THE WHITE RIBBON.

"For God and Home and Native Land."

Conducted by the Ladies of the W. C. T. U.

OFFICERS.

President—Mrs R. V. Jones.
Vice-Presidents—Mrs Thomas Harris, Mrs R. Reid, Mrs L. Sleep.
Recording Secretary—Miss L. Donovan.
Cor. Secretary—Miss Minnie Fitch.
Treasurer—Miss Annie S. Fitch.
Auditor—Mrs J. W. Caldwell.

SUPERINTENDENTS.

Evangelistic Work—Mrs Fitch.
Literature—Miss Sherwood.
Press Department—Mrs Tufts.
Flower Mission—Miss E. Bishop.
Social Purity—Mrs Kempton.
Benevolent Work—Mrs Blair.
Narcotics—Mrs Davison.
Health and Heredity—Mrs Currie.
Franchise—Mrs Crandall.
Work among Lumbermen—Mrs Johnson.
Mother's Meetings—Mrs Boggs.

...Next meeting in Temperance Hall Thursday, Aug. 15th, at 3.30 P. M. The meetings are always open to any who wish to become members.

...Gospel Temperance meetings, conducted by members of the W. C. T. U., are held every Sunday afternoon at 3:30 o'clock, in the vestry of the Methodist church. All are welcome.

Gothenburg Sophistries.

BY J. BURRITT SMITH.

Many good men will perhaps be deceived and led to think that only a disreputable place, kept by a characterless man, for private gain, is a saloon and a trap for humanity, and that a well-lighted, well-heated, clean and respectable room, with the agent of a large corporation or the appointee of a governor dispensing the same drinks to the same men, at the same or less prices, is not a saloon or not as great an evil.

There never has existed an evil that was not anxious to be respectable. At times, and in places, some patrons or supporters become so low that every thought of respectability is burned out; but only as an evil maintains a general respectability can it long be continued. Even then there are often men who, in their wretchedness, are compelled by the law of preservation to shake off the evil and seek its destruction.

The saloon traffic has become so disgraceful in our cities, has flaunted its evils so in our faces, has turned its vile products out into our streets and compelled us to care for them in poorhouses, asylums and jails, that the nation is now nearly ripe for its destruction. The great problem for the future of Bacchus and Gambrinus is, what new livery of heaven can they steal so as to continue there under the service of the devil and the destruction of men? It will not do for bad men to invent and advocate this new livery, but good men must be deceived and enlisted. It is done, and now the work of deceiving the masses is going on. Vigorously has this work of deception been pushed in Massachusetts; it has obtained a strong foothold in South Carolina; a few voices are raised for it in Wisconsin; undoubtedly they will increase here and in other States. Have we not tried enough of these makeshifts, and is it not time that good men got the last rum mote out of their eyes, the last thought of compromise with an evil out of their hearts, and cultivate a determination to advance by voice and vote the one right way, and the only way that has ever been found for any evil, namely, destruction?

Axel Gustafson, a Scandinavian writer in a recent number of the National Temperance Advocate says:

Permit me to give a few glimpses inside the workings of the Gothenburg system. The army of officials are paid fat salaries, managers are paid as much as one of our high school teachers, having besides free home and prequisites from food and fermented drinks. Now the report issued by the Massachusetts Commission showed a large reduction of drunkenness traceable to the company's shops. Of course a manager is mightily interested in not letting any drunken guest on his premises if he can prevent it, and as magistrates and judges are on the licensing board of shareholders in the refinery, the police have great difficulty in seeing drunken men coming from the company's shops. And if the police arrest them the judges release them, and reprimand the police for arresting sober men.

But while the convictions for drunkenness traceable to the company have steadily decreased, the convictions for drunkenness contracted in other places have increased terribly; so that in Gothenburg, for instance, in eleven years, from 1880 to 1891, it was more than doubled.

In a recent article to *The Forum* Professor Gould, the indefatigable defender of the Gothenburg system, says: "A plan which has stood the test of more than a quarter of a century of successful operation offers an augury of hope."

Where did Professor Gould get that assurance? For years past I have frequently visited Gothenburg, and closely inquired into the working of the system. The temperance people of Gothenburg itself declare that it is a sham and a fraud. There are some exceptions, but they are rare, and have little weight.

