

Lantic Sugar

is packed by automatic machinery in strong white cotton bags and cartons at the refinery.

This is far safer and more sanitary than sugar packed by hand in a weak paper bag which breaks at a touch. No hand touches LANTIC SUGAR until you open it yourself. Just cut off the corner of the carton and pour out the sugar as you need it.

2 and 5-lb Cartons
10 and 20-lb Bags

"The All-Purpose Sugar"



Laundry Marks in Europe.

Laundry marks vary greatly in Europe. Those used in Britain consist of certain small letters or figures stitched in red thread. Not all continental laundries are so considerate. In some parts of France linen is defaced by having the whole name and address of the laundry stamped upon it and an additional geometrical design to indicate the owner.

In Bavaria every piece has a number stamped on in large characters. In other parts of Germany a small cotton label is attached by means of a waterproof (hot) adhesive. In Bulgaria each laundry has a large number of stamps engraved with designs, and in Russia the laundries mark linen with threads worked in arrow shapes.

In some Russian towns the police periodically issue regulations for laundries while in Odessa books of marks are furnished annually to the laundry proprietors, and these marks and no others may be used. By this system criminals and revolutionary agitators are often traced.—London Mail.

PILES CURED AT HOME BY NEW ABSORPTION METHOD

If you suffer from bleeding, itching, blind or protruding Piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial, with references from your own locality, if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write to-day to Mrs. M. Summers, Box P. 8, Windsor, Ont.

"Dear Old Ladies" and Other Kinds.

There are as many kinds of old ladies as there are girls, men, automobiles, books and remedies for a cold. There are kindly old ladies, ill-natured old ladies, sharp old ladies, witty old ladies, stupid old ladies, musty-fusty old ladies, dainty old ladies, wise old ladies, silly old ladies, Whistler's mother old ladies, Betsy Trotwood old ladies, white-spotted old ladies, churchy old ladies, sit-by-the-fire old ladies, tangy old ladies and old ladies who don't wish to be called old ladies at all.

Nowadays most of them are so busy working in public causes that they have not time to protect their own interests as they should. But let us hope that after a while they will organize a new association, to be called the Society for the Promotion of Distinctive Characterizations for Old Ladies, and that it will have displayed prominently on its banners the slogan "Down With the Word 'Dear'!"

Minard's Liniment Cures Garget in Cows.

The Four Great Sauces.

A French epicure has declared that "man has created the culinary art; he does not feed like an animal—he breakfasts, dines and sups."

The French are particularly eloquent on the subject of sauces. Among their famous chefs are recognized four great sauces, Spanish, veloute, bechamel and German. The Spanish and veloute were known as far back as the seventeenth century. In the eighteenth they were modified by the masters of cookery, particularly by Carême, who was called "the Raphael of the kitchen."

The Spanish sauce is composed of juices extracted from a mixture of ham, veal, chicken and pheasant. Veloute is similar, but is not colored. Bechamel is veloute to which cream has been added, and the German sauce is veloute plus the yolks of eggs.

ATLAS AND HIS LOAD.

Was the Heavens, Not the Earth, the Titan of Mythology Upheld.

Strictly speaking, "atlas" is a misnomer for a map book, since it was not the world, but the heavens, that the Atlas of mythology upheld. Mercator, the famous Dutch geographer, who made globes for Emperor Charles V. of Germany, was the first to use the name in this connection, choosing it as a convenient and in some sort an appropriate title, because Atlas, the demigod, figures with a world upon his shoulders as a frontispiece of some early works on geography.

Atlas, it was said, made war with other Titans upon Zeus and, being conquered, was condemned to bear heaven upon his head and hands. Later tradition represented him as a man changed by means of Medusa's head into a mountain, upon which rested heaven and all its stars.

In any case, Atlas was always associated with a heavy burden strongly borne. Thus Shakespeare makes Warwick say to Gloucester, "Thou art no Atlas for so great a weight."

It is not difficult to see how by an association of ideas this came to be chosen as the name for a book of maps which upholds and exhibits to us the whole world.

Babylonia.

The northern part of Babylonia is generally dry during the greater part of the year. The lower part, near the junction of the rivers, is generally a great malarial swamp overgrown with reeds. In the springtime one may sail almost anywhere across the country from the Tigris to the Euphrates, and in the dry season great herds of camels, buffaloes, donkeys, sheep and goats graze over the same place.

