

Style and Home Topics  
For All Women Readers.  
Comment by The Nomad

# WHAT EVERY WOMAN WANTS TO KNOW

Mrs. Norton Discourses  
on Task of Dishwashing.  
Read Katherine Leslie.

## MRS. NORTON'S PRACTICAL HELPS FOR THAT BUGBEAR OF THE HOUSEKEEPER—PLAIN, OLD DISHWASHING!

[BY MRS. ALICE P. NORTON.]

Head of the Department of Home Economics of the University of Chicago.

Dishwashing still remains for many people the chief bugbear of housework. It is repeated three times a day; it is not creative like cooking; it seems to have less permanent results than other cleaning, and it just has to be done.

No successful mechanical dish washer for ordinary family use seems yet to be on the market. The housekeeper must depend on her own careful planning and her own devices for lessening her work. Some have found help in the use of a bit of hose attached to the faucet, others in a large wire basket for dipping the dishes in the running water.

Some small and inexpensive utensils will help. A soap shaker will utilize small pieces of soap and prevent waste that comes from letting soap lie in the water. A wooden-handled rubber plate scraper is effective for washing platters and milk bottles. A dish mop saves the hand, and may be used with very hot water. If it is shaken out to dry after each use and is occasionally boiled in water with a little washing soda in it, it may be kept as clean as a dish cloth.

Everybody knows the chain dish cloth for pots and pans, but only a few have discovered the tin "triangle" that is excellent for cleaning corners (cost five cents). A stiff brush for the sink and a sink shovel help, though if the dishwasher is poured through a sink strainer, particularly if this is lined with a piece of newspaper, there should not be many particles in the sink to be gathered up.

HERE IS A BIT OF HOUSEHOLD "HERESY": Don't think it a mark of poor housekeeping, if you wash your dishes only once a day instead of three times. Just see that they are neatly gathered up, and, except for the knives, which should be washed after each use, there are many times when the companionship of the wife and mother after supper is worth more to her husband and her children than the doing of this special task at this particular time.



MRS. ALICE P. NORTON.

Plenty of soft paper should be at hand for wiping out plates, gathering up grease or cleaning sauce pans. Paper, indeed, might be used much more than it is in the household, since it can be burned or thrown away.

Except where rigid separation of garbage and rubbish is required by the city, a piece of newspaper in the bottom of the garbage can and a paper bag in the refuse jar near the sink save time spent in cleaning. A newspaper spread over the table where dirty work is to be done, such as the cleaning of a chicken or the filling of lamps, serves the same end.

It is easy to acquire the habit of rinsing off each cooking dish as soon as used. The egg-beater washed immediately (in cold water first, like all dishes that have held egg or milk), the milk bottle or cocoa pot filled with cold water as soon as emptied, mean a saving of time and effort.

If something "caught on" to the saucepan when you had to leave your kitchen to answer the door bell fill the pan with water, add a spoonful of washing soda and put it back on the stove to boil a few minutes, unless, indeed, the pan is aluminum. In that case no soda should be used, but the spot must be scoured off.

In your cooking, study to soil as few dishes as possible. The simple habit of measuring dry things first, then liquids, means one cup to wash instead of two.

The secret of good dishwashing consists in carefully cleaning the dishes and piling each kind together; in rinsing in cold water when necessary; in washing the cleanest dishes first (unless you wish to get the cooking dishes out of the way first of all, and then begin again); in the use of plenty of hot water both for washing and rinsing; in drying with clean towels.

Glasses look cleaner if a little ammonia is used in the water instead of soap, and they are wiped directly from the first water; just as windows are washed with a spoonful of ammonia or kerosene in the water to avoid the thin film that the soap often leaves on the glass. Soaps, in addition to the ammonia may be used for the silver, but this must be thoroughly rinsed in very hot water and quickly dried.

Silver may be easily cleaned by boiling it in an alumina pan kept for the purpose in a solution of one tablespoon of washing soda and two teaspoons of salt to two quarts of water; or an agate pan may be used if a small piece of aluminum foil is added to the solution. "Silver clean" pans bought for from \$1.25 to \$2.

In her next article Mrs. Norton will shed some light on the dark spots of housecleaning.