We had the subject before us at the International Congress at Christiania in 1891, and of more than a dozen delegates from Gothenburg there were not more than two who tried to defend the system. The radical temperance forces all over Sweden and in Norway and Finland strenuously oppose it, having found by experience that once it is adopted it stays, as it becomes entrenched behind the cupidity of the tax-payer and hypocrisy of the reformer, and shielded and upheld by the respectability, influence and wealth of its promoters. Dr. Hedlund, editor and proprietor of the *Gothenburg Commercial*, the most influential paper in Sweden, and truly styled the "father of the Gothenburg system," has become convinced that it is a failure, and now he is advocating the total prohibition of distilled liquors.

Our last error will be worse than the first if we adopt the Gothenburg system in this country.

Mayor Schieren, of Brooklyn, has appointed five women as members of the Brooklyn board of education.

IS PARALYSIS CURABLE.

Mr George Little, of Essex County, Says It Is.

He Gives His Own Terrible Experience to Prove the Truth of His Assertion—Suffered For Over Two Years—Both Himself and Family Thought That Only Death Could End His Sufferings—Again Enjoying the Blessing of Sound Health.

From the Essex Press.

Life is truly a burden to those not blessed with a full measure of health and strength, but when a strong man is brought to the verge of almost utter helplessness, when doctors fail, and there is apparently nothing left to do but wait the dread summons that comes but once to all, the case assumes an aspect of extreme sadness. In such a condition as this did Mr George Little, of the township of Colchester North, find himself, and recently the Free Press hearing incidentally that he had recovered health and strength, a reporter was sent to investigate. When seen, Mr Little expressed a willingness to state the nature of his case, and his story is as follows,—

"Had to sit with feet in a hot oven."

Some four years ago Mr Little suffered from a severe attack of la grippe which left his lower limbs partially paralyzed. He called in one of the best known physicians of Essex county, who appeared to do all that lay in his power for the relief of Mr Little, but to no avail. For two and a half years he suffered the most intense pain and was confined to his bed for the greater part of the time. The doctor was puzzled with his case and as he seemed to obtain no relief, he cuanged doctors for a period. The second doctor did no better than the other, and Mr Little returned to the one he had first called in. Finally, despairing of ever obtaining relief, he told the physician that he did not see any further use of taking his medicines, and believed he should die if he did not obtain relief in a short time. He had wasted away to little more than a mere skeleton, and was an object of pity by his neighbors, and felt himself a burden to his family. His wife and family had given up all hope, and his neighbors all thought it was merely a question of time when Mr Little's death would relieve his sufferings. When his limbs were partially paralyzed he could use them sufficient to hobble about the house and door yard, but if he undertook to walk to the stable he would be confined to his bed for a week after. His limbs grew numb and cold. During the hottest summer days he was obliged to sit down with his legs in a hot oven, wrapped in flannels and hot cloths until the skin would come off in scales. Mr Little believed that his physician was doing all that could be done, and has nothing but kindly feelings for the treatment he received at his hands but he is certain that the doctor had no hope of his recovery. He had tried an advertised mineral water, taking in all seven gallons of it, but failed to obtain relief. After suffering for two and a half years, Mr Little, in the summer of 1893, read of a case similar to his own, that had been cured by the use of Dr Williams' Pink Pills. Grasping at this last hope, he sent for a few boxes and began taking them. Before the second box was used, Mr Little was satisfied that he had found a remedy that would cure him of his exceedingly painful and mysterious ailment. Mr Little continued the use of the Pink Pills for several months and was able to get out and do light work about his farm, which he had not been able to do for over two years. He continued taking Pink Pills a while longer, when he was fully recovered and was able to do any of the hardest work on his farm, and in the winter time worked almost steadily at saw-logging and wood-chopping. During the past fall, he says, he was frequently caught out in heavy rain storms when away from home, but he had so far recovered that his exposures have not brought any bad results. During the very cold weather of the present winter he was hauling wood to Windsor, a distance of fifteen miles. He looks at present as if he had hardly seen a sick day in his life time.

Mr Little feels deeply grateful to Dr Williams' Pink Pills and claims that his complete recovery is due entirely to the use of the pills. He gives his testimony for the benefit of others who may be similarly afflicted. Mr Little's wife who was present corroborated Mr Little's testimony and believes he owes his entire recovery to Dr Williams' Pink Pills. The entire family look upon the husband and father as one rescued from the grave by the timely use of Pink Pills.