WEAR FLEET FOOT SHOES FOR EVERY SPORT AND RECREATION

Sold by all good Shoe Dealers Worn by every member of the family



The Burglar's Prayer.

Sir Herbert Risley, speaking of the castes of eastern Bengal, at a meeting of the Royal Anthropological Institute, said a curious system of religious worship prevailed among a caste who were professional burglars. They made a space in the ground, and a man then cut his arm and prayed to one of the earth gods that there might be a dark night and that he might succeed in obtaining great booty and escape capture.—London Standard.

Argentina's Natural Bridge.

In Argentina there is a natural bridge that is one of the most wonderful in the world. It spans the Rio Mendoza and is known as the Inca bridge. But it is the work of nature, says the Scientific American, and not, as was popularly supposed, of the Incas. The road on which it occurs was probably a colonial highway made by the Peruvian Incas, who took advantage of the phenomenon by leading their road over this natural viaduct.

An Eccentric Bishop.

Bishop Wilson, of Calcutta, had as housekeeper a venerable lady who remembered the duel between Sir Philip Francis and Warren Hastings on Aug. 17, 1780. On entering the cathedral on a Sunday morning, fully robed, lawn sleeves and all, and passing the pew where the old lady sat, he would pause and give her the "kiss of peace" before all the congregation and this although he had met her at breakfast. His sermons, too, were racy. Preaching against Dishonesty, especially in horseflesh, as one of the great English fallings in India, he went on "Nor are we, servants of the altar, free from yielding to this temptation." Pointing to the occupant of the reading desk below him: "There is my dear and venerable brother, the archdeacon, down there. He is an instance of it. He once sold me a horse. It was unsound. I was a stranger, and he took me in."

They All Went Away Together

P. A. BONNOT'S RHEUMATISM CURED BY DODD'S KIDNEY PILLS.

And With It Went All Those Eruptions Which Mark the Earlier Stages of Kidney Trouble.

Grand Clairiere, Que., June 26.—(Special)—"All persons who suffer from rheumatism should use Dodd's Kidney Pills." This is the statement volunteered by Mr. P. A. Bonnot, a well-known resident of this place. Asked to give the reasons why Mr. Bonnot said:

"I suffered for three years from rheumatism. I consulted a doctor without getting any results. Four boxes of Dodd's Kidney Pills fixed me up."

That rheumatism is caused by sick kidneys falling to strain the uric acid out of the blood was again shown in Mr. Bonnot's case. His earlier symptoms were: Heart fluttering, broken and unrefreshing sleep, listless appetite, a tired nervous feeling, a heaviness after meals, neuralgia and backache.

When he cured his kidneys with Dodd's Kidney Pills the rheumatism and all the other symptoms of kidney trouble disappeared.

THE FLY ON THE PANE.

It Will Crawl to the Top, but Will Fly Back to the Bottom.

A fly on a window pane will crawl to the top, fly back to the bottom and crawl up again. This order is seldom reversed—why no one knows. It is on record that a fly crawled up the window pane of a house twice, returning each time a-wing.

Hens scratch for food with the sun behind them, the reason being that the rays reflect on the minute particles. A blind hen will pick grain and not miss a kernel.

Cats seldom lie with their feet to the fire. Usually they lie on the left side. Dogs lie with their fore paws to the fire.

A mouse will ignore a food supply sufficient for a meal and run great risks to nibble at a corner of a box for it will hide at the source of food supply and not report therefrom until actually disturbed. It isn't true that a mouse runs to its hole at the first alarm.

Find a harmless little snake the length of the lead pencil and provide a box for it in the house, visit it daily and at the end of three months it will crawl to you for food.

Beetles usually swi marouard a globe to the right. They can be taught to take a fly out of the hand in six weeks' time. The presence of other fish in a tank is generally ignored by goldfish. Drop a piece of chip on the surface of the water and it will frighten a fish.

Sheep spend more time grazing than do cattle and horses. Sheep will eat for twelve hours out of twenty-four.—New York World.

Spoiling the Tobacco.

Winchcombe St. Peter, in Gloucestershire, began the cultivation of tobacco in England toward the end of the sixteenth century, and the inhabitants are said to have derived considerable profit from it until the trade was placed under restrictions. An entry in Pepy's Diary on Sept. 19, 1657, concerning the coming of a consignment to town provides a clue to the reason why the tobacco was spoiled. "She tells me how the life guard which we thought a little while since was sent down into the country about thirty days ago and have always done and still been under force and danger of having it spoiled, they will continue to plant it." The tobacco she says, is a miserable poor place.—London Globe.

