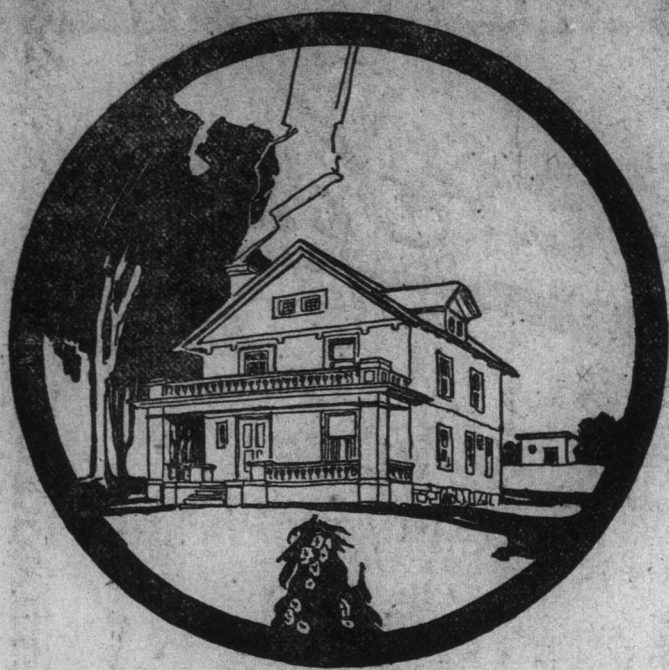




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**BRANDRAM HENDERSON**

## WEEK-END NOTES.

(L. C. M.)

O Daughters of Empire, good and true, A humble tribute I pay to you: For the time, and the toil, and the care you gave To comfort our soldiers and sailors brave.

Two hundred and four thousand dollars is the cash value of what has been earned and donated by the Ladies' Patriotic Association, since they began their good work in the autumn of 1914. Truly a handsome amount, and truly a splendid showing, and a record of which the entire population of Newfoundland might feel proud. But when we bear in mind that the total sum is the product of women's work, then we begin to see how great must their task indeed have been, and with what patient perseverance they must have toiled. And yet it has all been done in a seemingly quiet and unostentatious manner; and beyond the regular notices of the press, there has not been any "flourish of trumpets," nor "shouting from the housetops" about it. The ladies have simply worked, and plodded on; and by systematic rules, and constancy of purpose, intensified by woman's devotion, they have accomplished this great feat, and have thereby been the means of dispensing blessings indescribable upon thousands of our soldier sons, and upon thousands of our sailor lads. Many of those dear lads have fallen, and will not come back to tell of the comforts which they derived from the work of these ladies; but they shared in them all the same, and

the memory of what they have endured, will be sweetened by the remembrance of what our women at home did for them. These lads sleep far away, but they are still our own. In foreign soil were made their graves. And north the restless ocean's waves, They gave their all, they did their best. They paid the price, and now they rest.

This large sum of money which our ladies have presented to the Patriotic Fund, is the gift of the whole country; and every hamlet has had a part in the work. From North, South, East and West, the parcels and packages have come in; and by young, middle-aged and old, the work has been done; and this is what the offering is of, and from, all the people, and from every class within our fair land. But if we merely look at it in the light of dollars and cents we see only the commercial aspect of it, and we materialize the ideal and the motive of the work. The motive which has underlain this good work, and which still underlies it, is the feature which one wishes to look at; for it is here that the beauty of it all is seen. The thoughts and feelings which promoted our good women to undertake this task at once elevate it above, and beyond, all monetary and commercial values. The devotion of a woman's heart has been behind it, the love of a mother has been in it, the hopes of a maiden have inspired it.

and the sanctity of our homes has consecrated it. These are the principles that impart true value to the work of the Women's Patriotic Association, and which raise it to a place which dollars and cents can never reach. As collateral it has done untold good; but in that higher sense to which we refer, it has done even a greater good.

We may not know the toll and the care nor the time which our women have devoted to their task in this direction. We cannot know it; but we thank them none the less, for they have done a work that has brought joy to thousands of hearts, and comfort to thousands of lives. Their reward will be greater than titles and renown, and it will outlive the things of time and sense. Within the hearts of the people will they live, and within the shrine of affection will they have their most durable monument. From many a trench and from many a cot, and from many a battle field, the prayer of the suffering has gone up; and in these prayers, and in these emotions will be found in the years to come, that true reward which all such work is sure to receive.

