

For Freckles and Tan

Lemon juice, two parts, Jamaica rum one part, to be mixed and applied gently to the face with a soft sponge several times during the day or before retiring.

For Lips—Bathe them occasionally with a little alum, dissolved in water, and apply glycerine with a few drops of benzoin.

Complexion Wash

Put in a vial one drachm of benzoin gum in powder, one drachm nutmeg oil, six drops of orange blossoms tea, or apple blossoms; put in half-pint of rain water, and boil down to one teaspoon and strain; one pint of sherry wine. Bathe the face morning and night; will remove all fleshworms and freckles, and give a beautiful complexion. Or put one ounce of powdered gum of benzoin in a pint of whiskey. To use, put in water in wash bowl till it is milky, allow it to dry without wiping. This is perfectly harmless.

Never Use Soap

The face before being washed should be wiped over with a piece of flannel cloth, then wash with the hands in tepid water, in which has been sprinkled a little powdered borax. At night the face should be washed in hot water and a good cold cream rubbed in, beginning at the chin and going upward in a circular motion, and going across the forehead, using both hands. This will insure a beautiful skin and complexion, which will defy time and worry.

For a Smooth Skin

A recipe to make the skin smooth, as well as white, and to free it from red spots and pimples, and which may be used without fear of harm, is the following:—Take oil of almonds, four ounces, oil of tartar (per deliquium) two ounces, and oil of rhodium, six drops, shake all together until thoroughly mixed.