On enquiry among Mr Little's neighbors, we find that he is a man of undoubted veracity. He has lived in Essex county all his lifetime, and on his present farm in Colchester North, about four years. He is the superintendent of the Edgar Mills Sunday school, and his case is too well known in that district to be disputed. His neighbors looked upon his cure as a most miraculous one, his death having been expected among them for many months before he began the use of Pink Pills.

Rich Aunt—Why do you bring me this grass, Tommy?

Tommy—Because I want you to bite it.

Why do you want me to bite it?

Because I heard pa say that when you bite the grass we will get $40,00.

Which do you like the most, your papa or your mama?

Little Charlie—I love papa most.

Charlie's Mother—Why, Charlie, I am surprised at you; I thought you loved me most. Charlie—Can's help it mama; we men have to stand together.

Scraps for Odd Moments.

Here is a somewhat paradoxical remark found in a recent historical work: Rain fell heavily all day long on the battle-field. By nightfall ten thousand men had bitten the dust.

Cherokee Vermifuge kills worms every time.

Bacon—Did you see Hooker when he came in from fishing? Egbert—Yes, I was on the float.

Was there any fish lying about him? No; he was lying about the fish.

MINARD'S HONEY BALSAM, once tried, always used.

A Connecticut man has just invented a pair of braces that contract on your approach to water and the moment you come to a puddle, lift you over, and drop you on the opposite side.

MINARD'S HONEY BALSAM is a sure cure.

Liz, said Miss Kiljordan's youngest brother, do you say "woods is" or "woods are?" "Woods are, of course," she replied. Why? Cause Mr Woods are down in the parlor waitin' to see you.

Ayer's Sarsaparilla never before equalled its present daily record of marvelous cures.

A little Irish girl in a western town, on being asked to define matrimony, responded: A state of torment into which souls enter for a time to prepare them for another and a better world.

Chollie—Say, Fweddy, I had an awful scare lawst night.

Fweddy—Deed, deah boy! What was it?

Chollie—By mistake I mistook a cuff faw a collaw, and, doncherknow, it was so widiculously low.

Ayer's Ague Cure never fails to cure fever and ague and malarial disorders. Warranted.

Farmer Jones—What hev yer learned at college son?

Son—Why, dad, I can throw the hammer further than any one there.

Farmer Jones—Thet's good. I guess yer'll have no trouble in gittin' a job in er blacksmith shop, then.

I have come to ask for your daughter's hand, Mr Herrick, said young Waller nervously. Oh, well, you can't have it, said Herrick, I'm not doling out my daughter on the installment plan. When you feel that you can support the whole girl, you may call again.

Premature baldness may be prevented and the hair made to grow on heads already bald, by the use of Hall's Vegetable Sicilian Hair Renewer.

During the war old Rastus was asked by a Federal soldier why he was not out fighting for his rights. After pondering for a moment, he replied, Did you ebber see two dogs a-fightin over a bone sah?

Yes, oh yes.

Did you ebber see de bone fight?

Terry—An' phwat made ye quit dhrinkin', Pat? Pat—It wor this way. Me woife sez to me sez she: Pat, ye can't give oop the licker, sez she. I t'ought I could, but when I thried an' found I couldn't, faix, I knew it was toime for me to shtop, an' so I did.

If you do not know how good a remedy Garfield Tea really is for constipaiton and sick headache, send a postal card to D. Densmore & Co., 271 Queen Street, West, Toronto.

Pab, said young Jarphley, I've got a scheme.

Ah, what is it for my son? cautiously asked his father.

To raise money—lots of it? enthusiastically responded the Jarphey heir.

How?

Why, you get on a horse car, and fall off and break your leg, and ma and I'll sue the company.

Jigley—You said you would never go and see your girl again until she sent for you. And now I hear you sent for her.

Wigley—I don't care a cent who sent. I sent to see if she'd sent, and she sent to say she had not sent, but would have sent to see if I'd sent, if I'd not sent to see if she'd first sent.

I WAS CURED of Bronchitis and Asthma by MINARD'S LINIMENT.
Lot 5, P. E. I. MIS A. LIVINGSTONE.

I WAS CURED of a severe attack of Rheumatism by MINARD'S LINIMENT.
Mahone Bay. JOHN MADER.

I WAS CURED of a severely sprained leg by MINARD'S LINIMENT.
Bridgewater. JOSHUA WYNACHT.