Kingsmills

DRYGOODS . . . DUNDAS STREET

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# CARPET SALE

Yesterday, a customer said: "It certainly does pay to buy carpets now. Why, your best carpets are included." Yes, we told you that everything in this sale is taken from our regular stocks. All the lines now on sale are strictly Kingsmill Quality.

Best Axminster and Wilton Carpets.

Our Regular \$1.75 Yard, for \$1.25

AND when we say our regular \$1.75 yard it means that they the best value in all Canada at \$1.75 yard. We know of stores where Carpets not so good are sold at \$2.00 and \$2.25 yard. You have a choice of many pretty designs in a wide range of colors, all English made and imported direct. A carpet for drawing-room, hall, bedroom or living-room. February Sale price, yard \$1.25

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THIS standard English Carpet is always in demand and has never been sold for less than \$1.25 yard, and is one of the best Carpets for hard wear. Your choice of ten excellent designs and colors. Each pattern has a 22-inch border to match. Buy now and save money. Have the Carpet laid away till you need it. February Sale price, a yard.....\$1.00

Our 60c Yd. Tapestry Carpets, February Sale, 49c

LUCKY if you buy one of these Carpets. Designs for dining-room, bedrooms or parlor. Some very attractive patterns. A serviceable Carpet for hard, constant wear, which we sell regularly at 60c yard. February Sale price, per yard.....49c

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An unusually low price for such a high-grade Carpet; excellent patterns, 36 inches wide. Guaranteed to wear well. Yard.....30c

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30 Pcs. of Fine White Lace Curtains at Less Than Cost

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\$4.75 CURTAINS AT \$3.00  
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25 Pairs Soiled Curtains

We will sell these to first-comers tomorrow, so be here at 9 o'clock. Just 25 pairs, some soiled, but prices are away below cost.

Extraordinary Curtain Values, \$1 Pair

We've never shown such a great collection of quality Curtains as we now have for this February Sale. Many are copies of very expensive Curtains, while all pretty patterns in up-to-date, reliable makes. See window display. Many \$1.25 and \$1.50 Curtains, at per pair.....\$1.00

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Regular 75c Yard. Full 50 inches wide, Mercerized Furniture Coverings and Drapery Fabrics; looks like silk, wears better. A complete range of shades, in blue, pink, rose, gold and green; stripe or floral design. See window display. Buy now at this great February Carpet Sale. Yard.....40c

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You can save your fare on these values. Mail orders will be carefully filled. We pay express on all orders of \$5.00 and over. Visit this great Carpet Sale.

Remnants of Curtain Materials at Cost

One table of Curtain Nets, Muslins, Madras, Bungalow Nets and other Curtain Ends all at cost price. One lot of Colored Muslins, Scrims, etc., to clear at, per yard.....10c

Kingsmills

CARPETS . . . CARLING STREET

Kingsmills

## ALL SAINTS A. Y. P. A. HOLD PANCAKE SOCIAL

A jolly time was spent by the A. Y. P. A. of All Saints Church on Tuesday evening, when a pancake social was held for the members and their friends. The first part of the evening was occupied in various progressive games, among them, being the sewing on of buttons, floating needles in water, and other unique amusements. Several of the young ladies proved their ability in the culinary line, and were kept quite busy making enough pancakes to satisfy the demands of those present.

## MOTHER and BABY and Doctor (Helen MacMurchy)

BILLY STEVENS—His Story

VI.—How to Clean the Feeding-Bottle.

Copyright.

Let me see that feeding-bottle. A TUBE. Everybody thought that nobody had a feeding-bottle and a tube to it any more. Take off the tube. Take a pair of scissors and cut the tube in two. Small both ends. Did you ever smell anything more displeasing? Poisoning the baby with such sour and fermented material as that!—for a tube is impossible to clean. Probably that sour milk has been there since the baby had its first meal. To use a rubber tube with a feeding bottle shows sinful stupidity or ignorance or criminal carelessness. Take your choice. Then throw the tube into the garbage pail and hope that the scavenger man will put it in the very hottest corner of the incinerator.

Now look at the bottle. Scalding water wanted? Not yet, my friend. For that milk left at the junction of the sides and base of the bottle will be coagulated by heat because it is largely albumen. What you want first is cold water to rinse it out. Then a long slender stick to reach the crevices and clean out every last grain of milk and soda again and again till the bottle shines inside and out. Then boil the whole thing. Here is a nice new rubber nipple which fits well over the top. Scald it too and then place both the bottle and the nipple in a pan of cool boiled water till they are wanted, when they may have one last scald out with boiling water before the milk is placed in the bottle.

