



Foot Saved in 4 Days!

"Nothing but Zam-Buk could have done it," says Mrs. A. Berryman, 190, John Street, North, Hamilton, in describing how her right foot, crushed by a wagon wheel, was healed. "The foot was terribly bruised, blackened and inflamed, and I waited away with pain. When it was quite impossible for me to move about, my husband's mother got me to try Zam-Buk. It was surprising! Within TWO DAYS all swelling and discoloration had disappeared and pain was banished. In FOUR DAYS, through this timely use of Zam-Buk, I could get about as usual; the injured foot was thoroughly healed."

Zam-Buk is the powerful antiseptic healer which quickly frees the skin of corruption and disease and grows new healthy tissue. No common ointment or salve can possibly compare with Zam-Buk. Get a box to-day! 50c. all dealers or FREE SAMPLE for 1c. postage from Zam-Buk Co., Toronto.

ZAM-BUK For Healing!

ACID STOMACH!! GAS, INDIGESTION

Chew a few Pleasant Tablets—Stomach Feels Fine!



Instant stomach relief! Harmless! The moment "Pape's Diapepsin" reaches the stomach all distress from acid stomach, indigestion, gas, heartburn, palpitation, fullness or stomach pain is relieved. Correct your digestion for a few cents. Millions keep it handy. Druggists recommend it—Advt.



Canadian Mothers, You Should Be Healthy and Happy!

Vancouver, B.C.—"Motherhood left me a physical and nervous wreck. I was so weak I could scarcely get around and was so nervous to sleep. I had headaches and backaches all the time and distressing pains in my side—my health was entirely gone. I doctored but got no relief to speak of until I began taking Dr. Pierce's Favorite Prescription, and before I had taken all of one bottle I was much improved, and in time I was completely restored to health. Have had two fine, healthy children since. Had it not been for Dr. Pierce's Favorite Prescription I don't know what I would have done."

What Doctor Pierce's Favorite Prescription has done for other mothers, it will do for you. Get this new day from your neighborhood druggist, in either liquid or tablet form, and write Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for free, confidential medical advice. Send 10 cents to Dr. Pierce's Laboratories, Bridgeburg, Ont., if you wish a trial package of tablets—Advt.

Cuticura Quickly Clears The Scalp of Dandruff

On retiring, gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water, using plenty of Soap. This treatment does much to keep the scalp clean and healthy and promote hair growth.

Sizes 25c. Ointment 25c. and 50c. Tablets 25c. Sold throughout the Dominion, Canadian Dispensary, Limited, 245 St. Paul St., W. Montreal.

Cuticura Soap shaves without soap.

BRILLIANT RECITAL IS GIVEN BY MISSES BECK AND LITTLE

Two Young Artists Play Delightfully For Women's Music Club.

OPENS NEW SEASON

Brilliantly placed as the opening event of the season, the recital given last evening by Miss Marion Beck and Miss Helen Little was equally brilliant in itself.

Weather conditions at the opening hour were such that seemed practically to preclude a large attendance. Consequently, the fact that the collegiate auditorium, in which the recital was held, was considerably more than half filled, was proof positive of the hold these two young artists gained when they appeared together in recital for the first time last season. The affair last evening was the auspicious of the Women's Music Club, and the audience included, in addition to members, a large number of visitors.

The program was one of brilliance and scope. Miss Little's numbers amply displayed her unusual command of technique, but they included also soft and subtle things, which allowed her audience to become engrossed in the work itself, regardless of her art in playing it. In her superb fashion, Miss Little has mounted the obstacles of technical difficulty, so that her playing is a smooth, flawless volume of sound, which defies criticism or analysis. Last night's program showed her at her best.

Miss Beck has a happy faculty of choosing sweet, quaint numbers for her encores, adding to the pleasant touch of informality to her program. Her songs last evening were for the greater part in French, and the perfect medium for conveying the wonderful training she has undergone. In her last group, and with encores, however, Miss Beck sang several delightful numbers which appealed more directly to the hearts of her audience. The quality and range of her voice is impressive, and especially in her latter numbers, it was coupled with a sweetness and appeal coming from her own personality.

