City. He managed to secure an introduction to: the beautiful girl, and with all possible tact suggested his purpose. She indignantly refused his offer, but Cooper was so impressed with her beauty that he would not be content with a refusal. He argued with the mother, persuaded her and promised a price that would raise the mortgage and endeavored to show the and promised a price that would raise the mortgage and endeavored to show the daughter that there need be no sacrifice of her maidenly modesty. He told her that her mother could go with her and be with her all the time she was posing. Finally she yielded. At Cooper's beautiful home in San Jose, Cal., during the following four months, she was the sole model and furnished the inspiration for this great picture. When the picture was completed, both mother and daughter returned to Kansas City, where the daughter was soon married.

Undisturbed. I wonder at the crocus
An various grains an flowers
That's busy grain ready
To respond to wormer showers.
They go ahe.d so paceful,
Without no worryin
About "imperialism"
An all that sort o' thing.

In spite of this excitement It's a comfortin reminder

That, no matter what they say, This earth'll keep a-spinnin In the good old fashioned way. It'll never stop to listen
To these argyments we bring
About "imperialism"
An all that sort of thing.

—Washington Star.

How He Writes Them.

"Oh, yes, it's true mough." replied the native. "He writes them—from dicta-tion. He's private secretary and amanu-ensis to the man who composes them."—

An Anomaly.

His book on "Making Money"
Was a wonderful success:
His volume on "The Art of Wealth"
Is now upon the press;
His essays on "The Way to Dine"
Gave epicures delight,
And he's working on a volume,
"Living a la Sybarite." An Anomaly.

But his raiment's rather seedy, And his hat is quite passe, And his hat is quite passe,
And his general tout ensemble
More or less suggests decay.
He rarely has a dollar
And with effort keeps afloat,
And he dines—when he is able—
At a common table d'hote.
—Philadelphia Call.

Old Gentleman (in the park)-What are a delek.
"Giving dolly a drink, eh? But the
water is running down all over her pretty
dress."
"Yes, she slobbers a good deal, All
babies do."—New York Weekly.

One of the Irrepressible. They beat him out fer alderman—he run erlong fer mayor: Another feller turned him down an landed in the chair. en he run fer sheriff-bet his money An th

But nuthin could discourage him! He born to run!

He'd ketch up when he'd stumble, he'd
rise up when he'd fall--

-Atlanta Constitution. Somewhat Double.

Customer—I haven't any change with me this morning. Will you trust me for a postage stamp until tomorrow? Drug Clerk—Certainly, Mr. Jones.

Drug Clerk—l'ray don't speak of it, Mr. Jones. The loss would be but a tri-fle.—Chicago News. "The book of the year!" That's easy enough. No "gadfly" or "knighthood" contains the real stuff. ano" or "Aylwin" can't fill up the

The book of the year is the old almanac!
—Chicago Record. Extreme Candor. "Which style of music do you prefer?" asked Willie Wishington, who had just been reminded of the subject by a street plano, "the Italian or the German?"

"I prefer the Italian," answered Miss Cayenne. "The orchestra doesn't wake one up so often."—Washington Star.

say,
Yet lots of times we've seen
A man, long after he was gray,
Keep right on being "green."
—L. A. W., Bulletin-The Missouri For "O. K."

nember me to your friend from Mis-"How did you know he was from Mis-

souri?"
"I heard him say, when you had asked him how he liked something, 'To a t-y-tee.' Only Missourians say that. T-y-tee?' Missouri for O. K. Only a Missourian can give the two letters the pronunciation they give the two letters the pronunciation have in that state. It can't be described with the state of the state

"Nothing like plenty of sleep to make boy happy and healthy," said the visitor. "I git too much at night," said th little boy, "but not enough in the morn

Natural Deduction. Mr. Figg—A man who loves books.
"Then is a man who loves fish a fish worm?" PURE HARD-MAPLE SYRUP



MANUFACTURED BY Henderson Bros ATHENS, ONT.

