CHATS WITH YOUNG

MEN TRIFLES

It was only a helping hand, And it seemed of little availing, But its clasp was warm, And it saved from harm,

A friend whose strength was failing. Its touch was tender as angel's

wings,
But it rolled the stone from the
hidden springs,
And pointed the way to higher

things, Though it seemed of little availing. A smile, a word, or a touch,

And each is easily given; Yet either may win A soul from sin. Or smooth the way to heaven. A smile may lighten the failing

heart, A word may soften pain's keenest smart, touch may lead us from sin apart

How easily either is given. SELF-LOVE AND SELF-SACRIFICE

During the penitential Season of Lent the Church lays particular stress on Repentance. This very insistence in day and out for forty And troubled and As lies always do. days has a retrospect and a pros-pect. The former to make amends for the past, the latter to give renewed coursge to face life's responsibilities and duties, carrying the one with Christian fortitude, fulfilling the other as befits our particular state in life.

Self-examination and retrospec-tion are needed for a truly good and useful life. It is their absence that has lead many a person of ability and talent to extremes from which they find it difficult to recede. It is an easy thing but equally dangerous for us to delude ourselves. Self-love is likely to be stronger in us than self-sacrifice. One gives us a roseate view of ourselves and paints pictures as unrealistic as they are impossible of

realization.
Where the man of sacrifice and self-retrospection hesitates, the possessor of self-love rushes onward, never seeing the danger signals until he is fairly beyond the point where signs and signals mean anything. Usually a wrecked life at the end of a long dreamy existence is the first outpost that tells of the folly of self-love and the value of self-sacrifice.

It is comparatively an easy thing for one to fall into the deadly lethargy of self-love. All our modern life, with its sham and hollowness induces in the unwary a spirit of false independence, and a happy-golucky, will-o'-the-wisp freedom. The great multitude know little, and care less, of the value of the spiritual in man.

So engrossed are we with our daily fight for existence, so blinded is the world to all sense of spiritual values when there is question of getting along, that justice, love and sacrifice are usually relegated to a secondary position and modern man steams along regardless of signals. Herein lies present day folly. The old-time virtues which once adorned every fireside, are looked upon as old fashioned. Dress, diversion, the movies, these and a thousand other distractions fill the minds of persons to such extent that they not only become entirely oblivious of their better selves, but see no injustice in utilizing the precious moments, bought and paid for by others, to is the spirit of the age. It is undeniably a spirit of self-love, and is He tells us cies of our age. One might dilate at length on this subject, calling into view an array of facts and experiences that would put his thesis beyond the peradventure of doubt.

How different the spirit of selfsacrifice, that glorious virtue truth known.' founded on a knowledge of self and And how r on the spiritual value of the soul. It may be said without fear of contradiction that every great man who has climbed the ladder of fame, had made a long and serious study of himself. To be sure this study may be of his soul or of his abilities and short-comings. In the one case, great saints were made of great sinners; in the other, inexperience The Liguorian. and inability to cope with large problems were recognized, and, in

and men could no more do without application.

But however, one may view the matter, there was always this fundamental, that they saw themfundamental, that they saw themselves either in a spiritual or in a worldly way, as they truly appeared in the eyes of God or man and set about the work of building character or increasing meant self-sacrifice, though ambi-tion often enters by way of self-sacrifice to gain the goal set by self-

Penance has a retrospect and a

of God, the good of our neighbor and the sanctification of ourselves. -The Pilot.

OUR BOYS AND GIRLS

WHAT BECOMES OF A LIE

First, somebody told it, Then the room wouldn't hold it; So the busy tongues rolled it Till they got it outside; Then the crowd came across it: And never once lost it,
But tossed it and tossed it Till it grew long and wide.

From a very small, lie sir, It grew deep and high, sir Till it reached to the sky, sir, And frightened the moon; For she hid her sweet face, sir, In a veil of cloud-lace, sir, At the dreadful disgrace, sir, That happened at noon.

That lie brought forth others, Dark sisters and brothers, And fathers and mothers-A terrible crew And while headlong they hurried, The people they flurried, And troubled and worried,

And so, evil-boded, This monstrous lie goaded, Till at last it exploded In smoke and in shame While from mud and from mire The pieces flew higher And hit the sad liar And killed his good name!

