

WORLD'S GREATEST KIDNEY REMEDY

"Fruit-a-lives" Have Proved Their Value In Thousands of Cases

WONDERFUL RECORD OF A WONDERFUL CURE

Only Remedy That Acts On All Three Of The Organs Responsible For The Formation Of Uric Acid In The Blood.

Many people do not realize that the Skin is one of the three great eliminators of waste matter from the body. As a matter of fact, the Skin rids the system of more Urea (or waste matter) than the Kidneys. When there is Kidney Trouble, Pain In The Back and Acid Urine, it may not be the fault of the kidneys at all, but due to faulty Skin Action, or Constipation of the bowels.

"Fruit-a-lives" cures weak, sore, aching Kidneys, not only cleans and strengthens these organs but also because "Fruit-a-lives" opens the bowels, sweetens the stomach and stimulates the action of the skin.

"Fruit-a-lives" is sold by all druggists at 50c a box, 6 for \$2.50, trial size 25c, or will be sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AM.—The protection of the home, the abolition of the liquor traffic, the triumph of Christ's Golden Rule in custom and in law.

Motto—For God and Home and Native Land.

Backs—A knot of White Ribbon.

Watchwords—Agiolate, educate, or organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sloop.

1st Vice President—Mrs. G. Bryant.

2nd Vice President—Mrs. J. D. Cham.

3rd Vice President—Mrs. Geo. Fitch.

Recording Secy.—Mrs. W. Mitchell.

Cor. Secretary—Mrs. Geo. DeWitt.

Treasurer—Mrs. H. Pines.

SUPERINTENDENTS.

Peace and Arbitration.—Mrs. L. Reid.

Evangelistic.—Mrs. Geo. Bishop.

Temperance in Sabbath-schools.—Mrs. (Dr.) Brown.

Scientific Temperance in Schools.—Mrs. G. Cullen.

Lumbermen.—Mrs. J. Kempton.

Willard Home.—Mrs. M. Freeman.

U. B. Bulletin.—Mrs. Langille.

Press Work.—Mrs. Margaret Bars.

Parlor Meetings.—Mrs. J. Kaye.

L. T. L.—Mrs. Howe.

School Children who use Alcohol.

Berlin, Jan. 6.—Friends of temperance reform in Germany have been collecting some startling statistics regarding the habitual use of alcohol by school children in the Thuringian States where their investigations were mainly pursued. They found in one class of forty-nine children of the average age of seven that thirty eight of these regularly drank wine, forty regularly absorbed schnaps, and all of them beer. In the higher class of girls twenty-seven out of twenty-eight regularly drank wine, fourteen schnaps and all beer. Of these twenty-one admitted that they had been more or less intoxicated on the occasion of weddings, birthdays, etc. In the town of Ortelburg in East Prussia the condition of affairs is very bad. In one school fourteen children were found with brandy in bottles in their pockets which they had received from their parents. Boys nine years of age had to be sent home because they were drunk.

FARMER'S WIFE ALMOST A WRECK

Restored to Health by Lydia E. Pinkham's Vegetable Compound—Her Own Story.

London, Ont.—"I am a farmer's wife and a very busy woman. Last summer I was taken with severe pains in my back so bad that I could not get up or scarcely move without pain, and my periods were painful. My husband called in a good doctor and I was under his care for some time, but he did me little or no good. One day a friend of mine told me to try Lydia E. Pinkham's Vegetable Compound as she had been greatly helped by it. I began taking it and soon got well, and my periods became normal again. Since then I have had perfect health. In fact I have never felt so well in my life. Lydia E. Pinkham's Vegetable Compound is a positive many women need. If you think this letter will help other women please publish it."—Mrs. E. C. Yocco, Tembling's Corner, Ontario, Canada.

Women who suffer from these ailments should read this book and should not doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

If you have the slightest doubt about Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham, 233 Central Building, Lowell, Mass., for a free copy. These letters will be appreciated, and you will be glad to receive them. Send for a copy today.

The Christmas Refrain to Sorrow.

How mirth and greetings jar an empty heart!

'Would that, remembering mourners they spoke low!

It is enough to set the tears astart,

To hear them shouting 'Merry Christmas!' so.

If heart and home, poor brother, are forgotten,

Chide not the joy that breaks with Christmas morn!

Oh, how those carols smite a lonely ear!

What is all music since my own is still!

Where God has left whole, happy circles here,

They well may sing of 'peace and His good will.'

If heart and home, poor brother, are forgotten,

Rejoice! Today Death's Conqueror was born.

Ah! what are Christmas gifts to my sight,

Since God has taken gift I love the best!