The finest quality and purity guaranteed. The latest improved Evaporator used. Our syrup is put up in cans to suit purchasers. Write to or call on me before purchasing. In writing, state quantity required, how put up and how shipped. Prompt attention to all orders.

To

LABEL YOUR SYRUP.

We direct the attention of sugarmakers to the above label which a
number of farmers in this section
have been using for several years.
They are printed at the Reporter
office on fine surface-paper of all
colors and make a 'stiking advertise,
ment. Farmers who make good
syrup should laber their production and
thus establish lines for future business.
Every argument advanced in favor
of branding cheese applies with equal,
and even greater, force in regard to
syrup.

In some sections of Ontario and
Quebec a thin, diity, smoky syrup is
produced that is unfit for the table
of any one but the slovenly msn that
made it. In the cities, the centres of

VISIT TO A CANADIAN LUMBER of tin pans with potatoes

Note.—The following account of a visit paid to a Canadian lumbermen's shanty or camp is taken from the tables. Every man was supposed to

"Annals of the Hunt" of the Reporter help himself and the one that got the Hunt Club in 1894, when the party most was the best feliow. Dinner be-

which was made of pine logs hollowed to decay, were encountered. Our these were placed side by side and the edges covered by another trough being placed round-side-up over them. By

actual count there were 103 troughs on each side of the building. A large

cooking stove stood in one end and seen the lake on which the hunting

tables (stationary) were arranged down party was camped, which is about tw

the sides of the building. Each man was furnished with a tin plate, a pint a depth of five to seven feet with logs basin and a knife and fork. A large That season's cut would make a clear iron kettle containing manufacture.

iron kettle containing nearly half an ox was on the stove, and the contents evenly divided into pails, were district would relapse into a great un broken solitude, except during the

buted to the various tables. A couple hunting and trapping season.

SHANTY,

HIGH SCHOOL CONCERT.

On Friday evening a large number of Athenians joined the high school students in attendance at a concert held under the auspices of the school. The literary numbers were contri-outed by Prof. Shepard of Albert College, Belleville, and, by special request, they were nearly all in a light, humorous vein. It was intended, Principal, Mills explained, that the concert should serve to relieve the tedium of the close, hard study that tedium of the close, hard study that was characterizing the term, and it very fully discharged this function. Prof. Shepard possesses a fine voice and his impersonations were excellent. Humorous passages from Dickens' works, admittedly difficult of interpretation, were well presented by the tation, were well presented by the Professor and beartily enjoyed by the udience. He was repeatedly recalled.

The musical portion was varied and

pleasing. Miss Ethel Arnold and Miss May Berney played the opening number, a piano duet, with skill and precision, giving good expression and executing admirably the difficult clos-

mig parts.

Miss Bertha Pierce sang very sweetly an old favorite, "The Bridge," and was warm'y applauded.

A vocal solo, The "Flight of Ages," spent three weeks at Long Lake, some ing over every man and boy got out in miles from Gilmour, on the Ontario Central Railway. The Scribe and a couple others were invited out to the smoke, Tis said that the boss of the couple others were invited out to the was given by Miss Ethel Richards of Frankville, whose popularity with Athenians was evideaced by her re-ception. Her selection was well with-in the compass of her excellent voice, and well merited the favor with which

couple others were invited out to the lumber camp.

A tramp of four or five miles brought them to the shanties occupied by the party. Over 50 men were employed in cutting and skidding legs. All the best of the timber had been cut off years ago and the gangs were picking up everything that would cut into logs. It was the dinner hour when the hunters reached the shanties and a hearry invitation was given to take any pay for meals. In the rear of the main shanty was an annex, nearly as large as the main building, fitted up with berths for beds for the men employed. A large stove, nearly as long and large as an engine boil-fi, stood in the centre and two rows of bunks were on each side. The bunks were filled in with boughs in the bottom and a light prinkling of wild hay spread over them. On this was placed one blanket with two more for covering. The men was a regime to the country of the country o t was received.