Mrs. Harrington played accompaniments, and appeared with Miss Little in the opening number, an Arensky suite. She was gown in black. Miss Beck and Miss Little both wore light color. The former's frock was simply made, the latter's skirt, and worn with a silver bandeau was prettily effective. Miss Little's dress was relieved simply with a contrasting color, and she wore pearls.

The program: Suite for two pianos, Arensky; Ave Maria (Ottello) Verdi; Chantant Papillon, Campra; Etude Nocturne and Two, Chopin; Chopin; Ballade, Debussy; Rigaudon, Haydn; Apres Un Reve, Faure; Pourquoy Rester Seule, Saint Saens; L'Heure Serenade, Rachmaninoff; Caprice Espagnol, Moszkowski; Solves's Song, Grieg; For a Dream's Sake, Cyril Scott; A Madrigal, Victor Harris.

PLANS FOR POWER NEAR COMPLETION

Despatch On St. Lawrence Project Will Be Sent U. S. Soon.

Canadian Press Despatch. Ottawa, Jan. 21.—Although Premier King had nothing to announce for publication tonight, following a lengthy session of the cabinet council it is believed that the St. Lawrence water power plans, prepared by the Ontario government, were under consideration, and that a despatch in connection with the project would be forwarded to Washington about the middle of the week.

Premier Ferguson of Ontario in an address at a political banquet Thursday night, made reference to the matter. He said that the plans were practically complete, and that they would be submitted to federal authorities in a day or two. The Ontario premier was hopeful that the federal government would look with favor on the proposals.

What attitude the dominion government will assume in connection with the proposals to generate power upon the St. Lawrence, is a matter which will be made public, it is believed, when the despatch to Washington is made public. It is thought that the advisability of having a Canadian-American board of engineers draw up a report, upon the scheme may be suggested.

A Health Secret

It is frequently claimed by physicians that nine-tenths of all human ills may be traced to neglect to keep the bowels regular and the liver and kidneys active.

The result is an accumulation of poisons in the system which cause pains and aches and give rise to such dreaded diseases as appendicitis, Bright's disease, diabetes, high blood pressure, etc.

Dr. Chase's Kidney-Liver Pills are the ideal regulators of these vital organs because they act directly on the liver, kidneys and bowels, and ensure a thorough cleansing of the system.

You will notice that while the price of Dr. Chase's Kidney-Liver Pills has been increased to 35 cents, the box now contains 35 pills instead of 25 as formerly.

Likewise Dr. Chase's Nerve Food is 60 cents a box of 60 pills, instead of 50 cents a box of 50 pills. Edmanson, Bates & Co. Ltd., Toronto.



VESTRY MEETINGS SHOW SUCCESSFUL YEAR HAS CLOSED

Financial Statements Seven Anglican Churches Are Presented.

OFFICERS ARE ELECTED

Plans For This Year Call For Increased Activity In All Departments.

Seven Anglican churches in the city held their vestry meetings last night and elected their officers for the coming year. All showed a balance on hand in the bank, and all found that they had given considerable sums towards various church organizations. In all cases, in spite of the cold night, there were large attendances, and the officers were congratulated on the work they had accomplished in the year.

ST. JAMES. With an unusually large and enthusiastic attendance, the work of the church in the last year was reviewed and many votes of thanks bestowed on the various officers and organizations of the church. Over \$5,000 in cash was given toward building the new parish hall, and the synod balance was fully met. There was a balance of over \$400 in the current account in the bank.

