figure beautiful enough to compare with those which enchained his young attention. In order to learn how to develop his body he came to the conclusion that the best way as if he were going in for the study of medicine. His preliminary education in this direction began in Gottingen, and was finished in Brussels, where, indeed, h

During this time, however, he was con-stantly exercising himself, gaining health and strength, and some little prestige by quaintadce of Mr. Aubrey Hunt, the artist. son and Cyclops were the two strong

with their teats of strength at the Aquarium Samson offered a prize of £100 to anyon who could perform the feats of his pupil Cyclops, and £1,000 to anyone who could beat his own. Mr. Hunt related the fact to his young Herculean friend, and, having ed that he should try for the prize. They had arranged to come to London in the course of a few weeks. 'Yes,' said Sandow. when Mr. Hunt had finished, 'I will go. We will start to-day.' They started that day. In due course they arrived in London. It was six o'clock in the evening. Sandow It was six o'clock in the evening. Sandow went off and got a friend to act as interpreter. That high he appeared at the Aquarium, and accepted the challenge. People laughed when he went on the stage. His ordinary evening dress concealed his extraordinary muscular developement. When he took off his coat and waistcoat, however, the laughed changed to wonder. That same night Cyclops was deteated and the £1000 and on November 2nd, 1888, in the presence of the greatest crowd which that building had ever seen, and with the Marquis of Queensberry and Lord de Clifford as judges, Sandow defeated Samson, although it may be remarked in pass-that he never got the £1,000 which ac-companied the challenge.

That incident determined his career. The managers of all the chief places of ent wanted to engage him and as he desired in the first place to travel, and thought that by building up a reputation for himself he would be better able to carry out the scheme he had long fostered in his mind of inducing others to go in for physical culture merely as a means of getting he dth, he accepted one of the offers.

It was £150 a week for a period of six months. He has been filling engagements ever since, but now he intends to with-draw from public life to devote himself to

supervising his schools.

The fact that, like so many other extraordinarily developed men, he does not appear excessively big in ordinary clothes, has led to not a few curious incidents. One of these happened in Paris. He and a friend were supping in a public room one night and their laughter and conversation in German made a party of Prench-men angry. After having made several rule remarks at the m, which were unso-ticed, one of the Prenchmen went up to Sandow and mid, 'I have had enough of your laughing. If you don't stop, I will make you.'

make you.'

The consciousness of his almost super-human strength has always made Sandow, occing strength whose names are known to the public, Mr. Engane Sandow is undoubtedly the man with whose name most people are familiar. Born in 1867, in the town of Konigsberg, he is just over thirty-one years of age.

Strong as he is to-day, he gave no indications of his remarkable development in his youth. Until he was ten years of age he was so delicate a child, that on more than one occasion his parents feared that they would not be able to rear him, while until he was seventeen he was a delicate youth, pale, without energy, and weak. In his early toens he used to frequently visit the Art galleries, and was struck with the sculptures showing wonderful muscular developmenta, which he could not help contrasting with his own slight frame. As other boys are facinated by the provess of their school-follows and of the strong men they most, young Sandow desired to emulate of the police-office, but some of the friends of the man who was hurt attested to the man was fetched, and Sandow was taken to the police-office, but some of the friends of the man who was hurt attested to the fact that he had not been to blame, and he was let out on bail. The young man was unconscious for a day and a half, but re-covered entirely, and is now one of San-

covered entirely, and is now one or dow's greatest friends.

Sandow is probably the only man living who has ever had a fight with a lion and had survived to tell the tale. The beast weight and he asked me why I were violets.

