

AFTER MEALS

When digestion fails, whether from loss of tone, climatic changes, overwork, or errors of diet, nothing so soon restores tone and healthy activity to the digestive system as the root and herb extract—Mother Seigel's Syrup. It tones and regulates the liver and bowels, and clears the system of the decayed products of indigestion—the fruitful cause of headaches,

TAKE THE DIGESTIVE TONIC

languor, acidity, heartburn, flatulence, brain fog, and biliousness. It makes food nourish you, and thus builds health on good digestion.

MOTHER SEIGEL'S SYRUP.

The new 1.00 size contains three times as much as the old size sold at 50c per bottle.

"SAFETY FIRST" PIONEER

N. S. Dunlop Introduced Novelities Into Canadian Railroad Life

Mr. N. S. Dunlop, tax and insurance commissioner of the C.P.R., who decided to take a prolonged rest upon the advice of his physician, had been in the service of the company for 29 years. He joined in 1888 at Toronto. The year afterward he was appointed tax and insurance commissioner and claims adjuster. In these capacities Mr. Dunlop did excellent work.

Mr. Dunlop may be said to be the father of Safety First on the Canadian railways; and into this work he threw himself with splendid enthusiasm—doing much to popularize the movement. As far as the outside public is concerned, he is best known as the creator of the floral department of the C.P.R. He began in 1889 to save flower seeds from his own garden; and conceived the idea of spreading the cult of flowers over the system. He was a flower, nature and work lover; and the work was congenial to him. He sent out seeds and bulbs to the agents and others along the system; and soon, from ocean to ocean, the plots in front of hundreds of stations were ablaze with flowers. He gave prizes, and labored in every way to make this feature notable. In this he succeeded abundantly.

Mr. Dunlop is a member of the New York State Stenographic Association, one of the oldest and largest associations of shorthand in the world; but his brochure, "What the Flowers Tell Us," and his work of love in adorning a big railway system with floral beauty, will be Mr. Dunlop's best recognition in connection with his long service with the C.P.R.

RUBBER FROM STEEL

Its Manufacture From Coke Oven Gases a Possibility

At a recent meeting of the Iron and Steel Institute in London, the president read a paper on by-products in steel manufacture. He discussed the utilization of blast furnace gases for operating gas engines and for illumination and heating, and the later developments in making nitric acid from these gases, and also the manufacture of bricks and cement from slags. A new idea was presented looking toward the synthetic production of India rubber from coke oven gases. The president's words were: "It was being sought to obtain from it the hydrocarbons, the derivatives of which were found in India rubber, and experiments that had been made permitted the foreshadowing of the manufacture of artificial rubber."

System Was Full of Poison; Pains in Side and Back

Had Constipation for Many Years, but Was Entirely Cured by Dr. Chase's Kidney-Liver Pills.

The most common ailment and the greatest cause of disease and suffering to-day is constipation. Artificial food and sedentary indoor life combine to induce torpid, sluggish action of the liver, kidneys and bowels. As a result poisonous waste matter remains in the system and gives rise to pains and aches and affords a starting-point for serious disease.

Infectious and contagious diseases are little known to persons whose liver, kidneys and bowels are kept in healthful activity, for there are suitable conditions for disease germs to thrive in. Even common colds usually take their start when they find the system in a constipated, poisoned condition.

Mrs. Ed. Miller, West Flamboro, Ont., writes: "I can truthfully say that Dr. Chase's Kidney-Liver Pills have cured me of constipation. I suffered with constipation almost

ever since I can remember, and for four years had pains at the left side of the back. If I walked across the kitchen floor I would have to sit and rest. That, I think, was terrible for a woman of twenty years. The condition of my blood was shown by pimples breaking out on my face. I suffered so much from pains and stiffness in the back I am sure my system was full of poison. Dr. Chase's Kidney-Liver Pills have entirely cured me, and I feel better than I have felt for many years."

As a cure for constipation Dr. Chase's Kidney-Liver Pills stand alone, for by their action on the liver they awaken the activity of this organ, cause a good flow of bile, and hence remove the cause of indigestion, for bile is nature's cathartic. One pill a dose, 25 cents a box, all dealers, or Edmanston, Bates & Co., Limited, Toronto.

