

THE HALF-SPEED MAN AND WOMAN

What It Means When You Feel "All Out of Sorts."

You know what it means to feel "all out of sorts." Most people have felt this way at some time. Nerves out of order, irritable, languid, depressed. An aching head, a fagged brain, appetite bad and digestion weak. With some people this condition comes and goes; with others it is chronic; they can't shake it off. It interferes with business, spoils recreation and robs life of all its joys. These men and women are only able to live and work at "half speed."

Half speed people have lost that abundant natural vitality which enables others to go "full-speed-head" through life. Their energy and nerve power have evaporated—they cannot work long without breaking down. The trouble is nerve weakness and is caused by poor, watery blood. You can begin to improve your condition to-day by taking Dr. Williams' Pink Pills. They make rich, red blood once more pulsate through your veins, and your nerves thrill with fresh vigor. Here is convincing evidence that new strength and full health can be had through the use of Dr. Williams' Pink Pills. Mr. Newton Mayhew, North Tryon, P. E. I., says: "I am a farmer and naturally have to work very hard. The result was that I found myself very much run down. My blood became thin and watery, and my muscles flabby. I took doctors treatment but it did not help me and I grew so weak that I could scarcely work at all. As I found the medical treatment was not helping me I decided to try Dr. Williams' Pink Pills, and in these I found the medicine I needed, as in a short time I was restored to my old health and vigor. I shall always recommend these pills to all sufferers."

INCREASE OF WAGES.

Millions More Were Paid to Workers Last Year.

A report on the ascertained changes in the rates of wages and hours of labor in the United Kingdom in 1912 was issued recently by the British Board of Trade.

This states that after the period of depression in 1908-9 wages began to rise in sympathy with the improvement in trade and employment, but the movement was somewhat slow until about May last year. After that date the movement became more rapid, with the result that the number of workpeople whose wages were reported as increased during 1912 was in excess of that for any previous year, while the aggregate amount of their net weekly increase was exceeded twice only during the last 20 years, namely, in 1900 and 1907, both years of exceptional prosperity.

The number of workpeople reported as affected by changes in rates of wages last year was 1,818,240. The advance represented an increase for 52 weeks of over \$7,000,000, but as the changes mostly took effect late in the year the actual increase in the wages bill was about \$3,000,000, allocating the weekly advance of \$139,000. Coal mining accounted for \$77,000, engineering and shipbuilding \$11,000, the textile trades \$15,000.

Toasted to a

Golden Brown!

Sounds "smacking good," doesn't it!

That's

Post Toasties

Tender, thin bits of the best parts of Indian Corn, perfectly cooked at the factory, and ready to eat direct from the package—fresh, crisp and clean.

There's a delicate sweetness about "Toasties" that make them the favorite flaked cereal at thousands of breakfast tables daily.

Post Toasties with cream and a sprinkling of sugar—

Delicious

Wholesome
Easy to Serve

Sold by Grocers everywhere.

Canadian Postum Cereal Co., Ltd.
Windsor, Ontario.

iron and steel manufactures \$10,000, and building trades \$8,000.

The statistics given are exclusive of changes affecting agricultural laborers, railway servants and seamen. Reports received, however, indicated that agricultural laborers in a considerable number of districts had been granted advances of wages; also that the earnings of about half a million railway servants continued to rise, while seamen fully maintained the rate granted in the previous year.

Changes in the hours of labor affected 105,000 persons, whose weekly working time was reduced by 211,000 hours in the aggregate.

CLIMBING A MAGNETIC CHAIN Remarkable Experiment With a Lifting Magnet.

A Berlin correspondent of the Scientific American describes an interesting experiment that was made at the works of one of the large German manufacturing firms with one of their lifting magnets.

A chain, fastened to the ground and carrying an iron ball at its free end, was raised to a vertical position by the approach of the great lifting magnet suspended from a crane.

The attraction of the magnet was so strong that the chain remained in a perfectly vertical position. A grain-up workman climbed up the chain without disturbing its rigidity in the least. The chain seemed to float in the air. The magnetic pull on the ball was greater than the gravitational pull on the man.