The Misses Reynolds of Westport won fresh laurels from Athenians in their contributions to Friday enening's programme, receiving a hearty encore at each appearance. Miss Mary was in excellent voice and in her solo and in the rendering of the plantation cradle song that she gave in response As many of our readers have never een a lumber camp, we reproduction a kodak view the accompanying out of the camp and men as they appeared on the day referred to. The shanty was built in between the hills, and was about 30x70 feet inside. The walls were laid up of pine logs to about eight feet on the sides and then two lones overed with a heavy growth of the covered with a heavy growth of the section around Long Lake was once overed with a heavy growth of pine logs to about eight feet on the sides and then two lones overed with a heavy growth of pine logs to about a covered with a heavy growth of pine logs to about eight feet on the sides and then two lones overed with a heavy growth of pine limber and was the principal lumber. The lone of the finest numbers on the programme was a vocal duet given by the minent played by Miss Edith.

Mrs. Donovan and Miss. Heacock centre to support the trough roof, which was made of pine logs hollowed able dams and slides, now fast going to decay, were encountered. Our

Mrs Donovan and Miss Heacock played accompaniments during the SIX WEEKS IN PAIN DINGEON A Confined Invalid From Acute Rheumat

Him His Liberity. Geo. English of Chatham, N. B., is a carpenter and ship builder by trade. Turough exposure to all kinds of weather he contracted a most acute torm of rheumatism. His joints swell ed and stiffened, and he was laid up in his bed for six weeks. After doctors had failed to relieve him he tried South American Rheumatic Cure, and to use his own words: "In 24 hours Medicine Co,, Brockville, Ont. If medy the pain all lett me, the swel cod taking the re ing subsided and to-day I am a cured man." Sold by J. P. Lamb & Son

Building operations promise to in Smith's Falls next very active Tuesday, Feb. 28.—A good many spring. It is expected that buildings our citizens will be minus wood it to the value of \$150,000 will be erect

Bright's Disease Pronounced Past Hope by Physicians—South American Kidney Cure is the Life Saver.

Miss Lou Stevens has gone to control to attend the millinery pening.

Richard McGuire of Kingston was eneming acquaintance here last veek.

Rev. Father Fallon, of St. Joseph's

Foods Ferment and Indiges FOODS FETMENT and Indigeston follows as sure as night follows the day. Nature has supplied in the pineapple a wonderful supply of vegetable pepsin.

Dr. Von Stan's Piucapple Taolets contain all the elements in a pure, Pink Pilis supply these conditions that they oure kidney troubles, as well as other ills which have their origin in watery blood, or a shattered nervous system. Sold by all dealers or sent sons in the township of Elizabethtown.

Sharpe of Lyn has vaccinated 500 persons in the township of Elizabethtown. Make you well and keep you of these conditions that heal all the elements in a pure, harmless vegetable compound that heal all forms of stomach disorders in quick sons in the township of Elizabethtown. Make you well and keep you well and well and you wel

THE SAP OF TREES. Contrary to the Popular Bel Never Descends.

Centrary to the Popular Belief, It Never Descends.

Probably nearly nine out of every ten believe that sap ascends in the spring and returns in the fall. Atthough I have never been able to find anything to the contrary in any book I have ever seen, I know from long and careful oberration that this is not so. The sap never descends. It fulfills its office in cansing the growth of the leaves and adding another to the rings which indicate the annual growth of the tree. So soon as the leaves fall the sap begins to reascend. This can be proved in various ways. Any farmer who has cut a pile of hard wood in November has noticed the sap files gathering around the ends of the sticks on warm_days. They are attracted by the sap, which can be seen issuing from the ends of the sticks, which sap had already begun to ascend before the sticks were cut.

