

**W. C. T. U. Notes.**

Woman's Christian Temperance Union first organized in 1874.

Aim.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto—For God and home and Native Land.

Badge—A knot of White Ribbon.  
Watchword—Agitate, educate, organize.

Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. Rm. 14:81.

Business meeting of the W. C. T. U. the last Monday of every month.

**OFFICERS OF WOLFVILLE UNION.**

President—Mrs. B. O. Davidson.  
1st Vice President—Mrs. G. W. Miller  
2nd Vice President—Mrs. J. G. Elderkin  
Recording Sec'y—Mrs. Ernest Redden  
Cor. Secretary—Mrs. W. O. Taylor  
Treasurer—Mrs. H. Pineo.

**SUPERINTENDENTS.**

Evangelistic—Mrs. J. G. Elderkin  
Parlor Meetings—Mrs. D. G. Widden  
Labrador Work—Mrs. S. W. Vaughan  
Fishermen and Lumbermen—Mrs. W. E. Fielding  
Loyal Temperance Legion—Mrs. W. O. Taylor  
Flower, Fruit and Delicacies—Mrs. A. W. Bleakney  
Press and Willard Hall—Mrs. M. P. Freeman.  
White Ribbon Bulletin—Mrs. Hutchison.  
Temperance in Sabbath-schools—Mr. C. A. Patriquin.

**France at the Marne**

It is announced in New York that a colossal stone statue, one of the largest of the world's sculptured monuments, is to be placed by American citizens on the River Marne to commemorate the victorious stand of the French there in 1914. The statue, nearly as large as the Statue of Liberty, in New York Harbor, is to be known as "America's Gift to France." A committee of representative citizens, of which Mr. Thomas W. Lamont, of J. P. Morgan & Co., is chairman, has already completed plans for the monument and funds for its erection will be collected in the early days of March. It is expected that the cost will approximate \$250,000 and this amount will come as a free-will offering in sums of any amount from citizens in every part of the United States.

**Childhood Constipation**

Constipation—that disordered state of the digestive tract which is nearly always caused by improper feeding—can be readily regulated by the use of Baby's Own Tablets. These Tablets are a mild but thorough laxative. They are easy to take and are absolutely free from injurious drugs. Concerning them Mrs. Joseph Dion, Ste. Perpetue, Que., writes:—"I have nothing but praise for Baby's Own Tablets. When my baby was three months old he was terribly constipated but the Tablets soon set him right and now at the age of fifteen months he is a big healthy boy and this good health I attribute entirely to the use of the Tablets." They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

It is suggested that if Henry Ford keeps on raising wages it will not be long before his employees will be proud to ride in a Ford car.

**Help Your Digestion**

When acid-distressed, relieve the indigestion with

**KI-MOIDS**

Dissolve easily on tongue—as pleasant to take as candy. Keep your stomach sweet, try Ki-moids

MADE BY SCOTT & BOWNE  
MAKERS OF SCOTT'S EMULSION

**A Series of Talks on Music**



C. C. LAUGHER, MUS. BAC., BOWMANVILLE, Ont.  
No. V.  
MUSICAL SCALES.

From a musical magazine I read from the "Music Questions Answered" the following: Question: "Why do people make such a fuss over scales? They make me quite tired for there are none in any of the pieces I have played." Answer: "Any more than there are examples of the alphabet in any books you have read. The scale is the foundation of music and it is because you don't know your scales that you are such a wretchedly bad reader of music."

That is pretty straight, and we do not need to wonder how it was known that the questioner was a wretchedly bad reader of music. This reminds me of the proverb: "The less one knows, the more he shows off." Also the other similar to it: "you know much when you know how little you know."

We know that many think and some pupils say, "What's the good of all these finger exercises and scales." It is natural for them to think it, because it is a little tiresome at first and needs concentration of mind. I must answer, that to play scales and finger work, is a good essential habit and absolutely necessary to one's future musical success. It is tiresome at first, but when mastered, what wonderful results! A child first attempting to walk—is it not tiresome at first? It needs practice to acquire the art, but oh the wonderful result when mastered!

Let it be known that scales are great time savers, the modes avoid difficulties, provides ease and a natural passing and the fingers do not get mixed. Enough has been said to show that concentration means success, system brings results, and slow practice means fast progress.