Minard's Liniment Co., Limited.

Gentlemen,—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every-day ills and accidents of life I consider it has no equal. I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. M. DESJARDIN.
Schr. Storke, St. Andre, Kamouraska.

O Time and Change!

When we were kids together, Jane—
Can you that time recall?
And played along the shady lane,
Beneath the maples tall?
You then were nine and I was ten,
And oft I'd say, in run—
"Just think, Jane, you'll be twenty
When I come to twenty-one!"

But when I came to twenty-one,
A gawky youth has gone to seed,
I wondered how the trick was done—
For you were just eighteen!
Then luring fortune beckoned me—
Then luring fortune beckoned me—
I got back home at thirty-three
And found you twenty-four!

And now I'm getting old, indeed—
These gray hairs make that plain:
My flower of youth has gone to seed—
Fray, what's the secret, Jane?
I'm lost—I know not what to do—
O cruel fate that's mine!
For now, I now am forty-two,
While you're but twenty-nine.
—Cleveland Leader.

NERVE.

(Detroit Free Press)
"That fellow's got his nerve with him."
"What's the matter now?"
"He actually asked me to lend him a couple of gallons of gasoline until next Saturday."

NO MEDICINE AS GOOD FOR LITTLE ONES

Once a mother has used Baby's Own Tablets for her little ones she will use nothing else. The first few doses equal them in making baby well and keeping him well. Concerning them Mrs. C. E. Stillwell, Winthrop, Sask., writes: "I have used Baby's Own Tablets for the past ten years and have found them so good for my little ones that I always keep a box in the house." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

To Make Delicious Date Bread.

Mix one cupful of warm wheat mush, one-fourth cupful of brown sugar, one-half teaspoonful of butter, then add one-fourth yeast cake, broken in pieces and dissolved in one-fourth cupful of lukewarm water, and two and one-fourth cupfuls of bread flour, once sifted. Toss on a slightly floured board and knead. Return to the mixing bowl, cover and let rise overnight. In the morning cut down and add two-thirds cupful of dates stoned and cut in pieces and two-thirds cupful of chopped English walnut meats. Shape into a loaf, put in buttered bread pan, cover and again let rise. Bake in a moderate oven fifty minutes.—Woman's Home Companion.

Coal Mines of Holland.

Though the coal mines of Holland have not been developed to any great extent, yet it is known that extensive beds underlie Limburg, the most southerly province. Strange as it may seem, the coal mines of Holland are probably the most ancient, their records showing workings near Kerkrade as early as 1113. The pits now owned and worked by the state were for many centuries exploited by monks from the abbey of Kloosterade, who continued their mining operations until as late as 1795. The pits, now named the Wilhelmina, the Emma and the Hendrik, gave employment to 167 officials and 4,332 pit men.

Do Long Breaths Hurt?

DANGEROUS PLEURISY ALWAYS BEGINS THIS WAY.

Sp. Plest Cure is Nerviline.

Ouch, that stab-like pain in the side is like a hot knife blade in the ribs! Probably got overheated—cooled too fast—now there is congestion, tightness, such soreness you can't draw a long breath.

This is the beginning of pleurisy. Pleurisy is far too serious to neglect a single instant.

Quickest relief will come from a vigorous rubbing with Nerviline. This trusty old pain reliever will fix you up in no time—will take away the congestion—make you well just as it did Mr. Samuel St. Johns, of Stamford, who says: "In running to catch a train last week I became much overheated. I put up the train window and rode that way in order to get cooled off. In an hour my side was so full of pain and my breathing hurt so much that I thought I had pneumonia. I always carry Nerviline in my grip, and at destination I rubbed my side thoroughly three times. The warm, penetrating effect was soon noticeable and I quickly got relief. Nerviline, I consider, saved me from a serious illness."

Any sort of a cold can be quickly broken up with Nerviline, which is a marvel for reducing inflammation, for relieving congestion in the throat and chest, for curing stitch in the side, lumbago, neuralgia, sciatica or rheumatism. Nothing more soothing or powerful. The 6c large family size is the most economical. Small trial size 25c, at all dealers everywhere.

None Seemed to Fit.

"The younger members of a congregation sometimes ask shrewd questions," says a parson.