Any hunter who has set a line of log traps for sable has noticed the sap files given to bud in November. Partridges begin to bud in November. Partridges begin to bud in November and find something besides dry twigs or they would not bud. But a still more convincing proof is that in some warm falls I have known maple sirup to be made and sold in quantities of several gallons at a time. Pussy willows, where growing in wet places, often bloom in warm November and December. One can see that the buds on the horse chestnuts are swelling in January. The sap which is proved to be present in all these cases is not the sap which went up in the spring descending, but new sap, which is going up.

not the sap which went up in the spring descending, but new sap, which is going up.

No one ever speaks of the sap in a cornstalk going down in the fall. It has fed the leaves and matured the corn, and its work ended there. So in the tree each year the sap has finished its work when the leaves have matured and a new crop of sap at once begins to take its place. Of course this sap cannot ascend when the wood is frozen, but whenever the wood is thawed it keeps ascending.

Another error is that trees in growing carry their branches up with them as they grow, or, to make it plainer, that a limb which is five feet from the ground will in time be ten feet. The fact is that limbs grow as much lower on the lower, side as they do higher on the upper side and no more. A limb which is an inch in diameter, if it grows to be three inches, will be an inch farther from the ground on the upper side and an inch nearer on the under side. The forks or crothes in trees often get to be considerably higher from the two branches which form it growing together as they increase in size. The top of the tree grows up, but limbs do not riso above where they are when they first start out.—Forest and Stream. start out.—Forest and Stream

SMELT HIS WAY IN

How the Skipper's Son Got the Bess Into Port.

The pigsty certainly was a nuisance and after having filled the little fishing village with assorted odors for many year a self appointed health committee decide that it would be "for the good of the com that it would be "for the good of the com-munity that the aforesaid nuisance— namely, the pigsty—be abolished."

The meeting of the committee was held at the village store, and the committee-men sat around the big store. Only one of them, Sam Jordan, an old fisherman, second to be dissatified with its decision.

of them, Sam Jordan, an old fisherman, seemed to be dissatisfied with its decision. When asked his reasons, he tilted his chair back and spat on the stove; then, shifting his quid to his other check, he began:

"Waal, yer see, that thar pigsty did me a good turn once that I calkiate I won't forget it soon. This is the way it was: Yer see, me and the lad," jerking his thumb over his shoulder at a tall, raw boned specimen of "down east" youth, who was sitting on the counter, "war out on one night past the point. That was afore they had that newfangled light out that. We was in the Bess, and cod war arunnin fust rate that winter. We had nigh onto 500 pound aboard. We were a-runnin fust rate that winter. We had nigh onto 500 pound aboard. We were jest gettin things in shape for a run in when thar come on the cun darnest fog yer ever say; yer couldn't see nawthin within six inches of yer. Waal, thar we war. We didn't know what we war headed for; we didn't know what the channel war; we didn't know mawthin.

"Waal,' says I to the lad jest like that, 'waal, wot yer goin ter do? The boys'll have that party without us, I reckon.' Yer remember that New Year's celebration round to Eph's, don't yer?

tion round to Eph's, don't yer?
"'No,' sez the lad suddinlike; 'we'll be
thar. I'll run the Bess in. Let me at

the tiller.'
"Waal, I jest sat thar an watched him as he threw her head round, an in less than half an hour we war in the cove. How did he do it? Why, it war Miss Stebbins' pigsty that war the guidin star, an ho jest smelt his way in."—New York Commerical Advertiser.

