

THE TIMES-STAR FEATURE PAGE

Fables On Health

ARE YOUR SHOES TOO SMALL?

The kindest favor a person can confer upon himself is to wear shoes that fit comfortably. Hurting feet give on a miserable tired feeling, in addition to a mincing, unattractive gait. Special attention should be given to the purchase of shoes for wear in warm weather. It is then that the feet perspire, and sometimes swell. If the shoes are not of the right kind of material and are not properly fitted these conditions are aggravated. Hard leather shoes and patent leather shoes should never be purchased by persons with sensitive feet. Patent leather is not porous. It excludes the air from the feet, causing that hot, burning feeling. Fine grade of calf skin, kangaroo leather or vici kid offers the softest leather. The shape of the shoes has much

LITTLE JOE

BATTLING THE MOB OF BUYERS IS WHAT TAKES THE WIND OUT OF BARGAIN SALES



to do with their comfortableness. Toes should be given room enough to spread a little bit, at least. If given play toes add to the springiness of the step. If cramped they are almost useless, and they become covered with corns and bunions.

Adventures of the Twins

By OLIVE ROBERTS BARTON.

THE LETTER GUIDO WROTE. "Katherine," explained Mi O' Mi, "was the name of the maiden he had met when visiting his uncle, and of whom he had grown very fond. "Katherine will be impressed by so much grandeur," thought Guido, "and she will tell her father, and he will think that I am a noble's son, perhaps, and consent to our marriage." "So he took his new golden pen and wrote, 'Dear Lady Katherine: I arrived home safely after a long journey. The roads were so muddy that it was all my four stallions could do to pull my coach, and in several places my footmen lost their hold and fell head over ears into the mire. But at last I arrived safely, but so mud-bespattered that the ten flukes in the hall were going to put me out for a beggar.' "And so his letter ran. He spoke of dining with a prince the night before and mentioned nightingales' tongues and all the fine dishes they had had to eat. "Then Guido folded his letter," said Mi O' Mi, "and tied it to the leg of a carrier pigeon. "But when Katherine opened the let-

ter she read instead of Guido's flowery words, this truthful letter: "Dear Lady Katherine: I am only a goldsmith's son, and of no consequence whatever. I thought of you the whole way home and of the things I had told you. They were all untrue! It was a tedious trip, as my mule floundered terribly in the mud. It was nice to get home to a meal of macaroni and fish fried in oil. Mother is a good cook. We never had a great deal of money, except what father can earn at his trade. And so on. The letter told the exact truth," said Mi O' Mi merrily. "Then what happened?" asked Nancy. "Can't you guess?" said the Story Teller. "Every letter that Guido wrote was so truthful that Katherine's father and Katherine herself decided that he was a most unusual young man. And in time Katherine and Guido were married. Guido learned about the letters and deciding that truth paid best in the end, never told another lie as long as he lived."

To Be Continued.

Wear a Fish At Beach



THIS poor fish needn't be pitted, for it has a chance to get into the water every day. It is of black embroidery on a light gray suit. The turban is of white rubber with a fish sketched in black. For a memento we can think of no more appropriate decoration.

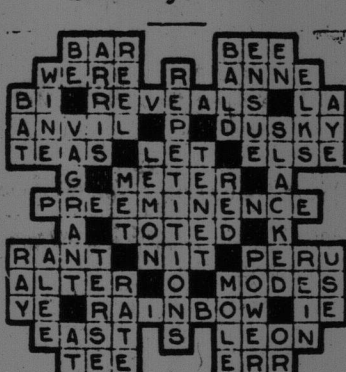
GOES TO CONVENTION.

John W. Murphy, of Saint John, customs excise officer, left yesterday afternoon for Ottawa to represent the Association of Customs Excise officials of New Brunswick and P. E. Island at a convention to be held in the capital next Tuesday, Wednesday and Thursday. Mr. Murphy was chosen delegate by vote of the officials.

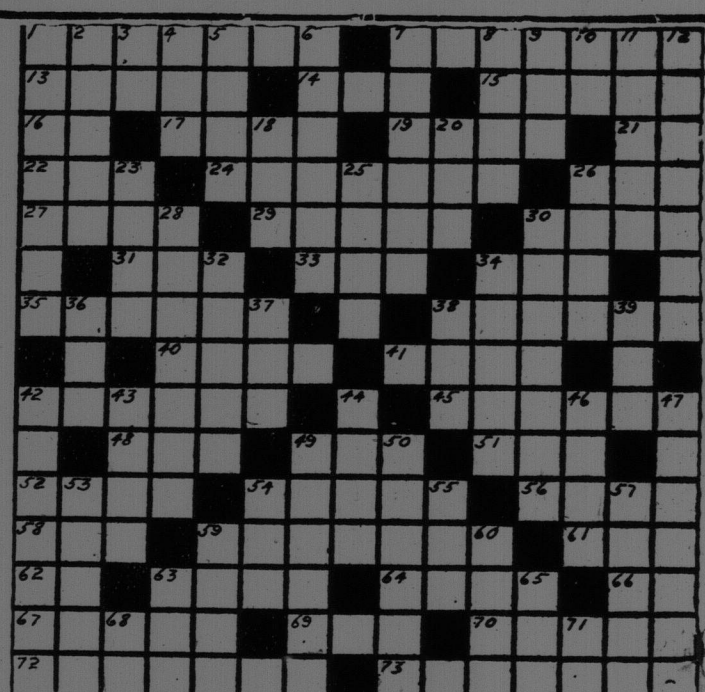
Roman Meal a Super Summer Food

Delicious icy-cold Brose-O, Chocool-O, Jell-O made in 10 minutes from Roman Meal, not only tastes cool but, being non-acid, they "cool the blood." Other cereals are acid and cause that all in feeling on a hot day. Recipes on package. Roman Meal is a perfect food. At grocers.