Jingle—What was the trouble in the Soldiers' home last Sunday?

Jangle—The Rev. Mr Thankful chose for his text, "Let not your right hand know what your left hand doeth."

Jingle—Well, but what was the trouble.

Jangle—Nearly all the inmates are one-armed veterans.

Johnny was saying his prayer before going to bed, his slow thoughts helped out by his mother's suggestions.

Bless all the lambs of the flock, said mamma.

Johnny knew that meant him among the rest, and reasoned quickly and generously from the children to the parents.

Bless all the little lambs, he repeated, and the old sheep too.

Check your Indigestion with K. D. C. the Great Checker.

DON'T DESPAIR

DODD'S KIDNEY PILLS

WILL CURE YOU

We guarantee Dodd's Kidney Pills to cure any case of Bright's Disease, Diabetes, Tombaco, Dropsy, Rheumatism, Heart Disease, Female Troubles, Impure Blood—or money refunded. Sold by all dealers in medicine, or by mail on receipt of price, 50c. per box, or Six boxes $2.50.
DR. L. A. SMITH & CO., Toronto.

JOHN W. WALLACE,
BARRISTER-AT-LAW,
NOTARY, CONVEYANCER, ETC
Also General Agent for FIRE and LIFE INSURANCE.
WOLFVILLE N. S.

W. P. BLENKHORN,
House & Decorative
PAINTER.

WISHES to inform the General Publi that he has again opened business in Wolfville, and by honest work and close attention to business hopes to merit a share of the public patronage. 30

GREAT CÆSAR!

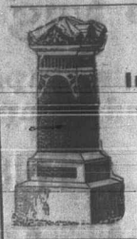
Had to "Grin and Bear It!" when he had a pain. You can grin and laugh it at once by using PERRY DAVIS'

Pain Killer

Sold and used everywhere. A whole medicine chest by itself. Kills every form of external or internal pain.
DOSE—A teaspoonful in half glass of water or milk (warm if convenient).

PHOTO. STUDIO.

LEWIS RICE & CO,
WINDSOR AND WOLFVILLE.
The Branch Gallery at Wolfville is open as follows:—
First Monday of each month, to remain one week. July 2—6; August 5—10; Sept. 2—7.
NEW ROOMS PATRIQUIN BUILDING, WOLFVILLE, N. S.



MONUMENTS
In Red and Grey Polished Granite and Marble.
Strictly first-class Work.
GRIFFIN & KELTIE,
323 BARRINGTON ST., HALIFAX. 33

10 Per Cent. DISCOUNT
On all Trimmed and Untrimmed Hats, Children's Muslin Hats and Caps!

Picnic Hats, 25 Cents.
Corset Covers, 30 Cents.
Hosiery, 18 Cents per Pair.
Ladies' Skirts, 75 Cents.
Undervests, 25 Cents per Pair.
Silk Gloves, 35 Cents per Pair.
Cream and White Dress Laces, 8 Cents per Yard.

Hardwick & Randall.
Wolfville, June 25th, 1895. 6

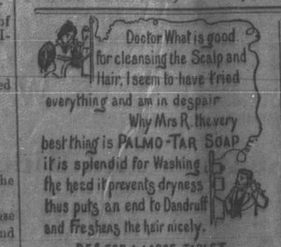
ARE YOU TALKING "HOUSE"?
Better see our Agent or Write Us.
WE can sell you everything for it except the frame and boarding. We are prepared to meet any competition and guarantee satisfaction every time.
☞ F. W. WOODMAN, Wolfville, is our agent for Kings Co.

HALEY BROS., & CO.,
ST. JOHN. N. B.

MONARCH LIGHT ROADSTER, 22 lbs, PRICE $100
28 inch wheels, front and rear. Wood or Steel rims. Palmer, G. & J. or Morgan & Wright Pneumatic Tires. Dropped Handle Bar, 44 inch wheel base. Gear 63 or 66½ inch. Pedals Improved, Rubber or Rat Trap. Sager Saddle. 24½ inch frame.

LADIES' MONARCH, 26 lbs, PRICE $100.
28 inch wheels, front and rear. Wood Rims. 43 inch wheel base. Palmer, G. & J. or Morgan & Wright tires. Tangent spokes. Rubber pedals. Full nickelled.

—AGENT FOR MONARCH IN NOVA SCOTIA—
Frank O. Creed, - 46 Sackville St., Halifax, N. S.



