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while the drill and plow are used but a few weeks.

The modern improvements in the home not only lift the heaviest work from the shoulders of those least able to bear them, but they also make the home more sanitary. One sick spell may cost enough to pay for installing a water system or a furnace. One funeral will certainly cost as much.

Farm machinery has cut out much of the hardest work for the men on the farm, and the modern conveniences in the home will cut out much of the heaviest work of the women on the farm, and will add much to the health and comfort of all members of the farm family.—N. Dakota Experiment Station.

HOME CLUB

Brightness and Industry—the Ideal

THREE months ago the question, "What are your views on matrimony?" would have elicited from me the answer, "They aren't." But as Jim and I sit in our "bachelor apartments" at present, scoffing the customary shred of wheat biscuit, we have acquired the habit of discussing such subjects to keep our minds off the breakfast of ham and eggs we might have had next morning if we had been able to cook it.

If the light-hearted girl be classed as a butterfly, I take it for granted that the industrious girl, possessed of high ideals and a college degree, is also some kind of insect—probably the busy bee. In the nature of things the butterfly is bound to attract the attention of the average man. A hundred little boys will run after a butterfly for one who will run after the bee. The boy who follows the bee does so for a sordid reason—to get the honey—and he gets stung. And remember that men are only grown-up boys!

The normal man likes a girl's initials before, not after her name. Have you ever noticed at a social event the entrance of a girl with a college degree? She is about as popular as the Kaiser would be in a Canadian meeting. As a general rule the man who is allotted to take her in to supper is taken violently ill early in the evening and goes home to spend a quiet evening reading Webster's Dictionary—he finds it more interesting.

A girl may have too much education. It makes her a stick. Her ideas are too dogmatic to make possible a smooth adjustment with those of her husband, unless the adjustment is all on his part. Education has not the same effect on the man. He has an opportunity to get his high brow idea off his chest at his work. The woman must unburden herself in the home. The home life is where cooperation must exist, and the simpler the ideas originally brought into the home, the easier the adjustment.

But the woman who would make the ideal life is neither the butterfly nor the bee. I would take her out of the insect class altogether and call her a humming bird—combining brightness with a certain amount of industry. For while the man works out doors, the good wife must busy herself indoors if team work is to be possible.

Co-education is an especially good lens for giving a clear perspective of what characterizes a good wife. A significant fact appeared at a co-educational college (which I had the privilege of attending) at which some girls studied for teachers and others took household science. The men were there for a four-year course. The first-year men as a rule, were at-

tracted by the butterflies from the teachers' course. Second-year men were not guilty of associating with girls—much. The third and fourth-year men devoted their attentions to the girls of the homemakers' course, or the one-year students in household science. The senior science girls, however, were usually left severely alone. Who wants to live with a dietitian?

Here I would class the one-year science girl as the humming bird, and the senior girl as the bee. A "co-ed" friend of mine in discussing this question, stated his views thus: "When I choose a wife she will be, firstly, a chum, then she will know a little about cooking, a little music, appreciate a little literature and withal, she will be busy enough to stand in the back door and chuck the henfed clear out to the barn."—"Bachelor Bill."

Some Successful Experiments

I WOULD like to tell Home Club members that I am very proud of my success in canning "greens" last summer. It was just an experiment, and because some of you might like to try it, it might be interesting to you to know that it was a huge success. It was just the wild greens I did—"lamb's quarter," we call it. And now when I open a jar of them, it weeps could not tell it from fresh-cut greens. And it is such a treat in the spring and early summer.

I would also like to tell about our experiment with flour. I wouldn't dare try to tell the farmers' wives of Ontario anything about bread. The price of flour was more than we could stand. And seeing in Eaton's catalogue an advertisement of a small hand-mill, it gave us the idea of making our own flour. So we got one and have our own "whole wheat flour" at the price of wheat. It is quite a saving and incidentally is much more wholesome and we like it so much. For variety I try different proportions. For bread I take one-third or one-half whole wheat. But I make muffins and biscuits sometimes with just a little white flour, and we think they are fine.

Did you know that oatmeal could be cooked and used in lots of other ways than porridge? An extract from a government bulletin showing that, compared as to cost, oatmeal has more food value than any other article of food in common use, set me to experimenting on it. I have found that it works beautifully as the foundation of a "savory" dish. I tried cooking it, seasoning with salt and pepper, and before serving, stirring in a spoonful proportion of grated cheese. (Was it in Farm and Dairy that I saw that suggestion?) Anyway it was good. Then "out of my own head" I made a mixture of boiled oatmeal and chopped cold pork, which I seasoned with salt, pepper and poultry seasoning, and baked, and my men folks found it an extremely satisfying dish. Also I have tried it with milk, eggs and sugar, as a pudding. Dates make a nice addition to this.—A B.C. Pioneer.

It is the opinion of some that at sometime in her life every housewife must meet her greatest household enemy—the bedbug. Here are some methods of eradicating this pest. Fill a spray with one teaspoonful of carbolic acid and one quart of benzine. Spray articles and bed very freely. Another is to use quicksilver and the white of an egg mixed, or painstaking use of the liquid from crude rosin out with kerosene, is said to be effective.

There is always plenty of work to be done, but it doesn't pay to be so busy that we haven't time to be neighborly or to help make the community in which we live a better and more pleasant place in which to live.

A Double Protection Policy



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