"I once told a young class that there were as many commandments as there were fingers and thumbs on the two hands. One of my listeners introduced a small friend to me a day or so after with the question: "Please, sir, here's Jim. He's only got three fingers on his left hand on account of an accident, an' he an' him's been talkin' it over since last Sunday which one of them commandments wouldn't belong to him?"

Minard's Liniment Cures Diphtheria.

Pretty Political Problem.

St. Gingham, which is on the borders of Lake Geneva, is the cause of a pretty little international problem. One part is in French and the other in Swiss territory, and a certain area is owned in common. Since 1800 this communal land has been the subject of dispute, and quarrels were begun in 1851. These have not yet been finished, but both the French and Swiss governments are taking steps to arrive at some definite understanding. A local peculiarity is that while the French inhabitants cross the Swiss frontier to go to church the Swiss residents proceed into French territory to worship.

Minard's Liniment Cures Diphtheria.

The Lamp of a Man's Life.

Dr. Holmes said the lamp of a man's life has three wicks—brain, blood and breath—and to turn down any one of them makes the other two go out. The wick of a man will survive and even disregard so long as his head, heart and lungs are unharmed have long been one of the wonders of war history.

Every time a vain girl shakes hands with a man it gives her variety a jolt if it doesn't squeeze her fingers.

Chateaubriand a Lover of Cats.

Many famous men have loved cats—Cardinal Richelieu and Victor Hugo among others—but probably the animals' most eloquent defender was Chateaubriand, the French writer.

"I love in the cat," he said, "that independent and almost ungrateful temper which prevents it from attaching itself to any one, the indifference with which it passes from the salon to the house-top. The cat lives alone, has no need of society, does not obey, except when it likes, pretends to sleep that it may see more clearly, and scratches everything it can scratch."

And the great writer on another occasion went so far as to express a hope that by long comradeship with cats he was acquiring some of their characteristics!—London Times.

THE SHOWER.

(Detroit Free Press)
"Ma our son certainly has made good in the city. He's got a fine home there now."
"I suppose it's might swell, Pa?"
"Indeed it is."
"Got everything anybody could wish for?"
"Yep. Everything."
"Must be mighty comfortable?"
"Tis. 'Cept in one instance. Dog-gone it, Ma, would you believe it I had to take my bath standin' up?"

ANTIQUES

—IN—
FURNITURE
POTTERY, GLASS
—AS—
Wedding Gifts

FIVE CENTURY OLD TUDOR STYLES AND ONE CENTURY OLD GLASS DECORATIONS RESUSCITATED.

ROBERT JUNOR

62 King St. East
HAMILTON, - - - ONT.

CURIOUS JAPANESE RITE.

The Art of Divination Through the Use of Tortoise Shell.

The curious art of divination (importance) of this practice in the eyes of the Japanese may be inferred from the fact that the fields in which the sacred rice for the coronation ceremony was grown were selected through tortoise shell divination.

The divination is effected by first worshipping a god called Uravanoka. Then a tortoise shell is taken and scraped inside until quite thin and the outside surface polished. In the shell are several hollow squares, each of which there is a certain sign marked in black ink. The whole is then baked under great heat, causing cracks to appear in the surface. These cracks are then studied in accordance with the formulae in the divination book, the result being a sort of code message from the gods.

This is not the earliest form of divination known in Japan. Previously there was a kind called Futomani, in which the shoulder blade of a stag was used in place of a tortoise shell. The tortoise shell method, which probably came from China, was considered an improvement and was probably adopted because it was something new, for at that time the Japanese were seizing upon all things foreign.—Japanese Magazine.

Minard's Liniment Cures Colds, Etc.

Voltaire and the Doctors.

Voltaire despised doctors and, like Macbeth, thought it well to "throw physic to the dogs." The French author once said, "A physician is a man who pours drugs of which he knows little into the body of a man of which he knows less."

No Cure Guaranteed More Corns

Never known to fail, acts without pain in 24 hours. Is soothing, healing; takes the sting right out. No remedy so quick, safe and sure as Pettinam's Painless Corn Extractor. Sold everywhere—25c per bottle.

Beautiful Lives.

Beautiful lives are those that seek To make life beautiful—peak to peak Sending the sunlight, sounding the cheer That heal the sorrow and dry the tear.

Beautiful lives, that build and bloom In every sunless and silent room, A shrine of beauty that those that dwell May feel the touch of the beautiful spell.

