## Sparks From Other Anvils.

Texas Pres Record: Many women are of the opinion that however other women have failed, she is able to reform the man she loves.

Michtgan Presbyterian: We would be ashamed to have anyone find stolen property in our possession. How should we feel, if conscious that we have kept to ourselves what was entrusted to us for the benefit of mankind?

Presbyterian Witness: It is a Divine rule announced by the Lord Jesus that much shall be required of those to whom much is given. It we are highly favoured let our gratitude seek adequate forms in which there shall be devout and becoming expression.

United Presbyterian: Riches gathered without God's blessing have well been compared to the over quantity of manna which some of the Israelites gathered when it was first given. Such riches quickly breed the worms of discontent, and an unsatiable craving for more.

Christian Guardian: We would strongly favor a somewhat extended period of preparation within which the strong campaign of moral suasion and education ever conducted in Cntario should be undertaken by the Provincial Alliance and all its allied organizations.

N. Y. Christian Intelligencer: There must be no lessening either in the pulpit or in the pew of the absolute importance of the great doctrine of the Atonement and its related truths if we would have our preaching and teaching prove to be the power of God unto salvation, and His kingdom gloriously extended.

Herald and Presbyter: Every Presbyterian family should take a Presbyterian paper. It needs it as an antidote for infidelity and irreverence, which the children begin to breathe in as soon as they mix with the world. It needs it to displace and prevent the trashy and often immoral literature which forces itself upon the children as soon as they are able to read. It needs it in order to keep in touch with the work of the Church, both at home and abroad, and with the purpose of the Church to win the world to Christ.

Canadian Baptist: When a man's environment is thoroughly comfortable and easy, there is nothing to impel him to leave his own fireside corner, or to greatly reward him if he should. And in such comfortable and money-making times a man tends to become listless, incapable, stupid, his outlook narrows, and the currents of his soul stagnate. He is much more fortunate who lives in stirring and stormy times, whose conditions are stern enough to evoke all the good that is in him, when they arouse his will, kindle his enthusiasm, provoke his determination and sting him into purposeful activity.

Sunday School Times: All of us have griefs that we ought to recognize as griefs. We are not to attempt to console ourselves with the idea that they are not griefs, to be treated as such. Jesus wept at the grave of Lazarus when the sisters, Mary and Martha were sorrowing. Yet Jesus was to open that grave, and to dry the eyes of those weeping sisters. May not we, then, weep over graves that we cannot open, or over sorrows that we are called to endure? In many an instance we can only say, for the present, "Truly, this is my grief, and I must bear it." Unless we have and recognize our griefs and sorrows, we cannot know what it is to be comforted.

## Health and Home Hints.

Death in Dish-Towels.-Dish-towels are an important item in most families. One may have cheap and woolly hand-towels, very ordinary sheets and pillow cases, and many other things of inferior quality, but the good housekeeper knows, to her sorrow, what cheap dish towels mean. Their use entails almost double the labor required if one has those of poor quality. The lint and dust from cheap goods cover the china and glass, and lodge in every nook and corner of her belongings. Round-thread Russia crash is far and aways the best dish-toweling that one can use. It absorbs water almost instantly, and can be used a long time before becoming unavailable because too wet. Who has not worried with the ordinary checked glass toweling in common use, rubbing and twisting and patting, trying to make it absorb the water from the dishes, while it is yet new? This sort of goods acquires value when it begins to grow old. Russia crash is in perfect condition after the second or third time of using. Dish-towels should be thoroughly boiled whenever they are washed. Mere scalding does not answer the purpose. The intense heat of boiling is absolutely necessary if one would have health and cleanliness in the kitchen. A merely scalded dish towel is unfit for the use of any woman. It takes more than just hot water to remove the disease germs and impurities that may lodge in these domestic necessities. Because a dish cloth looks clean it does not in any sense follow that it is clean. Many a family has had its number reduced by death because of the persistent refusal of the maids

Creamed Walnuts.—Take one cupful of walnut kernels; be sure there is not a particle of shell among them. Put on the fire one scant cupful of sugar and one-third of a cupful of water. When it has been boiling for a minute drop a little in water; if it stays in a lump and does not spread out, it is done; if not, boil a little longer. When done, take from the fire and let it stand until a "skin" forms over the top, then commence beating with a spoon; when it commences to look milky, add the nuts and stir quickly until each kernel is coated with the creamy sugar. If the nuts stick together, pull them apart; but they will not do this if the sugar is cooked right.

to boil the dish-towels as they should be

done and remove the incipient causes of

disease.