An unusual occurrence was the passing of a standing vote of thanks to the rector, Rev. Armistead, and Mrs. Armistead for the fine work they had accomplished in the year. Officers elected were: Lay delegates to the synod (re-elected), G. P. Collyer, R. E. Davis, A. F. Nash; substitutes, R. H. Curtis, E. J. Dawson and Chris Hodgins; wardens (re-elected), George E. Forsythe as rector's warden and Chris Hodgins as people's warden. A. F. Nash was elected representative to the Bible Society and Chris Hodgins representative to the church extension committee; auditors, E. J. Dawson and C. S. Manuel (re-elected).

ST. PAUL'S CATHEDRAL.

The meeting of the vestry was held in the parish hall. Very Rev. Dean Tucker presided and P. D. Mitchell acted as vestry clerk. The financial report showed that the church had met its expenses and had a balance on hand. It was decided to go ahead with the work of increasing the accommodation in the parish hall. This is a work that has been planned for some time.

Officers elected were: Lay delegates to the synod, G. M. Moore, Dr. A. J. Grant and J. L. A. Hunt; substitutes, James Orr, C. W. Nicholls and Fred Kingsmill; church wardens, Colonel Innes Carling and Dr. J. G. Hunt.

CRONIN MEMORIAL.

The financial report rendered by the church treasurer showed that the conditions of the funds of the church were in good shape, and that \$1,000 had been given by the congregation during the year towards work in the missionary field. R. T. Brynner, treasurer of the bazaar

recently held in the parish hall, reported receipts of \$3,527.25.

Officers elected were: Vestry clerk, W. J. Smith; people's warden, W. H. Robinson; rector's warden, George Hayman; auditors, F. Birch and G. Mills; lay delegates to the synod, R. K. Brynner, T. E. Davidson and C. Gilbert; substitutes, H. J. Childs, Ed Smith and Major Passey; select vestry, H. J. Childs, R. K. Brynner, P. McElreid, H. B. Davis, S. McCracken, George Mills, Mrs. C. Keene, W. J. Smith, C. Gilbert, Ed Smith, G. F. Pearson and J. Elgie.



"All Aboard" Play Worthy of Professional Stage

Staff of London Life Scores Tremendous Hit in Initial Offering.

ENTIRE CAST STARS

Work of Kathleen English Stands Out As Brilliant.

Pleasantly surprising its audience, "All Aboard," presented last night at the Patricia Theatre under the auspices of the London Life Women's Club, proved to be a production worthy of the professional stage. Those who had nurtured "amateur" when they bought their tickets were home amazed at what had been accomplished in such short time by the Rogers Producing Company, backed up by an energetic committee of the London Life staff. The songs were, the chorus girls were pretty, their costumes were attractive, the comedy was good, the stage was effectively set, and there was a star which must have caused a disturbance in every woman's mind. The play, which was a comedy, evoked the envy of every woman present. For Miss Kathleen English as "Billy's" sister had everything her own way.

She sang, danced and laughed her way through the whole production with just that subtle touch of success in the life of a musical comedy star.

Sharing the honors with her was Ellis Hall, as Alexander C. Phome, a negro comedy, who was responsible for the laughs last evening. But when it came to recognition by the greater ovation, no one received a greater ovation than the part of Capt. Kidd with a vim that would have done credit to a more seasoned actor.

Elmer Heighway as "Billy," the irresistible college youth, about whom the whole comedy was written, showed himself to be a versatile actor. He was the "butt" of the whole show, so far as the story went, and it went as far as a set of false teeth.

Just four false teeth, nobly won on a Rugby field. But the source of constant embarrassment to the hero, who has to wear them, an embarrassing situation, then got its climax, when the teeth drop out during a proposal to his best girl.

Even this might have been patched up had not the story of his humiliation been drawn to such proportions that the "four teeth" became four "wives" in the mouths of gossips. And while it is perfectly respectable to have four false teeth, it is simply not allowed to have four false wives.

The cleverness with which the producer has made use of this simple device, "the false teeth," to create a funny situation, even goes to the extreme of bringing in the name of Dr. George Fraser, well-known London dentist. And, of course, Mayor Wenige was not neglected during the evening.