This remarkable experiment shows the enormous power of attraction exerted by the lifting magnets that are used in iron and steel works to carry about iron material of every description. The magnets enable the operator to seize iron material at any point desired, and convey it to any other point within the range of the crane. Incidentally, the use of lifting magnets has greatly diminished the risk of accidents in the moving of heavy masses of iron.

ILLS OF CHILDHOOD.

Every mother should be able to recognize the symptoms of the little ailments that attack her children. She should also be in a position to treat them promptly. To do this she should keep a supply of Baby's Own Tablets in the house at all times. The Tablets never fail to be of help to little ones. Mothers who are anxious for the welfare of her little ones will receive free for the asking a valuable little book on the care of infants and young children. Concerning the Tablets, Mrs. G. L. Bonham, St. George, Ont., says: "I can recommend Baby's Own Tablets as a safe and sure medicine for little ones. I have raised four babies with their aid and would not be without them." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

MIXED METAPHORS.

Eminent British Statesmen and Politicians Make Them.

In the palmy days of spread-eagle oratory, when language was far more flowery and figurative than it is now, it took a cool head behind a vehement manner to steer a safe course among similes and metaphors. Absurdities were frequent, and laughter marred many a peroration; yet, carried along by the speaker's earnestness and fire in delivery, the most wildly ridiculous metaphors often passed unnoticed. At a memorial meeting in honor of one of the most famous of American orators—Wendell Phillips—a magniloquent speaker referred to the spirits of the great departed, which, on leaving this earth, "wend each its way, swifter than a winged eagle, loftier than a soaring falcon—sweeping across the mighty spaces of the heavens as a glorious comet sweep, rushing ever onward, forward and upward, to its goal in Abraham's bosom!"

Oratory of that type—even without the mixed metaphor—is a rare survival from the fashion of an earlier time. Eloquence is more restrained and less ornate nowadays. Yet even in the simpler style of our own time, public speakers of experience, as well as blunders and beginners, occasionally slip up on their metaphors. Any schoolboy could correct the errors that some wide-awake English reporter has noted in the recent speeches of eminent British statesmen and politicians.

"We are told," said Mr. Walter Long, in a debate on an education bill, "that by such legislation the very heart of the country has been shaken to its uttermost foundations."

Mr. St. John Brodrick, in the House of Commons, talking of the mobilization of troops, declared that "among the many jarring notes heard in this House on military affairs, this subject at least must be regarded as an oasis."

Mr. Asquith, the premier, did better. He said that "redistribution is a thorny subject, which requires delicate handling or it will tread on

PRESERVE BABY'S SKIN



CUTICURA SOAP

Assisted when necessary by Cuticura Ointment. They keep the skin and scalp clean and clear, sweet and healthy, besides soothing irritations which often prevent sleep and if neglected become chronic disfigurements.

Cuticura Soap and Ointment are sold throughout the world. A liberal sample of each, with 25-page booklet on the care and treatment of the skin and scalp, sent post-free. Address: Potters Drug & Chem. Corp., Dept. 2K, Boston, U. S. A.

some people's toes"; and it was Lord Curzon of Kedleston, former Viceroy of India, who declared optimistically:

"Though we are not out of the wood, we have a good ship."

French Sayings.

Devotion is the last love of women.—Saint-Evremond.

Women like brave men exceedingly, but audacious men still more.—Lemelles.

The whisper of a beautiful woman can be heard farther than the loudest call of duty.—Anonymous.

It's better to love to-day than tomorrow. A pleasure postponed is a pleasure lost.—A. Ricard.

There are beautiful flowers that are scentless, and beautiful women that are unlovable.—Houelle.

We meet in society many attractive women whom we would fear to make our wives.—D'Harleville.

The heart of a woman never grows old; when it has ceased to love, it has ceased to live.—Rocheperdre.

Lovers have in their language an infinite number of words in which each syllable is a caress.—Rocheperdre.

Before promising a woman to love only her, one should have seen them all, or should see only her.—A. Dupuy.

We need the friendship of a man in great trials; of a woman in the affairs of every-day life.—A. L. Thomas.

Offensive Breath Caused Usually By Catarrh

A Simple Remedy Discovered That Cures Without Drugs.

The American people suffer more from Catarrh than from any other disease. It undermines more constitutions and creates more sickness than all other diseases combined. It is, therefore, very dangerous.