To be perfect, oysters should be freshly opened, and it is important to rid them of those tooth-endangering bits of shell that sometimes cling so persistently. Dainty little oyster crackers, shaped like a miniature vienna loaf, may be found at the grocers, and either these or the thinnest of brownbread sandwiches should be passed with them. If milk crackers are used, split and butter them, and brown in the oven. Avoid the "cracker dust" sold in packages; it almost invariably has a stale flavor.

Panned Oysters. - Put two tablespoonfuls of butter into a pan and let cook until brown. Then add twenty oysters, well drained and wiped. Fry these to a delicate brown, turning as necessary, then pour over them the oyster liquor, heated and seasoned. Serve in a deep dish, on strips of buttered toast.

Small Cakes for Christmas. Such small cakes as snaps and sand tarts are used for Christmas. They may be made two or three weeks in advance, and if kept in a closed tin box will be improved by the keeping.

## "INCURABLE" HEART DISEASE SOON CURED.

During the last two or three years very great improvement has been made in the treatment of the different kinds of disease of the heart. Cases formerly considered incurable now rapidly recover. The well known specialist, Franklin Miles, M. D., LL. B., of Cheago, will send his New Special Treatment free to any of our afflicted readers who will mention this paper.

This liberal offer is for the purpose of demo-strating the great superiority of his new system of Treatments for heart troubles, such as short breath, pain in the side, oppression in the chest, irregular pulse, palpitation, smothering spells, putfing of the ankles or dropsy.

They are the result of twenty five years of careful study, extensive research, and rem irkable experience in treating weak, dilated, hypertrophied, rheumatic, fatty or neuralgiac hearts, as each one requires different treatment.

The treatments are carefully selected for each patient, as regards their age, weight, and stage of each kind of heart disease. All afflicted persons should avail themselves of this liberal offer. No death comes more unexpectedly than that from heart disease.

Rev. J. W. Stokesbury, of Fallport, Mo, had head, heart, stomach troubles, and nervous prostration. Three physi cians tailed to help him. He writes, "I regard myself cured."

The eminent Rev. W. Bell, D. D., of Dayton. Ohio, General Secretary of Foreign Missions writes editorially in The State Sunday School Union: "We desire to state that from personal acquaintance we know Dr. Miles to be a most skilful specialist, a man who has spared nei her labor nor money to keep himself abreast of the great advancement in medical science."

A thousand references to, and testimonials from, Bishops, Clergymen, Bankers, Farmers, and their wives will be sent free on request. These include many who have been cured after from five to fitteen physicians and professors had pronunced them "incurable." Among them are H. A. Groce, 504 Mountain St., Elgin, Ill.; Mrs. Sophia Snowberg, No 282 21st Ave., S Minneapolis, Minn.; Mrs. A P. Colburn, Blessing, Ia; Mrs. M B. More lan, Rogers, Ohio, and the president of two medical colleges, etc.

Send at once to Dr. Franklin Miles, Cor. Adams & State Sts., Chicago, U. S. A. for free treatment. He pays the duty.

Kisses. Sugar and the whites of eggs whipped together and baked in cake form are called kisses. When nuts or cocoanuts are added to the mixture they are called maccaroons.

## TO CONSUMPTIVES.

The undersigned having been restored to health by simple means, after suffering for several years with a severe lung affection, and that dread disease Consumption, is anxious to make known to his fellow sufferrs the means of cure. To those who desire it, he will cheerfully send (free of charge) a copy of the prescription used, which they will find a ure cure for Consumption, Asthma, Catarrib, Bronchitts and all throat senders, and the property of the present of the property of the present of the property of the property