



## Health Rundown?

### Health Restored

Mrs. F. J. Malcolm, Lucknow, Ont., writes: "My system became run down and I was very nervous. I was easily irritated and any trivial matter or noise from the children would upset my nerves. I also suffered from indigestion, and often ate without accumulating in my stomach, causing great distress. For about a year I was unable to attend any kind of gathering or be in a crowd, my nerves were so bad. In fact, it would be difficult to outline fully just how I felt. I called on the Doctor, and took the medicine he gave me, but did not seem to improve. One day I read of Dr. Chase's Nerve Food, and what it was doing for other people suffering from nervousness. I resolved to try it, and by the time I had taken three boxes, I could notice an improvement. I continued this treatment until I had taken nine boxes. By this time I felt real well and strong again. All my old troubles and symptoms had been removed, and I felt like my old self once more. Since then, I usually keep Dr. Chase's Nerve Food in the house, and when I feel the least bit run down or fatigued, I take a few more. By following this plan I keep strong and healthy."

**Dr. Chase's Nerve Food**  
**GERALD S. DOYLE, Distributor**

### The Suffrage Movement

ADDRESS DELIVERED BY MRS. JULIA SALTER EARLE ON WEDNESDAY EVENING IN THE PRESBYTERIAN SCHOOL HOUSE ON HAMILTON STREET.

Madam and Chairman,  
Ladies and Gentlemen.

It is very hard for me with such a short time at my disposal this evening to do justice to the subject under discussion to-night. Realizing as I do that there is not the letter (a) on our Statute Books to protect a working girl. And whereas the League of

Nations has for its object the establishment of Universal Peace, and such a Peace can be established only if it is based upon social justice; and whereas conditions of labor exist involving such injustice, hardships and privation to large numbers of people, as to produce unrest so great that the peace and harmony of the world are imperilled; and an improvement of those conditions is urgently required; as for example, the regulation of the hours of work, including the establishment of a maximum working day and week, the regulation of the labor supply, the prevention of unemployment, the provision of an adequate living wage, the protection

of the worker against sickness, disease and injury, arising out of his employment; the protection of children, young persons for old age and injury, protection of the interests of workers when employed in countries other than their own; recognition of the principle of freedom of association, the organization of vocational and technical education and other measures. Whereas also the failure of any nation to adopt humane conditions of labor is an obstacle in the way of other nations which desire to improve the conditions in their own countries; the High Contracting Parties, moved by sentiments of justice and humanity as well as by the de-

sire to secure the permanent peace of the world, agree to the following: The League of Nations has decided that there shall be a woman when questions affecting women are to be considered. I am sure that you will all agree with me that not having the letter (a) on our Statute Books to protect a working-girl that we need the representative vote of women. Women Suffrage for Newfoundland is coming soon. Why, you ask me, are you so certain? My answer is—Because God is in His Heaven, and not a sparrow falleth to the ground without His knowledge, and he knows what Woman Suffrage gained would mean for the working girls of this city, and my faith as it has always been, is placed with Him, and He is with the right.

What is the New Woman's Sphere? Have fundamentals changed or is it still true that Woman's place is in the Home? The new woman has come to dwell among us. Who—and where—is she? What is she doing? In the Children's Hospital, she is a conspicuous figure. She enters briskly beside a woman of older regime—the trained nurse; together they bend over a small patient; the new-comer is addressed as Doctor. Yonder we see her again—this new woman whose appearance has given the old man so much pause. And small wonder, for from her place behind a small table of ob-

vious official significance she is visiting upon the women before her—Women who, as citizens, must realize the need of using their influence, and as voters have at their disposal the means to make that influence felt—the need for a change in the laws governing child labor. From there we follow her to a meeting of the Housewives League to listen to discussions of supplies and prices, of poor transportation facilities, of cornered markets or of fair margins of profit. Facts and figures seem to dominate the Assembly. And yet one glimpse in an executive chamber of the Town Hall, the chosen representative of the Municipality have met to administer the affairs of their community. The meeting seems much like the meetings which have been held in that room for many years until one notices an alien presence. The New Woman has penetrated even this stronghold. In fact she now goes before the electors of her town; of her constituency, and openly seeks office as the representative of the people, as Alderman, School Trustee, or even as Member of Parliament!

Where does it all lead? Has the modern woman repudiated her old responsibilities, cast off the restrictions of her womanhood, turned her back upon the job which, from the days of the first woman, has been hers—the making and tending of a home? Is it personal ambition, the lure of money, of the glamour of office, that has swept the New Woman from the quiet privacy of her old position into the very thick of the World's Action? Or—is it not something instinctive, something very much higher and infinitely more compelling than all of these? Is it the love of home? More than sixty years ago John Bright, in error measuring sentences, spoke of a fundamental truth which in these times we sometimes forget—the dependence of the greatness of the nation upon the conditions of the home and its people. I do not care, he said, for military greatness or military renown, I care for the people among whom I live. The pomp of war, wide colonies and huge empires are in my view all trifles light as air, and not worth considering, unless with them you can have a fair share of comfort, contentment, and happiness among the great body of the people. Palaces, bronzed carriages, great halls, stately mansions, do not make a Nation. The Nation in every country dwells in the cottage, and unless the beauty of your legislation, and the excellence of your statesmanship are impressed there on the feelings and condition, rely upon it, you have yet to learn the duties of Government. The reaction of such a truth—one which has been growing in our consciousness for a long time—is very simple. If the laws of our country; the conditions governing the lives and homes of our people are not making for the "comfort, contentment and happiness of the great body of the people," if they are not making the life of the Nation that life which "dwells in the cottage," as fine and as beautiful as it might be—then the great duty of the true home-maker, carries her beyond the four physical walls of her house, to work for the betterment of all conditions that affect the life within those walls. With increased knowledge of the needs of the homes of her country, comes the increased urge to serve; to lessen suffering, to bring comfort and joyousness to improve life for her children and for other mothers and their children; to turn from the tending of her own hearth to, to fan the dull embers that have all but flickered out upon a neighbour's hearth; to prove more forcibly than ever that Woman's true sphere is the Home.

### Poppy Day Returns.

Returns for the G.W.V.A. Poppy Day are now nearly complete, and show very satisfactory results. To date the total amount received is \$4,400.14 of this \$2,000.00 was collected in the city and \$2,400.14 in the out-

Star Movie Monday where there is a Show worth while

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See Fawnette and Tesori Dance and Sing  
"OH GEE! OH GOSH!"

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In most desirable materials and attractive styles: Silk and Mercerised Poplin, Triola, Lavisea and Tricoline (the equal of Silk)—all marked at practically Half Price.

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Cap and Scarf.

These are greatly under-priced—all Wool—and a wonder at the prices.

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Extra Special. White Wool 75c. 1.00

Heathers, closed wrist or Leather bound 69c. 89c.

Dents, Wool, Leather bound 98c.

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12 button, Sizes 2 1/2 to 5. Regular 4.50 2.95 pr. value

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For a low priced, good wearing drapery, don't fail to inspect this offer. White only. 1.43 pr.

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In assorted designs of Floral and all over patterns 43c. yd.

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