ODDS AND ENDS. A white plume can be cleaned successfully by dipping it in raw, cold starch, slightly blued, then let dry and shake off the powdered starch. If not clean, repeat.

To get rid of moths and roaches from closets and bureau drawers, sprinkle powdered borax over and around the shelves and cover with clean paper.

## KATHERINE LESLIE'S HOME CHAT



### ELECTRICITY AND THE FLAT IRON

Science in its sweeping progress through the world has not disdained to enter the kitchen and to point out wherein its antiquated methods and utensils might be improved upon. Nowadays the kitchen is heated from the furnace in the same way as the rest of the house; an amazingly convenient gas range has replaced the old wood stove or coal range. This has done away with the weary carrying of coal and wood, and the removal daily of dust and ashes. There is no shaking or poking. A turned cock and a lighted match, and the stove is ready for boiling, frying, roasting, or toasting. There is no useless consumption of wood or coal—so soon as the food is cooked the gas is turned off. In the laundry small portable gas rings are used to boil the clothes instead of the dangerous wood stove that made the laundry a torment in summer. To my mind the gas range could be improved upon by having white enamelled pans to catch the droppings and drippings from the pans and kettles. An enamelled iron around the top of the stove to fit over the rim would make for cleanliness, since it could not absorb grease as the iron burns off, and it could be so easily wiped clean and dry. But there is another invention that has gladdened the heart of many a housekeeper since its advent. I refer to the electric iron. Anyone who has used this sort of iron will never except in the direst necessity go back to the old stove heated flat iron. Think of having the iron ready for use in two minutes! All you have to do is

turn on the current, and before you know where you are the pressing is done. Contrast this with the old method! The nuisance of getting up fire in the range, the enervating heat of the room, the weary walking between stove and board. The electric iron has changed all that. In midsummer you iron in a fireless room, the heat of the iron is always the same, and you stand still and iron indefinitely with a smooth, clean iron that neither scorches nor freezes.



### The Birthday Calendar

IF THIS IS YOUR BIRTHDAY

Do not play games of chance or risk anything of value. Your mind should be free from such things, for some perplexity threatens you and a wise decision will mean much to you. These born today will be of generous, likeable natures, and will succeed well after patient efforts. Their tendencies will be toward scientific and sociological pursuits.

A BEAUTIFUL WOMAN. She cast aside the bitter things of life. She had no time for malice or for strife. So much there was to fill her heart and mind.

She lived her life completely being kind.

That shoes should be fitted late in the day as feet are larger than then in the morning.

### COMMENT

By "The Nomad."

In the delegation of ladies who waited upon the board of education in the interests of the local playground movement, were represented two of London's most enterprising bodies of women—the Women's Canadian Club, and the United Mothers' Clubs of the city.

It is largely owing to the efforts of these two organizations that Londoners were first awakened to the need of supervised play centres for the children—an awakening that later resulted in the equipping of four playgrounds in the city. This was not, however, accomplished without much educating of public opinion on the part of the ladies. Various plans were tried for interesting citizens, which finally culminated in the house-to-house campaign so successfully conducted last June.

The benefits of the supervised playground have already been felt in London, and the mothers and others interested are looking forward to a still more successful season this year. But the work cannot properly be carried on without a supervisor, and on Tuesday afternoon the nature of the appeal to the members of the board of education was for a continued grant towards the salary of this official. The old adage "a work begun is half done" is all right as far as it goes, but to stop there means that the task remains "half done" and no lasting results can be obtained as

long as it is incomplete. This may aptly be applied to the playground situation in London. Last year saw it "well begun." May this year see the building up of last year's foundation. It is citizens work in which both men and women can help.

With the opening of the Lenten season it is interesting to note some of the quaint oldtime customs and observances which cling around such days as "Collop Monday" and "Shrove Tuesday." The latter has, of course, its religious significance, earning its name from the fact that on this day all good members of the Church of Rome confess their sins and are "shrived." In former times Shrove Tuesday, and the days preceding it, was the occasion of much festivity, all of which, however, had to be ended at the stroke of midnight which ushered in Ash Wednesday, the first day of the Lenten period.