You can't successfully treat Catarrh by internal dosing—you must in some way send a purifying, healing agent through the breathing organs, so that the germs can be reached. This you do every time you inhale Catarrh. Its rich essences and healing balsams are breathed all through the nose, throat and lungs, and effectively destroy every trace of Catarrh. This is a proven fact.

I endorse Catarrhose because I know of six bad cases of Catarrh, including my own, that it has cured. It is a sensible remedy because it is capable of going where the disease is. I believe it cures quicker than other remedies because it gets sooner to the source of the disease than anything else I know of. I had headaches, bad breath, and much stomach trouble associated with my Catarrh, but they have disappeared since using Catarrh. It keeps me free from colds, headaches, catarrh and all winter ills." OTTO E. KRAMER, Belleville, Ont.

Catarrhose is needed in every home. Large size lasts 2 months, price \$1.00; small size, 50c; trial size, 25c. At all storekeepers and druggists or The Catarrhose Co., Buffalo, N. Y., and Kingston, Canada.

Not Responsible.

"Ellen, I'm tired of your neglect and carelessness. Just look at all that dust lying about on the furniture. It's six weeks old at the very least."

"Then, it's no fault of mine. You know very well, ma'am, that I've been with you only four weeks."

Try Murine Eye Remedy

If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aspic Tubes, 25c, 50c. Eye Books Free by Mail.

An Eye Tonic Good for All Eyes that Need Care Murine Eye Remedy Co., Chicago

A WONDERFUL DISCOVERY

An eminent scientist, the other day, gave his opinion that the most wonderful discovery of recent years was the discovery of Zam-Buk. Just think! As soon as a single thin layer of Zam-Buk is applied to a wound or a sore, such injury is insured against blood poisoning! Not one species of microbe has been found that Zam-Buk does not kill!

Then again. As soon as Zam-Buk is applied to a sore, or a cut, or to skin disease, it stops the smarting. That is why children are such friends of Zam-Buk. They care nothing for the science of the thing. All they know is that Zam-Buk stops their pain. Mothers should never forget this.

Again. As soon as Zam-Buk is applied to a wound or to a diseased part, the cells beneath the skin's surface are so stimulated that new healthy tissue is quickly formed. This forming of fresh healthy tissue from below is Zam-Buk's secret of healing. The tissue thus formed is worked up to the surface and literally casts off the diseased tissue above it. This is why Zam-Buk cures are permanent.

Only the other day Mr. Marsh, of 101 DeLormier Ave., Montreal, called upon the Zam-Buk Co. and told them that for over twenty-five years he had been a martyr to eczema. His hands were at one time so covered with sores that he had to sleep in gloves. Four years ago Zam-Buk was introduced to him, and in a few months it cured him. To-day—over three years after his cure of a disease he had for twenty-five years—he is still cured, and has had no trace of any return of the eczema!

All druggists sell Zam-Buk at 50c. box, or we will send free trial box if you send this advertisement and a 10-cent stamp (to pay return postage). Address Zam-Buk Co., Toronto.

BEVERAGES OF NATIONS.

Amount of Spirits Consumed in Different Countries.

Norwegians are one of the most temperate of Northern nations, consuming but 46 1/2 pints of beer a 1/2 of brandy per head of population.

The Dane drinks on the average 156 pints of beer, but little wine, and only 36 pints of brandy each year. The Swede manages to consume 84 pints of beer and 13 of spirits. The Russian drinks 7 1/2 pints of vodka and the same amount of beer. The Frenchman, however, takes 160 pints of wine, 15 of beer, 48 of brandy. The Britisher soothes himself with 9 pints of whisky or gin, 3 of claret, and 298 of beer.

The Dutchman will drink 54 pints of beer and 12 of brandy. Taking every German province to obtain an average, it is found that the German consumes 187 1/2 pints of beer, 10 of wine, and 8 1/2 of spirits. In Munich, however, the average amount per head rises to 850 1/2 pints, being the highest of any province, while the lowest average obtains in the northern province of Alsacia. Here the inhabitants are satisfied with only 144 pints of beer per head.