IMPROVE YOURSELF

The surest way to advance rapidly in your chosen field of work is to train and improve your ability.

When you have completed your urses you will have the advantage of a general knowledge and a mind trained to quickly master new problems.

There is one kind of unrest that has played a large part in the development of American business the unrest that grows out of a desire to better the individual position and to prepare for larger responsibilities.

The best use ambitious young men or women can make of their time today is to take courses of training and fit themselves for places that are really worth while in the immediate present and which lead to unlimited advancement in the more distant future.—Catholic

WHAT PRAYER CAN DO

Over nineteen years ago, a poor Hungarian in Pennsylvania was falsely accused of murdering a fellow-man; he was convicted and sent to prison for life. And now it turns out that he was not guilty at all a country was no fixed for effective to the sent to prison for the sent turns of all. A countryman of his in far off Hungary, tortured in conscience, has confessed that he gave false evidence against the accused man. Conscious of his innocence, separated from wife and children, deprived of his liberty, disgraced and leaving a black shadow on his little ones, his long imprisonment nearly crazed the poor fellow.

And how did he endure it all? What upheld him during these weary years? Where did he find a ray of light to brighten the gloom? What prevented him from steeping his soul in the bitterness of revenge? It was his religion. He was a Catholic. His faith was simple and dream of what they will do at the stroke of the gong that frees them from business supervision. All this Mother of God, in God's Church and

niably a spirit of self-love, and is one of the most dangerous tenden. Rosary he would have gone crazy.

"These kept me from going insane. I prayed every day to God and His Blessed Mother to make the truth known."

And how religion had softened and moulded his heart! There is no desire for revenge; there is no feeling against those who sent him to those cruel years of imprison-ment. "Do you feel angry towards the man who accused you falsely?" he was asked. "No, I do not," he replied. "There is One above us replied. "There is One above us Who sees that justice is done."—

KINDNESS PAYS

these defects were eradicated to open up the road to greatness by long preparation and intensive application.

But however, one may view the

building character or increasing knowledge. Both in their own way

It pays because there is all too little of it abroad in the world, and

dulness that possessed us to pursue the way of self-love, seeking to please ourselves by displeasing God, when right reason should have told whose lips are careful to avoid hood, the mission printing press

however, should be incentives to true repentance which will show itself in lives dedicated to the glory of God, the good of our neighbor

It always seeks to serve the other fellow, and, when it cannot serve him, it at least manages not to

hinder him.

It pays because it is true, and men everywhere are looking for something that is really true.

Whatever else it may not be kind-

ness is sincere.
It pays because it reacts on one's own character. Each time one remembers to be kind, one makes another reach toward the heights of real kindliness. It is true that kindliness never loses its reward.

It pays because it is often returned with interest, and if it is never returned at all, the angels do not force the circumstant. not forget to give credit.-The

WORLD-CIRCLING MISSIONARY

FINDS COLOMBO A FLOURISH-ING CENTER OF MANY CATHOLIC ACTIVITIES

Colombo, Ceylon, Jan. 2.—Our arrival in Ceylon was marked by happy surprises. The native pilot of the sampan that brought us and our luggage ashore, was an alert, businessilia, and leen feet the sampan than the sampan that he was a sample of the sampan that the sampan that he was a sample of the sampan that the sampa businesslike, and keen Catholic lad who had the statistics of Church matters at his finger-tips. It was good to hear that Colombo had almost 50,0 0 well-trained Catholics, but the fact itself began to dawn on us at the jetty, in the customs, and on the streets where we were constantly "salaamed" with the salutation "Father," pronounced with a decidedly English accent. This Catholic refinement of Colombo's population, from "coppers" to taxi-drivers (who by the way did a very rare service—they gave us clerical rates) was the most attractive we saw in the Orient and recalled the Catholic

spirit of New York or Chicago.

Our first call was at the home of the archbishop who received us with open arms and invited us to share his hospitality during our stay in Colombo.

Our stay of four days with the Oblate Fathers in the best mission-centre we had yet seen, after almost two months of constant travel at relieved now and then by short and strenuous periods on land, was a much appreciated rest. Another element that added pleasure to this brief stay in Colombo was the fact that we came to Ceylon during the rainy season which made it the coolest part we struck since our departure from San Francisco.

