

BENGER'S Food

is quite distinct from any other. It possesses the remarkable property of rendering milk, with which it is mixed when used, quite easy of digestion by infants, invalids and convalescents.

Benger's Food is sold in Tins and can be obtained through most wholesale Druggists and leading Drug Stores.

Upper Canada College

TORONTO

AUTUMN TERM
Begins THURSDAY, Sept. 10th.

Examinations for Entrance Scholarships, Saturday, September 12th.

Courses for University, Royal Military College, and Business.

Regular Staff comprises 15 graduates of English and Canadian Universities, with additional special instructors.

Senior and Preparatory Schools in separate buildings. Every modern equipment.

Fifty Acres of Ground in healthiest district; 4 Rinks, Gymnasium, Swimming Bath, etc.

Entrance Scholarships for both resident and day pupils. Special scholarships for sons of "old boys."

H. W. AUDEN, M.A. (Cambridge),
Principal.

Fall Term Begins

Sept. 1st.

Our School runs right through the summer. Enter now and be ready to step into a position in the Fall when business is brisk.

If you wish to wait we begin a new term on September 1st.

WRITE FOR FULL PARTICULARS.

ADDRESS THE

Central Business College

WINNIPEG, MAN.

CATALOGUES FREE.

F. A. WOOD WM. HAWKINS
Principals

ONE CENT PER DOZEN

That is about all it costs to use EGG-FRESH, the wonderful new preservative that enables you to buy eggs when cheapest, and have them fresh as new laid when prices soar. Will keep eggs for months. Tested and approved by agricultural authorities. Save money. One box preserves many dozens. Sent prepaid for 50c.

PRAIRIE SHOPPERS MFG. CO., Winnipeg, Man.

Among the Flowers.

Before the Rain.

The blackcaps pipe among the reeds;
And there'll be rain to follow;
There is a murmur as of wind
In every coign and hollow;
The wrens do chatter of their fears
While swinging on the barley-ears.

Come, hurry, while there yet is time,
Pull up thy scarlet bonnet.
Now, sweetheart, as my love is thine,
There is a drop upon it.
So trip it ere the storm-hag weird
Doth pluck the barley by the beard!

Lo! not a whit too soon we're housed;
The storm-witch yells above us;
The branches rapping on the panes
Seem not in truth to love us.
And look where through the clover bush
The nimble-footed rain doth rush.

—By Amelie Troubetzkoy.

What Flowers Meant to the Dames of Yesteryear.

Ideas in gardening change with the fashions and the times, as do other human interests and pleasures. The woman who tenderly tended her posy garden in the latter years of the Eighteenth Century would be amazed at the selections and groupings of the twentieth century.

To-day the flower-grower is influenced as often by utilitarian motives as by good taste when she plants. An artistic grouping of growing plants, which will conceal while it adorns, appeals to her more than the beauty of an individual flower. The greatest return of blossoms for the effort expended in gardening usually controls the choice of flowers for the modern home flower garden.

The dames of yesteryear planted with far different ends in view. To them flowers meant something more than possibilities for home adornment. Every seed was potential with some particular sentiment which strengthened and developed while they gave loving care to their flowers. "Posies," those prim gentlewomen called them, and they lavished thought and care upon their growing pets, not for the fragrance and beauty of color of the blossoms alone, but because their flower gardens were intended to be living pages of poetic sentiment, easily read by all versed in the language of flowers.

Indeed, according to the romances of those days, a courtship could not have prospered unless a flower garden was conveniently at hand for lovers' strolls at twilight. It was quite in keeping with such associations that the flower beds were emblematic in shape and contents. Heart-shaped beds were much in vogue, and especially a favored way for planting the first flowers of spring. Who could have resisted planting a bulb bed in this form when one knew that the crocus was the herald of joy, the snow-drop meant hope, the lily-of-the-valley pleaded for the return of love, and the jonquil pled love's vows? The violet gave assurance of first love, but the tulip was in disfavor as the rejected suitor's flower. Hyacinth and bluebell were tokens of constancy, the anemone trembled with its meaning, anticipation, the peony's fragrance suggested love's bashfulness, the lilac's perfume was likened to humility, while the columbine was said to encourage the faint-hearted swain with resolution. The dandelion haunted his yellow fringe as love's oracle, the daffodil spoke to the timid maiden of some chivalrous heart, and to lover and sweetheart a spray of honeysuckle was sweet with prophesies of domestic love.

