LT.-COL. J. L. RALSTON MAKES A STATEMENT

The Well Known Officer Commanding 85th Battalion Answers an Inquiry Regard- Discovery That a Tree is a ing the "Y."

Rixensart, Beigium, March 5tb, 1919.

C. J. Burchell, Esq., K. C., Halifax, N. S.

of U. S. Army.

Mach 6th, 1919

Lay Burchell, Eaq. & K. C. C.

My dear Burchill:

I have your lotter of Vobracy 11th, My experience with the Y. M. C. A over here has been consistently gratifying. It would take too long to go into particulars of all their activities to the army, revealing another war section to particulars of all their activities to the army, revealing another war section to particular sequences and from that time, the occasions have been very rare and the circumstances very expectation with the particular time they have been out of touch with us at Vimy Ridge they served not tea and biscuits in what was little more than a shell hole, about 300 yards behind the front line, and ever since that they have always had a canteen just as near as it was practical toget to us. On reiled rights, comise to us. On reiled rights, comise of clarge. Their regular canteons when we have been in the reserve of resting, have been well stocked, and when you come to consider the difficulty which they must have had in getting shipping and land transports in view of the constant demand that is made on ships, railways, and jor ries for transportation of troops, ammunition and supplies, ourse apply increased. We are applied with the constant demand that is made on ships, railways, and jor ries for transportation of troops, ammunition and supplies, ourse apply increased. We are applied with the constant demand that is made on ships, railways, and jor ries for transportation of troops, ammunition and supplies, ourse applied with the constant demand that is made on ships, railways, and jor ries for transportation of troops, ammunition and supplies, ourse applied with the constant demand that is made on ships, railways, and jor ries for transportation of troops, ammunition and supplies, ourse applied with the constant demand that is made on ships, railways, and jor ries for transportation of troops, ammunition and supplies, ourse applied with the constant demand that is made on ships, railways, and jor the processed with th

sermons.

I don't want you to think that I think any man or institution is perfect. I have come across one or two exceptions in the case of the Y. M. C. A. Officers who, I did not think were quite up to the standard for activity and enthusiasm and energy in connection with their work. But they have been quite the exception.

Yours sincerely.

Lt.-Col. J. L. RALSTON.

SICK HEADACHE

and CONSTIPATION

CURED BY

Milburn's Laxa-Liver Pills.

When your liver becomes sluggish and inactive, the bowels become con-

the breath bad, and the stomach all out of order.

Then come those terrible sick head-aches. They take out every bit of life and ambition, bring on depression, and often end in complete mental and physical prostration.

To keep the liver active and your bowels moving regularly is the only way to get rid of the constipation and the distressing sick headaches. Milburn's Laxa-Liver Pills will do this for you by stimulating the sluggish liver into manufacturing sufficient bile to act properly on the bowels, thus making them active and regular.

Mrs. Winslow McKay, Jorda: Branch. N.S., writes:—'I have been sick for a number of years with sick headache and constipation. I tried all kings of doctors' medicines, but none did me any good. I tried Milburn's Laxa-Liver Pills, and after using four vials I am completely cured. I would neartily recommend them to all sufferers."

SCIENCE REVEALS ANOTHER SECRET OF THE WAR

Potential Wireless Tower Revealed by Gen'l Squires of U. S. Army.

CAIRO STRIKE
DECLARED OFF

Says Indigestion Results from an Excess of Hydrochloric Acid.

Undigested food delayed in the stomach decays, or rather, ferments the same as food left in the open air, says a noted authority. He also tells us that Indigestion is caused by Hyperacidity, meaning, there is an excess of hydrochwich provents complete digestion and starts food fermentation. Thus every taing earen sours in the stomach much like garbage sours in the stomach much like garbage sours in a can, forming acrid fluids and gases which inflate

GENERAL STRIKE OF 24 HOURS

Everything to be Tied up in Buenos Aires on May 1st-Government Taking Pre-

Buenos Aires, April 25—A general trike of twenty-four hours has been eclared for May first. The move-ent will embrace the street cars,

BRINGING UP FATHER.

WONDERFUL RESULT OF PROVINCIAL **ROAD POLICY**

Farmers of Charlotte County Are Unable to Get to Each Other's Farms Over the Roads-To Travel by Air-

QUALITY

in a sauce is hard to exolain. But you will know as soon as you taste it the reason why world-wide preference is given to

LEA&PERRINS

Feel at Home When Hospital Ship Docked There Fri-BLOW TO RACE

FRENCH CABINET **CONSIDERS WORK OF**

TRACK ACTIVITIES

PEACE CONFERENCE Marshal Foch Was Present and Gave Ministers Details

of the Military Aspect.

Acting Premier Announce That the Order in Council Prohibiting Race Track Betting Will Not be Repealed.

Ottawa, Ont., April 25.-In the House of Commons this afternoon, Sir



Building Protection Every surface within and without your home needs the protection

which Paint and Varnish alone can give.

"100% Pure" Paint Senour's Floor Paint The old reliable—it vears, and wears, and

"Neu-Tone" The sanitary washable
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Decorations.

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MARTIN-SENOUR PAINTS AND VARNISHES

are the most effective material protectors you can use for every surface—wood, iron, steel, stucco, cement.

When you choose a Martin-Senour product, you are sure of getting the paint or varnish best suited to your purpose. Because of its high quality and superior durability, it will prove the most economical for you to use.

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Black - Green) Sealed Air-tight packets to preserve or Mixed ... Jits Goodness and Flavor

RUMANIANS PUSH THEIR ADVANCE ON BUDAPEST

yatches from Budapest say, were fought during the advance. The Ru-manians launched an attack on the northern wing Thursday, but the re-gult is not disclosed in the despatches.

Basel, Saturday, April 26, (Havas)—
The Rumanians continue their advance on Budapest from the south and Friday morning were on a line from no bad habits; willing to learn.



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The Story of a Hell-Roarin' Atheist, the Simple Bible Truth and a Sweet, Demure Little Girl.

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> British-Canadian News Budget Mutt and Jeff Cartoon

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> SIGNOR GUARINO Will Sing: An Aria from "La Tosca" "Down in Old Ohio"

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Comedy and Music

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The Most Sensational and Remarkable Feature of Cannibal Life Ever Screened



By GEORGE McMANUS.

MR. A SOLO 15 GOING TO PLAY THIS SAXOPHONE HERE TONIGHT - HE SENT IT OVER BY MESSENGER HOW MANY
TIMES MUST
I TELL YOU *
NOT TO
SMOKE IN
THE HOUSE FOR GOODNESS SAKE JAMES WHAT HAVE YOU THERE? BY GOLLY IT DRAWS BETTER THAN A CORN-COB PIPE !! I'M GLAD OF BUT-MAGGIE-IT'S THE ONLY ONE I'VE GOT-DYING FER A SMOKE KNOW YOU WON'T SMOKE @ 8(0 DO

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