

# SPORTS and RECREATION

## Coach Chambers optimistic

### New players strengthen talent-rich team

By MYLES DAVIS

With November rapidly approaching, it is time again to store away the golf clubs and tennis racquets and commence the traditional search for that old, beat-up pair of ice skates. For Yeomen hockey coach Dave Chambers and his players, however, the season is already four weeks old.

The 1975-76 Yeomen, strengthen-

ed by a number of off-season acquisitions, began practicing in late September and are looking forward to their forthcoming matches.

Chambers has again moulded a strong, well disciplined squad using the age-old formula of proven veterans and talented newcomers.

"Our defence is stronger this year, the forwards will be just as

dangerous, and we have superb depth in the nets," said Chambers at a practice session last week.

"We do, however, have a more difficult schedule than last year, and we can't look forward to having any easy games."

The Yeomen were placed in the same division as the Varsity Blues and the Waterloo Warriors this season, so gaining a playoff berth will not be an easy task.

This year's roster boasts a total of 10 newcomers, along with 11 of last year's players returning to the lineup for another crack at the Canadian championship. Last season, the puckmen concluded their otherwise excellent showing with a heartbreaking 4-3 loss at the hands of the Toronto Varsity Blues in the Ontario inter-collegiate final.

Additions to the blueline corps this year are Pat Digby from Michigan Tech., Roger Dorey from Kingston Canadians of the Major Junior A league, and Peter Roche who spent last season at the University of Pennsylvania. Returning to the club will be Gord Cullen, John Titus, Chris Kostka, and Dave Clements — all of whom played a major part keeping York's goals-against total substantially below their goals-for aggregate during the 74-75 season.

Up front, the Yeomen are led by Al Avery, the league's top point getter, last season, and another high-scoring centre, Bob Wasson. Also making their experienced presence felt will be Doug Scellars, Dennis Howard, Peter Titanic, Frank Anzalone, and Peter Ascherl.

Noticeably missing from last year's squad are Tim Ampleford and Doug Dunsmuir. Dunsmuir, at this time, is involved in a conflict



Gary Cook photo

over a rule change concerning eligibility.

To replace the services of Dunsmuir he has secured a more than competent group of athletes in Ron Hawkshaw (All-Canadian, Waterloo), Gray Gill (Sault St. Marie), and Brian Burtch, a first team all-star in the Provincial Junior A circuit last year.

Goaltending duties will again be shared by veterans Peter Kostek, Rick Quance, and Wayne

Weatherbee.

With the regular season opener drawing near, Chambers pointed out that although he has the makings of a good team, the club is still not quite ready.

"Let's make no mistake about it, we still have a lot of hard work to do. The season ahead will be a long and gruelling one, and we want to be sure that we're ready to play strong, consistent hockey, game in and game out."

## Rugby team crush Brock, cup two short games away

The York rugby team extended their undefeated streak to six games with a crushing 62-0 victory over Brock University, Saturday.

The Yeomen completely dominated the game, scoring almost at will against hapless Brock team. Several times during the game, almost the entire York team handled the ball on scoring drives which saw the Brock defenders being almost totally

humiliated.

The league's leading scorer, Bruce Matheson, scored three tries and converted seven others to bring his season point total to 96 to lead the Yeomen. Centre Dave Hubbs scored four tries, John Spanton ran for three and singles went to Paul Madonia, Barry Beale, and Steve Fidale to round out the York scoring.

The team is enjoying one of their most successful seasons in OUAA competition, and are, at this point, leading the league in points scored and points against. The Yeomen have amassed 183 points for, and only 22 against.

The two remaining games will see the team on the road against the RMC cadets and the Guelph Gryphons. If the Yeomen remain undefeated, the final of the rugby league championship will be played here, at York, on November 8th.

The only obstacle in York's drive for the championship is the injuries: Ev Spence and Tony DiThomasio, suffered injuries in a previous game against McMaster, and Paul Madonia was hurt this Saturday.

## Tennis team, new champions

The York men's tennis team defeated Western to win the finals of the OUAA tennis championships, Saturday.

Pat Ganey, Walter Crane, and Peter McArthur won their singles matches while Tony Pospisil, York's number one seed, lost 6/2, 6/0 to Graham Duff. McArthur and Ganey later combined for York to win their doubles match 6/1, 6/3 over Laurie Goldberg and John Kalbfiesch.

The victory was the first to York's team in their history.



## Dr. Labib Squash tips

### Forehand drive

fixed on the ball, approaching you. At this point, the right elbow should be in a comfortable position (about six to eight inches from your body) to strike the ball.

Bringing your arm down towards the ball on a horizontal plain, transfer your weight from the right to the left foot, pivoting at the waist and contact the ball at a point directly in line with your left leg.

As in a golf swing, remember to follow through with your racquet arm after making the shot.

A hard swing at the ball with no body movement will only hinder the correct execution of this shot. Therefore, learn to coordinate your arm with your body movement.

This is not the most difficult shot in squash, but it can, at times, be the most effective. Take some time to try and master this shot and your game will show immense improvement.

Last week we discussed the proper technique of the service return. This week we'll concern ourselves with one of the most important shots in the game, the forehand drive shot.

The most important thing to remember in playing this shot is to take your time in order to execute the shot properly. Even a skilled player can handicap his game by not learning to master this stroke.

There are three steps in delivering this shot. First, face the right wall of the court with your feet slightly more than shoulder width apart and the bulk of your weight on your right foot. A comfortable stance is most important in setting up for the shot.

Raise your racquet arm and turn facing the back wall, all the while keeping your sight

## York suffers deja vu, loses 56-0

By PAUL HAYDEN

After a 56-0 drubbing at the hands of the Western Mustangs, Saturday, the majority of the downtrodden York footballers reached the consensus that the only cure for their ailing spirits would be elimination from playoff competition.

One Yeoman merely stated, "I'd be too embarrassed."

For the defending Canadian champion Mustangs, the win boosted their morale and could prove to be excellent preparation

for their upcoming match against the U. of T. Blues, who were defeated 38-16 by the Ottawa Gee Gee's, Saturday.

It should be said that the Yeomen didn't get any breaks in the game, but then the Yeomen did manage to look like they were on a well organized coffee break.

The players' solutions to this season, now 1-5, ranged from transferring the defensive team to offense, and sending a letter bomb to coach Wirkowski. As the bus carrying the team made its way

back to Toronto, the glum gradually changed to frolic and laughter as the players offered various renditions of losing football songs and a rousing chorus of "the legend of Nobby the quarterback".

To say the players dislike Nobby as a coach would be a gross understatement.

York next meets Windsor, Saturday, in what could prove to be the most one-sided drubbing since last year's record-making loss at the hands of Laurier.



Paul Hayden photo

Unidentified Yeoman (standing) forces Western ball-carrier into the arms of Gus Banka (on ground tackle).