In closing, then, we thank the ladies for what they have accomplished, and we feel confident that every one who reads these notes will add a sincere Amen to this expression of gratitude.

Toll on O Daughters, nor stay your hand,

In your work for the boys of Newfoundland;

But cut and sew, and finish and pack, Till the war is over, and the boys come back;

And a thousand hearts shall say as one,

O, mothers, and sisters, and sweet-hearts, "Well Done!"

## Milady's Boudoir.

"MAKING UP IN PUBLIC"



Years ago it was considered bad taste to do any part of one's toilet outside one's boudoir, but in these days we see women powdering their noses, applying lip sticks, and "fixing" their hair in almost every public place.

Wherever we look we see them holding up a tiny mirror while they painstakingly powder their faces; and, horrors of horrors! yes, rouge their cheeks and lips. When they have completed this process they complacently go their way, no blush of embarrassment showing through the artificial complexion.

If true art is to conceal art, then they are very artistic, for the result is as glaring as the breach of good taste. Of course no one is deceived—no one could be but a blind man, and it isn't done for him: There is a monotonous pink and white sameness in women's complexions—they are neither blondes nor brunettes any more, nor pale nor rosy faces, just a tiresome procession of whitewashed noses and evenly rouged cheeks.

And the men—what do they think of it? Why they laugh at it, not too respectfully, and they resent it as a breach of good manners, and they are more embarrassed by the spectacle than the girl herself.

There is no doubt that women do these things to make themselves attractive and win the admiration presumably of men. If they are only making themselves odious and ridiculous, isn't that reason enough for attending to those details in private?

## Your Boys and Girls.

Many complaints are heard about the lazy child, and many reasons are advanced for his lack of activity. But specialists who have devoted several years of child study to the problem agree that it is impossible for a healthy child to be lazy.

Rather it is the irresistible impulse to be up and doing that makes the healthy child so much of a nuisance to the people who wish to have everything quiet and orderly. The first thing to do when a child shows symptoms of "laziness" is to have him examined by a competent physician. In nine cases out of ten it will be found that the cause of juvenile inactivity is impaired health, if not actual disease.

When the child sits or lies about without caring to do anything, without even getting into mischief, there is generally something wrong.

Break macaroni or spaghetti into a wire sieve and then immerse it in boiling water, simply lifting it out when done. This method saves dish washing.

## Just see what splendid, snowy white, delicious bread it makes!

Never in the history of the world did good bread mean so much to you as it does now. It helps to reduce the high cost of living by



lessening the amount of expensive meats necessary, and is the cheapest, most nourishing and most extensively used food known. Decidedly you should have none but the best flour for your bread. That is why we can so heartily recommend

## Cream of the West Flour

The hard wheat flour that is guaranteed for bread

None but the finest quality Western wheat, and unsurpassed facilities could produce such splendid flour for bread. You can see for yourself how rich it is in nutritious, body-building gluten. The gluten imparts the gas formed by the yeast, thus enabling your bread to rise right away up out of the

pans, making splendid big bulging loaves, light and flaky and full of fine home-made flavor.

Cream of the West flour is guaranteed. If for any reason you are dissatisfied with it, return the unused flour to your dealer along with this advertisement (our guarantee). He will return your money, and we will repay him.

## Ask our Domestic Science Experts for advice

Fewer little problems often arise in baking bread and pastry in spite of the most careful attention to recipes and directions. Bubbles or large holes sometimes appear in the bread for no apparent reason. The biscuits, you have to admit, are not always up to their usual standard. The steam pudding may become mysteriously soggy; obviously it is not the fault of either recipe or ingredients. The expensive fruit cake is burned on the outside and uncooked in

the centre. Why? Our Domestic Science experts will gladly tell you the reason so you can avoid difficulties next time.

All you have to do to get our help is to write us a letter in your own words giving details of your baking problems. Give us the name of your dealer; also state what flour you are using. Whether you are using our flour or not we will promptly reply giving you the information desired. Write to-day. Address, Domestic Science Department, care The Campbell Flour Mills Company, Limited, Toronto, Ontario.