SHOEMAKERS' WAX

Experiments With This Substan One of the most apt illustrations ever made by Lord Kelvin was his akening the luminiferous ether to a mass of shoemak ers' wax. What Lord Kelvin said of shoe-makers' wax may be tested by any boy in makers wax may be tested by any loy in a manner that will astonish his playmates. First let it be said that the ether penetrates all space. It is as rigid as steel and yet so flexible that it does not retard the passage of planets through space in the least. It is an invisible substance which travels in waves through all things. Now, to illustrate the nature of such a paradoxical material Lord Kelvin searched everywhere and at last concluded that shoes. and at last concluded that sho nakers' wax represented it best. nade tests and this is what he found:

He melted some wax in a common glass tumbler. After it had hardened he tried to thrust a lead peneli through it. It would not go. Then he placed a coin on the surface of the wax and left it there for several days. When he again visited it, the coin had sunk to the bottom of the glass. The wax had closed over it and by lifting up the glass and looking through the bottom he could see the coin lying there. Had the wax been as deep as a well the coin would have gone on sinking until it reached the bottom. This proved that the wax would conform only to very slow movements. If he had tried to push it too fast, it would have resisted him. An idea struck the scientist. If the wax acted like this toward the coin, how would it treat an object which floated? He accordingly placed a cork in a tumbler and ponred hot shoemakers' wax upon it. The wax hardened with the cork at the bottom. Yet when Lord Kelvin looked at the bottom of the glass in a day or two he found the cork had disappeared. It was somewhere in the mass of wax and probably rising very slowly, but surely, toward the top. Sure enough, after a given period of time the cork peeped above the surface of the hard wax and finally it rose to a point where it remained half imbedded in the wax, just as it would have done in a glass of water. It rose no higher than this, however, and a corkscrew probably would not have pulled it from the wax. Yet its own buoyancy had raised it ap from the bottom, through what seemed an impene-He melted some wax in a common glass umbler. After it had hardened he tried

own buoyancy had raised it ap from the bottom, through what seemed an impene-

own buoyancy had raised it ap from the bottom, through what seemed an impenetrable mass of wax.

This, in fact, is the peculiarity of shoemakers' wax, that it resists all sudden or quick movements, but is highly susceptible to very slow and prolonged pressure. If you pressed a flatiron hard down on a lump of wax on a fable it is probable you would make no impression on it, but if you left that iron resting on the wax for a day or two, you would find the lump flattened out under the iron. So curious is this property of the wax that tuning forks have been cast from pieces of it. These forks were capable of vibration, giving a musical note and being set going by vibration for another tuning fork, yet when one of them was laid across the open mouth of a jar it slowly collapsed and fell into the jar in a shapeless, sticky mass. Any boy may perform these experiments, and the lesson in physics to be got therefrom is no less valuable than the amusement which the performance affords. — Cificinnati Commercial Tribue.

He was known as "Cavendish," and was He was known as "Cavendish," and was

He was known as "Cavendish," and was editor of the Card Department of Field.

John Harrison, the Grand Trunk brakeman who had his legs terribly crushed by a train at Newcastle on Thursday as moon, died from the effects of his Injuries in St. Michael's Hospital, Terunto, on Friday.

Sevier Forcier, 100 years of age, and the plonear settler of northern Wisconsin. is dead at Chippewa Falls, that Neate.

Mr. Forcier went to Chippewa Falls 70 years ago and engaged in lumbering for

Every cough makes your throat more raw and irritable. Every cough congests the lining membrane of your lungs. Cease tearing your throat and lungs in this way. Put the parts at rest and give them a chance to heal. You will need some help to do this, and you

Dr. Ayer's Cherry Pectoral Plaster should be over the lungs of every per-

Is One of the Centres of Astronomical Work. The city of Paris may well claim a osition as one of the great scientific enters, its university and kindred insticenters, its university and kindred institutions having witnessed many of the
developments of the sciences and the discoveries of modern times, and particularly
so in the science of astronomy, the observatory of Paris being recognized as one
of the centers of astronomical work, its
astronomers having from the commence
ment been associated with the history of
the science; the observatory has, in fact,
seen the science of astronomy emerge
from its primitive stage of two centuries
ago into the remarkable condition of
development which we find at the present
day.