I will endeavor to interest you in the scale, how it came about, and of different nations' method, etc. First, what is a scale? The word scale is taken from the Latin word "Scala" meaning "ladder." It refers to a series of tones taken in direct succession through the interval of an octave. You are, of course, acquainted with the diatonic scale—a succession of notes which occur in the key indicated by the signature; and the chromatic scale—made up entirely of semitones.

**PENTATONIC SCALE**

The pentatonic scale is made up of a five toned scale, same as our major scale omitting the 4th and the 7th note, or you may understand it better by taking only the black notes, (sharps), of the piano beginning on C sharp to the next C sharp, that forms the pentatonic scale. This scale is used by the Chinese and it is also called the Scotch scale.

You may think that music was made from the scales, but that is not so, for music was in existence long before any scale, yet ART of music was not until a scale was formed.

**THE FIRST SCALE.**

The first scale which history gives to us is of Greek origin and simply a group of 3 notes, the interval of a fourth below a given note, and a note above that fourth. Turn to the key-board and strike C, then A flat (below) then G (a note lower) keep playing these in any order, one after the other, and when you are through, make G the final note, and A flat second last, and thus you have the total number of notes used, and a sense of the tune as it must have sounded.

We get the intervals from the scale, but the Chinese Octave is out of tune to our ear; so is the Siamese fifth. You are familiar with the major third and also minor third, yet some have a third that is between the two. The Oriental System think of scales and intervals as tending downward. We recognize them as ascending, particularly the leading note which is next to the Tonic, (most important) note, and which leads up to it which forms a cadence. Think of the natural cadence of man's voice. It tends downward, for when a man raises his voice at the end of a sentence he is either asking a question or expressing astonishment. Thus it does not form a final cadence.

The lesser important notes of the scale we think of them being brought about by the weaving of the voice of the important note; a tremolo, or up and down method of singing forming an indefinite developed ornamental note to the essential note.

The Pentatonic (5 note) scale used by China, Japan, Java and the Pacific Islands, have some of the other notes but only as ornamental, but the pentatonic, or 5 notes within the octave is the unmistakable original system.

There was a time when the Greeks' musical system was most important and different modes were invented of the scale as the following will show, but you must think only of the white keys of the piano: Doric arranged the scale beginning on the note E to the Octave E. The next was the Phrygian mode commencing on D. The Lydian mode was an arrangement from the note C; Aeolic beginning on A; the Hypolydeon beginning on F and so on.

Play these scales over and you will soon realize that the Lydian is what we use as our standard

**WOMEN OF MIDDLE AGE**

Need Help to Pass the Crisis Safely—Proof that Lydia E. Pinkham's Vegetable Compound Can be Relied Upon.

Urbana, Ill.—"During Change of Life, in addition to its annoying symptoms, I had an attack of grippe which lasted all winter and left me in a weakened condition. I felt at times that I would never be well again. I read of Lydia E. Pinkham's Vegetable Compound and what it did for women passing through the Change of Life, so I told my doctor I would try it. I soon began to gain in strength and the annoying symptoms disappeared and your Vegetable Compound has made me a well, strong woman so I do all my own housework. I cannot recommend Lydia E. Pinkham's Vegetable Compound too highly to women passing through the Change of Life."  
—Mrs. FRANK HENSON, 1316 S. Orchard St., Urbana, Ill.

Women who suffer from nervousness, "heat flashes," backache, headaches and "the blues" should try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

Minari's Liniment Cures Colds, etc.

scale, and that the Aeolic is the relative minor, that is, after we have raised the seventh note to make it a leading note.

**CHROMATIC SCALE**

The Chromatic scale as we understand it is made up of 12 semitones from C to C (octave). You may be surprised when you learn that a famous lute player in Greece formed the octave into 17 equal divisions, and also that the Indian scale at one time had 22 equal divisions, and the Persians had a remarkable system of 24 equal parts.

The last stage of refinement in the development of our scale system was the assimilation of the keys to one another of the tuning of the 12 semitones so that the same mode may be started from any note as the tonic.