In those days the giving and accepting of a simple nosegay was fraught with meaning. Even the setting of leaves for the flowers conveyed a compliment or message. A pansy and an

ivy leaf spoke the cordial sentiment. "You occupy my thoughts with friendship," while a gift of a moss rose with a fern leaf was a "confession of love in all sincerity." A spray of mignonette complimented a woman's loveliness, the cowslip indicated her winsomeness, the verbena typified her tact, the jessamine was likened to her amiability, the heliotrope testified to her faithfulness, the lily was emblematic of her purity, a sprig of mint gave token of her virtue, the dahlia became a stately reminder of her dignity.

Coquetry in those days claimed flowers as her adroitness hand-maidens. What more delicate way to make a shy confession or to gently rebuke could any maiden find than to make the right posy her interpreter? Her love could be told by giving a pink, her refusal by a chrysanthemum, her indifference with a sprig of candytuft, her consolation with a poppy, her esteem with a spray of salvia, her encouragement with a plume of goldenrod.

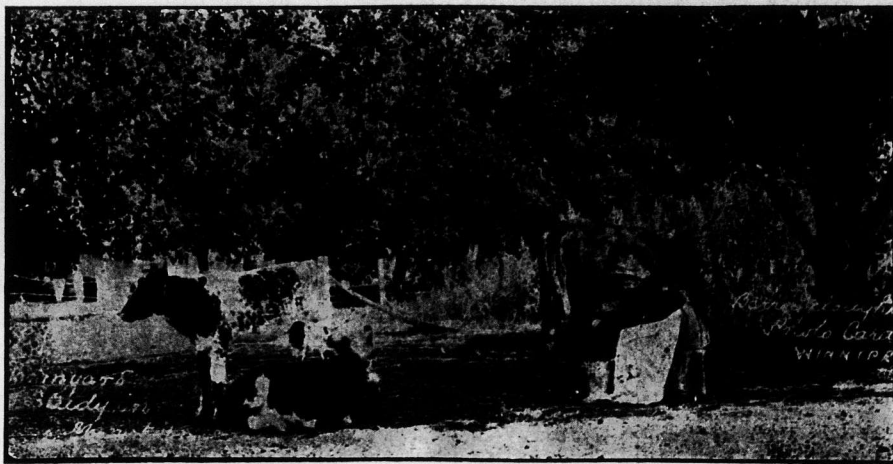
We smile at all this to-day as sentimental nonsense. Yet, while we have thrown off the glamour of romance so completely, have we not lost a subtle sweetness of thought-life since we have come to regard flowers from their scientific and decorative uses? The language of flowers, so carefully conned and interpreted as one of the social graces, was far less harmless and very possibly more fruitful of actual grace of heart than the vapid small talk and the too often venomous bandage of the beaux and maidens of this later day.

The language of flowers in those days held sentiment even for those of mellow years, and thus the floral dial became the popular ambition among amateur florists, which Mrs. Hemans commends in the lines:

"'Twas a lovely thought to mark the hours,
As they floated in light away,
By the opening and the folding flowers

That laugh to the summer's day."
These floral dials were laid off in the shape of a huge sun-dial, and every effort was made to mark each hour by the blossoming and or closing of a particular group of flowers. A good dame of Quebec describes the grouping she made in her sun-dial, which enlisted the interest and courtly comment of her good neighbor, the Duke of Kent. For four in the morning the late dandelion and wild succory; for five o'clock, the yellow day lily and smooth-stalked poppy; for six o'clock the bindweed and nippewort; for seven o'clock the African marigold and common pimpernel; for eight o'clock the hawkweed and the pink; for nine o'clock purple sandwort and purslane; for ten o'clock creeping mallow and chickweed. The pink closed at one o'clock, marking the afternoon hour; the hawkweed and pimpernel went to sleep at two o'clock; the sandwort and marigold at three o'clock, the bindweed and achyrophorus at four o'clock; the white water lily at five o'clock; the poppy at six o'clock; the day lily at eight o'clock; the succory, dandelion and chickweed at nine o'clock, and the purslane and sow thistle at ten o'clock, leaving the moonflower the timekeeper for the night. That the flowers obediently closed their eyes at the appointed hour, and awakened to the minute, the good dame does not affirm, but from her discreet silence on this point we conjecture that, like model babies, they were supposed to be of clocklike regularity, which duly explains the long-remembered compliment of the first almanac-maker.