The Tide Turns.

Great Improvement in the Health of a Well-Known Peterboro Lady.

Peterboro, Aug. 5—General satisfaction is expressed here at the greatly improved condition of health of Mrs K. Stevens, the well known music teacher of this town. Her friends have been much exercised over her condition for a long time and a number of remedies have been tried during the ten years that she had been a martyr to a complication of complaints, which recently became very severe. She suffered frightfully with pains in the back, nervous prostration and swelling of the limbs. She has been taking the new remedy for kidney troubles, Dodd's Kidney Pills, and has already experienced the most beneficial results.

WE WANT A MAN AT ONCE
in this community to sell specialties in our line. Trees that bear seedless Pears. Apple Trees hardy as oaks. "Excelsior" Crab as large as an Apple. Cherry trees proof against black knot. Plum trees not affected by Curculio. Tree Currants. Gooseberries which do not mildew. Blackberry Bushes without thorns. Tree Roses, etc.
Space will not allow us to further enumerate. BUT our stock talks for itself. Prices right. Handsome book of plates and complete outfit furnished free of charge. Write for terms and particulars.
SURE THING
CHASE BROTHERS' COMPANY, Colborne, Ont.
THE "OLD RELIABLE" NURSERIES.

DIAMOND DINNER PILLS
CURE CONSTIPATION, BILIOUSNESS, DYSPEPSIA, SICK HEADACHE, REGULATE THE LIVER.
ONE PILL AFTER EATING INSURES GOOD DIGESTION.
PRICE 25 CTS. THE DIAMOND PILL CO. LIMITED.

1895. **THE** 1895.
Yarmouth Steamship Co.
(LIMITED)

The Shortest and Most Direct Route between Nova Scotia and the United States.
THE QUICKEST TIME,
15 to 17 hours between Yarmouth and Boston!

STEEL STEAMERS
"YARMOUTH"
—AND—
"BOSTON,"

UNTIL further notice, commencing Saturday, June 8th, one of these steamers will leave Yarmouth for Boston every SATURDAY, TUESDAY, WEDNESDAY and FRIDAY EVENINGS after arrival of the Evening Express from Halifax. Returning, will leave Lewis' wharf, Boston, at 12 NOON, every MONDAY, TUESDAY, THURSDAY and FRIDAY MORNINGS, making close connections at Yarmouth with Dominion Atlantic Ry. and Coach Lines for all parts of Nova Scotia.

Regular mail carried on steamer. Tickets sold to all points in Canada, via Central Vermont, Boston and Albany or Canadian Pacific Ry., and to New York via Fall River Line, Stonington Line and New York and New England and Boston and Albany Rys.

For all other information apply to Dominion Atlantic, I. C., and N. S. C. Railway Agents or to

W. A. CHASE, Secretary and Treas. L. E. BAKER, Manager.
Yarmouth, May 27th, 1894.

M. N. Corkum
wishes to announce to the public that he has leased the hotel in Wolfville formerly known as the Central House, and has fitted it up in first-class style. The house will in future be known as
HOTEL EVANGELINE,
and will be opened for the accommodation of the public on June 10th.
☞ First class stables in connection.
Wolfville, June 6th, 1895. [40

JAS. DEMPSTER. W. F. HILLMAN.
JAMES DEMPSTER & CO.,
PRINCE ALBERT
Planing & Moulding Mills
North George St., - Halifax.
TELEPHONE, 167.
Manufacturers and Dealers in Window Frames, Doors, Sashes, Stair Rails and General Millwork, Kiln Dried Birch and Spruce Flooring, Lining, etc., etc. 30
Venetian Shutters, &c.

REARDON'S
Stained Glass Works,
16, 18 & 20 ARGYLE STREET,
HALIFAX, N. S.
ECCLESIASTICAL AND DOMESTIC ART GLASS MADE TO ORDER.
SPECIAL DESIGNS FURNISHED ON APPLICATION.
PLATE AND SHEET GLASS.
Reardon's Art Store,
40 & 42 Barrington St. Halifax, N. S.
WALL PAPERS, ARTISTS' MATERIALS, PICTURES & PICTURE MOULDINGS.