Because, and I, I am an Imperialist. I also informed him that my sister was a poer, misguided Legitimist. We got deeper and deeper into politics. I told him how the different factions called the emperor Ce Monsieur-la. I made him roar by telling him Montalembert had called on us yesterday, and how, during his visit, we settly support to the content of the content was in San Francisco a fight had been advertised between a bear and a lion, but the authorities would not allow it to come off. Sandow thought he would like to test his strength against that of the monarch of the forest, and as the authorities did not interfere to prevent this fight, it took place. As cruelty was forbidden, the man could not be armed with a dagger to equal the claws and teeth of the brute. It was therefore decided that mittens should be put over the beast's feet, and his mouth should be muzzled, so that it might be a case of strength against strength. After a great deal of trouble, and some hours' work, the lion was muzzled and its feet covered.

He and deeper into politics. I told him how the different factions called the emperor Ce Monsieur-la. I made him roar by telling him Montalembert had called on us yesterday, and how, during his visit, we had heard a commotion and all rushed to the window. The Emperor was passing. "What did Montalembert do?" asked my acquaintance. "He made me furious,' I replied. 'For he was facing the window, and deliberate-ly pulled his chair round, and said to me, 'I turn my back on him.' So I rushed at him, seized him by the collar and forced him to turn round.'

My sister then entered the competor.

deal of trouble, and some hours' work, the lion was muzzled and its feet covered.

Sandow entered the cage stripped to the waist. The tusale began. The lion sprang at bim—Sandow dedged and the brute missed. Before it could recover, Sandow picked it up in his arms and threw it heavily onto the ground. Again the man dedged. Again the man picked it

My sister then entered the room, and looked daggers at me for talking with an My sister then entered the room, and looked daggers at me for talking with an unknown Frenchman. Presently she walked out, and my friend said:

'What a striking looking girl! She is like one of Scott's heroines.'

'And what am I like?' I asked eagerly.

'You,' said he, looking at me fixedly,

TOO FORWARD.

The English lady whose reminiscences are entitled "Fereign Courts and Fereign Homes, says that in her girlhood she was staying in Paris, and one day went to call upon her relative, Lord Malmesbury. He was not at home, and she took up a book and sat down to wait for him.

Soon the door granded and a marketing.

Soon the door opened, and a gentleman entered. I, in my girlish ignorance, thought him rather free and easy, as he



Currie Business University,

if I should die, the firm would have to put He had made the same remark many

clerk carried it to the ears of the firm.

decided to try an experiment. Just consider yourself dead for a year, Mr. Smart, and if at the end of the year the firm feels itself dying, we will send for

'But, sir----'
'That will do, Mr. Smart. You may go.'
He went, a sadder and much waser
young man, and the firm did not die after
all.

Baptisms and murriages have sometimes occurred on a wholesale scale. Whole tribes, for instance, have in elden days been compulsorily Christianised and, for the purposes of baptism, driven, whether they would or no, into the river at the point of

One of the neatest examples of the tables being turned upon a bullying counsel was afforded by a clergyman who gave evidence in a horse-dealing case at Worcester assizes. He gave a somewhat confound account of the transaction in dispute, and the cross-examing counsel, after making several blustering but inaffective attempts to obtain a more satisfactory statement said:

said:—
'Pray, sir, do you know the difference
between a borse and a cow?'
'I acknowledge my ignorance,' replied
the reverend gentleman. 'I hardly know the
difference between a horse and a cow, or
between a bull and a bully—only a bull,
I am told, has horns, and a bully—here
he made a respectful bow to the advocate
—'luckily, for me, has none.'

For what Nature alone provides for this stomach curse. Dr. Von Stan's Pineapple Tablets are nature's panacea for all stomach ills. Pleasant and positive cure for Sour Stomach, Distress after Eating, Loss of Appetite, Wind on the Stomach, Disziness, Nausea, Catarrh of the Stomach, Sick Headache, and all disorders directly traceable to sluggish digestive organs. 35

Dr. Niedola Senn tells the story of one of the sailors on the flag-ship New York who had been wounded in the leg, and when the surgeons told him that the wounded member would be two inches shorter than the otoer he begged them to take a reef in both while they were about it. because he wanted to be the same length on both sides. He reminds us of the old ledy who thanked fortune she was equally lame in both limbs, se that no one coule say she



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