day.
The foundation of the observatory dates



ment devoted to physical research and astronomical work. The observatory lies on the southern side of the Selne. The great instrument with the staircase, called the reflector, was installed in 1875. It is completely inclosed by a metallic cupols, not shown in the picture, which slides upon a system of rails. The movable part weighs 20,000 pounds; the instrument is provided with a clock movement having a Foucault regulator. The mirror deserves special mention; the casting of the mirror was intrusted to the works of St. Gobain, and the mass of glass as delivered by the works weighed 1,000 pounds, which weight was reduced 1,000 pounds, which weight was reduced to usarly half by the optical work. The diameter of the mirror is 1.20 m. The mirror's generally resilvered every year.

Lord Charles Beresford was on Saturday night the guest of honor at a banquet given by the Commercial Club of Chicago. In the morning Lord Charles paid a visit to the Board of Trade. Business was suspended on the floor, and he was escorted by President Lyon to the visitors' gallery between two lines, of cheering and shouting brokers. His speeches in response dealt with his and to have a commercial understandin for an open door in China between the Britain, Japan, Germany and the United States.

Berlin, Feb. 17 .- It is understood that nere is now a perfect understanding be

Easily Tired?

Just remember that all your strength must come from your food. Did you ever think of

that P-Perhaps your muscles, need or perhaps your stomach is weak and cannot digest what

EMULSION of Cod-Liver Oil with HypoWE EAT TOO MUCH

oted Dict Is the Main O "Of the many cures in vogue and recog zed from their records as worthy the ame nine-tenths of them depend upon re-ncing the diet for their effectiveness," is

name nine-tentils of them depend upon reducing the diet for their effectivenes." Is the position taken by Ella Morris Kreschmar writing oil "The Subject of Diet" in The Woman's Home Companion.

"A widespread fad during the last few years has been the no preakfastoure, and thousands of dyspeptics have gained health, the stout have grown thin and the thin have grown stout, all through lifting the burden from overtaxed digestions. As equally popular cure proceding this was the leaving off of the enting meal—qually effective, of course just as a 'no midday meal gree' would be if it should be promulgated.

"One of the most spiendid cures for all ills in Europe is the grape cure, practiced in Germany, and it is said that any one taking the treatment drops off the wear and tear of five years—actually renews himself by so much. The smitariums where this treatment is given are beautifully and healthfully situated and comfortably appointed. The patient is given nothing but unfermented grape julce for a period of four weeks—beginning with a generous amount, decreased to a minimum allowance (as little as the system will bear without great weakening) and gradually increased to the first amount.

"At all European spas and American springs, where people are so benefited, what is the course? A rest deted diet and a flooding of the system with pure wates —resting and washing the system, in other words.

"Animals, those not dominated by the

resting and washing the system, in other words.

"Animals, those not dominated by the habits and thought atmosphere of man, de not overeat, and even domestic animals stop short their nourishment when it anywise iil. A dog will bury the food not immediately required, Other animals leave off before or at repletion. Man abone will eat without hunger solely to take his palate, being indeed the only gorging animal saye (truth is merciless) the occupant of the sty."

CIDER A BACTERICIDE.

CIDER A BACTERICIDE.

The Beverage Declared to Be a Specific Against Typhoid Fever.

Cider was regarded by the lass Edmond de Goncourt as the drink of dry, hardheaded, reasoning men, but his judgment was probably biased by the traditional prejudice of the French against the calculating and wily "Normand." It may be remarked that the Devonshire people, who are the cider drinkers of England, do not appear to have this character, though they are certainly intelligent. Literary men, owing to their partial, hasty or superficial views, are prone to fall into many stream of this kind, especially when dealing with the characters of races and peoples.

They do not patiently and repeated y look at the matter all round or take the long time required to afft it to the bottom and so arrive at the truth. In short, they have not the scientific habit of mind which might save them from very erroneous conclusions and the propagation of pernicious popular mistakes. At the same time there is no doubt that the liquor a man habitually drinks has some influence on his mind, and it is possible that the acidity of cider sharpens the wits. "He who drinks beer." san old saying with some foundation.

foundation.