Could I but bring my precious dead to light,

The woful world were welcome to the rest.

If heart and home, poor brother, are forgotten,

Welcome the day, the Gift of gifts was born.

Though thy voice falters—greet some soul as sad;

Though thy heart aches—help other hearts to glad;

Give what thou can'st, to make the children glad;

And use thy woe to work the needy's weal.

If heart and home, poor brother, are forgotten,

The Prince of Peace can fill thine Christmas morn.

—Christian Intelligencer.

PILES

Do not suffer from this distressing ailment. It is a common complaint and can be cured by the use of Dr. Cass's Ointment.

Dr. Cass's Ointment will relieve you at once and is a certain cure. It is a powerful surgical and medicinal preparation.

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DOGS MAY TRANSMIT MANY DISEASES

One of Them, According to London, England, Don't Keep Animals in House

How many people know that appendicitis is a large number of cases is directly traceable to dogs? For year after year the grape-pit or other equally offensive articles have been found unjustly for civilization's most fashionable affliction.

"Nothing on earth would induce me to have a dog in the house," said a prominent doctor in the West End of London. "Professor Metchnikoff has discovered that dogs are extremely liable to a form of very tiny thread worm. The spores get into the fur, and a lady eating her bread and butter after fumbling the dog about could very easily transmit them to her own body. Once a threadworm gets into the appendix you have appendicitis. In some parts of France about 75 per cent. of the cases are due to this particular form of thread worm in dogs.

From some domestic pets are so unhygienic. A dog cannot tell you of the earliest symptoms of a disease, which is thoroughly developed before you can diagnose it. From a sanitary point of view, houses are much healthier without animals in them.

"Dogs are not the only offenders. Diptheria is chiefly promulgated by cats. Whenever you feed it among schoolchildren, suspect the cat. Canaries are especially subject to mumps, and many outbreaks among children have been traced to these feathered pets.

"Human beings were not supposed to live herded with animals—the days of the Ark are over and gone."

Mr. W. Kirk, a well known London veterinary surgeon, took a different view of the matter. "There is no danger in the diling dogs in the ordinary way," he said, "and there are few diseases except rabies which can be transferred to a human subject. You might have a low kind of fever from the infliction of wounds caused by the foul teeth of an old dog; but that is very infrequent."

COMPLAINTS FROM CHINA

Far Away Wives Want the Money Husbands Earn in Montreal

Acting upon complaints which came all the way from China, prominent Chinese merchants in Montreal appealed to the Chamber of Commerce in a final attempt to put a stop to the wholesale gathering of married and single laundries in the various joints and tenements along the street in that city, where they are lured by the fan tan game to hazard their earnings of a week at one sitting around the plain wooden tables over which the keeper presides and from which he takes the bets in unceasingly.

The gambling and its baneful influence was so far-reaching that far off China was heard from in the complaint of the wives of many Chinese men, who were sending no money home on account of fan tan.

The letters sent to Montreal declared that for a long time gambling has diverted the flow of money from the wives of many Canadian Chinese men, to the pockets of the fan tan gamblers.

The Chinese merchants who agreed to place him in touch with the meeting places of the Yongs, where gambling was likely to take place. He therefore arranged a detective job to catch Chinamen at a fan tan game, and it is declared that the number of successful raids do not come anywhere near the number of games which brought no results, other than to find a meeting of Chinamen with nothing in sight to indicate that a game was in progress. Sentinels are placed as far away as one hundred yards, and the semaphore signals of the boy scouts are a poor second compared to the speed of the sentry once the police appear in sight.

Feed For Sheep

In feeding sheep winter hay is all-important, and although a heavy root or cabbage crop may be an inducement to give them an extra bite to save it, it is a risky proceeding. Sheep need hay, and good hay, sweet well-made hay, the produce of young grass, is both easily digested and nourishing, and, after all, a daily ration costs very little in the end. Being a dry food, it is splendidly adapted for supplying to sheep on a watery crop, which is by no means rich in nutritious matter. It sometimes happens that the turnip crop fails, and that hay of kale are grown all will be well. But where there is no such crop to fall back upon the pasture is the only resource, with the assistance of food in the trough.

Rocket Life Savers

Since 1870 the rocket type of life saving apparatus has saved the lives of more than 9,000 shipwrecked persons on the coasts of Great Britain.

Strange Stories of Wealth

There is a man in New York who makes a good living by buying worn out rugs from dentists for the particles of platinum and gold they contain.

Census of Automobiles

English statistics place the number of automobiles in the world at more than 2,235,000, of which more than one-half are in the United States.

Reverts to the Quill

A new fountain pen for desk use is made in the form of an old-fashioned quill.

