GIN PILLS

NUTS, CANDIES and

lay of fancy box CHOCOLATEs from the best firms in Canada can't

V. W. SIMMS

Christmas Carol

What means this glory round

our feet,"
The Magi mused, "more bright than morn?"

and veices chanted clear a

eweet,
"Today the Prince of Peace
is born!" What means that star," the

Shopherds said, "That brightens through the

rocky glen?" And angels answering over-

Sang, "Peace on earth, good will to men!" Tis eighteen hundred years

and more Since those sweet gracies were dumb;

We wait for Him, like them of yore; Alas, He seems so slow to

come! But it was said, in words of

No time or sorrow e'er shall

That little children might be

In perfect trust to come to All round about our feet shall

shine A light like that the wise

If we our loving wills incline To that sweet Life which is the Law.

So shall we learn to under stand

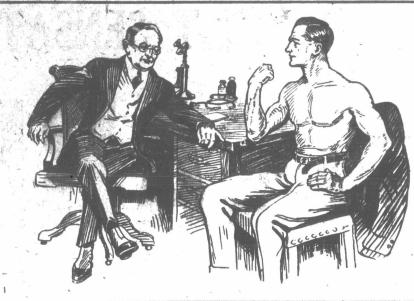
The simple faith of skepherds then, And, clasping kindly hand in

Sing, "Peace on earth, goodwill to men!"

But they who do their souls no wrong, But keep at eve the faith

Shall daily hear the angel-song, "Taday the Prince of Peace

-James Russell Lowell.



"But I Am Not Nervous, Doctor, See How Strong I Am"

ES, you are strong, all right, and I find after a careful examination that there is no indication of organic disease.'

"Then what does seem to be the trouble?"

It is your nerves, the internal nerves which control the action of the vital organs such as the heart, the stomach, the liver, the kidneys, etc. This is called the sympathetic nervous system. It is not at all uncommon for strong, healthy-looking people to suffer from this form of nervous

"I never thought I was nervous."

"How do you act in the dentist's

"Well, I generally keel over in a faint."

"That is just it. Your sympathetic nervous system is affected by the thought that you are going to be hurt. Your digestive troubles are due to the run-down condition of your nerves."

"I never thought of that."

"No, and not many people realize the all-important part played by the nerves in the digestion of the food and the functioning of the vital organs. The flow of the digestive fluids in the stomach, the filtering of bile from the blood by the liver,

the purifying of the blood by the kidneys—all these functions and many more are controlled by the sympathetic nervous system. Consequently when the nervous energy runs low all these processes are slowed up and you suffer accordingly.

"While examination shows that there is no organic disease, the action of these organs is weak because of the exhausted condition of the nerves. You need a good nerve tonic.'

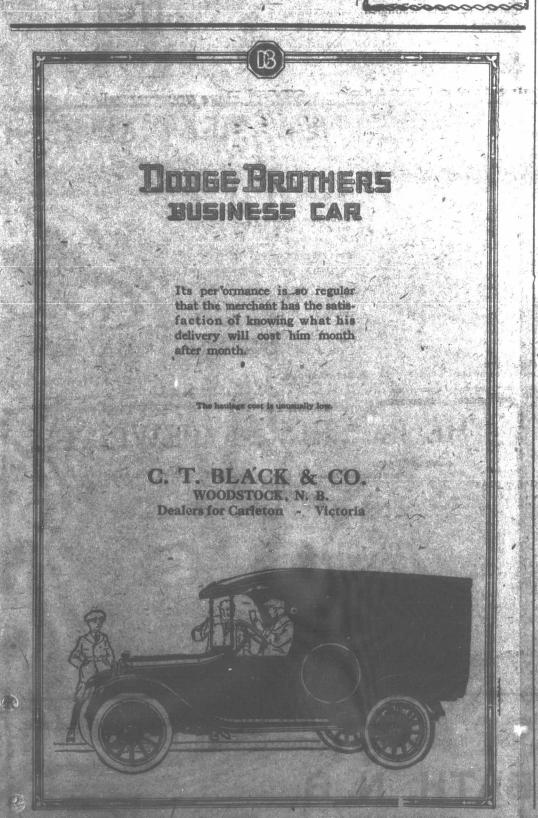
"What about Dr. Chase's Nerve

"There is nothing better that I know of. I find evidence everywhere I go of the exceptional restorative power of this popular treatment. But do not expect to get well in a day. It takes time to bring back strength and vigor to an exhausted regress system."

"How long will I need to use the Nerve

"That is hard to say. Perhaps two or three months. But you will soon feel the benefit of this treatment and then keep right on using it until you are fully re-stored."

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. Look for portrait and signature of A. W. Chase, M.D., on the box you buy.







is big, heavy Underwear that keeps out the cold and prevents chill. It's the sturdy Nova Scotia wool-carefully made and well trimmed-that will give you warmth, comfort and service.

Eureka Underwear is the underwear for all men who work outdoors-Farmers, Lumbermen, Teamsters, Fishermen, Steel

The Eureka Trademark is on every garment to guarantee extra quality, extra wear, extra money's worth. Look for it.

Nova Scotia Underwear Co., Limited, Windsor, N. S.