Be that as it may, the Pasteur institute has recently found that cider is a bactericide. The Normans often make cider with dirty water, and even pretend that pure water does not make good cider. The inwater does not make good cider. The institute, investigating Norman cider in search of bacteria, has observed that the bacillus of typhoid dies in cider in two to 18 hours, owing to acidity. The cider should contain at least-2 per cent of mallo acid to produce this effect, otherwise the bacillus will crist for three or four days, and if the liquor is neuter, for more than 20 days. Ordinary cider, however, possesses at least-2 per cent of malie acid, and consequently if it is not drunk for 18 or 20 hours there is no danger of typhoid fever.—London Globe.

Be Careful How You Sit. Recently an eminent physician gave ut-terance to the opinion that appendicitis is more common in this country than in oth-ers because of the Yankee custom that men have—and men are more frequently sufferers from the disease than women—of habitually sitting with one leg throws over the other. This habit, the physician was quoted as saying, restricts the action was quoted as saying, restricts the school of the digestive apparatus, and especially of the lower intestine and causes stagmation of the contents and the stretching of the opening of the vermiform appendix, making it possible for obstructions to reach the latter and thus giving rise to ap-

pendicitis.

There is no other disease, if we may judge from the attention given to it by current publications, in which the general public takes so much interest as in this

Merely Verbal Deflance. "I don't see," said Åguinaldo's confidential adviser, "what you want to fight the United States for

"I don't want to fight."
"But you talk as if you do."
"I know it. It gets me i 1 know it. It gets me into constantly, this bold and defiant de of mine. You see. I The Boy Told Him.

After a recent supper in the rural dis-trict a tall, clerical looking individual arose to respond to a toast,
"What am I here for tonight?" was the
question he opened with.
"To eat!" shouted a lungry small boy
near the door. "You've drinked six cups
o' coffee an swallered the last blecuit em
the plate!"—Atlanta Constitution.

Under False Pretenses.

"I was." he, gasping, cried again, "In Santiago town!"
When, with another loving kiss,
She straightway cut him down. "I was," once more he strove to say,
"In Santiago! See?" But ere he could complete the phrase She landed number three.

"I was at Santiago tewn!"

The fourth he countered low;
Then added as he turned to run,
"At least three years ago!"

—Cleveland Plain Dealer

The Open Door.
The book agent wafted in, but discreetrefrained from closing the portal.
"I'm not interested in the Philippines,"

"Yes, I see you are an advocate of the pen door,' but I'm net. Kindly go outle and shut it. Good day!"—Philadel-He Had Ceased to Worry. "Yes," said the young doctor to his ife, "I felt greatly worried until the

climax was passed.

Will he be out soon?

"No," said the young doctor, "not until
the day of the funeral."—Cleveland Plain

The lady I love has winsome eyes,
And her hair is a chestnut brown.
Her lips are like cherries, her look very

But this lady I love cares little for me. She thinks me too icy, too chilly, She says I won't do and, with one of her Insists I'm too staid and too old.

She told me today when upon her I called My attentions from now I must pay to sportler.

A sister to me she would willingly be, For she is engaged to marry my brother.

—Detroit Free Press. The Kind.

Magistrate—You say you knocked this man down because he said you looked like a bulldog? Murphy-No, yer honor; I wouldn't ov moinded that, but he said I looked

loike an English bulldog. - Criterien.

any way "out of sorts,"
The kidneys like o the body are dependent upon rich, red tion.

