

## MOTHERHOOD SUGGESTIONS

### Advice to Expectant Mothers

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once children there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

At the Baptist Church last evening a letter was read from Mr. Ross Eaton of Acadia College, accepting the call to the assistant pastorate of the church. Mr. Eaton will take his Bachelor of Arts degree this Spring and will enter upon his duties as assistant pastor early in June. Mr. Eaton, who made a very favorable impression while on a visit here a month ago, comes strongly recommended by Dr. Cullen, the President of the University. Mr. Eaton will devote most of his time to the Highlands section of the Church preaching in the Highlands building every Sunday night and will also have charge of the young people's work of the entire church. Mr. Eaton will also direct the athletic activities of the boys and young men of the Baptist congregation. He is well qualified for that work as he was a member of Acadia's championship football team of 1911 and last year, while on the mission field in Northern New Brunswick, organized a baseball team among the young men of the community. Mr. Eaton will have a splendid field of work on the Highlands as there are over one hundred and fifty Baptist families living in the section of the town. Amherst News.

A club has been organized in Moncton to conduct an active campaign for new industries. There is a vigorous awakening in all towns of the province, and a determination to assist in the forward movement which is now so much in evidence.

### BABY'S OWN TABLETS USED FOR TEN YEARS

When one medicine is used in a home for a number of years it is the strongest testimony as to the value of that particular remedy. Thousands of mothers have been using no other medicine but Baby's Own Tablets for years in fact many of them say they would have no other medicine in the house. Concerning them Mrs. Jas. H. Knott, Beamsville Ont., says "I have used Baby's Own Tablets for ten years and would not be without them as long as there are children in the house." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### Co-operative Marketing Bureaus

One of the new plans of the United States Department of Agriculture is that for organizing within itself a division of markets. The purposes of the division will chiefly be to assist farming communities to form associations for direct marketing, and to conduct a large educational campaign on the utility of co-operation in the sale of products, as well as in the organization of agricultural credits. It is rather significant of the strength of the new "producer-consumer-direct" movement that several of the States, among them Wisconsin, are proposing the creation of State commissions or bureaus to encourage direct marketing. As in the case of the parcels post it is the increase in the cost of living that has infused new life into the co-operative movement. In Canada we have somewhat of a counterpart to the American developments in the effort of the fruit division of the Dominion Department of Agriculture to form a central selling association for Ontario apples such as the United Fruit Growers Association of Nova Scotia, The Niagara Fruit Grower's Association and the Ontario Vegetable Growers have already taken some steps towards organizing for direct distribution of fruit and vegetables in Toronto. But in Canada as in the United States there has been lacking a well-balanced "organizing organization"—a bureau or division that would be set at the specific task of encouraging the farming communities to co-operate. Literature alone will not accomplish large practical results. The educational and creative force must go more directly among the people, stimulating and stirring and helping in a practical manner.

### Ladies of Culture and Refinement Use Salvia Hair Tonic. It Makes the Hair Beautiful.

At last a remedy has been discovered that will positively destroy the Pest Dandruff. That Dandruff is caused by germs is accepted by every sensible person. Dandruff is the root of all hair evils. SALVIA will kill the dandruff germs and remove dandruff in ten days, or money back. The manufacturer guarantees it. It will grow hair, stop itching scalp, falling hair, and make hair thick and abundant. It prevents hair from turning gray, and adds life and lustre. SALVIA is a hair dressing that has become the favorite with women of taste and culture, who know the social value of beautiful hair. A large, generous bottle costs only 50c at leading druggists everywhere. The word "SALVIA" is on every bottle.

Sold at Clark's Drug Store.

It is said that the Friedmann cure for tuberculosis may be syndicated and placed upon the market by a commercial concern. This indeed was hinted at before Friedmann left Germany, but so long as the cure is a real cure it does not matter greatly in what form it reaches the public.

An additional cable is being laid to connect Prince Edward Island with New Brunswick, at an appropriate cost of \$45,000. The rate of 30c. for 5 words for night lettergrams has been extended to include all offices on the island. The telegraph system is operated by the Western Union Telegraph Co., under a lease for 99 years from Jan. 1st, 1912. The property taken over consists of 317.5 miles of line in P. E. I., about 9 miles of cable between Cape Traverse and Cape Tormentine, and about 35 miles of land lies between Cape Tormentine and Sackville, N. B., and there are 28 telegraph offices.

Minard's Liniment Cures Garget in Cows

### Government To Develop Live Stock

Hon. Martin Burrell's Department Will Undertake to Distribute Well Bred Stock to Canadian Farmers.

Ottawa, April 18.—Hon. Martin Burrell, with help of John Bright, the new livestock commissioner has worked out a plan for the development of the livestock industry. The department will undertake the distribution of well bred stallions, bulls, rams, and boars. This will solve one of the great livestock problems, particularly in the newly settled districts of Canada. The original cost of the animals will be borne by the department and they will be placed in the hands of such local organizations as agree to certain conditions which will be sent forth.

In other words, these sires will remain the property of the department but local associations will be responsible for their proper maintenance and management under the general supervision of officers of the livestock branch. All animals distributed will be bought if possible from home breeders, and will be Canadian bred. As far as possible they will be purchased in the province in which they are to be placed.