Splitting Pains in the Muscles

Driven Out Quickly by "Nerviline"

Worst Cold or Sore Throat Cured in Quick Order.

RUB ON NERVILINE.

Rub Nerviline plentifully over the neck and chest—rub it in well—lots of rubbing can't hurt. The relief will be surprising.

Nerviline is effective because it is powerful—about five times stronger than an ordinary liniment. Nerviline penetrates deeply into the tissues, gets right in through the pores and congested sinuses. It is a nervine, a stimulant, a rubefacient, and a powerful antiseptic. Rubbed on at night, it draws out the infection, and before morning takes away that feeling of tightness and stops the cough entirely.

ORIGINAL GUM CHEWERS

The Aztecs of Mexico are said to have been the first gum chewers known.

The followers of Cortez reported that the Indians chewed a gum to quench thirst and relieve exhaustion. They obtained it from the sapote tree by tapping, and taking the manner of gathering the sap is in close analogy to the process of gathering maple sap. The wood is of a reddish mahogany color, is quite hard, heavy, compact in texture, and fine grained. Doorsills and frames of this remarkable wood have been unearthed in the prehistoric ruins of Usmal and found to be in an excellent state of preservation. The wood is in demand today by cabinet-makers, who employ it in the manufacture of high-grade furniture and household fittings. The fruit, the sapodilla pear, was once very popular in Latin-American markets, but the constant tapping for the gum and the consequent tapping so reduced the size and quantity of the fruit that it has become almost a useless product. The sap looks like milk at first, but soon turns to a yellowish color and thickens to the consistency of treacle. It is collected and boiled in a rather primitive manner in large kettles, and when it has reached the proper consistency it is kneaded and the surplus moisture expressed. It is then moulded into large lumps and is ready for shipment.

PRISONERS PLANT TREES

What Australian Province is Doing Towards Reformation

According to a report of the Forestry Department of New South Wales, good conduct convicts at the state prison are engaged in the more useful and healthful work of replanting with trees the waste lands of the state.

At one prison alone 85,000 trees and American ash and pines were planted in one year.

Perhaps the only city forest in Canada is that at Quilich, Ont., where a small area has been planted surrounding the springs which furnish the city's water supply. In many of the counties of eastern Canada, however, are large areas of waste land, originally forested, and capable only of producing forests. Ontario has a Committee reforestation Act making possible the acquisition of such waste land for reforestation purposes by municipal councils, but up to the present time only one county has availed itself of this opportunity. Quebec and the Dominion Government have also passed legislation to encourage tree planting, and the Dominion Forestry Branch in the last fiscal year disposed of nearly 4,000,000 trees from the nurseries at Indian Head and woodlot planting in western Canada.

The growing of forest trees on waste lands can in most cases be made a profitable undertaking, besides providing labor to a considerable number of men, yet no extensive reforestation has as yet been done in eastern Canada.

GOOD PROGRESS IN BEING MADE WITH THE CONSTRUCTION OF THE BIG GRAND TRUNK PACIFIC RAILWAY DOCK AT FRENCH RUPERT. THIS DOCK, COSTING \$1,000,000, WILL HAVE AN IMPORTANT NATIONAL VALUE, AS IT WILL BE ABLE TO HANDLE THE LARGEST VESSELS, EITHER NAVAL OR COMMERCIAL, AFOAT ON THE PACIFIC OCEAN.

The dock will have in all twelve compartments the first of these to be put in position is 130 feet long and exclusive of other fittings has 300,000 feet of timber in its construction. The capacity of the dock is 10,000 tons and each pontoon will have two powerful centrifugal pumps, so that when the ship is in place the water can be rapidly pumped out and repair work begun. The dock is so arranged that it can be used in three separate units or in any combination that is desired.

ABOUT THE CROSS

Although the cross is the symbol of Christianity, and it is a religious emblem long before the Christian era, it was not an object of veneration, nor the insignia of religion.

The ancients used the cross as an instrument of torture, and it was before the Christian era that the cross was considered so ignominious that only the lowest manufacturers were permitted to use it.

The Egyptian obelisks were representations of the cross, and the Babylonians and the Assyrians used the cross. The coins of the early Phoenicians were stamped with the cross.

Gas Used in Soap Making

In several European countries the hydrogen gas which is a by-product of the electrolysis of oxygen is utilized for hardening oils in the soap industry.

Heats Auto Radiator

To prevent automobile radiators freezing in cold storages there has been invented a special form of electric heater taking current from a light socket.

Easy to Move Stove

Less has been invested in stoves which contain casters, but which pressure on levers projects them and enables the stoves to be moved easily.