Norman Nelles one of the first to give his life while she his loving mother was doing so much for our Red Cross work, Mrs. Houghton whose two sons Robert and Tom Houghton gave their lives, one after the other, one reported missing was waited for long but never returned. The first one of our boys reported killed was Perry Currie while the first Canadian to win the V. C. was Lance Corporal Fisher who had lived here for years but enlisted in Montreal. Captain Ted Shepherd the son of Mrs. Edwin Shepherd died bravely lamented by his company. Robert Follett Best, so anxious to give his services died before he could reach the field of battle as did Gordon Ryan whom we remember in his Fighland garb as a bandsman and always with a smiling face, and there were Reginald Thomas and Herbert Longhurst also. All honour and sympathy to the mothers who gr ve their boys even unto death.

I cannot refrain from quoting from an address given by Mrs. Johnson Clench of St. Catharines in a letter from a lady in Alexandria, Egypt. "We feel ashamed to talk of what we have done for our soldiers, rather would we tell of what they have done for us. Often when surrounded by a vall of rows of khaki clad men while we packed up the parcels or stamped the letters 15000 perhaps in one evening or changed their money we have remembered that this same kl aki clad wall has stood between us and utter horror and misery and we have witnessed the extravagance of their self secrifice, their entire absence of self glorification, their brave endurance of their own pain and suffering coupled with a tender consideration of the sufferings of their own comrades."

The members of the Institute in spite of removals and alas of death remain nearly the same as formerly. The removals were, first Mrs. Rowland the first President, next Mrs. Macklem and Mrs. J. C. Garrett all to Toronto, Miss Clement to British Columbia, Mrs. Sheppard and Miss Sheppard to Saskatchewan, Mrs. Doyle to St. Catharines and last Mrs. J. J. Wright the Convener of the Red Cross for