JOHN WHITE & Co.,
STOVE DEALERS.
Fruit and Meat Cans a Specialty. Orders Solicited.
Halifax, N. S. [30

Livery Stables!
Until further notice at "Bay View."
First-class teams with all the seasonable equipments. Come one, come all! and you shall be used right. Beautiful Double Teams, for special occasions. ☞ Telephone No. 41. Office Central Telephone.
W. J. BALCOM,
PROPRIETOR.
Wolfville, Nov. 19th, 1894.

HEPP & CO.,
115 Barrington St., 96 Gottingen St
Have a fine selection of WALL PAPERS and BORDERINGS.
Wholesale and retail. Lowest possible prices.
Fine Stock of Mouldings Picture Frames, and Pictures.
☞ Samples on application. 39

DR. E. N. PAYZANT
Will continue the practice of Dentistry as formerly, at his residence near the station, Wolfville. Appointments can be made by letter or at residence. Special fees on lower sets of teeth.
March 20th, 1895. 29

NOTICE OF REMOVAL.
OWEN P. HILL,
Merchant Tailor,
66 GOTTINGEN ST., HALIFAX, N. S.
NEW STORE, NEW GOODS.
Prices right. Give us a call. SURE to be able to please you.

WANTED.
To rent a house in the Town of Wolfville at a convenient distance from the College. Anyone having such to let, will send information to
ALONZO BURT,
Burts Corner, York Co., N. B.

W. W. HOWELL & CO.,
121 LOWER WATER ST.,
Halifax, - N. S.
Mechanical Engineers, Machinists,
Builders of Marine, Stationary and Hoisting Simple and Compound Engines, Mill and Mining Machinery. Steamship Repairs. 30

W. C. SMITH,
FINE TAILORING,
No. 141 Hollis Street,
Halifax, N. S. 31

JAMES A. GRAY
Undertaker and Embalmer.
239-241 Grafton St., (Cor. Jacob)
Halifax.
TELEPHONE 619 33

SANDFORD & WEAVER,
Contractors and Builders.
Work done by contract or by the day. All work promptly attended to.
Medford, - N. S.
29—3m

N. RUSSELL & CO.,
—MANUFACTURERS OF—
Sheet Iron and Tinware
FRUIT CANS OF EVERY SIZE A SPECIALTY.
Corner of Portland and Dundas Streets, Dartmouth, N. S.

DAVID ROCHE,
NEW STOCK
PAINTS, SUNDRIES, ROOM PAPER (FROM 4 CTS. UPWARDS.) 31
236 Argyle St., Halifax, N. S.

Geo. A. Sandford and Sons,
Marble and Granite Works.
82 & 84 Argyle St,
Halifax, N. S.
Every description of Cemetery Work in Polished Granite and Marble.
☞ Designs and prices furnished on application.

For Sale.
A desirable building lot on Main St., adjoining the residence of Rev. Mr Martell. The purchase money may remain on mortgage
J. E. Mulloney.
Wolfville, April 25th, 1894.

For Sale!
OR TO LET!
The Subscriber offers for sale or to let his house and land in Wolfville known as the Andrew DeWolf property, containing house, barn and outbuildings, and 1½ acres of land—including orchard. Sold en bloc or in lots. Apply to
R. W. STORRS,
or E. S. CRAWLEY.

Dress Making.
Mrs Henry Palmeter will cut and make Boys' Suits, and Ladies' Jackets and Dresses by the new Thompson Garment Cutter System.
Wolfville, Jan. 11th, 1894.

Dr. W. V. JONES,
VETERINARIAN,
Is in WOLFVILLE.
☞ Calls promptly attended to. [35

J. Snow & Son,
Embalmers and Funeral Directors.
56 Argyle St., Halifax,
Telephone Day 387. 30 Night 388.

YOU PUSH
A WHEELBARROW
and the GROCER who pushes
Woodill's German Baking Powder
will find it PROFITABLE to himself, and SATISFACTORY to customers.

WANTED.
A good man in your district to represent the "Fonthill Nurseries of Canada,"—over 700 acres. The largest in the Dominion. Position permanent. Salary or Commission to right man.
With the increasing demand for fruit, a position with us as salesman will pay you better than engaging in farm-work. Send us your application and we will show you how to earn good money.
School Teachers!! It's just the thing for you during the summer. Write for particulars.
STONE & WELLINGTON,
J. W. BEALL, *Manager.* MONTREAL.

Dr. DeWitt,
OFFICE IS HIS RESIDENCE, MAIN ST.
WOLFVILLE. 7-4