

## FACTS ABOUT HEALTH

It is Easy to Keep Well if We Know How—Some of the Conditions Necessary to Perfect Health.

The importance of maintaining good health is easily understood, and it is really a simple matter if we take a correct view of the conditions required. In perfect health the stomach promptly digests food, and thus prepares nourishment. The blood is employed to carry this nourishment to the organs, nerves, muscles and tissues which need it. The first great essential for good health, therefore, is pure, rich blood. Now it is certainly a fact that no medicine has such a record of cures as Hood's Sarsaparilla. It is literally true that there are hundreds of people alive and well today who had not been in their graves had they not taken Hood's Sarsaparilla. It is depended upon as a family medicine and general regulator of the system by tens of thousands of people. This is because Hood's Sarsaparilla makes the blood pure. This is the secret of its great success. Keep your system in good health by keeping your blood pure with Hood's Sarsaparilla, which absolutely cures when other medicines fail to do any good whatever.

Hood's Pills are the only pills to take with Hood's Sarsaparilla.

## THE MARKETS.

**Mining Stocks.**  
Toronto, Nov. 29.—Following are today's closing quotations on the Toronto Mining and Industrial Exchange:

	Asked.	Bid.
Decca	25	24
Foley	100	98
Huron Reef	15	14
Hawatha	28	27
Superior G. and C. Co.	7	6
Sawmill	40	39
Cariboo	120	118
Minnehaha	22	21
Cariboo Hydraulic	112	110
Tin Horn	20	19
Smuggler	20	19
Winchester	15	14
M. R. G. M. Co.	10	9
Golden Cache	10	9
Olive	80	78
Atabasca	40	38
Dundee	40	38
Dardanelles	8	7
Fern Gold M. & M. Co.	75	73
Noble Five	15	14
Van Ande	4	3
Big Three	17	16
Deer Park	21	20
Evening Star	8	7
Giant	8	7
Good Hope	3	2
Grand Trunk	10	9
Homestead	10	9
Iron Col.	94	92
Iron Mines	11	10
Keystone	11	10
Juliet	15	14
Jumbo	15	14
Montreal Gold Fields	22	21
Monte Cristo	15	14
Northern Belle	3	2
Norfolk	4	3
Rossland Red Mountain	17	16
R. E. Lee	34	32
Silver Bell	6	5
St. Elmo	5	4
Virginia	60	58
War Eagle	22	21
White Bear	7	6
Wanda Trail	5	4
B. C. Gold Fields	6	5
Can. G. P. S.	6	5

## Liverpool Salt

Makes the best flavored meats. It's about the same price as others and is 10 per cent stronger. Single sacks or in large lots. Call.

**A. M. HAMILTON & SON,**  
373 Talbot Street, opp. the Market.

## Local Markets.

London, Wednesday, Nov. 30.  
Wheat, white fall, per bu... 60c to 62c  
Wheat, red fall, per bu... 58c to 60c  
Oats, per bu... 28c to 30c  
Peas, per bu... 54c to 56c  
Corn, per bu... 44c to 46c  
Barley, per bu... 43c to 45c

## WEEKLY REVIEW.

Receipts of all kinds of produce were only fair this week. Prices have fluctuated a little and have closed about steady in most lines.

Changes in price occurred in wheat and oats, which were lower.

Barley had a wider range, more feed samples offering.

Eggs sold at a narrower range of prices.

Live and dressed hogs were both about 10c to 20c higher.

Hay—receipts improved; prices were steady.

The following list shows values today:

