

The changes since 1889 were as below:—

1890.....	6,139,555	25,632,020	2,510,883
1899.....	6,795,720	27,237,664	2,623,813
Increase in No.	656,165	1,605,644	112,930

From these figures it is apparent that, while growing wheat is declining in England, the raising of cattle, sheep and swine is increasing in spite of the enormous quantities of live and dead meats shipped from this side and from Australia. The remarkable prosperity which Great Britain is now enjoying has raised the demand for meat products to a degree beyond all precedent. What will happen to this trade when business again falls away, as it will at the end of a cycle of greater or shorter length, is hard to predict, but in view of the great increase in the number of food animals in England in the past ten years, and the devotion of very large areas of pasturage, which were once left unoccupied by cattle, the cattle raisers in Canada will do well to avoid being over-sanguine. Another feature of great moment in England just now is the unprecedented demand for labour in manufacturing districts. This is draining the rural districts, and taking away the class of men whom we are so desirous of setting on the farm lands of Canada.

To some sentimentalists the reduction going on in the incomes and, therefore, the power of the landed aristocracy of England is a matter of regret. But their replacement by new men, who have made their own fortunes by mercantile enterprise, and by financial talent, is really a return to earlier conditions when titles of nobility were the rewards of commercial enterprise, and devotion to the public service by the fulfilment of national duties which those titles inlicate and for the continued discharge of which they were held. The rise then of the men of finance and trade to the front rank in England is a wholesome movement.

AMERICAN FIRE INSURANCE CO.

Mr. J. P. Bamford has been appointed representative of the above company in Montreal, where he is well known as agent of the Sun Insurance Office.

OFFICERS ELECTED.

Owing to the death of Mr. C. M. Taylor, first Vice-President of the Ontario Mutual Life Assurance Company, Waterloo, Ont., the Board on Thursday last elected Mr. Wm. Snider, merchant miller, Waterloo, to fill the vacancy on the Directorate of the Company. Mr. Hoskin, Q. C., 2nd Vice-President, was moved up to the first Vice-Presidency, and Mr. B. M. Britton, Q.C., M.P., Kingston, who has been a member of the Board since 1883, received the appointment of 2nd Vice-President. We are pleased to learn that the new business of this popular Company is, so far, in excess of the same period of last year.

FIRE LOSSES IN CANADA FOR AUGUST, 1899. (ESTIMATED).

DATE.	LOCATION.	RISK.	TOTAL LOSS.	INSURANCE LOSS.
Aug.				
1	Inwood.....	Stores & D'lings	\$15,000	\$7,000
3	Ottawa.....	Machine Shop..	10,000	10,000
3	Milton Island...	Boath'se & Yacht	12,000	7,000
4	Woodstock.....	Farm Property..	2,000	1,400
5	Winnipeg.....	Linseed Oil Mill	13,000	4,000
7	Galt.....	Farm Property..	3,000	1,800
11	Whitby.....	Soda Water Works.....	5,000	3,000
12	Delhi.....	Hotel.....	3,500	2,300
12	Alliston.....	Farm Property..	2,500	1,000
12	Pentanguishene	Lumber.....	1,100	1,100
12	Magog.....	Mill.....	2,000	1,000
12	Hudson Bay Pt..	Dwelling.....	900	900
13	Montreal.....	Novelty Store..	4,000	2,500
13	Oshawa.....	Store.....	20,000	15,000
14	Manotick.....	Stores & D'lings	8,000	2,500
14	Tweed.....	Dwelling.....	1,500	500
14	Toronto.....	Mattress Factory	5,000	1,000
15	Montreal.....	Cooperage & Work Shop...	10,000	8,000
16	Montreal.....	Dwelling.....	1,000	1,000
16	Cobourg.....	Dwelling.....	2,000	1,450
17	St. Ferdinand de	Halifax.....	40,000	30,000
18	Woodstock.....	Freight Sheds...	1,000	1,000
20	Hamilton.....	Box Factory....	33,000	30,000
21	Huntingdon.....	Farm Property..	1,500	1,000
21	Petrolia.....	Freight Sheds...	2,700	2,700
21	Wellington.....	Farm Property..	1,500	850
21	St. Thomas.....	Dry Goods Store	1,000	1,000
22	Kamouraska.....	General Store...	7,500	6,000
23	Toronto.....	Factory.....	4,000	2,000
26	Quebec.....	Dwelling.....	2,000	2,000
28	Burke's Falls....	Stores & D'lings	20,000	10,000
			\$235,700	\$159,000
Add 20 per cent. for unreported losses and losses under \$1,000.....			\$47,140	\$31,800
Totals.....			\$282,840	\$190,800

SUMMARY FOR CORRESPONDING MONTHS OF 1899 COMPARED WITH 1898.

	1899.		1898.	
	Total Loss.	Insurance Loss.	Total Loss.	Ins. Loss.
For January..	\$1,221,240	\$ 622,080	\$ 434,280	302,160
" February..	1,120,920	625,560	960,240	531,360
" March.....	347,040	222,440	558,000	392,760
" April.....	418,320	356,760	411,960	265,080
" May.....	990,240	578,160	340,440	201,720
" June.....	427,080	287,120	451,480	243,240
" July.....	569,400	364,480	460,920	314,280
" August....	282,840	190,800	578,400	315,960
Totals....	\$6,231,080	\$3,047,420	\$4,095,720	\$2,566,560

HINTS TO TRAVELLERS.—An experienced traveller says that most of the fatigue of a long journey is quite unnecessary, and comes from an unconscious effort to carry the train instead of letting the train carry us. That is, resisting the modern instead of relaxing and yielding to it. He advises always resting the feet on the rail in front, if such is provided, as to keep the feet off lessens the vibration that is conveyed to the body and prevents just that much strain. A bag will do as well for a footstool if nothing else is to be had. The body while sitting in a car should be as completely relaxed as possible. Until one attempts this relaxation in a railway car it is not discovered how tense is the effort to resist the motion—all of which is in direct accordance with modern physical culture, which has discovered that true repose goes further than mere non-action.