On "Collop Monday," the people were accustomed to cut up their flesh meat into "collops" or steaks for salting and hanging up until the end of Lent. It was a practice for school children in England to go about among their friends singing:

"Shrove-tide is nigh at hand,  
And I be come a-shroving,  
Pray, dame, something,  
An apple or a dumpling."

Or this:

"Ashfovin, a-shrovin'  
I be come a-shrovin'.  
A bit of bread, a piece of cheese  
A bit of your fat bacon,  
Or a dish of doughnuts,  
All of your own makin'."

The evening meal on Shrove Tuesday was invariably formed of pancakes. This for two reasons, according to a historian, who says: "The fish diet was considerably led up to by a dinner of collops on Monday and pancakes on Tuesday, thus showing by a practical lesson that rebellious man is better induced than driven to mortification, although a very necessary and, indeed, a universal observance." The second reason for pancake diet was that in this way all the "eggs, lard and drippings, etc., which are forbad on Ash Wednesday and thereafter" might be used up. People were called to confession on Shrove Tuesday by a "Pancake bell." Tradition states that the bell-ringer was supposed to be entitled to a pancake from each family for reminding them of their duty. In some parishes in England the bell is still rung on "pancake Tuesday."

The Nomad

Open Evenings. For inspection of military styles, Madame Alenby's millinery parlors, 619 Richmond street.

## Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

From an Irishman.

Dear Miss Grey—I. Will you kindly publish the birthday calendar for Aug. 20?

2. What do you think of my writing? Many thanks, HOME RULER.

A.—1. (October 20). "Some one whom you love will give you cause for grief, and changes and events will happen. Your most careful attention will be required by some personal or business affair. A cool head and steady eye will be your best aids."

Those born today will be brilliant and likeable, and will share their possessions with their friends generously, and often bringing themselves to want thereby."

2. Yours is indeed a characteristic handwriting. It is extremely neat and legible.

A Beauty Hint.

Dear Miss Grey: This is the first time I have taken the pleasure of asking you a few questions:

1. Please tell me what will remove pimples from one's face.

2. When at the skating rink, should you always give your gentleman friend the first hand?

3. Would you please give me your opinion on playing "gooseberry," that is when your company is wanted?

4. Please pass your opinion on my writing. A QUESTIONER.

A.—1. A very plain diet, plenty of outdoor exercise, a daily bath, and drinking frequent glasses of water, are all helps for clearing the complexion. A lotion to touch the pimples with several times a day is this: Precipitate of sulphur, 1 dram; tincture of camphor, 1 dram, rosewater, 4 ounces. You could have half the quantity made up at a drug store.

2. I believe that is considered one of the understood rules in skating or dancing.

3. You are not sufficiently explicit, and I read you are at a loss to know just what you mean to ask me.

4. Your letters are extremely well formed, but in joining them to make words you make the connecting lines much too long. Practice writing your letters closer together and your handwriting will be more legible.

The "P. P. C." Card.

Dear Miss Grey: I entertained for a friend's guest; she left the city two or three days after the party. In about three weeks I received her card through the mail, with "P. P. C." in

## A Good Tooth Brush

If you want a really good tooth brush—one that you'll not be afraid to use—a brush that will not leak bristles—a guaranteed brush—ask to see our special 25-cent brush.

Many different styles—soft, medium, or hard.

Our price—Twenty-five Cents.

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THE PROGRESSIVE DRUGGISTS.

## Useful Recipes

### VELVET CAKES.

To one well-beaten egg add one tablespoonful of melted butter, one-half pint of milk, one-half teaspoonful of salt, one-half pint of flour, one teaspoonful of cream of tartar sifted with the flour, one-half teaspoonful of soda dissolved in one spoonful of hot water. Beat and bake at once on a well-greased griddle.

### DUCHESS POTATO BALLS.

Prepare a quart of fluffy, mashed potatoes. Beat in an egg, then form into balls; white still hot, roll lightly in an egg beaten with one-half cup of water and set on a buttered sheet in a hot oven till browned. Remove with a pancake turner.

## A Guaranteed Action

The action of the Martin-Orme Piano is stamped with the firm's name. They are responsible for it, as well as every other part. There is no chance that keys will stick. The instrument will back up the player of an intricate piece of music with an action that is dependable and responsive.

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## PERSONALS

Subscribers are invited to write their items of personal news on this city and hand it in to The Advertiser office.