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## If China Joins the Allies.

Ways in Which She Can Help us to Win.

(By Sih Gung Cheng, Late Private Secretary to the Minister of the Chinese Navy.)

Will China enter the war on the side of the Allies? The question would have seemed very strange had it been asked at the beginning of the war. China was not an organized State, and she had no interest affected by a European conflict.

But two years and a half of war have altered her relation to the rest of the world. The war, at the present day, is not a war between armies or even nations. It has become a struggle between ideals, and China can no longer remain indifferent to its issue. In protesting to Berlin against the illegal and inhuman practice of killing civilians on the high seas, China is not merely following in the footsteps of the United States; she has her own ideal to avow and her own role to play.

Her diplomatic rupture with Germany will reveal once again to the world that right has triumphed over wrong, and that the Teutonic Powers have rallied against them the whole civilized world. It is even conceivable that China will prepare to render military assistance to the Allied forces.

China has a standing army 800,000 strong, created and trained during the last decade under the direction of her late President, Yuan Shih-kai, when Viceroy under the old Manchurian dynasty. Strong and courageous, China's army will fight well if adequately equipped and under good command. Her reserve force is small, as her army has only recently been reorganized on modern lines. But, with good training and equipment, a large reserve can be created at no distant date. Meanwhile the Chinese Navy, though small and not up-to-date, might be useful in co-operating with the Japanese fleet to patrol the eastern seas. There is another direction in which help could be given to the Entente Powers. The Chinese Government owns several munition factories, erected on modern lines. If properly organized and provided by the Allies with skilled labor they could produce large amounts of munitions. China can render more vital assistance to the Allies with her man power, which can be utilized for auxiliary work. The French Government has already indentured 25,000 Chinese laborers for industrial and agricultural work. When I was in the interior of France a few months ago, after my visit to the British and French fronts, I saw several factories in which many Chinese were engaged in the

production of munitions. A similar experiment could be made in this country, if the working population raise no objection.

## Check to German Commerce.

One thing China can immediately do to help the Allies: she can suspend the remittance to Germany of the Boxer indemnity, which is exacted from China by the Powers as a punishment for China's delinquency in allowing the rebellion against the foreigners to spread. The share due to Germany is £500,000 a year, and since the war it has been regularly remitted to Berlin, in spite of the fact that Germany has been cut off from the Far East, both by land and on sea. The payment of interest and dividends to the German creditors of Chinese loans will also be suspended.

ed, if the expected diplomatic rupture is followed by drastic measures. A check will also be given to the German commerce, which had been developed at a marvelous speed before the war. China has been regarded by Germany as the most promising land for exploitation, as she is the richest in natural resources and is the best developed industry.

Nor would the advantages from China's entry into the war be all on one side. There is no doubt that in the future she is destined to come into closer contact with other nations, and her alliance with the mighty Entente Powers would secure her future against aggression and ensure the peaceful development of her industries.



Another point. If the great war is not to be waged in vain, some kind of world co-operation must survive the conflict. But a world co-operation will be a sheer illusion if it leaves out the Chinese, who represent one-fourth of the world's population. With their entry into the Entente Alliance any scheme formulated by the Allies for the maintenance of peace would cover every civilized race, and would have far greater hopes of success.

**Household Notes.**  
There should be a candle and box of matches on every bedside table. Then if the electric light fails your light is handy.  
A bread pudding can be as good as plum pudding if you put into it the various flavourings and fruits that are put into plum pudding.  
When you draw the chicken put a newspaper on the table and as you work the refuse can be rolled in the paper and put into the fire.  
Minnard's Liniment Cures Diphtheria.

## Stop That Itch.

The terrible, gnawing, itch disappears with the first few drops of that mild antiseptic wash—the D. D. D. Prescription for skin diseases. This new discovery, a soothing, healing lotion, kills and washes away disease germs. D. D. D. gives instant relief and permanent cure for all skin troubles.  
Relieve your skin distress—get a bottle of D. D. D. Prescription to-day. Sold Everywhere. Recommended by T. McMurdo & Co., A. W. Kennedy, M.



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