The Italian is the least of all addicted to alcoholic beverages, taking only 3 pints of beer, 1/4 of alcoholic beverages, and 144 of wine per head.

ARE HARD TIMES COMING?

Yes, for the man that wears tight boots, but his corns are relieved quickly by Putnam's Corn Extractor. No pain, and certain cure. That's Putnam's. Use no other, 50c. at all dealers.

Getting a Verdict.

"We could have settled our difficulties by tossing a coin. Instead we spent a lot of money in going to law."

"Well?"

"I understand the jury settled the matter by tossing a coin."

LIQUID SULPHUR cures rough skin.

It is better for a girl to be given in marriage than it is for a man to be sold.

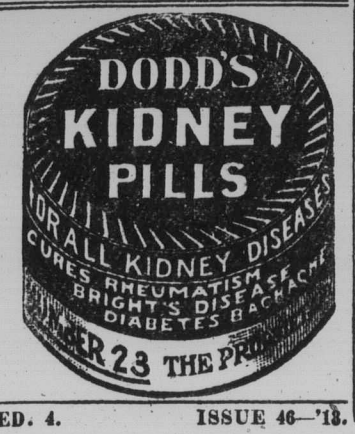
Minard's Liniment Cures Diphtheria.

A Winnipeg colored man was fined \$52 and costs for smoking opium. He told the court he always had, does now and always will "hit the pipe."

LIQUID SULPHUR cures itching piles.

Fooling Baby.

Mrs. Jones—"Why are you setting the alarm for 2.30? You surely don't want to get up at that time?" Jones—"No; I'd like to go to sleep at that time. When the baby hears that he may think it's time for him to turn in."



UP-TO-DATE BATTLESHIP.

H.M.S. Queen Elizabeth Is the First Oil-Burning Warship.

H.M.S. Queen Elizabeth, the superhip of the British navy, is the largest British battleship ever launched. Her design embodies some striking new features which make her the most up-to-date warship in the world.

She will, for example, be the first vessel to be armed to fight aircraft (a battery of specially designed guns are given her for this purpose) and to be protected against them as well, for in action all her crew will be under cover of a central battery, which gives overhead protection from dropping bombs, as well as side protection against gunfire.

Again, she will be the first ship to mount the new 15 inch guns, of which she is to carry four pairs. The offensive power of this weapon is enormous.

Her torpedoes, fired from four tubes, will be of the latest twenty-one inch pattern. Heated air propels them, and they have a long effective range, with double the speed of the older weapons. For speed and accuracy, in fact, there is no torpedo in existence like them.

She will burn oil fuel only, being the first battleship in the world to do this. It is anticipated that oil alone will enable her to maintain a steady twenty-eight knots per hour without any of the falling off and spurring up again that occurs in coal-burning ships.

Expected Death From Day to Day

Another Case Where Life Was Saved and Health Restored by Nerviline.

We have all read and heard of the agonies of sciatica, but only those who have been tortured by this dread malady can fully appreciate what it must mean to be cured after years of suffering.

It is because he feels it his solemn duty to tell to the world his faith in Nerviline that Victor P. Elres makes the following declaration. "For three years I was in the Royal Mail service, and in all kinds of weather had to meet the night trains. Dampness, cold, and exposure brought on sciatica that affected my left side. Sometimes an attack would come on that made me powerless to work. I was so nearly a complete cripple that I had to give up my job. I was in despair, completely cast down, because the money I had spent on trying to get well was wasted. I was speaking to my chemist one day, and he recommended 'Nerviline.' I had this good liniment rubbed on several times a day, and got relief. I continued this treatment four months and was cured. I have used all kinds of liniments, and can truthfully say that Nerviline is far stronger, more penetrating and infinitely better than anything else for relieving pain. I urge everyone with lumbago, neuralgia, rheumatism, or sciatica, to use Nerviline. I know it will cure them." Get Nerviline to-day, large family size, 50c; trial size, 25c; all dealers or The Catarrhose Co., Buffalo, N. Y., and Kingston, Canada.

Motherly Instinct.

Matron—Baby is crying, Mary. I expect he wants his bottle. Mary—I just give it to 'im, mum. Matron—Did you? Then I expect he doesn't want it.