GRAIN	
Wheat, white, fall, per 100 lbs.	115
Wheat, red, fall, per 100 lbs.	115
Oats, per 100 lbs.	90
Peas, per 100 lbs.	90
Barley, per 100 lbs.	75
Rye, per 100 lbs.	85
Beans, per bu.	85
PROVISIONS	
Honey, comb.	9
Honey, extracted	7
Cheese, per lb. wholesale	8
Eggs, single down	8
Eggs, fresh, basket, dozen	17
Eggs, per dozen, basket, p.k'd.	11
Eggs, fresh, per lb. retail	17
Butter, per lb. retail	17
Butter, pound rolls, baskets	15
Butter, lb. large rolls or crocks	13
Butter, per lb. retail or crocks	17
Lard, per lb.	9
Onions, per pair	35
Onions, per pair	35
Turkeys, per lb.	7
Geese, per lb.	6
VEGETABLES AND FRUIT	
Pumpkins, per doz.	50
Potatoes, per bag	55
Apples, per bag	25
Apples, per bushel	25
Apples, per barrel	75
Beets, per dozen bunches	20
Onions, per bu.	60
Celery, per doz bunches	30
Squashes, per doz	30
Turnips, per bag	30
Carrots, per bu.	12
Parsnips, per doz bunches	49
LIVE STOCK	
Young pigs, per 100	200
Cows, each	200
Bees, per lb.	25
Hogs, light, per 100 lbs.	40
Hogs, heavy, per 100 lbs.	35
Bows, per 100	35
Ducks, per pair	30
Chickens, per pair	30
Geese, per pair	40
HAY AND SEEDS	
Hay, per ton	60
Straw, per load	20
MEAT, HIDES, ETC.	
Beef, quarters, per lb.	5
Mutton, quarters, per lb.	5
Veal, quarters, per lb.	5
Lamb, quarters, per lb.	5
Dressed hogs, 100 lbs. light	55
Dressed hogs, 100 lbs. heavy	50
Hides, No. 1, per lb.	6
Hides, No. 2, per lb.	5
Hides, No. 3, per lb.	5
Calveskins, green	8
Wool, washed, per lb.	11
Wool, unwashed, per lb.	11
Lanolin, per lb.	10
Sheepskins, green	65
Tallow, rendered, lb.	3
Sallow, rendered, lb.	3

## St. Thomas Market.

St. Thomas, Nov. 29.—Wheat, per bu. 70c; oats, 25c to 26c; peas, 40c to 45c; barley, 38c to 40c; corn, 80c to 85c; beans, 60c to 65c.

## American Markets

CHICAGO, Nov. 29.—Opening—Wheat, May, 65½c; Dec, 65½c; Corn, May, 24½c; Dec, 24½c; Oats, May, 20½c; Dec, 20½c; Pork, Jan., 90½c; Dec, 90½c; Lard, Jan., 44½c; Dec, 44½c; Ribs, May, 44½c; Dec, 44½c.

## AVAILABLE SUPPLY.

New York, Nov. 29.—Special cable and telegraphic dispatches to 17½c; street's indicate the following changes in the available supply of grain last Saturday, as compared with the previous Saturday: Wheat, United States and Canada, east of the Rockies, 1,422,000 bushels; decrease 3,000,000 bushels; Liverpool Corn Trade News reports, afloat for and in Europe, increase 308,000 bushels; total supply, increase 3,808,000 bushels. Corn—United States and Canada, east of the Rockies, decrease 1,422,000 bushels; Oats—United States and Canada, east of the Rockies, increase 801,000 bushels.

## Dairy Markets.

CHICAGO, Nov. 29.—Butter quiet; creameries, 14c to 15½c; dairies, 12½c to 13c. Cheese steady, at 8½c to 10½c.

## NEW YORK, Nov. 29.—Butter

steady; western creamery, 15c to 24c; do factory, 11½c to 15c; Eggs, 23½c to 24c; imitation creamery, 13c to 17c; state dairy, 18c to 20c; do creamery, 15c to 23c. Cheese steady, large white, 9½c; small white, 10c; large colored, 9½c; small colored, 10c; light skin, 7c to 7½c; part skins, 5½c to 6½c; full skins, 5c to 5½c.

## Geo. McBean &amp; Son.

We are open for orders of GRAIN, FLOUR and MILL FEED. If offering please state quantities and lowest prices.

P. O. BOX 807 MONTREAL

## The Oil Market.

PITTSBURGH, Pa., Nov. 30.—Oil opened \$1.15. PITTSBURGH, Nov. 30.—Oil closed at \$1.15.

## PETROLIA, Nov. 30.—Oil opened and closed at \$1.40.

## English Markets.

Ruling prices for the past four market days—The following table shows the quotations per cental at the Liverpool for the three past market days. In the case of wheat highest prices are given.