Beautiful lives that find their way Into the corners so dark and gray, And dust the cobwebs and bring the gleam That the hermit souls therein may dream.

Beautiful lives are those that find The beautiful secret of being kind, And passing it on and making it grow In many an aching heart of woe.

Beautiful lives, that where they pass Are like a music along the grass, A breeze of summer, a velvet thing Like a butterfly poised on azure wing.

Beautiful lives, that come with love To teach the lesson of dream and

HELP WANTED.

WANTED—COMPETENT MAID—GENERAL. Family of three. Good wages. State age and experience. Address, P. O. Box 65, Hamilton, Ont.

WANTED—HOUSEMAIDS AND WAITRESSES. Previous experience not necessary. Apply, "The Welland", St. Catharines, Ontario.

MISCELLANEOUS.

WANTED—GIRLS OF GOOD EDUCATION to train for nurses. Apply Welland Hospital, St. Catharines, Ont.

FOR SALE.

FARM HANDY WAGON CHEAP
Steel Wheel Farm Truck
Two ton capacity for sale cheap. Box car to cash buyer. F. J. Halliday, Box 61, Hamilton, Ont.

dove,
And spread the fashion of being sweet
From door to door in the little street.

Beautiful lives are those that give Beautiful love that the world may live
In mellow manners and tender ways
Down its toiling and teeming days.
Beautiful lives are those that seek To help the helpless and aid the weak,
To cheer the cheerless and sing and smile
In such a friendly and fearless style.
Beautiful lives that are a dew On dusty roads that the world ploughs through,
And a vine by the door and a flower on the sill,
To bring God's beauty to lone and ill.
—Baltimore Sun.

WATCH BRITAIN.

(London Advertiser)
Watch the British people take a hitch in their belt and buckle down to the most determined effort yet made to accomplish the victory to which they are pledged. Greater responsibility falls upon every man in the service and it is through such a crisis that the Wellington of the great war will be revealed.

VIOLET RAY VIBRATORS

The Violet Rays Vibrators prevent the arteries from hardening from which cause hundreds die every year, others from bad blood circulation have paralytic stroke. The Violet Rays by filling delicate persons with oxygen and causing the blood to circulate freely through the body cures many nervous diseases heretofore considered incurable. Previous to this Violet Ray Vibrator cost a couple hundred dollars, present prices from twenty to fifty dollars. For full particulars, write, VIOLET RAY VIBRATOR COMPANY, 118 JARVIS STREET, TORONTO, ONT.

WANTED

Platen and Cylinder Press Feeders
Steady Work; Union Wages.
APPLY: TIMES JOB DEPARTMENT
Hamilton, Ont.

FOR SALE A HIGH BRED, SOUND BAY HACKNEY

Well broken, thoroughly reliable, a lady can drive; also complete outfit, including phaeton and runabout. Apply, J. M. EASTWOOD, Times Office, Hamilton.

Police All Ears.

A British Ambassador once had occasion to tell a grand vizier of Turkey that he had incontestable proof that there sat at the grand vizier's table every evening a man who reported all that passed to the ambassador of another power the next morning. It is said that the police of Paris and London vie with each other year after year in their claim that no important crime ever goes undiscovered. It was once wittily said of the police of Beirut, under the old regime, that they surpassed those of London and Paris in the fact that they knew of every crime and robbery before it occurred.—Christian Herald.

The steel rod from an old umbrella or parasol will make an excellent plant supporter next summer, and if painted green will look well. The ribs, too, may be brought into use for a similar service.

A Tasty Summer "Snack"

for the warm days when the appetite craves "something different" for luncheon, for picnics or any kind of outdoor excursion is Triscuit, the Shredded Whole Wheat Wafer. It is made of the whole wheat steam-cooked, shredded and baked. Toast it in the oven to restore its crispness and spread over it butter, soft cheese or marmalade. Its snappy, tasty aroma is a delight to the palate, supplying the greatest amount of nutriment in smallest bulk. A deliciously wholesome toast. It is ready-cooked, easily carried, is strengthening and satisfying.

Made in Canada.

2 in 1

A combination of both liquid and paste. They produce a brilliant, lasting shine with very little effort.

These polishes contain no acid and will not crack the leather. They preserve the leather and increase the life of your shoes.

F. F. DALLEY CO. OF CANADA Ltd.
Hamilton - Canada

BLACK-WHITE-TAN 10¢

KEEP YOUR SHOES NEAT

SHOE POLISHES