Until the 16th century musicians did not use more accidentals than B flat, F sharp, C sharp and G sharp. J. S. Bach gave expression to his faith in his well-known works "Preludes and Fugues" in all keys calling it the well tempered Clavier. We are thankful that the beautiful music that we hear every day from the Piano, Talking Machine, Pipe Organ, Bands and Orchestra just makes one feel like this little poem:

**DID YOU EVER STOP TO THINK**

Did you ever stop to think  
How awful it would be  
If all the music in the world  
Were thrown into the sea?  
The world would be a horrid place  
If such a thing were true.  
I would not want to live at all  
If that were so; would you?  
But that must never come to pass,  
And you must help along  
And do your bit by practising  
Your instruments and song.  
What kind of music can you  
make?  
You sing, or play violin?  
You should do something musical;  
If not you must begin.  
And practice carefully each day,  
On scales and studies many;  
And when you're asked to play a  
piece  
Don't say "I don't know  
any."  
Just play or sing as best you can.  
Sing loud, each girl and boy  
Sing while you work—sing while  
you play—  
'Twill fill the world with joy.



A good many things make it pleasant to shop here; they're all included in our general principle of real service.

Its part of our service to only sell shoes of the finest quality—that's why we feature Hartt Footwear for Ladies and Gentlemen.

It's part of our service also to think more of pleasing you than of "selling" you; to see that you are properly and carefully fitted and get intelligent attention.

We always consider that any money you pay us for shoes is still your money until you've satisfied yourself that you like the shoes you've bought.

**G. D. Jefferson**  
Wolfville, N. S.

**\$25.00 FOR A LETTER**

**CAN YOU WRITE ONE?**

**Thirteen Prizes to be Awarded In a Letter Writing Competition.**

Some years ago the Dr. Williams' Medicine Co., of Brockville, Ont., offered a series of prizes to residents of the Maritime Provinces for the best letters describing cures wrought by the use of Dr. Williams' Pink Pills for Pale People. Hundreds of letters were submitted in this competition, and yet there must have been thousands of other users of the pills who did not avail themselves of the opportunity to win a prize. To all these another letter writing competition is offered. Thousands of cures through the use of Dr. Williams' Pink Pills have never been reported. These will furnish the material for the letter to be written in this contest. There is no demand upon the imagination; every letter must deal with facts and facts only.

**THE PRIZES:**

The Dr. Williams' Medicine Co., of Brockville, Ont., will award a prize of \$25.00 for the best letter received on or before the 28th day of February, 1920, from residents of these provinces on the subject: "Why I Recommend Dr. Williams' Pink Pills." A prize of \$10.00 will be awarded for the second best letter received; a prize of \$5.00 for the third best letter and ten prizes of \$2.00 each for the next best ten letters.

**THE CONDITIONS**

The cure or benefit from the use of Dr. Williams' Pink Pills described in the letter may be in the writer's own case, or one that has come under his or her personal observation.

More than one cure may be described in the letter, but every statement must be literally and absolutely true.

Every letter must be signed by the full name and correct address of the person sending it. If it describes the cure of some person other than the writer of the letter, it must also be signed by the person whose cure is described as a guarantee of the truth of the statement made.

The writer of each letter must state the name and date of the paper in which he or she saw this announcement.

Fine writing will not win the prize unless you have a good case to describe. The strength of the recommendation and not the style of the letter will be the basis of the award.

It is understood that The Dr. Williams' Medicine Co. shall have the right to publish any letter entered in this contest if they desire to do so whether it wins a prize or not.

The contest will close on February 28th, 1920, and the prizes will be awarded as soon as possible thereafter. Do not delay. If you know of a cure write your letter NOW. Observe the above conditions carefully or your letter may be thrown out.

Address all letters as follows:  
The Dr. Williams' Medicine Co.,  
Brockville, Ont.  
Letter Contest Department.

A free ride to the Sunday services is an inducement offered by the Rev. F. A. Leak, pastor of the Hemet, California, Methodist Church. A motor bus traverses the outlying districts of Hemet every Sunday morning and takes to church everybody who has no other means of going there.

**Children Cry FOR FLETCHER'S CATORIA**

Every newspaper in the U. S. has been instructed by the Post Office Department to reduce the consumption of newsprint paper ten percent for six months.