	Nov. 28.	Nov. 29.	Nov. 30.
WHEAT			
Red Winter	0 0	0 0	0 0
Do. 1st Nor. Spring	6 3	6 2	6 2
Do. 1st Cal.	6 10	6 10	6 10
Do. 2nd Cal.	6 0	6 0	6 1
Do. 3rd Cal.	6 0	6 0	6 0
CORN			
New	3 11	3 11	3 11
Dec.	3 9	3 9	3 9
March	3 7	3 7	3 7
May	0 0	0 0	0 0
June	0 0	0 0	0 0
Poss.	0 0	0 0	0 0
Pork	0 0	0 0	0 0
Plum	0 0	0 0	0 0
Tallow	19 6	19 6	19 6
Lard	27 6	27 6	27 6
Cheese, white	14 6	14 6	14 6
Cheese, colored	14 6	14 6	14 6

## Liverpool, Nov. 30.—2:30 p.m.

Wheat—Firm: spot No. 1 Cal., 6s 10d to 6s 10½d; No. 2 red northern spring, 6s 6d to 6s 6½d; spot No. 3 red northern spring, 6s 4½d.

Corn—Quiet. American mixed, old, 3s 11½d; do, old, nominal Oct., 3s 7½d; Nov., nominal; Dec., easy, 3s 10d; March, easy, 3s 8d.

Beef—Dull. Extra India mess, 6s 6d; prime mess, 6s 3d.

Pork—Firm mess, fine western, 50s.

Bacon—Cumberland cut, 2s 3d to 3s 10s; firm; 2s 6d; long clear middles, heavy, 4s to 4s 10s; short clear backs, 16 to 18 lbs., long clear, middles, 2s 3d to 3s 2s; short ribs, 20 to 24 lbs., strong, 2s 2d; clear bellies, 14 to 18 lbs., steady, 3s 4s.

Short Sides—Square, 12 to 14 lbs., firm, 2s 6d; Hams—Short cut, 14 to 16 lbs., dull, 3s 4s.

Lard—Prime western, 27s.

Butter—Firm. United States, 24s; good, 60s; Cheese—American, finest white, 4s 6d; do, colored, 4s 6d.

Tallow—Prime city, 2s 3d.

Turnip oil—Firm, 2s 2d.

Rosin—Common, 4s 3d.

Petroleum—Refined, 6s 6d.

Crude oil—Firm, 14s 6d.

Cottonseed oil—Liverpool refined, 14s 6d.

## Advance..

## Information

Have you tried our advisory and information service? Hundreds of others have, and with most profitable results. Our terms are \$10 per week, or \$30 per month, in advance.

Send us one of your business cards and we will send you a full and complete list of the information available at this time, and those who are interested will receive a full and complete list of it. Highest references on application.

## The Prudential Information &amp; Investment Co.

In Prudential Building, Buffalo, N. Y.

## Live Stock Markets.

TORONTO, Nov. 29.—There was a pretty heavy run in the western cattle market this morning, and prices were a little easier than last Friday.

There were \$3 loads delivered, comprising 1,150 head, and 4,500 head in balance in cattle. In the export line the trading was rather slow, although the cables reported a firm market in the old country. The best shippers are quoted as high as 4½c per lb. and export bulls from \$3 25 to \$3 75 per cwt. Good butchers' cattle found a ready sale, and meat for the holidays commanded a good price. Choice animals sold at 3½c per lb. and good stockers were quiet, at prices ranging from \$3 25 to \$3 50 per cwt. The market for small meats was firm; offerings were fair and prices unchanged.

Hogs are quoted at from \$2 50 to \$2 40 per cwt, and lambs at from \$2 50 to \$2 40 per cwt. Calves are quoted at from \$3 25 to \$3 50 per cwt. There was the usual run of hogs with prices unchanged, the best selections selling at 4½c per lb. much cows, \$30 to \$40; export cattle, per cwt, \$3 25 to \$3 75; butchers' cattle, choice, per cwt, \$4 to \$4 15; butchers' medium cattle, per cwt, \$3 50 to \$3 75; stockers, per cwt, \$2 75 to \$3 50; sheep, per cwt, \$2 50 to \$3 25; lambs, per cwt, \$2 75 to \$3 25; calves, per head, \$3 to \$5. Best selections, \$4 50; light, per cwt, \$4 to \$5; thick fat, per cwt, \$4 to \$4 25; cows, per cwt, \$2 to \$3 25.