Saturdays Puzzle



Cross-Word Puzzle



- DOWN.
- Stretching out one neck.
 - Despised.
 - Form of "to be."
 - To cause to be quit of.
 - Persons banded together for a common purpose.
 - Dried.
 - What is owed.
 - A tree.
 - Suffix signifying "of" or "pertaining to."
 - Author of "The Hunchback of Notre Dame."
 - Row of arches (pl.).
 - Middle.
 - Rocky pinnacle.
 - Employed as raiment.
 - Minute particle.
 - A mineral.
 - Important city of Michigan.
 - The science of life.
 - River in Germany.
 - Curve.
 - Diminutive of a masculine proper name, which to hang things.
 - Before.
 - Small fragments of wood.
 - Slender thread-like animal.
 - Defensive ditch.
 - Day of the week (pl.).
 - Hut.
 - Feminine proper name.
 - Hurry.
 - Pair.
 - Grief.
 - Small silver coin of Spanish countries (plural).
 - Painful.
 - Stinging insect.
 - Twice; used to ask for a repetition.
 - Coat of an animal.
 - Measure of area.
 - Syllable applied to a note of the scale.
 - United States political party (1854-1896).
 - Worship.
 - Woman's patriotic society (initials).
 - To arrange for dry- ing, as grain.
 - Protrusion.
 - Discharging pus.
 - By-.
 - Obstructions.
 - News paper para- graph.
 - Revere Christ (Latin abbr.).
 - Fresh.
 - Rulers of Japan.
 - Mountain near the scene of ancient Troy.
 - Image of worship.
 - Heard and fostered.
 - Beam.
 - To put on, as clothes (Dim.).
 - Sea bird.
 - Means of communi- cation (colloq. abbr.).
 - Expressed in words.
 - Face covering.
 - Separation as from a sect or party.
 - Insect.
 - A heavenly body.
 - Self.

THE OLD HOME TOWN

By STANLEY



DON'T LET YOUR BOWELS GET CONSTIPATED

A free motion of the bowels every day should be the rule of every one who aspires to perfect health, for once the bowels become constipated and clogged up, all the other organs of the body become deranged.

MILBURN'S Laxa-Liver Pills

They will clear away all the effete and poisonous matter which has collected in the system, give you a free, easy and natural motion of the bowels every day, start the sluggish liver working, and give tone and vitality to the whole intestinal tract.

Milburn's Laxa-Liver Pills are for sale at all druggists and dealers; put up only by The T. Milburn Co., Limited, Toronto, Ont.

WHY INDIGESTION?

When DOUBLE PEPSIN is available

25c. a box at your druggist.

FRECKLES AND HIS FRIENDS



KEEPING ON THE SAFE SIDE



By BLOSSER



BOOTS AND HER BUDDIES



THIS IS THE LIFE



By MARTIN



SALESMAN SAM



LET HIM LIVE



GUZZ-HE'S HAPPY

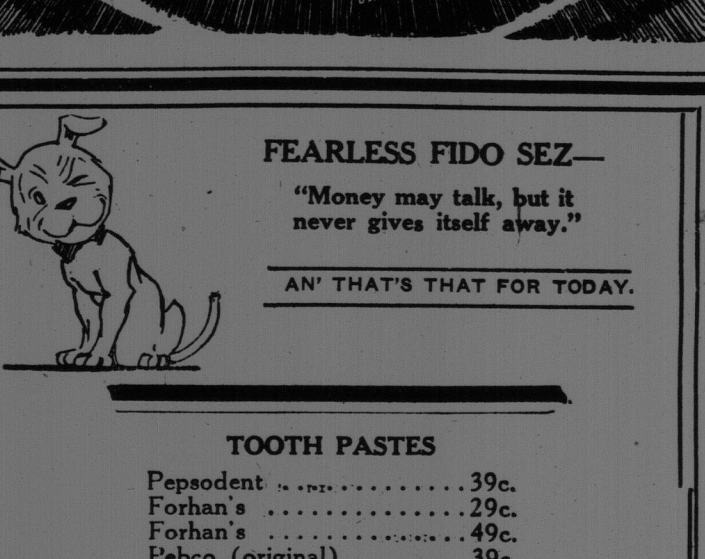


By SWAN



Brain Food For Hard Study

This very week the health of many a student hangs in the balance under the strain of studying for exams. Feed them strength for brain and nerve in Butter-Nut Bread—the richest and easiest digested food you can take. A whole lot depends on them holding up to the last. This vital week insist on Butter-Nut Bread.



- TOOTH PASTES
- | | |
|------------------|---------------|
| Pepsodent | 39c. |
| Forhan's | 29c. |
| Forhan's | 49c. |
| Pecco (original) | 39c. |
| Colgate's | 11c. and 25c. |
| Minty's | 25c. |
- Talcums 17c.
Lydia Pinkham's \$1.08
Fathers Johns \$1.05
- Infant's Delight Soap 4 for 25c.
Condy's Pure French Castile 23c.
Palm Olive 4 for 29c.
- DRISCOLLS**
"From Your Own Home Town."
202 UNION ST.