GOOD CATHOLIC SCHOOLS Various missionary organizations have been at work in Ceylon from the days of Portuguese domination and all have had their share in the splendid Catholic harvest of today. The unique contribution of the Oblate Fathers seconded by the Irish Christian Brothers and the Sisters of Good Shepherd, however, is the work of education. In two of the five dioceses of the Island these Fathers have placed a Catholic school in almost every village where the number of Catholics warrants. In the Colombo diocese alone, upwards of 60,000 children are provided with education under are provided with education under Catholic auspices. In the archdiocese of Colombo practically one Catholic in every six is under instruction in a Catholic school. In the four suffragan sees together the ratio is about one in nine. The proportion of children attending schools is given as one in every schools is given as one in every

schools, and colleges. St. Joseph s college, in Colombo, counts thirteen hundred students. It and the College of St. Benedict, which is conducted by the Irish Christian many of Brothers, have trained many of the Colombo and the College of St. Benedict, which is conducted by the Irish Christian many of the Colombo and Brothers, have trained many of Ceylon's leaders in the business, professional life and culture.

One of the most interesting features of Ceylon's Catholic educational system is that each school is aided by a Government grant which, though it does not suffice to conduct the Institution, is nevertheless such that without it the schools could not exist. When it is remembered that up to 1841 all education was in the hands of education was in the names of college missionaries under a Govern-ment policy inaugurated by the Dutch during the period of their dom-ination in the Island, one will appreciate the yeoman service of the Oblate Fathers led by Bishop Bonjean in securing to Catholics equal rights and privileges to edu-

There is no other such wealth as that of friendship, and there is no other such friend as the friend who remembers a kindness.

It pays because there is all too little of it abroad in the world, and located the beautiful that of friendship, and there is no compound of some five acres. With the possible exception of Sicawey in Shanghai, the Colombo mission-centre is the most complete we have seen in the Orient. Here are little of it abroad in the world, and located the homes and the administration. located the homes and the adminisprospect. It is a holy means of appeasing an outraged God for the premium. what supply there is, is always at a trative officers of the archbishop, the director of schools and the please ourselves by displeasing God, when right reason should have told us to displease ourselves to please God.

It is similarly way who carries a second and a relooglear seminary behavior of an active aspirants to the priest hood, the mission printing press which turns out two bi-weeklies one trained to helpful things. God.

In prospect, Penance is most necessary, that "we may rise on stepping stones of our dead selves to higher things." A good God will things. Those.

It pays because it knows a greater strength than that of force. It can melt its way through many a place where all the terrors of force cannot drive a path.

In prospect, Penance is most trained to helpful things.

It pays because it knows a greater several convent schools close by, and the Sisters in charge of the Government neighboring hospitals, make the suburb Borella a veritable focus of Catholic activity.

OXFORD

DESCENDANTS FOLLOWED NEWMAN INTO CHURCH

Oxford, Feb. 1.-Interesting doc-Oxford, Feb. 1.—Interesting documents have recently been brought to light to show that several of the descendants of Sir Walter Scott were identified with the Oxford Movement.

Scott himself was not interested Scott himself was not interested in doctrinal matters, says a correspondent writing in the Catholic Herald . . . and he studiously refrained from giving any appearance of being so. At the same time there can be no doubt that unconsciously he exerted an influence on the Oxford Movement which was the Oxford Movement which was very considerable.

It is interesting to note that Scott's grand-daughter and her husband, Hope-Scott, were affected by the glamour of the Oxford Movem nt and followed Cardinal Newman into the Catholic Church. Another descendant married Wilfred Ward, son of 'Ideal' Ward of the Oxford Movement. Hope-Scott was Newman's chief advisor, and on the Newman's chief advisor, and on the same day in April, 1851, he and Cardinal Manning were received together into the Church. The news overwhelmed Gladstone. He wrote in his diary: "They were my two props. Their going may be to me a sign that my work is gone with them"

with them. "The day after, Gladstone made a codicil to his will, striking out Hope-Scott as executor and substi-tuting Northcote. Hope-Scott used his great wealth in extending and improving Abbotsford but more particularly in building places of worship. He erected the chapel of Abbotsford, as well as the imposing Church of Our Lady and St. Andrew at Galashiels, the latter costing £19,000. He also built a chapel at Selkirk and the Church of the Immaculate Conception at Kelso. Hope-Scott died in 1878, and Cardinal Newman preached his funeral sermon. Hope-Scott is buried by the side of his first wife, the grand-daughter of Sir Walter Scott, in the vaults of St. Margaret's Convent, Edinburgh."