CHICAGO, Nov. 29.—The general demand for cattle today was only moderate. The inquiry was chiefly for good choice fat corn-fed cattle, prices for which were steady, while half-fat droves moved off slowly at weak to slightly lower prices; native beef steers

## were saleable at \$4 to \$4 25 for common, \$4 50 to \$4 75 for fair to medium, and \$5 to \$5 25 for good, strictly prime ship

and export lots. Canning cows were about 10c lower, a few going as low as \$1 80, but choice butchering cows and heifers were steady; calves were steady, and stockers and feeders were in moderate demand, with sales ranging at \$2 30 to \$4 25. The market for hogs was active and steady, at Monday's decline; sales ranged at \$3 10 to \$3 35 for the commonest to the best hogs; shippers' purchases were light; pigs sold mostly at \$3 to \$3 25, and the hogs sold largely at \$3 25. The supply of sheep and lambs was excessive, and medium grades were much too numerous; lambs moved off slowly at \$3 10 to \$5 50 for inferior to prime flocks, good to choice selling largely at \$5 to \$5 25; yearling so on for \$4 25 to \$4 75, and sheep sold at \$2 50 to \$4 25, for inferior to choice, not much being done below \$3 50; nice feeding sheep were held at \$3 75. Receipts—Cattle, 4,000; hogs, 40,000; sheep, 16,000.

NEW YORK, Nov. 29.—Beef—Receipts, 910; four cars medium to good steers, \$4 15 to \$4 75; good to choice, \$4 75 to \$5 25; rough stuff unsold. Feeding easier. Cattle steady. Exports, 350 cattle and 5,600 quarters of beef. Calves—Receipts, 297; veals slow; barely steady; grassers dull and nominally lower; 100 grassers unsold; veals, common to prime, \$5 to \$5 50; no westerns. Sheep and lambs—Receipts, 3,644; trade slow; sheep steady; lambs, 15c to 25c lower; some sales 25c lower; sheep, \$3 to \$4 60; selected, export do., \$4 85; lambs, \$5 25 to \$5 50; no very choice hogs. Hogs—Receipts, 3,487; market higher at \$3 85 to \$4 for good to choice hogs.

EAST BUFFALO, Nov. 29.—Cattle—In the absence of sale cattle the market was nominally steady at yesterday's closing prices. Calves were steady on the basis of \$7 50. Sheep and lambs—the offerings were 15 loads, five of which were held over, common to Canada's; the demand was quiet, and prices 10c to 20c lower; there were lambs sold at \$5 45 today that were quoted at \$5 65 Monday; choice to extra at \$5 25 to \$5 50; good to choice, \$4 75 to \$5 25; common to fair, \$4 20 to \$4 50; sheep, choice to extra, \$4 20 to \$4 50; good to choice, \$4 to \$4 20; common to fair, \$2 50 to \$3 50. Hogs—the offerings were light—four loads—and the basis was \$3 50 pigs, \$3 65 to \$3 70; rough, \$3 15 to \$3 25; stage, \$2 25 to \$3; heavy hogs were quotable at \$3 55 to \$3 60.

## OLD COUNTRY PRICES.

Liverpool, Nov. 28.—Prices of cattle continue firm; American steers are quoted firm at 11½c to 12½c per lb., estimated dressed weight; refrigerator beef is also higher at 10½c per lb.

## FOR BUSY READERS

The Bay of Quinte at Belleville, O., is closed by ice.

Fourteen thousand letters have just reached Vancouver from Dawson City.

Hillary Alway, son of Dr. Alway, of Boston, committed suicide by shooting himself through the head.

The stonework on the piers and abutments of the new inter-provincial bridge at Ottawa is nearing completion.

Hamilton aldermen have voted down a proposition to take a vote of the people to reduce the number of aldermen.

The Cheney block at Manchester, Conn., was destroyed by fire on Tuesday. The estimated loss is between \$50,000 and \$60,000.

Mr. J. E. Hopkirk, late of the Kingston postoffice, has been superannuated and will receive \$700 per annum and back pay amounting to over \$500.

F. G. Wallbridge, of Midland, is gazetted associate coroner for Simcoe; W. H. Atkinson, of the village of Wheatley, associate coroner for Kent and Essex.

Lawrence Badgley, of Harwich township, was employed in the woods when he was struck by a falling tree, which crushed both legs so badly that one had to be amputated.

Rev. Dr. Sutherland conducted the funeral at the Markham Methodist Church last Sunday. The church was in need of \$1,200, and the whole amount was raised at the two services.

The funeral took place at Chatham on Monday of Wm. McGlashan, who died in Decatur, Mich., at the advanced age of 83 years. Deceased was one of the best known residents of Kent County, having lived there for over 50 years.

Fire supposed to have been caused by the nibbling of mice in a pantry broke out Tuesday evening in the dwelling owned and occupied by R. Ventres, at Bobayagon, Building 2, joining the main part of the dwelling were completely destroyed with part of their contents.