Western Assurance Co.

(INCORPORATED 1851)

ASSETS - - - \$3,213,438.25

DIBBLEE & AUGHERTON, Agents

Woodstock, N. B.

Telephone: Office, 18-41.

Residence, 144-11.

The Home Treatment

For Liquor and Drug Habits

When you have taken this treatment in the privacy of your own home for three days you are just as good a man mentally and physically as you were before you commenced to drink and you will have no desire, appetite or craving for liquor in any form. Each treatment is specially prepared for each case under supervision of a registered physician. Send for interesting literature etc.

The Home Treatment Co., - Grand Falls, N. B.

LIMBLESS SOLDIERS

Clever Feats Done With New Scientific Devices

British soldiers who have lost an arm in the war are doing some amazing feats. Indeed, with the artificial limbs now offered, it is possible for a persevering man to almost equal nature. Queen Mary Auxiliary Hospital at Roehampton is exclusively for disabled soldiers and sailors. The King and Queen visited this institution founded by Mrs. Gwynne Holdford, and were deeply impressed. At one of the branches the King saw a Tommy working and found that though he had lost an arm and leg at Armentieres, he is now able to do useful work. With a special clip taking the place of a dummy right hand he used a variety of tools under the King's inspection, and afterward took a match from a box and lighted it with dexterity and ease.

"Can you shake hands?" asked the Queen of an armless private of the First West Ontario Regiment. "Try me, your majesty," promptly replied the Canadian. The Queen shook hands with him, laughing merrily at the convincing grip of the artificial hand.

Professor Laveran showed the French Academy of Science a remarkable substitute for a missing arm invented by Professor Aaur. The arm hand and fingers are of aluminum and very light. With a glove on it is almost impossible to perceive the limb is artificial. Certain movements of the thorax acting on fine steel wires give to the hand and arm almost all the movements of the natural limb.

FIVE "SYRUP OF FIGS" TO CONSTIPATED CHILD

Delicious "Fruit Laxative" can't harm tender little stomach, liver and bowels.

Look at the tongue, mother! If coated, your little one's stomach, liver and bowels need cleansing at once. When peevish, cross, listless, doesn't sleep, eat or act naturally, or is feverish, stomach sour, breath bad; has sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains full directions for babies, children of all ages and for grown-ups.

A ROYAL SOLDIER

Among the most popular of the Royal soldiers of Great Britain is His Serene Highness Prince Alexander, Augustus Frederick William Alfred George of Teck, who was born in Kensington Palace, the third son of the late Duke of Teck and the late Princess Mary Adelaide. Prince Alexander is the brother of Queen Mary, who has always been devoted to him. He has spent more than twenty years in the army, and saw his first active service in the Matabeleland campaign in 1896. Three years later he went to South Africa to engage in the Boer war. He was present at the relief of Kimberley and took part in Lord Roberts' advance on Pretoria. In both campaigns he won mention in the dispatches, and earned the Distinguished Service Order and promotion to the rank of captain in the Seventh Hussars. Four years after the war he was transferred to the Royal Horse Guards and promoted to the rank of major. In his South African experience he had the ill fortune to arouse the animosity of some war office officials because of his rather free criticism of the food supplied to the soldiers. On one occasion it was said, the Prince and the men under him were without food for two days, and were then supplied with meat which made him violently ill. His greatest popularity is among the rank and file of soldiers and the hospital patients, and the boy scouts have exalted him to the position of a hero.

It Works! Try It

Tells how to loosen a sore, tender corn so it lifts out without pain.

Good news spreads rapidly and druggists here are kept busy dispensing freezone, the ether discovery of a Cincinnati man, which is said to loosen any corn so it lifts out with the fingers. Ask at any pharmacy for a quarter ounce of freezone, which will cost very little, but is said to be sufficient to rid one's feet of every hard or soft corn or callus.

You apply just a few drops on the tender, aching corn, and instantly the soreness is relieved, and soon the corn is so softened that it lifts out without pain. It is a sticky substance which dries when applied and never inflames or even irritates the adjoining tissue.