Get my 'Book No. 4 For Women.' It will give weak women many valuable suggestions of relief—and with strictly confidential medical advice is entirely free. Simply write Dr. Shoop, Racine, Wis. The book No. 4 tells all about Dr. Shoop's Night Cure and how these soothing, healing, antiseptic suppositories can be successfully applied to correct these weaknesses. Write for the book. The Night Cure is sold by all druggists.



▲ SHADY SPOT.

It is more generous

to tell the secret of bagging game than it is to give away the game. Don't keep Dominion ammunition a secret for yourself.

You bag your game with Dominion cartridges, because they contain the finest materials, and are the most carefully made and tested cartridges in the world.

For all makes of arms. Costs one-third to one-fifth less than duty paying ammunition. Our guarantee puts all risk on the Dominion Cartridge Co., Ltd., Montreal.

DOMINION AMMUNITION

VITALIZE YOUR SYSTEM



Heracles Sanche,
Copyright 1907 by Dr. Heracles Sanche
All rights reserved.

Diseases attack the body, and if vitality is low they get a hold on it.

OXYDONOR

gives the system a strong affinity for Oxygen. The additional oxygen which is then instilled into the body from the air—through skin, membranes and tissues—creates in every part an abounding vitality. The result is that whatever disease may be in the body is driven out, and the system is fortified against further attacks.

Read what Mr. Joseph Ridley, Toronto, says about OXYDONOR: "I was suffering from a very bad attack of nervous prostration, when a friend advised me to try one of your Oxydonors. I am very thankful that I decided to get one, as I am almost cured, and can recommend it to all like sufferers. We have also used it for colds and fever with good results."

You apply OXYDONOR at home, while you sleep, without loss of time from work or business. It is perfectly safe, always ready for use, and easily applied. It will serve a whole family, and never loses its force. Send at once for our free book which teaches the way to health.

DR. H. SANCHE & CO.

356 St. Catherine St. West, Montreal.

SALVAR

KING OF THE BLOOD

The only medicine that has ever been thoroughly tested and proved to be a perfect and permanent remedy for

BLOOD POISON in any stage
RHEUMATISM in any form

Paralysis, Locomotor Ataxia, Catarrh, Malaria, Jaundice, and all diseases arising from impure blood. Full particulars and 80-page book free; this costs you nothing. Address,

THE SALVAR COMPANY
1513 Olive Street, St. Louis, Mo.



Bed Bug Chaser

Drive the Rascals Out. Bed Bugs, Fleas, Ants, Chicken Lice, Cockroaches and all insects. No matter how many other kinds you have tried and failed. "Try This." We guarantee it to rid a house of insects or money refunded. One package will kill 1,000,000 bugs. Leaves no stain, dust, dirt or disagreeable smell. Appreciated by every good housekeeper. One pkg. in plain wrapper by mail prepaid 25c. (Wholesale price to agents and druggists \$1 per dozen.) DOMESTIC MFG CO., Dept. 32 MINNEAPOLIS, MINN.



Goitre Cure

THE BEST, CHEAPEST AND QUICKEST REMEDY IN THE WORLD.

Our Medicated Goitre Bandage is a convenient, soothing appliance, worn at night and cures while you sleep. The Bandage absorbs the swelling and the Goitre disappears in a few days. 16 years success. Write for free Treatise on Goitre, full particulars, etc., PHYSICIANS REMEDY CO., 74 Sinton Bldg., Cincinnati, O.