The first writ in connection with the recent bridge disaster at Cornwall, where a dozen workmen were killed, was issued yesterday by Judge Thomas Mulvey, on behalf of Patrick and Mary Murphy, father and mother of Patrick Murphy, who perished in the accident. They ask \$5,000 damages from the contractor and sub-contractor, and also ask that the contractor sign his contract here, but the accident happened on the American side of the river.

## WAYLaid AND BEATEN

Two Indians Arrested on the Charge of Beating a White Man.

John Cary, a farm hand employed by James Whiting, about a mile from Muncey postoffice, was most brutally assaulted by two Indians while on his way home on the evening of Nov. 23.

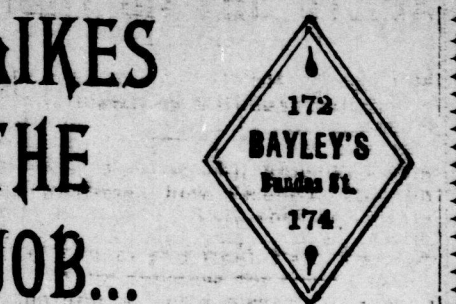
Cary was at the postoffice between 6:30 and 7 o'clock, for Mr. Whiting's mail, when Elijah Beaver and Walter Beth entered and attempted to pick a quarrel with him. Their efforts were in vain, however, for Cary refused to have anything to do with them, and started for Whiting's at the first opportunity. When he had gone a short distance down the road he was overtaken by two men, who knocked him down and kicked him on the face and head until he became unconscious.

Three hours elapsed before Cary recovered sufficiently to complete his journey and inform Mr. Whiting of what had occurred. His face is terribly swollen and his head is cut and bruised.

The two men were arrested yesterday by county constables, and remanded by Squire Lacey until Dec. 6. Cary has identified the two prisoners as the persons who assaulted him.

## Not That Kind!

Scott's Emulsion does not debilitate the stomach as other cough medicines do; but on the contrary, it improves digestion and strengthens the stomach. Its effects are immediate and pronounced.



Look like it, anyway. Some mothers prefer work, and worry, and expense any time, to satisfaction and economy. Of course they mean well, but they don't know. Mothers, look about you—examine—compare. Have you ever tested the wearing qualities of our "Can't-Wear-'Em-Out" Brand of Hose for boys and girls? Time and money savers.

XXX—A very fine English Cashmere, 1 and 1 rib, six-fold knees and ankles, handsome stocking for boys or girls, price from 18c up.

AI—For boys, of bright English Worsted, wide rib, very heavy, great warmer, price from 25c up.

SPECIAL—Winter weight fine plain Cashmere, Hosiery, spliced heel and sole, a beautiful hosiery stocking for girls, price from 30c up.

FOR LADIES

We have a leader at 3½c—a stocking well worth more. Give our Hosiery Department a trial.

Special Drives in Ladies' and Children's Underwear.

President McKinley Said To Be Favorable to a Treaty.

The Fish and Lumber Duties Are the Sticklers.

Dog-in-the-Manger Policy of New England Fishermen—Newfoundland Working With Canada.

Washington, Nov. 30.—[Globe special.]—Not a little difficulty is being experienced by the president and his friends in securing the adhesion of prominent Republican senators to a reasonable reciprocity schedule, but the belief is confidently expressed by those behind the scenes that success will finally crown the president's efforts. It is by no means an easy task to induce legislators who eighteen months ago erected a high tariff wall against Canadian products to take part in a movement to pull it down again, but President McKinley can accomplish it if any man in the United States can. In the struggle between the chief magistrate and the anti-reciprocity Republicans, now in progress, the president can appeal to his record as a consistent protectionist and assure the doubting ones that he is no less eager than are they to conserve the interests of the people of the United States. He can also measure the probability of the "expansion" lever to great advantage. With vast industrial possibilities opening up abroad and in the newly acquired territory, Canadian competition in a few farm and forest products will be less likely to affect the American producer than ever before. The most convincing argument of all, however, and the one that is most frequently used, is that the necessities of world-politics require close co-operation and a cordial understanding between the British Empire and the American Republic.

FREE LUMBER NECESSARY.

Sir Wilfrid Laurier and his colleagues are no less desirous than President McKinley of removing all causes of friction, but they have to consider the interests of Canada first, not are they disposed to sacrifice them even for the sake of brotherly feeling. They consider the Dingley tariff an unfriendly measure. They believe that in view