This discovery will prevent thousands of deaths annually from lockjaw and infection heretofore resulting from the suicidal habit of cutting corns.

LIGHT IN THE BARN

Dingy Stables Breed Disease in Many Canadian Farms

One of the commonest mistakes made in planning Canadian farm buildings is the small number of windows in the stables. In the placing of the buildings, in their relation to one another or to other surroundings, care may have been taken, but in so many instances there has been an utter disregard of the proper lighting of the stables. Many fine barns and stables, well painted and of excellent outward appearance, are miserably lighted and are dark and gloomy within.

Prevention is better than cure, and light is the cheapest preventive measure known against disease. Dark and dingy stables are much more favorable for the development and spread of disease than a stable flooded with light. In working it is both difficult and unpleasant to grope one's way around in a stable which is dark when the sun is shining. The work can be done better, in less time and more cheerfully in a well-lighted stable than in one where at the brightest time of the day a dismal twilight reigns. For the sake of comfort and health, which means, incidentally, greater profits, let us have more light in our farm buildings.

Sheep at the Pacific

William Thompson, owner of the SX ranch in the Aspin Grove, Nicola Valley, British Columbia, says that the sheep industry throughout the valley is proving a big success both financially and numerically. Mr. Thompson is an old sheep owner in Montana and Idaho, and speaking of these states in comparison with British Columbia, says that the latter has many advantages in its favor. "One I might mention is that we are not subject to the equinoctial storms that raise such havoc and cause large losses to Idaho and Montana sheep-breeders."

The "Groundwork" of Health, Comfort and Economy

when days are wet and "all out-doors" is sleepy, is a good pair of rubbers, rubber boots or rubber farm shoes.

The sure guide to good rubber footwear—your guarantee of service and protection—is one of these Trade Marks:

"JACQUES CARTIER" - "GRANBY"
"MERCHANTS" - "DAISY"
"MAPLE LEAF" - "DOMINION"

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SEVEN LARGE, UP-TO-DATE MANUFACTURING PLANTS IN CANADA
28 "SERVICE" BRANCHES AND WAREHOUSES THROUGHOUT CANADA



Keep up the Food Supply and Help Make Victory Sure

"I AM assured that my people will respond to every call necessary to the success of our cause—with the same indomitable ardour and devotion that have filled me with pride and gratitude since the war began."

HIS MAJESTY KING GEORGE

OUR soldiers must be fed; the people at home must be fed. And—in spite of Germany's murderous campaign to cut off the Allies' Food supply, by sinking every ship on the High Seas—an ample and unfailing flow of food to England and France must be maintained.

This is National Service—
Not to the Farmer only—
But to YOU—to everybody—
This appeal is directed

WE must unite as a Nation to SERVE—to SAVE and to PRODUCE. Men, women and children; the young, the middle aged and the old—all can help in the Nation's Army of Production.

EVERY pound of FOOD raised, helps reduce the cost of living and adds to the Food Supply for Overseas.

PLANT a garden—small or large. Utilize your own back yard. Cultivate the vacant lots. Make them all yield food.

WOMEN of towns can find no better or more important outlet for their energies than in cultivating a vegetable garden.

Be patriotic in act as well as in thought.

Use every means available—
Overlook nothing.

For information on any subject relating to the Farm and Garden, write: INFORMATION BUREAU Department of Agriculture OTTAWA

Dominion Department of Agriculture

OTTAWA, CANADA.

HON. MARTIN BURRELL, Minister.

Dr. L. DeV. Chipman, for two and one-half years on the staff of the Manhattan Eye, Ear, Nose and Throat Hospital, New York, has opened offices at 42 Coburg street, St. John.—31-13.

For sale or exchange—one pure-bred Black Percheron Stallion, foaled 1903; imported from Belgium. As I have two will sell one. Also one Holstein bull six months old. Warren C. Bull, R. F. D. 4, Woodstock.

National Liquid Gall Cure, for horses, is all its name implies—and more. Ask your dealer for it.

Ladies' cotton hose, all sizes, regular 18 cent goods, three pairs for 40 cents—at Carr's.