Gentlemen—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every day ills and accidents of life I consider it has no equal. I would not start on a voyage without it, if it cost a dollar a bottle. CAPT. P. R. DESJARDIN, Sch. "Storke," St. Andre, Kamouraska.

Explaining It.

"Does he quarrel much with his wife?" "No, but he's not home a great deal, you know."

LIQUID SULPHUR is a disinfectant.

Ignorance at the right time is better than knowledge at the wrong time.

Minard's Liniment Cures Cargot in Cows.

Pointed Paragraphs.

Nearly every man is true to his first love—himself.

An optimist is a man who lays up a little sunshine for a rainy day.

Some women are self-made, but most of them are remodeled by dressmakers.

Many a timid girl courts death by making love to a rich old codger who has one foot already in the grave.

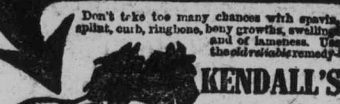
It's difficult for a newly married man to generate much enthusiasm over his bride's beautiful hair after he has seen her pile it on the bureau for the night.

Blochumper—"After all beauty is only skin deep." Spatts—"In many cases it is not so deep as that. It is often laid on the skin's surface."

CLARK'S MINCE MEAT



Be Safe!



Don't risk the many chances with spavin, splint, curb, ringbone, heavy growth, swelling and lameness. The Kendall's Spavin Cure It has been used by horsemen, veterinarians and farmers for 25 years—and it has proved its worth in hundreds of thousands of cases. Bickerdike, Ala., Jan. 29, 1912. "I have been using Kendall's Spavin Cure for a good many years with good results. In fact, I am never without it." H. NARRON. \$1 a bottle—6 for \$5, at druggists—or write for copy of our book "Treatise on the Horse" free. DR. B. J. KENDALL COMPANY, Enosburg Falls, Vermont, U.S.A.

The eventless time is the happy time, but we do not realize that till we have had the exciting experiences which break us.

Minard's Liniment Cures Colds, &c.

Friend—"Were you smitten by your wife before you married her?" Penhecker—"Yes, but not half as much as I have been since."

USE LIQUID SULPHUR IN YOUR BATH.

Why is a merry fellow like a bad shot? Because he's the boy to keep the game alive.

Minard's Liniment Cures Distemper.

No man in good health has any excuse to be a pessimist.

EDUCATION.

ELLIOTT'S BUSINESS COLLEGE, Toronto, Canada's Popular Commercial School. Magnificent Catalogue free.

FARMS FOR SALE. H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain, or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

STAMPS AND BINS

STAMP COLLECTORS—HUNDRED DIP. 75c. Foreign Stamps. Catalogue, Album, only Seven Cents. Maple Stamp Company, Toronto.

NEWSPAPER FOR SALE.

COUNTRY WEEKLY NEWSPAPER FOR SALE in good Ontario town. Excellent opening for man of energy. Write Wilson Publishing Company, Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Ransman Medical Co. Limited, Collingwood, Ont.

GALL STONES, KIDNEY AND BLADDER Stones, Kidney trouble, Gravel, Lumbago and kindred ailments positively cured with the new German remedy "Banol," price \$1.50. Another new remedy for Diabetes Mellitus, and sure cure for "Banol's Anti-Diabetic." Price \$2.00 from druggists or direct. The Banol Manufacturing Company of Canada, Limited, Winnipeg, Man.

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL" Piano Action

HIGHEST PRICES FOR Raw Furs. Write for List W. C. GOFFATT ORILLIA, ONTARIO

Now is the Time to Think About your Maple Syrup Business

Consult any of your neighbors who have used the "A Champion" Evaporator. They will tell you to install before the snow is on the ground. Costs no more to buy now than in March. Write for free booklet. THE GRIMM MFG. CO. L. MITED 55 Wellington St., MONTREAL, QUE.

Why we pay more for your RAW FURS

We are the oldest RAW FUR HOUSE as well as the largest collectors of CANADIAN RAW FURS in Canada. That means larger experience, larger markets and a LARGER PRICE to you. Ship direct to us. Returns made same day furs are received. Shipments held separate on request. Fall price list now ready. Write for it. HIRAM JOHNSON LIMITED, 404 St. Paul St. Montreal.