HOT SPRINGS IN THE FAR NORTH

One of the most interesting Catholic missions in the world is located at Hot Springs, Alaska, where nearly two score or han children, cared for by the Ursuline Nuns, have the benefit of a hot water spring in the midst of a land of snow and ice

The Rev. William Hughes, director of the Bureau of Catholic Indian Mission, has just received a communication from Mother M. Rose, the Superior, in which she expresses her gratitude for the phenomenon. "It may surprise you to learn," wrote Mother Rose, "that while we have many hardships in the missions of Alaska the sweet mercure of Cod.

of Alaska, the sweet mercy of God, by means of the Hot Springs, has made our life more pleasant in many ways than is the case at the

other missions.
"At a little distance from our building, the Pilgrim River winds in and out, bordered by heavily-wooded banks. The hot stream, a veritable God-send for cleanlines in our work among these poor chil-

"We are about 20 miles from Nome, by boat, which comes up The Catholic village school in the archdiocese is supplemented by High schools, scademies, Normal schools, and colleges. St. Joseph's college, in Colombo, counts thirteen the college in Colombo, counts thirteen the college in Colombo, counts thirteen the college in Colombo, counts thirteen the colombo in the twice a year. By dogmobile over the tundra we are between 80 and 100 miles from that city. The last boat brought us a box from a convent in Wheeling, we will be a containing white description of the colombo in the twice a year.

mountains and we have had to depend on the charity of the people in the States."

The mission at Hot Springs has been dedicated to Our Lady of

ATHEISM INCREASING

London, Jan. 18.-The future religious problem in Great Britain is not going to be whether the Catholic Church can hold its own, but whether Christianity outside the Catholic Church will be able to exist at all outside a very limited circle.

Cardinal Gasquet some months ago called down upon himself the ire of the Anglicans, when he precation aided by Government grants.

A COMPLETE MISSION CENTER

The Oblate Mission-centre at Colombo is located in a beautiful

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The Oblate Mission-centre at Colombo is located in a beautiful

The Oblate Mission-centre at Colombo is located in a beautiful down in the general drift to a hazy atheism. The Cardinal had in his mind the disintegration that is so apparent in the Anglican Church; but the menace seems to be coming

from quite another quarter. Generally speaking, the Catholic Church has nothing to fear. There are leakages in the Catholic body, and no one denies it. But for all that, the Catholic Church is compact and coherent, and of its very nature is not threatened in the same

IDENTIFY SCOTT WITH absolute unbelief. The menace lies not so much with the present generation; but with the coming genera-The forces of corruption and seduction are at work amongst the children and the young, and outside the Catholic Church the religious authorities are absolutely unpre-

pared to meet the danger. ANTI-RELIGIOUS PREJUDICE

The careless and indifferent have always existed; but amongst the generation that is now growing up there are large numbers of children whose young minds have been indoctrinated with the atheism and indoctrinated with the atheism and anti-religious prejudice taught in the so-called Socialist Sunday schools and the far worse Proletarian schools. That these schools are subversive to all obedience to constituted authority and absolutely destructive of all belief in God, has been outlined before. And now, almost when it is too late, the non-Catholic churches are waking up to Catholic churches are waking up to the danger, and frantic efforts are being made to stem this tide of atheism and religious negation that has been permitted to creep up into the life of the country.

Much of the moral laxity and irreligion has been, blamed on the War and the absence of parental control over the young. While this is true to a very large extent, it is not the whole of the truth. For the gradual moral perversion that seems to infect the young people of both sexes has its roots in something far more serious than the tempor-ary removal of a father's authority while away on military service. The fact is that vast numbers of young lads and girls are growing up without any religious education of any sort whatever; and with no higher sense of right and wrong than that the desire for possession is a sufficient reason to snatch that which is desired.

-and PEP

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