

Shaker Cooking Receipts.

21



TO GET UP A SOUP IN HASTE.

Chop some cold cooked meat fine, and put a pint into a stew pan with some gravy, season with pepper and salt, and a little butter, if the gravy is not rich, add a little flour moistened with cold water, and three pints boiling water, boiled moderately half an hour. Strain over some rice or nicely toasted bread, and serve. Uncooked meat may be used by using one quart of cold water to a pound of chopped meat, and letting it stand half an hour before boiling. Celery root may be grated in as seasoning, or a branch of parsley thrown in.

HASHED COLD MEAT.

Take your bones and stew them in a little water with an onion, some salt and pepper, and, if you like, a little savory herbs; when the goodness is all out of the bones, and it tastes nice, thicken the gravy with a teaspoonful of cornstarch, and if it is not very strong, put in a bit of butter; then place your stew pan on the hot hearth, and put in your slices of meat. Warm, but not boil. Serve with toasted bread.

10th Month.

OCTOBER, 1890.

31 Days.

Day Year.	Day Month.	Day Week.	CHRONOLOGICAL EVENTS.	For Montreal, Quebec and regions of St. Lawrence & Ottawa Rivers.			For Toronto and province of Ontario lying on & between the Gt. Lakes.			MOON'S PHASES.
				Sun rises.	Sun sets.	Moon rises.	Sun rises.	Sun sets.	Moon rises.	
				h. m.	h. m.	h. m.	h. m.	h. m.	h. m.	
274	1	W	Fulton's First Trip, 1807.....	5 58	5 40	7 29	5 57	5 41	7 34	Last quarter.....
275	2	T	First Railroad in the U. S., 1833.	5 59	5 39	8 01	5 58	5 39	8 08	New moon.....
276	3	F	Samuel Adams born, 1803.....	6 1	5 37	8 38	5 59	5 38	8 46	1st quarter.....
277	4	S	Battle of Germantown, 1777.....	5 2	5 35	9 22	6 1	5 36	9 31	2nd quarter.....
278	5	S	Battle of Thames, 1813.....	6 3	5 33	10 12	6 2	5 34	10 22	3rd quarter.....
279	6	M	Jenny Lind born, 1821.....	6 4	5 31	11 08	6 3	5 32	11 17	Full moon.....
280	7	T	Edgar A. Poe died, 1849.....	6 6	5 29	morn.	6 4	5 30	morn.	
281	8	W	Henry Fielding died, 1754.....	6 7	5 27	0 09	6 5	5 29	0 17	
282	9	T	Chicago Fire, 1871.....	6 8	5 25	1 13	6 7	5 27	1 20	
283	10	F	Battle of Leipsic, 1813.....	6 10	5 24	2 17	6 8	5 25	2 23	
284	11	S	Bahama discovered, 1492.....	6 11	5 22	3 21	0 9	5 23	3 26	
285	12	S	Robert E. Lee died, 1870.....	7 12	5 20	4 26	6 10	5 22	4 29	
286	13	M	Canova died, 1822.....	6 13	5 18	5 31	6 12	5 20	5 32	
287	14	T	William Penn born, 1644.....	6 15	5 16	6 38	6 13	5 18	6 37	
288	15	W	Battle of Jena, 1806.....	6 16	5 15	sets.	6 14	5 17	sets.	
289	16	T	Kosciusko died, 1817.....	6 13	5 13	6 55	6 15	5 15	7 00	
290	17	F	Burgoyne surrendere, 1777.....	6 19	5 11	7 30	6 17	5 13	7 36	
291	18	S	Lord Palmerston died, 1865.....	6 20	5 10	8 16	6 18	5 12	8 23	
292	19	S	Battle of Cedar Creek, 1864.....	6 22	5 8	9 12	6 19	5 10	9 20	
293	20	M	Battle of White Plains, 1776.....	6 21	5 6	10 16	6 20	5 8	10 24	
294	21	T	Battle of Trafalgar, 1805.....	5 24	5 4	11 29	6 22	5 7	11 36	
295	22	W	Nana Sahib captured, 1874.....	6 26	5 3	morn.	6 23	5 5	morn.	
296	23	T	T. Gautier died, 1872.....	6 27	5 1	0 45	6 24	5 4	0 51	
297	24	F	Daniel Webster died, 1852.....	6 28	4 59	2 04	6 25	5 2	2 07	
298	25	S	Battle of Balaklava, 1854.....	6 30	4 58	3 23	6 27	5 1	3 25	
299	26	S	Tr. Fontainebleau, 1807.....	6 31	4 56	4 40	6 28	5 0	4 40	
300	27	M	Cuba discovered, 1492.....	6 33	4 54	5 57	6 30	4 58	5 55	
301	28	T	Harvard College founded, 1636.....	6 34	4 53	rises.	6 31	4 57	rises.	
302	29	W	John Leach died, 1864.....	6 35	4 52	5 56	6 32	4 55	6 02	
303	30	T	Gov. Andrew died, 1864.....	6 37	4 50	6 31	6 33	4 54	6 39	
304	31	F	Gen. Hooker died, 1879.....	6 38	4 49	7 12	6 35	4 52	7 21	

Mother Seigel's Operating Pills are the best family physic ever discovered.