W. M. Stevens of Carleton Place
W. M. Stevens of Carleton Place Pink Pills supply these conditions that they cure kidney troubles, as well as other ills which have their origin in

you value your health don't take substitute.

table and the tea was held in a large 16 quart pail, one to each table. All

ousness, is well known in that city and surrounding country. Some three ears ago Mr. Mintie was living at South River, Parry Sound District, and while there was attacked with severe pains in the back. At first he severe pains in the tack. At hist he paid but little attention to them, thinking that the traible would pass away, but as it did not he consulted a local physican, and was told that his kidneys were affected. Medicine was prescribed but beyond a trifling In addition to the pain in the back Mr. Mintie was troubled with head aches and a feeling of lassitude. He was forced to quit work, and while in this condition, weak, and despondent e decided to try Dr. Williams' Pink work, and while Pills. He purchased a haf dozen boxes and was not dissappointed with the result. B fore they were all used Mr Mintie was fee ing almost as wel as ever he had done. The pain in his back had almost disappeared, the head

PAINS IN THE BACK.

Fair Use of Dr. Williams' Pink Pills.

Are Usually the Result of Imperfect Work-

Mr. Albert Mintie, of Woodstock

Ont., now engaged in the insurance

ousine s, is well known in that cir

improved in strength. Two more eturned to work shale and hearty as ever. Mr. Mintie asserts that his return to health is due entirely to Dr.

early put in and when done will soo

Toronto to attend the millinery

week. vening.

George Morris lost a horse last aches were gone, and he felt greatly. Tuesday.

ay "out of sorts."

A number of children are not at le to attend school, the result of vaccina-

postpaid at 50c. a boxes or six boxs for Of these fully three-quarters were cents, Sold by J. P. Lamb & Son.

pen ng.

nond Bresee of Addison signs of the disease had left him, and to-day be is as well as ever, Sold by J. P. Lamb & Son. Miss Anna Wood has returned frow Elgin where she was the guest of Miss Nellie Halladay.

slowly.

There is talk of a barber from record it would soon be in a po

here does not come any more snow. ed. George Haskins has his engine

neen engaged as cheese maker in Delta factory for the coming season.

A traveller for a well-known west-The revival meetings that have been arried on for the last six weeks by the Free Methodists have closed.

Miss Lou Steyens has gone to structure the revision of the last six weeks by the free Methodists have closed.

Miss Lou Steyens has gone to structure the revision of the structure of the st

Raymond Bresee of Addi visited friends here on Friday last.

to spend Sunday.
Dr. Mallory is improving

Williams' is visiting his sister, Mrs. Felix Bresee.

ustle out the logs.
Almeron Wilson of Athens has

A couple of our young men attended he concert at Athens on Friday When he had taken seven bottles all

church, Ottawa, spoke plainly to his walter Beaty, M.P.P., came home He said that the kingdom of heaven was the one place where people were neither married nor given in marriage, and if St. Joseph's parish kept up its Williams' Pink Pills, and he still Lyndhurst starting here in the near to take its place in the celestial king-occasionally uses a box if he feels in future.

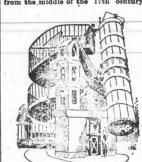
> years ago and engaged in lumbering for a number of years. He was born in Montreal in 1799,

will find it in

From the first dose the quiet and rest begin: the tickling in the throat ceases; the spasm weakens; the cough disap-pears. Do not wait for pneumonia and con-sumption but cut short your cold without delay

son troubled with a cough. Write to the Doctor. Unusur opportunities and long ex-perience eminently qualify us for giving you medical advice. Write Address, DR. J. C. AYER. Lowell, Mass

PARIS OBSERVATORY. . Was Founded Centuries Ago and Still



Standard Oil in Germany

Are You 26

you eat.

If you need more strength then take SCOTT'S

phosphites. The oil is the most easily changed of all foods into strength; and the hypophosphites are the best tonics for the nerves, SCOTT'S EMUL-SION is the easiest and quickest cure for weak throats, for coughs of every kind, and for all cases of debility, weak nerves, and loss of fiesh. 50c. and \$1.00; all druggist SCOTT & BOWNE, Chemists, Toronto.