It is not the intention to place the animals in districts where suitable animals of the same class are already owned by private individuals. The aim is rather to aid sections where pure bred sires are lacking and as well to encourage new communities in following a proper and intelligent system in breeding. All bulls distributed will be purchased subject to the tuberculin test and only stallions which have passed a rigid veterinary inspection for unsoundness will be introduced.

### Buy in Canada

The Daily Gleaner, Fredericton, N. B., advising its readers to "buy Canadian made goods" gives the following concise and convincing reasons for patronizing home industries.

"It will mean the employment of many additional thousands of men and women in the factories of Canada."

"It will mean greater activity and more independence of the industrial life of the country."

"It will mean new factories for the cities and towns of Canada."

"It will mean a more profitable home market than the present one for the farmers of Canada."

"It will result in further inspiring the confidence of British investors in the stability of the business of Canada."

### Nature makes the cures after all.

Now and then she gets into a tight place and needs helping out.

Things get started in the wrong direction.

Something is needed to check disease and start the system in the right direction toward health.

Scott's Emulsion of Cod Liver Oil with hypophosphites can do just this.

It strengthens the nerves, feeds famished tissues, and makes rich blood.

FOR SALE BY ALL DRUGGISTS

Send 25c. worth of paper and this ad. for one beautiful Scott's Emulsion and Child's Health Book. Book contains a Good Luck Penny.

SCOTT & BOWNE 125 Wellington Street, West Toronto, Ont.

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

### GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*  
The Kind You Have Always Bought  
In Use For Over 30 Years.

### The One Best Feed

For your daily chicks is an ideal one. A scientific formula which starts them right and keeps them growing. Stop experimenting. Just use *Pratt's Baby Chick Food* and you will positively grow the best stock chicks you ever raised. Sample package free. "Your money back if it fails." In boxes and bags, 25c. up to 100-page poultry book FREE.



W W Rockwell, Kentville, N S



### Synopsis of Canadian North-West Land Regulations

ANY person who is the sole head of a family, or any single over 18 years old, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-agency for the district. Entry by proxy may be made at any agency, on certain conditions by father, mother, son, daughter, brother or sister of intending homesteader. Duties—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good-standing may pre-empt a quarter-section alongside his homestead. Price \$3.00 per acre.

Duties—Must reside upon the homestead or pre-empt six months in each of six years from the date of homestead entry (including the time required to earn homestead patent) and cultivate fifty acres extra. A homesteader who has exhausted his homestead rights and cannot obtain a re-emption may enter for a purchased homestead in certain districts. Price \$3.00 per acre. Duties—Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$3000.

W. W. CORBY  
Deputy of the Minister of the Interior  
N. B.—Unauthorized violation of this Advertisement will not be paid for.

### Farm to Rent

To rent, farm also farming tools, house furniture, except bedding. Farm yields 400 barrels of apples. One acre in strawberries, new beds a few old beds.

Good Situation, close to shipping, within mile of church 40 rods from schoolhouse.

Address FARMER  
Care Advertiser Office

### Wanted

Wanted to Rent or Buy a BLACK-SMITH SHOP. State price and particulars. A. C. Jeffery  
Pleasant Lake, Yarmouth Co., N.S.

### Tenders

Tenders will be received by the undersigned up to April 30, 1913 for the orchard of 85 acres more or less, in full bearing, situated at Hillaton, near Canning, Kings Co., N.S. one third money can remain on mortgage at 5 per cent.

The highest or any tender not necessarily accepted.

H. Stairs  
Wolfville, N. S.

WOLFVILLE, N. S.

Kentville April 25

### For Sale

FOR SALE—Quantity of kiln-dried wood and spruce sheathing flooring also 8000 ft. good lumber. CHALMERS R. REED

### LAND FOR SALE

About thirteen acres lying east side of the Biltown Road on the south side of Forest Road and adjoining lands of Moore. J. R. CHIPMAN  
410

### NOTICE

All accounts due the estate of John W. Fullerton, late of Williams in the County of Kent must be paid forthwith, otherwise the same will be left for collection. ALVIRA FULLERTON, Executrix  
A. E. DUNLOP, Executor

### FARMS

Wanted—farms from 25 acres, suitable for dairying or raising, must have good house buildings, orchards not essential. Apply giving full particulars. Hamilton-Gatty & Brockbank  
Real Estate Agents, Kentville

## Bricks

### FOR SALE HARD BRICKS

delivered in any quantity.

H. G. HARRIS

Kentville

### Wanted

Old Church Communion Service Books, Old Colonial Postage Stamps, worth Money, Old Cameo Brooches, Old Samplers, Also Gold Dots, Etc.

W. A. Kain

116 Germain St., St. John's

3 mos x

We are profiting greatly great business development John.

New residents are patronizing New enterprises are calling for graduates and paying much salaries than has been customary.

Who will be prepared to set opportunities to be created vast expenditures being made the great industries being established in St. John?

THE ST. JOHN'S POLICE S. K. PRINCIPAL

### You Believe

if you know anything of the merits of such schools, the Maritime training is the best. The best is what want in everything else for your boy or girl, why the same in the training life's work?

We admit students any Each is promoted on individual work.

### Maritime

Business College

Halifax, N. S.

E. KAULBACH, C. J.