The main characters also included Miss Betty Dale: Mrs. Sloane, a comedy which was taken by Mrs. Frieda Stephens; Johnny, who caused all the trouble, presented aptly by Harold Chapman; Jennie, a Swedish comedy part, remarkably well done by Miss Lotta Fisher; two eccentric sailors, whose very appearance was the signal for outbursts of laughter, so skillfully were they portrayed by John Smith and Ned Bailey.

Indeed, one of the cleverest of comic choruses, the "Eccentric Sailors' Dance," in which John Smith and Ned Bailey mimic a bevy of sailor maidens dancing upon the ship. For the scene of "All Aboard" is laid upon the good ship Florida. And the deck is the stage.

Perhaps the most effective of all the chorus numbers was that entitled "What Will the Answer Be?" when Dorothy and a throng of fishing girls, cast their lines into the audience and proceeded to fish with toy hearts. Dorothy's solo is an intriguing number, which is effectively set off by the chorus which, among the other songs which will linger for some time in the ears of those who went to see "All Aboard," are "Overalls" and "A

INSULIN BEING MADE FOR EXPORT

Toronto University Ships Diabetes Treatment To Nine Foreign Countries.

Canadian Press Despatch. Toronto, Jan. 21.—C. H. Best, who was associated with Dr. F. G. Banting in the discovery of insulin as a cure for diabetes, announced this afternoon that production of insulin at the Toronto University laboratories is now far ahead of the local demand.

"We are making twice as much as is being consumed," said Mr. Best. "We are sending it to eight or nine other countries now. That has been made possible by the provincial grant. In this connection I want to thank the various city authorities for their supply of glands, free of cost during the early stages of the work, and at a low price at present, that is helping to lower the cost, which, I hope, will be still lower in the near future."

Mr. Best's announcement was made at the annual meeting of the Toronto Board of Trade, following the enrollment of Dr. F. G. Banting and Mr. Best as honorary life members of the board.

MOTHER!

"California Fig Syrup"

Dependable Laxative for Sick Baby or Child



Hurry Mother! Even constipated bilious, feverish, or sick colic babies and children love to take genuine "California Fig Syrup." No other laxative regulates the tender little bowels so nicely. It sweetens the stomach and starts the liver and bowels without griping. Contains no narcotics or soothing drugs. Say "California" to your druggist and avoid counterfeits. Inset upon genuine "California Fig Syrup" which contains directions—Advt.

EXCRUCIATING PAINS, CRAMPS

Entirely Remedied by Lydia E. Pinkham's Vegetable Compound

Eberts, Ont.—"I started with cramps and bearing-down pains at the age of eleven years, and I would get so nervous I could hardly stay in bed, and I had such pains that I would scream, and my mother would call the doctor to give me something to take. At eighteen I married, and I have four healthy children, but I still have pains in my right side. I am a farmer's wife with more work than I am able to do. I have taken three bottles of Lydia E. Pinkham's Vegetable Compound and I feel that it is helping me every day. My sister-in-law, who has been taking your medicine for some time and uses your Sanative Wash, told me about it and I recommended it now, as I have received great relief from it."—Mrs. NELSON Yott, R. R. 1, Eberts, Ont.

Lydia E. Pinkham's Vegetable Compound is a medicine for ailments common to women. It has been used for such troubles for nearly fifty years, and thousands of women have found relief as did Mrs. Yott, by taking this simple medicine.

If you are suffering from irregularity, painful times, nervousness, headache, backache or melancholia, you should at once begin to take Lydia E. Pinkham's Vegetable Compound. It is excellent to strengthen the system and help to perform its functions with ease and regularity.

ZERO WEATHER HAS NO TERRORS

TO THOSE WHO OWN A

GAS HEATER

Instant Heat!

Clean, pure, healthful heat is quickly available from a gas heater. There's no muss and no fuss. Besides one of these wonderful heaters floods the room with cheer and firelight. Just the thing for a den or bedroom.

Priced from \$4.50 up.

Sold on Small Monthly Payments.

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